

Regiocup 8-2-2026 Beringen
Beringen, 8/2/2026

1 - zondag 8 februari 2026

8/02/2026 - 14:00

Programmanr. 1
8/02/2026 - 14:00

Dames, 200m rugslag

11 jaar en ouder
Resultaten

Punten: AQUA 2024

Rang					Inscr.	Tijd	Pnt
11 jaar							
1.	Das Amelie			STZC/21036/15	NT	3:02.16	278
	50m: 42.38	100m: 1:28.51	200m: 3:02.16				
2.	Poel Oona			DBT/21215/15	NT	3:04.63	267
	50m: 44.00	100m: 1:31.68	200m: 3:04.63				
3.	Moons Charline			DBT/21236/15	NT	3:09.39	247
	50m: 45.06	100m: 1:34.43	200m: 3:09.39				
4.	Cremer Evianna			DBT/21211/15	NT	3:10.68	242
	50m: 43.42	100m: 1:32.18	200m: 3:10.68				
5.	Vaes Liene			DBT/21218/15	NT	3:18.22	216
	50m: 46.53	100m: 1:37.33	200m: 3:18.22				
6.	Simons Fena			DBT/21223/15	NT	3:20.19	209
	50m: 49.09	100m: 1:40.46	200m: 3:20.19				
7.	Gerard Laure			ZPL/21007/15	NT	3:21.07	206
	50m: 49.57	100m: 1:40.81	200m: 3:21.07				
8.	Ooms Célia			DBT/21213/15	NT	3:27.57	188
	50m: 47.85	100m: 1:47.01	200m: 3:27.57				
9.	Walschot Alicya			LiZV/21075/15	NT	3:29.13	183
	50m: 50.47	100m: 1:43.96	200m: 3:29.13				
10.	Leliaert Olivia			ZDKB/21158/15	NT	3:56.02	127
	50m: 56.01	100m: 1:58.44	200m: 3:56.02				

12 jaar

1.	Van Hees Lenthel			DBT/21190/14	2:44.97	2:38.22	424
	50m: 36.88	100m: 1:16.71	200m: 2:38.22				
2.	Beijnsberger Louise			DMB/21184/14	2:52.18	2:46.24	366
	50m: 37.47	100m: 1:19.39	200m: 2:46.24				
3.	Bevernage Trix			HZS/21293/14	3:09.39	2:54.79	315
	50m: 42.04	100m: 1:26.77	200m: 2:54.79				
4.	Vreys Anse			DBT/21191/14	3:02.33	2:57.84	299
	50m: 42.13	100m: 1:28.88	200m: 2:57.84				
5.	Meyers Trapman Annalina			DBT/21220/14	NT	2:58.47	295
	50m: 41.94	100m: 1:28.09	200m: 2:58.47				
6.	De Laat Elena			LWB/21098/14	3:45.61	3:15.38	225
	50m: 46.08	100m: 1:35.19	200m: 3:15.38				
7.	Pooters Livia			ZDKB/21160/14	NT	3:40.05	157
	50m: 51.17	100m: 1:48.44	200m: 3:40.05				
8.	Hermans Félice			ZPL/21001/14	3:43.95	3:44.28	149
	50m: 51.70	100m: 1:48.49	200m: 3:44.28				

Regiocup 8-2-2026 Beringen
Beringen, 8/2/2026

Programmanr. 1, Dames, 200m rugslag

13 jaar

1.	Vanheeswijck Amelea			DMB/21191/13	NT	2:48.75	350
	50m: 38.58	100m: 1:20.79	200m: 2:48.75				
2.	Vander Meer Noor			HZS/21282/13	2:54.11	2:51.80	331
	50m: 39.56	100m: 1:22.42	200m: 2:51.80				
3.	Nijs Alani			DBT/21174/13	NT	2:53.77	320
	50m: 38.67	100m: 1:23.10	200m: 2:53.77				
4.	Desair Anna-Louise			HZS/21294/13	3:00.95	2:56.61	305
	50m: 42.17	100m: 1:26.43	200m: 2:56.61				
5.	Beerten Florence			DBT/21172/13	NT	2:56.98	303
	50m: 40.66	100m: 1:25.27	200m: 2:56.98				
6.	Franssen Emily			DMB/21180/13	NT	2:57.21	302
	50m: 41.24	100m: 1:26.59	200m: 2:57.21				
7.	Van Guyse Ada			HZS/21292/13	3:16.76	2:57.22	302
	50m: 42.04	100m: 1:27.16	200m: 2:57.22				
8.	Lambrechts Anaïs			DBT/21221/13	NT	2:59.97	288
	50m: 43.05	100m: 1:28.80	200m: 2:59.97				
9.	Kerfs Lentel			DBT/21209/13	3:21.66	3:06.02	261
	50m: 45.62	100m: 1:34.02	200m: 3:06.02				
10.	Vanbekbergen Charlotte			ZDKB/21125/13	3:10.88	3:09.16	248
	50m: 46.47	100m: 1:33.96	200m: 3:09.16				
11.	Franssen Katrijn			LiZV/21072/13	NT	3:28.75	184
	50m: 48.55	100m: 1:42.22	200m: 3:28.75				
dis	Lenaerts Julia			dis:HZS/21370/13	NT		
	SW 6.4.c - Keerpunt niet dadelijk ingezet na borstligging en/of armtrek beweging						
FF	Nouwen Fleur			FFDMB/21167/13	2:51.99		
FF	Theuwissen Nore			FFDMB/21164/13	2:44.04		

14 jaar

1.	Schouteden Nienke			DMB/21149/12	3:01.38	2:42.97	388
	50m: 38.47	100m: 1:19.69	200m: 2:42.97				
2.	Joriskes Lore			DMB/21147/12	2:49.79	2:43.95	381
	50m: 37.77	100m: 1:18.82	200m: 2:43.95				
3.	Franssen Lyna			HZS/21279/12	2:50.65	2:49.43	345
	50m: 41.21	100m: 1:24.39	200m: 2:49.43				
4.	Remans Quin			DMB/21146/12	2:59.78	2:50.14	341
	50m: 39.08	100m: 1:22.25	200m: 2:50.14				
5.	Ludwiczak Lena			DMB/21213/12	NT	2:52.31	328
	50m: 42.50	100m: 1:26.68	200m: 2:52.31				
6.	Ardu Peppa Jolene			DBT/21175/12	NT	2:52.75	326
	50m: 39.23	100m: 1:22.94	200m: 2:52.75				
7.	Vanbrabant Manon			DBT/21177/12	3:06.75	2:58.15	297
	50m: 41.44	100m: 1:27.31	200m: 2:58.15				
8.	Moors Nora			DBT/21196/12	NT	2:59.60	290
	50m: 42.57	100m: 1:29.94	200m: 2:59.60				
9.	Brebels Maartje			DBT/21202/12	NT	3:00.99	283
	50m: 43.79	100m: 1:30.59	200m: 3:00.99				
10.	Unal Ada			DBT/21176/12	NT	3:07.08	256
	50m: 43.01	100m: 1:30.16	200m: 3:07.08				

Regiocup 8-2-2026 Beringen
Beringen, 8/2/2026

Programmanr. 1, Meisjes, 200m rugslag, 14 jaar

Rang					Inschr.	Tijd	Pnt
FF	De Belder Kato				FFDMB/21150/12	2:55.58	
FF	Ruelens Cobien				FFDMB/21159/12	2:41.82	

15 - 16 jaar

1.	Vandevenne Liah				DBT/21135/11	2:20.26	2:21.05	599
	50m: 32.38	100m: 1:08.05	200m: 2:21.05					
2.	Wevers Gitte				DMB/21123/11	2:30.01	2:32.00	479
	50m: 35.43	100m: 1:14.00	200m: 2:32.00					
3.	Vangeloven Fran				DMB/21155/11	2:47.58	2:43.98	381
	50m: 39.03	100m: 1:20.17	200m: 2:43.98					
4.	Verlinden Alina				STZC/21014/10	2:50.30	2:47.40	358
	50m: 39.51	100m: 1:22.61	200m: 2:47.40					
5.	Gerets Annelien				HZS/21300/11	3:07.36	2:50.57	339
	50m: 41.65	100m: 1:25.06	200m: 2:50.57					
6.	Limonta-Scul Ofelia				DBT/21153/11	NT	3:04.02	270
	50m: 42.69	100m: 1:29.88	200m: 3:04.02					
7.	Moors Maud				GZVN/21375/11	3:24.39	3:16.66	221
	50m: 46.91	100m: 1:38.28	200m: 3:16.66					
8.	Truijen Lore				LIZV/21076/10	NT	3:21.20	206
	50m: 48.53	200m: 3:21.20						

dis Wanten Laura di:STZC/21067/11 NT
SW 6.4.c - Keerpunt niet dadelijk ingezet na borstligging en/of armtrek beweging

17 jaar en ouder

1.	Vanhees Ella				DBT/21090/09	2:27.51	2:30.70	491
	50m: 34.35	100m: 1:11.60	200m: 2:30.70					
2.	Moors Yana				DBT/21139/09	NT	2:43.46	385
	50m: 37.46	100m: 1:19.25	200m: 2:43.46					
3.	Vanierschot Lina				HZS/21157/08	NT	2:45.66	370
	50m: 39.11	100m: 1:21.42	200m: 2:45.66					
4.	Huybregts Jolien				DMB/21082/09	2:57.20	2:49.30	346
	50m: 39.66	100m: 1:22.50	200m: 2:49.30					
5.	Vanierschot Kato				GZVN/21439/09	NT	3:11.02	241
	50m: 42.92	100m: 1:31.16	200m: 3:11.02					
FF	Bosch Nienke				FFZDKB/21130/09	3:04.04		

Programmanr. 2
8/02/2026 - 14:32

Heren, 200m rugslag

11 jaar en ouder
Resultaten

Punten: AQUA 2024

Rang					Inschr.	Tijd	Pnt	
11 jaar								
1.	Vanbrabant Noah				DBT/11206/15	NT	2:59.46	203
	50m:	42.40	100m:	1:29.43	200m:	2:59.46		
2.	Henning Liam				DBT/11222/15	NT	3:04.81	186
	50m:	43.68	100m:	1:30.32	200m:	3:04.81		
3.	Grieten Arthur				DBT/11217/15	NT	3:23.06	140
	50m:	48.09	100m:	1:41.08	200m:	3:23.06		

Regiocup 8-2-2026 Beringen
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Programmanr. 2, Jongens, 200m rugslag, 11 jaar

Rang						Inschr.	Tijd	Pnt
4.	Puttemans Jules				STZC/11061/15	NT	3:50.23	96
	50m:	53.06	100m:	1:52.65	200m:	3:50.23		
5.	Vandewal Noah				LiZV/11074/15	NT	3:53.74	92
	50m:	56.53	100m:	1:56.39	200m:	3:53.74		
6.	Haverbeke Tuur				PZC/11148/15	NT	4:02.16	82
	50m:	56.61	100m:	2:00.35	200m:	4:02.16		
dis	Jongen Kenzi				disZPL/11011/15	NT		
	<i>SW 6.4.c - Keerpunt niet dadelijk ingezet na borstligging en/of armtrek beweging</i>							

12 jaar

1.	Moors Liam				DBT/11197/14	3:18.46	3:04.58	187
	50m:	42.56	100m:	1:31.36	200m:	3:04.58		
2.	Vandebroek Alexander				GZVN/11435/14	NT	3:31.27	124
	50m:	49.09	100m:	1:44.31	200m:	3:31.27		
3.	Hauben Finn				ZDKB/11163/14	NT	3:33.65	120
	50m:	49.72	100m:	1:45.33	200m:	3:33.65		
dis	Mwiri Sam				disGZVN/11433/14	NT		
	<i>SW 10.2 - Niet de volledige afstand gezwommen</i>							

13 jaar

1.	Swennen Jarne				ZDKB/11145/13	2:58.98	2:34.33	320
	50m:	36.47	100m:	1:15.11	200m:	2:34.33		
2.	Janssen Dries				ZCM/11049/13	3:01.95	3:04.94	186
	50m:	44.06	100m:	1:30.32	200m:	3:04.94		
3.	Pannemans Wouter				GZVN/11382/13	NT	3:13.23	163
	50m:	44.94	100m:	1:33.94	200m:	3:13.23		
4.	Vanstraelen Julian				STZC/11065/13	NT	3:15.99	156
	50m:	46.50	100m:	1:35.33	200m:	3:15.99		
5.	Agten Jarno				LiZV/11077/13	NT	3:25.29	136
	50m:	48.54	100m:	1:43.98	200m:	3:25.29		
6.	Mannaerts Martijn				LWB/11100/13	NT	3:50.66	96
	50m:	55.21	100m:	1:54.42	200m:	3:50.66		
dis	Meir Stan				disZDKB/11162/13	NT		
	<i>SW 6.4.c - Keerpunt niet dadelijk ingezet na borstligging en/of armtrek beweging</i>							
dis	Dubois Mels				disLiZV/11059/13	NT		
	<i>SW 6.2 - Rugligging verlaten, behalve bij KP met borstligging</i>							

14 jaar

1.	Vandijck Samuel				DMB/11142/12	2:42.92	2:31.09	341
	50m:	35.23	100m:	1:13.95	200m:	2:31.09		
2.	Walterus Kilyan				DMB/11156/12	2:36.77	2:35.59	312
	50m:	36.68	100m:	1:17.68	200m:	2:35.59		
3.	Lemmens Lars				DBT/11208/12	2:43.21	2:38.73	294
	50m:	37.69	100m:	1:17.95	200m:	2:38.73		
4.	Vertessen Wout				DBT/11161/12	2:39.22	2:40.81	283
	50m:	37.65	100m:	1:18.74	200m:	2:40.81		
5.	Vranken Ian				STZC/11062/12	NT	3:33.80	120
	50m:	51.02	100m:	1:46.44	200m:	3:33.80		

Regiocup 8-2-2026 Beringen
Beringen, 8/2/2026

Programmanr. 2, Jongens, 200m rugslag, 14 jaar

Rang					Inschr.	Tijd	Pnt
6.	Delsiene Stan				STZC/11063/12	NT	3:49.37 97
	50m:	54.82	100m:	1:53.28	200m:	3:49.37	
FF	Guilliams Remko				FFSTZC/11037/12	NT	
FF	Versluys Jules				FFSTZC/11041/12	3:16.34	

15 - 16 jaar

1.	Tielen Sander				DMB/11119/11	2:39.62	2:22.47 407
	50m:	33.08	100m:	1:09.05	200m:	2:22.47	
2.	Ballet Emile				DBT/11200/11	2:28.05	2:27.72 365
	50m:	35.15	100m:	1:12.50	200m:	2:27.72	
3.	Mannaerts Mathias				LWB/11069/11	2:30.10	2:30.98 342
	50m:	35.59	100m:	1:13.67	200m:	2:30.98	
4.	Claes Pepijn				DBT/11219/11	NT	2:32.81 330
	50m:	34.50	100m:	1:13.48	200m:	2:32.81	
5.	Schoofs Tuur				ZCM/11040/10	2:39.46	2:37.24 303
	50m:	36.51	100m:	1:16.59	200m:	2:37.24	
6.	Beijnsberger Mathijs				DMB/11242/11	NT	3:01.51 197
	50m:	40.13	100m:	1:27.11	200m:	3:01.51	
FF	Koninckx Matthias				FFGZVN/11425/11	NT	

17 jaar en ouder

1.	Cetinkaya Doruk				DBT/11166/08	NT	2:20.46 425
	50m:	33.50	100m:	1:09.25	200m:	2:20.46	
2.	Driesen Siebe				DMB/11065/08	2:26.84	2:23.50 398
	50m:	33.96	100m:	1:10.21	200m:	2:23.50	
3.	Theunissen Toon				DBT/11120/09	2:25.58	2:24.29 392
	50m:	34.45	100m:	1:10.99	200m:	2:24.29	
4.	Gerits Tuur				LWB/11060/09	NT	2:28.26 361
	50m:	34.24	100m:	1:12.90	200m:	2:28.26	
5.	Birlogeanu Luca				DBT/11053/05	NT	2:29.61 351
	50m:	33.89	100m:	1:12.68	200m:	2:29.61	
6.	Kamagate Tamsi				LWB/11071/09	NT	2:32.00 335
	50m:	36.40	100m:	1:16.53	200m:	2:32.00	
7.	Poelmans Keano				DBT/11151/09	2:39.74	2:37.72 300
	50m:	37.94	100m:	1:18.55	200m:	2:37.72	
8.	Van den Hoorn Ebe				DMB/11079/09	NT	2:39.78 288
	50m:	36.32	100m:	1:16.43	200m:	2:39.78	
9.	Vandebroek Jonas				GZVN/11320/09	NT	2:41.66 278
	50m:	37.29	100m:	1:18.35	200m:	2:41.66	
10.	Hurkmans Cédric				LWB/11101/05	3:05.77	3:08.89 174
	50m:	44.39	100m:	1:31.46	200m:	3:08.89	
FF	Gijbels Juul				FFDBT/11119/08	2:39.66	

Regiocup 8-2-2026 Beringen
Beringen, 8/2/2026

Programmanr. 3
8/02/2026 - 14:54

50m rugslag

9 - 10 jaar
Resultaten

Punten: AQUA 2024

Rang		Inschr.	Tijd	Pnt
9 jaar, Jongens				
1.	Brouwers Mathieu	GZVN/11438/17	NT	51.51 79
2.	Peeten Finn	PZC/11149/17	59.31	51.63 78
dis	Oosterbosch Finn	dis:ZPL/11010/17	NT	
SW 6.4.c - Keerpunt niet dadelijk ingezet na borstligging en/of armtrek beweging				

10 jaar, Jongens

1.	Verschaeren Jasper	DBT/11237/16	NT	41.77 148
2.	Meyers Trapman Sander	DBT/11230/16	45.44	45.00 118
3.	Raskinet Julian	DBT/11229/16	48.68	45.56 114
4.	Kilic Eymen	DBT/11228/16	47.99	46.62 106

10 jaar, Meisjes

1.	Tiri Lily	DBT/21227/16	44.61	40.51 242
2.	Daens Nore	PZC/21146/16	NT	49.45 133
3.	Meylaers Zoë	PZC/21144/16	NT	54.97 96
dis	Henno Michelle	dis:ZDKB/21161/16	NT	
SW 6.4.c - Keerpunt niet dadelijk ingezet na borstligging en/of armtrek beweging				

Programmanr. 4
8/02/2026 - 14:58

100m wisselslag

10 jaar
Resultaten

Punten: AQUA 2024

Rang		Inschr.	Tijd	Pnt
10 jaar, Meisjes				
1.	Janssen Féline	DBT/21224/16	1:42.53	1:32.18 230
2.	Tielens Valerie	DBT/21226/16	NT	1:32.45 228
3.	Bollen Cleo	PZC/21137/16	1:38.08	1:35.09 209
4.	Nicolaers Marie	ZPL/21006/16	NT	1:36.34 201
5.	Leppens Jade	DBT/21225/16	NT	1:38.95 186
6.	Hoang Vedett (Anh Hai Tran)	HZS/21355/16	NT	1:40.11 179
7.	Verjans Axelle	HZS/21351/16	NT	1:42.00 170
8.	Nijssens Rosanna	STZC/21060/16	NT	1:46.13 150
9.	Coolen Ann-Sophie	ZCM/21058/16	NT	1:49.11 138
10.	Janssens Janne	HZS/21348/16	NT	1:54.31 120
11.	Jans Amélie	HZS/21350/16	NT	1:56.71 113
12.	Thys Lucie	STZC/21064/16	NT	1:56.91 112
dis	Nackaerts Lynn	dis:PZC/21138/16	1:46.74	
SW9.4.6.5a - Op het einde van het wedstrijdgedeelte rugslag, heeft de zwemmer bij de aankomst de muur niet aangetikt in rugligging				

10 jaar, Jongens

1.	Olaerts Floris	GZVN/11410/16	1:35.56	1:31.77 154
2.	Zghibat Haarith	GZVN/11431/16	NT	1:36.05 135
3.	Neven Morris	STZC/11066/16	NT	1:41.74 113
4.	Castronovo Vinz	GZVN/11432/16	NT	1:46.13 100
FF	Jaeken Stan	FFGZVN/11415/16	1:44.49	
FF	Lopez y Lopez León	FFGZVN/11414/16	1:28.70	

Regiocup 8-2-2026 Beringen
Beringen, 8/2/2026

Programmanr. 5
8/02/2026 - 15:05

Dames, 100m vlinderslag

11 jaar en ouder
Resultaten

Punten: AQUA 2024

Rang					Inschr.	Tijd	Pnt
11 jaar							
1.	Pira Pauline				DBT/21207/15	NT	1:27.64 234
	50m:	41.29	100m:	1:27.64			
2.	Lapierre Emma				ZDKB/21146/15	NT	1:48.21 124
	50m:	46.18	100m:	1:48.21			
dis	Lizin Nel				disHVS/21349/15	NT	
	SW 8.2.a - armen niet boven water naar voor gebracht						
dis	Taibi Aya				disHVS/21353/15	NT	
	SW 8.2.a - armen niet boven water naar voor gebracht						
FF	Daniels Lotte				FFHVS/21352/15	NT	
12 jaar							
1.	Van Hees Lenthel				DBT/21190/14	1:19.95	1:14.72 378
	50m:	34.83	100m:	1:14.72			
2.	Vreys Anse				DBT/21191/14	1:27.00	1:22.49 281
	50m:	38.04	100m:	1:22.49			
3.	Claes Janne				DBT/21185/14	1:39.79	1:27.25 237
	50m:	40.35	100m:	1:27.25			
4.	Bevernage Trix				HVS/21293/14	NT	1:31.83 203
	50m:	41.48	100m:	1:31.83			
5.	Swinen Paulien				DBT/21189/14	NT	1:32.76 197
	50m:	41.30	100m:	1:32.76			
dis	Put Tyana				disHVS/21283/14	1:56.58	
	SW 8.2.a - armen niet boven water naar voor gebracht						
FF	Vanhaen Alicia				FFGZVN/21413/14	NT	
13 jaar							
1.	Pira Anne-Sophie				DBT/21188/13	1:16.69	1:14.64 379
	50m:	34.51	100m:	1:14.64			
2.	Cremer Fotini				DBT/21165/13	1:28.34	1:23.31 273
	50m:	36.91	100m:	1:23.31			
3.	Vandewaerde Oobe				DMB/21181/13	1:31.87	1:31.70 204
	50m:	41.73	100m:	1:31.70			
4.	Berghmans Lauren				GZVN/21390/13	NT	1:36.85 173
	50m:	43.85	100m:	1:36.85			
5.	Desair Anna-Louise				HVS/21294/13	NT	1:39.24 161
	50m:	44.31	100m:	1:39.24			
6.	Vander Meer Noor				HVS/21282/13	1:42.96	1:40.14 157
	50m:	44.99	100m:	1:40.14			
7.	Tamer Mohammed Karma				ZDKB/21151/13	NT	1:46.01 132
	50m:	42.60	100m:	1:46.01			
8.	Strigencz Elien				HVS/21357/13	NT	1:47.82 125
	50m:	46.48	100m:	1:47.82			
9.	Drijkoningen Lien				ZCM/21052/13	NT	2:12.87 67
	50m:	54.34	100m:	2:12.87			

Regiocup 8-2-2026 Beringen
Beringen, 8/2/2026

Programmanr. 5, Meisjes, 100m vlinderslag, 13 jaar

Rang				Inscr.	Tijd	Pnt
dis	Jongen Jade		disZPL/21002/13	NT		
	SW 8.2.a - armen niet boven water naar voor gebracht					

14 jaar

1.	Engelen Floor		DBT/21146/12	1:09.56	1:09.38	472
	50m: 32.00	100m: 1:09.38				
2.	Schouteden Nienke		DMB/21149/12	1:23.02	1:20.60	301
	50m: 36.57	100m: 1:20.60				
3.	Gabriëls Amelia		GZVN/21370/12	1:25.96	1:21.48	291
	50m: 37.35	100m: 1:21.48				
FF	Put Fien		FFDBT/21178/12	1:10.85		

15 - 16 jaar

1.	Brouwers Charlotte		DBT/21145/11	1:10.83	1:06.88	527
	50m: 31.16	100m: 1:06.88				
2.	Melotte Pia		DBT/21150/10	1:08.11	1:07.32	517
	50m: 30.64	100m: 1:07.32				
3.	Poel Maren		DBT/21173/11	1:17.40	1:15.52	366
	50m: 33.94	100m: 1:15.52				
4.	Kerkhofs Kaat		DMB/21124/11	1:18.51	1:15.55	366
	50m: 35.06	100m: 1:15.55				
5.	Hiel Lina		DBT/21117/10	1:13.58	1:15.74	363
	50m: 34.24	100m: 1:15.74				
6.	Lambrigts Gitte		DMB/21215/11	1:17.82	1:16.64	350
	50m: 34.98	100m: 1:16.64				
7.	Bousson Julie		DMB/21140/11	1:17.78	1:18.19	330
	50m: 34.98	100m: 1:18.19				
8.	Vanhaeren Renée		ZDKB/21109/11	1:23.01	1:21.48	291
	50m: 37.26	100m: 1:21.48				
9.	Vangeloven Fran		DMB/21155/11	1:21.82	1:22.32	283
	50m: 37.75	100m: 1:22.32				
10.	Gerets Annelien		HZS/21300/11	1:29.01	1:23.31	273
	50m: 37.76	100m: 1:23.31				
11.	Wolfs Lola		ZDKB/21105/10	1:36.40	1:34.80	185
	50m: 42.63	100m: 1:34.80				
FF	Pannemans Tessa		FFGZVN/21340/10	1:26.12		

17 jaar en ouder

1.	Vertessen Fran		DBT/21114/09	1:03.90	1:05.25	568
	50m: 30.75	100m: 1:05.25				
2.	Frederix Maya		DBT/21083/09	1:07.53	1:10.37	453
	50m: 32.30	100m: 1:10.37				
3.	Renette Lena		DBT/21142/09	1:10.22	1:10.40	452
	50m: 32.26	100m: 1:10.40				
4.	Cuijvers Lisa		DBT/21085/09	1:12.93	1:14.50	381
	50m: 35.63	100m: 1:14.50				
5.	Claeskens Lina		DBT/21098/08	1:24.21	1:24.26	263
	50m: 39.51	100m: 1:24.26				

Regiocup 8-2-2026 Beringen
Beringen, 8/2/2026

Programmanr. 5, Dames, 100m vlinderslag, 17 jaar en ouder

Rang				Inshr.	Tijd	Pnt
FF	Verstrepen Siel			FFDBT/21216/03	1:07.80	
FF	Janssens Marthe			FFZCM/21036/09	1:14.50	

Programmanr. 6
8/02/2026 - 15:18

Heren, 100m vlinderslag

11 jaar en ouder
Resultaten

Punten: AQUA 2024

Rang					Inshr.	Tijd	Pnt
12 jaar							
1.	Motmans Lander			HZS/11313/14	NT	1:45.45	93
	50m: 48.75	100m: 1:45.45					
2.	Krylov Alexander			ZDKB/11136/14	NT	1:48.31	85
	50m: 48.56	100m: 1:48.31					
13 jaar							
1.	Hermans Yesse			DBT/11187/13	1:21.13	1:19.54	216
	50m: 37.02	100m: 1:19.54					
2.	Gielen Zoran			DBT/11186/13	1:26.13	1:20.97	205
	50m: 36.78	100m: 1:20.97					
3.	Van Mele Gunnar			DBT/11205/13	1:23.89	1:24.76	179
	50m: 36.59	100m: 1:24.76					
4.	Bruninx Leon			HZS/11304/13	NT	1:37.60	117
	50m: 45.46	100m: 1:37.60					
5.	Janssen Dries			ZCM/11049/13	1:49.15	1:43.75	97
	50m: 45.44	100m: 1:43.75					
6.	Peeters Jochen			ZCM/11047/13	1:51.34	1:49.47	83
	50m: 48.29	100m: 1:49.47					
dis	Knaepen Guus-Jan			dis:HZS/11285/13	NT		
	SW 8.2.c - beide armen niet gelijktijdig naar voor en/of naar achter gebracht						
dis	Timmers Bjarne			dis:DMB/11178/13	NT		
	SW 4.4 - valse start						
14 jaar							
1.	Vertessen Wout			DBT/11161/12	1:09.84	1:11.25	301
	50m: 33.06	100m: 1:11.25					
2.	Geutjens Maxime			DMB/11148/12	1:16.92	1:17.71	232
	50m: 35.56	100m: 1:17.71					
dis	Spreuwers Lei			dis:HZS/11330/12	NT		
	SW 8.2.a - armen niet boven water naar voor gebracht						
15 - 16 jaar							
1.	Baelen Tobe			DBT/11113/10	1:02.59	59.89	507
	50m: 27.31	100m: 59.89					
2.	Evens Mats			DMB/11106/10	1:03.39	1:04.28	410
	50m: 28.81	100m: 1:04.28					
3.	Evens Vince			DMB/11122/11	1:05.66	1:05.25	392
	50m: 30.33	100m: 1:05.25					

Regiocup 8-2-2026 Beringen
Beringen, 8/2/2026

Programmanr. 6, Jongens, 100m vlinderslag, 15 - 16 jaar

Rang					Inshr.	Tijd	Pnt	
4.	Servranckx Senne				DMB/11107/10	1:07.96	1:07.78	350
	50m:	30.71	100m:	1:07.78				
5.	Frederix Lou				DBT/11137/11	1:11.58	1:08.33	341
	50m:	31.07	100m:	1:08.33				
6.	Ruymen Siebe				STZC/11040/10	1:12.39	1:10.14	316
	50m:	31.09	100m:	1:10.14				
7.	Daemen Juul				DMB/11105/10	1:11.23	1:11.39	299
	50m:	32.53	100m:	1:11.39				
8.	Wery Milan				STZC/11042/11	1:18.85	1:15.66	251
	50m:	34.38	100m:	1:15.66				
9.	Habex Robbe				ZDKB/11123/11	NT	1:39.11	112
	50m:	40.78	100m:	1:39.11				
FF	Metten Vince				FFDMB/11103/10	1:07.16		

17 jaar en ouder

1.	Claeskens Milan	DBT/11091/06	1:02.99	1:01.92	459
	50m: 29.16 100m: 1:01.92				
2.	Baelen Siebe	DBT/11103/07	1:02.73	1:02.18	453
	50m: 28.32 100m: 1:02.18				
3.	Oris Tim	DMB/10326/98	1:02.03	1:02.33	450
	50m: 28.40 100m: 1:02.33				
4.	Jorissen Rube	DBT/11238/08	1:03.75	1:02.79	440
	50m: 28.40 100m: 1:02.79				
5.	Gerits Tuur	LWB/11060/09	1:07.89	1:04.06	414
	50m: 29.99 100m: 1:04.06				
6.	Daemen Tuur	DMB/11064/08	1:04.69	1:05.73	384
	50m: 29.58 100m: 1:05.73				
7.	Verschaeren Lander	DBT/11128/09	NT	1:10.17	315
	50m: 32.13 100m: 1:10.17				
8.	Degraen Diego	DBT/11210/09	1:10.71	1:12.39	287
	50m: 31.85 100m: 1:12.39				
9.	Vandebroek Jonas	GZVN/11320/09	1:12.92	1:12.45	286
	50m: 32.85 100m: 1:12.45				
10.	Crommen Wout	ZCM/11059/09	1:17.22	1:17.97	230
	50m: 33.50 100m: 1:17.97				

Programmanr. 7
8/02/2026 - 15:44

Dames, 50m vrije slag

11 jaar en ouder
Resultaten

Punten: AQUA 2024

Rang		Inshr.	Tijd	Pnt
11 jaar				
1.	Pira Pauline	DBT/21207/15	36.70	33.06 333
2.	Das Amelie	STZC/21036/15	36.07	34.34 297
3.	Vaes Liene	DBT/21218/15	39.08	36.09 256
4.	Gerard Laure	ZPL/21007/15	46.07	36.96 238
5.	Ooms Célia	DBT/21213/15	41.72	38.56 210
6.	Lapierre Emma	ZDKB/21146/15	42.10	38.66 208

Regiocup 8-2-2026 Beringen
Beringen, 8/2/2026

Programmanr. 7, Meisjes, 50m vrije slag, 11 jaar

Rang			Inshr.	Tijd	Pnt
7.	Walschot Alicya	LiZV/21075/15	40.46	39.28	198
dis	Leliaert Olivia	disZDKB/21158/15	NT		
	<i>SW 4.4 - valse start</i>				

12 jaar

1.	Bevernage Trix	HZS/21293/14	35.38	32.73	343
2.	Mannaerts Rosanne	LWB/21112/14	35.16	34.83	285
3.	De Laat Elena	LWB/21098/14	41.16	36.94	239
4.	Hermans Félice	ZPL/21001/14	43.88	37.25	233
5.	Pooters Livia	ZDKB/21160/14	NT	42.78	153
6.	Sleddens Sanne	LWB/21111/14	NT	43.70	144
FF	Vanhaen Alicia	FFGZVN/21413/14	NT		

13 jaar

1.	Pira Anne-Sophie	DBT/21188/13	30.63	29.36	476
2.	Nijs Alani	DBT/21174/13	32.49	31.08	401
3.	Vander Meer Noor	HZS/21282/13	34.16	33.91	309
4.	Berghmans Lauren	GZVN/21390/13	34.78	34.28	299
5.	Van Guyse Ada	HZS/21292/13	NT	34.41	295
6.	Lambrechts Anaïs	DBT/21221/13	35.86	34.56	292
7.	Vanbekbergen Charlotte	ZDKB/21125/13	35.56	34.59	291
8.	Desair Anna-Louise	HZS/21294/13	35.36	34.70	288
9.	Franssen Katrijn	LiZV/21072/13	NT	34.92	283
10.	Kerfs Lentel	DBT/21209/13	38.71	35.41	271
11.	Strigencz Elien	HZS/21357/13	NT	36.43	249
12.	Jongen Jade	ZPL/21002/13	38.19	37.45	229
13.	Drijkoningen Lien	ZCM/21052/13	39.75	43.31	148

14 jaar

1.	Engelen Floor	DBT/21146/12	30.34	30.37	430
2.	Joriskes Lore	DMB/21147/12	31.55	31.22	396
3.	Ardu Peppa Jolene	DBT/21175/12	32.82	31.77	375
4.	Franssen Lyna	HZS/21279/12	32.34	31.97	368
5.	Gabriëls Amelia	GZVN/21370/12	NT	32.58	348
6.	Unal Ada	DBT/21176/12	33.78	33.18	330
7.	Brebels Maartje	DBT/21202/12	34.38	33.66	316
8.	Moors Nora	DBT/21196/12	33.68	33.98	307
FF	Put Fien	FFDBT/21178/12	29.80		

15 - 16 jaar

1.	Verlinden Alina	STZC/21014/10	32.31	31.37	390
2.	Vanhaeren Renée	ZDKB/21109/11	32.53	31.38	390
3.	Gerets Annelien	HZS/21300/11	31.83	31.88	372
4.	Limonta-Scull Ofelia	DBT/21153/11	32.62	32.21	360
5.	Cluysen Zoë	LWB/21062/10	31.86	32.39	354
6.	Wolfs Lola	ZDKB/21105/10	34.58	34.60	291
7.	Wanten Laura	STZC/21067/11	NT	34.93	282
8.	Moors Maud	GZVN/21375/11	34.46	35.20	276
9.	Truijen Lore	LIZV/21076/10	45.47	39.98	188
FF	Pannemans Tessa	FFGZVN/21340/10	29.72		

Regiocup 8-2-2026 Beringen
Beringen, 8/2/2026

Programmanr. 7, Dames, 50m vrije slag

17 jaar en ouder

1. Vertessen Fran	DBT/21114/09	28.15	28.18	538
2. Cuijvers Lisa	DBT/21085/09	29.51	29.16	486
3. Moors Yana	DBT/21139/09	30.71	30.37	430
4. Vanierschot Lina	HZS/21157/08	NT	32.50	351
5. Vanierschot Kato	GZVN/21439/09	NT	34.66	289
FF Bosch Nienke	FFZDKB/21130/09	NT		

Programmanr. 8
8/02/2026 - 15:52

Heren, 50m vrije slag

11 jaar en ouder
Resultaten

Punten: AQUA 2024

Rang		Inshr.	Tijd	Pnt
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11 jaar

1. Grieten Arthur	DBT/11217/15	45.51	39.12	136
2. Jongen Kenzi	ZPL/11011/15	NT	43.09	102
3. Haverbeke Tuur	PZC/11148/15	NT	43.50	99
4. Vandewal Noah	LiZV/11074/15	NT	44.00	96
5. Puttemans Jules	STZC/11061/15	NT	52.95	55

12 jaar

1. Zeeuw Max	ZCM/11046/14	36.39	35.19	188
2. Mwiri Sam	GZVN/11433/14	NT	36.88	163
3. Krylov Alexander	ZDKB/11136/14	39.66	37.43	156
4. Vandebroek Alexander	GZVN/11435/14	NT	39.89	129
5. Wojcik Viktor	LWB/11108/14	NT	40.67	121
dis Hauben Finn	disZDKB/11163/14	NT		
SW 4.4 - valse start				

13 jaar

1. Dubois Mels	LIZV/11059/13	37.03	34.15	205
2. Pannemans Wouter	GZVN/11382/13	36.62	34.33	202
3. Peeters Jochen	ZCM/11047/13	35.82	35.56	182
4. Vanstraelen Julian	STZC/11065/13	NT	36.29	171
5. Agten Jarno	LiZV/11077/13	40.36	36.99	161
6. Meir Stan	ZDKB/11162/13	NT	40.51	123
7. Mannaerts Martijn	LWB/11100/13	44.21	43.42	100

14 jaar

1. Ernots Joppe	ZDKB/11150/12	33.83	34.10	206
2. Vranken Ian	STZC/11062/12	NT	37.21	159
3. Delsiene Stan	STZC/11063/12	NT	44.28	94
FF Lysens Siebe	FFZDKB/11138/12	36.06		
FF Guillems Remko	FFSTZC/11037/12	31.14		
FF Versluys Jules	FFSTZC/11041/12	34.64		

15 - 16 jaar

1. Baelen Tobe	DBT/11113/10	25.01	24.69	544
2. Ballet Emile	DBT/11200/11	28.93	27.56	391
3. Beijnsberger Mathijs	DMB/11242/11	NT	27.84	379
4. Schoofs Tuur	ZCM/11040/10	29.20	28.03	372
5. Janssen Thibe	DBT/11167/11	NT	28.59	350

Regiocup 8-2-2026 Beringen
Beringen, 8/2/2026

Programmanr. 8, Jongens, 50m vrije slag, 15 - 16 jaar

Rang			Inshr.	Tijd	Pnt
6.	Mannaerts Mathias	LWB/11069/11	29.70	29.07	333
7.	Ruymen Siebe	STZC/11040/10	30.50	29.26	327
8.	Claes Pepijn	DBT/11219/11	33.71	29.68	313
9.	Habex Robbe	ZDKB/11123/11	38.03	34.31	202
FF	Koninckx Matthias	FFGZVN/11425/11	NT		

17 jaar en ouder

1.	Theunissen Toon	DBT/11120/09	25.91	25.62	487
2.	Baelen Siebe	DBT/11103/07	26.33	25.91	471
3.	Driesen Siebe	DMB/11065/08	26.35	26.35	447
4.	Gerits Tuur	LWB/11060/09	27.11	26.43	443
	Kamagate Tamsi	LWB/11071/09	27.27	26.43	443
6.	Poelmans Keano	DBT/11151/09	27.60	27.28	403
7.	Verschaeren Lander	DBT/11128/09	29.17	28.36	359
FF	Gijbels Juul	FFDBT/11119/08	28.87		

Programmanr. 9
8/02/2026 - 15:59

100m vrije slag

9 - 10 jaar
Resultaten

Punten: AQUA 2024

Rang				Inshr.	Tijd	Pnt
9 jaar, Jongens						
1.	Peeten Finn	PZC/11149/17	NT	1:40.69	88	
	50m: 46.78 100m: 1:40.69					
2.	Brouwers Mathieu	GZVN/11438/17	NT	1:41.59	85	
	50m: 44.12 100m: 1:41.59					
3.	Oosterbosch Finn	ZPL/11010/17	NT	2:19.21	33	
	50m: 1:06.07 100m: 2:19.21					

10 jaar, Jongens

1.	Olaerts Floris	GZVN/11410/16	1:24.07	1:21.02	169	
	50m: 39.84 100m: 1:21.02					
2.	Meyers Trapman Sander	DBT/11230/16	1:29.18	1:23.73	153	
	50m: 39.66 100m: 1:23.73					
3.	Verschaeren Jesper	DBT/11237/16	1:36.70	1:26.41	139	
	50m: 41.18 100m: 1:26.41					
4.	Zghibat Haarith	GZVN/11431/16	1:28.35	1:28.00	132	
	50m: 40.50 100m: 1:28.00					
5.	Raskinet Julian	DBT/11229/16	1:31.65	1:29.63	125	
	50m: 42.10 100m: 1:29.63					
6.	Kilic Eymen	DBT/11228/16	1:34.66	1:30.20	122	
	50m: 42.43 100m: 1:30.20					
7.	Castronovo Vinz	GZVN/11432/16	1:36.69	1:33.19	111	
	50m: 43.80 100m: 1:33.19					
8.	Neven Morris	STZC/11066/16	NT	1:38.44	94	
	50m: 39.59 100m: 1:38.44					
FF	Jaeken Stan	FFGZVN/11415/16	1:30.55			
FF	Lopez y Lopez León	FFGZVN/11414/16	1:18.94			

Regiocup 8-2-2026 Beringen
Beringen, 8/2/2026

Programmanr. 9, 100m vrije slag

10 jaar, Meisjes

1.	Tielens Valerie	DBT/21226/16	1:23.25	1:20.11	246
	50m: 38.03 100m: 1:20.11				
2.	Bollen Cleo	PZC/21137/16	1:28.63	1:21.21	236
	50m: 40.26 100m: 1:21.21				
3.	Janssen Féline	DBT/21224/16	1:27.11	1:22.41	226
	50m: 38.46 100m: 1:22.41				
4.	Tiri Lily	DBT/21227/16	1:27.78	1:22.95	222
	50m: 38.99 100m: 1:22.95				
5.	Nicolaers Marie	ZPL/21006/16	1:33.13	1:23.71	216
	50m: 41.09 100m: 1:23.71				
6.	Nackaerts Lynn	PZC/21138/16	1:31.21	1:27.76	187
	50m: 43.12 100m: 1:27.76				
7.	Verjans Axelle	HZS/21351/16	1:38.37	1:29.06	179
	50m: 42.86 100m: 1:29.06				
8.	Nijssens Rosanna	STZC/21060/16	NT	1:32.84	158
	50m: 44.42 100m: 1:32.84				
9.	Hoang Vedett (Anh Hai Tran)	HZS/21355/16	1:42.76	1:35.08	147
	50m: 43.41 100m: 1:35.08				
10.	Daens Nore	PZC/21146/16	1:49.34	1:35.25	146
	50m: 44.28 100m: 1:35.25				
11.	Henno Michelle	ZDKB/21161/16	NT	1:38.65	132
	50m: 47.66 100m: 1:38.65				
12.	Coolen Ann-Sophie	ZCM/21058/16	1:54.56	1:42.59	117
	50m: 47.53 100m: 1:42.59				
13.	Meylaers Zoë	PZC/21144/16	2:00.15	1:44.64	110
	50m: 48.19 100m: 1:44.64				
14.	Janssens Janne	HZS/21348/16	1:47.11	1:45.34	108
	50m: 47.95 100m: 1:45.34				
15.	Thys Lucie	STZC/21064/16	NT	1:48.66	98
	50m: 50.67 100m: 1:48.66				
16.	Jans Amélie	HZS/21350/16	2:04.31	1:52.84	88
	50m: 53.56 100m: 1:52.84				

Programmanr. 10
8/02/2026 - 16:09

Dames, 400m vrije slag

11 jaar en ouder
Resultaten

Punten: AQUA 2024

Rang		Inschr.	Tijd	Pnt
11 jaar				
1.	Beijnsberger Julie	DMB/21208/15	5:46.38	5:33.98 332
	100m: 1:17.81 200m: 2:44.98 400m: 5:33.98			
2.	Van Eygen Louise	DMB/21210/15	6:12.97	5:54.66 277
	100m: 1:22.91 200m: 2:54.81 400m: 5:54.66			
3.	Cremer Evianna	DBT/21211/15	6:27.23	6:06.19 252
	100m: 1:23.65 200m: 2:57.53 400m: 6:06.19			
4.	Moons Charline	DBT/21236/15	6:23.45	6:11.55 241
	100m: 1:28.51 200m: 3:02.81 400m: 6:11.55			

Regiocup 8-2-2026 Beringen
Beringen, 8/2/2026

Programmanr. 10, Meisjes, 400m vrije slag, 11 jaar

Rang					Inschr.	Tijd	Pnt
5.	Bianchi Maia				DMB/21222/15	6:53.27	6:11.88 240
	100m:	1:25.01	200m:	3:00.93	400m:	6:11.88	
6.	Poel Oona				DBT/21215/15	6:20.80	6:14.23 236
	100m:	1:24.89	200m:	2:59.61	400m:	6:14.23	
7.	Gerard Laure				ZPL/21007/15	6:57.53	6:23.28 219
	100m:	1:31.46	200m:	3:09.57	400m:	6:23.28	
8.	Schrooten Lien				DMB/21211/15	6:42.81	6:23.97 218
	100m:	1:30.78	200m:	3:10.30	400m:	6:23.97	
9.	Simons Fena				DBT/21223/15	6:14.36	6:32.57 204
	100m:	1:31.34	200m:	3:12.89	400m:	6:32.57	
10.	Taibi Aya				HZS/21353/15	7:34.48	7:16.99 148
	100m:	1:40.38	200m:	3:32.94	400m:	7:16.99	
11.	Lizin Nel				HZS/21349/15	7:18.97	7:54.33 115
	100m:	1:52.52	200m:	3:56.00	400m:	7:54.33	
FF	Daniels Lotte				FFHZS/21352/15	7:05.04	
FF	Ludwiczak Jagoda				FFDMB/21212/15	7:03.36	

12 jaar

1.	Beijnsberger Louise				DMB/21184/14	5:17.05	5:09.72 416
	100m:	1:11.89	200m:	2:31.59	400m:	5:09.72	
2.	Claes Janne				DBT/21185/14	5:32.28	5:25.70 358
	100m:	1:16.69	200m:	2:40.65	400m:	5:25.70	
3.	Nulens Azzurra				DMB/21186/14	5:55.78	5:31.21 340
	100m:	1:18.98	200m:	2:43.02	400m:	5:31.21	
4.	Moors Calista				DMB/21190/14	5:58.22	5:35.02 329
	100m:	1:19.16	200m:	2:45.08	400m:	5:35.02	
5.	Swinnen Paulien				DBT/21189/14	5:59.99	5:40.72 312
	100m:	1:20.74	200m:	2:49.36	400m:	5:40.72	
6.	Meyers Trapman Annalina				DBT/21220/14	5:54.33	5:53.17 280
	100m:	1:23.61	200m:	2:55.13	400m:	5:53.17	
7.	Put Tyana				HZS/21283/14	6:37.62	6:12.28 239
	100m:	1:24.14	200m:	3:00.71	400m:	6:12.28	
8.	Hermans Félice				ZPL/21001/14	7:30.57	6:56.75 170
	100m:	1:36.57	200m:	3:27.94	400m:	6:56.75	
9.	Smeets Ella				DMB/21187/14	6:09.56	6:58.66 168
	100m:	1:37.76	200m:	3:26.84	400m:	6:58.66	

13 jaar

1.	Cremer Fotini				DBT/21165/13	5:24.18	5:06.81 428
	100m:	1:09.49	200m:	2:28.10	400m:	5:06.81	
2.	Vanheeswijck Amelea				DMB/21191/13	5:23.70	5:08.66 420
	100m:	1:10.39	200m:	2:30.26	400m:	5:08.66	
3.	Vandewaerde Oobe				DMB/21181/13	5:30.68	5:20.97 374
	100m:	1:15.03	200m:	2:38.33	400m:	5:20.97	
4.	Franssen Emily				DMB/21180/13	5:43.94	5:29.16 346
	100m:	1:16.21	200m:	2:40.05	400m:	5:29.16	
5.	Beerten Florence				DBT/21172/13	5:53.67	5:36.79 323
	100m:	1:19.02	200m:	2:45.08	400m:	5:36.79	

Regiocup 8-2-2026 Beringen
Beringen, 8/2/2026

Programmanr. 10, Meisjes, 400m vrije slag, 13 jaar

Rang					Inschr.	Tijd	Pnt
6.	Tamer Mohammed Karma			ZDKB/21151/13	NT	6:04.27	256
	100m:	1:24.16	200m:	2:58.69	400m:	6:04.27	
7.	Lenaerts Julia			HZS/21370/13	NT	6:05.58	253
	100m:	1:27.01	200m:	2:59.90	400m:	6:05.58	
8.	Jongen Jade			ZPL/21002/13	NT	6:39.89	193
	100m:	1:29.42	200m:	3:12.11	400m:	6:39.89	
FF	Nouwen Fleur			FFDMB/21167/13	5:02.19		
FF	Theuwissen Nore			FFDMB/21164/13	4:57.49		

14 jaar

1.	Ludwiczak Lena			DMB/21213/12	5:18.89	5:18.71	382
	100m:	1:13.59	200m:	2:34.58	400m:	5:18.71	
2.	Remans Quin			DMB/21146/12	5:26.57	5:19.01	381
	100m:	1:13.70	200m:	2:36.35	400m:	5:19.01	
3.	Vanbrabant Manon			DBT/21177/12	5:46.74	5:26.07	356
	100m:	1:12.89	200m:	2:36.07	400m:	5:26.07	
FF	De Belder Kato			FFDMB/21150/12	5:26.56		
FF	Ruelens Cobien			FFDMB/21159/12	4:58.33		

15 - 16 jaar

1.	Vandevenne Liah			DBT/21135/11	4:36.15	4:32.22	613
	100m:	1:04.47	200m:	2:13.72	400m:	4:32.22	
2.	Brouwers Charlotte			DBT/21145/11	NT	4:35.22	593
	100m:	1:04.19	200m:	2:14.09	400m:	4:35.22	
3.	Melotte Pia			DBT/21150/10	4:50.91	4:39.80	564
	100m:	1:04.85	200m:	2:16.27	400m:	4:39.80	
4.	Wevers Gitte			DMB/21123/11	NT	4:42.93	546
	100m:	1:06.98	200m:	2:18.92	400m:	4:42.93	
5.	Poel Maren			DBT/21173/11	5:02.28	4:49.98	507
	100m:	1:08.66	200m:	2:23.31	400m:	4:49.98	
6.	Kerkhofs Kaat			DMB/21124/11	4:52.17	4:52.91	492
	100m:	1:10.02	200m:	2:24.82	400m:	4:52.91	
7.	Hiel Lina			DBT/21117/10	NT	5:08.64	420
	100m:	1:11.89	200m:	2:31.14	400m:	5:08.64	
8.	Bousson Julie			DMB/21140/11	5:07.99	5:10.18	414
	100m:	1:11.02	200m:	2:30.74	400m:	5:10.18	
9.	Lambrigts Gitte			DMB/21215/11	5:10.78	5:11.96	407
	100m:	1:10.84	200m:	2:30.31	400m:	5:11.96	

17 jaar en ouder

1.	Vanhees Ella			DBT/21090/09	4:53.87	4:42.18	550
	100m:	1:06.99	200m:	2:19.52	400m:	4:42.18	
2.	Frederix Maya			DBT/21083/09	4:49.55	4:49.53	509
	100m:	1:06.21	200m:	2:20.28	400m:	4:49.53	
3.	Renette Lena			DBT/21142/09	NT	4:51.81	497
	100m:	1:08.40	200m:	2:24.35	400m:	4:51.81	
4.	Huybregts Jolien			DMB/21082/09	5:18.47	5:26.25	356
	100m:	1:15.26	200m:	2:38.93	400m:	5:26.25	

Regiocup 8-2-2026 Beringen
Beringen, 8/2/2026

Programmanr. 10, Dames, 400m vrije slag, 17 jaar en ouder

Rang					Inscr.	Tijd	Pnt
5.	Claeskens Lina			DBT/21098/08	5:43.91	5:42.79	307
	100m:	1:21.29	200m:	2:49.54	400m:	5:42.79	
6.	Paulussen Sabine			LIZV/21014/01	5:52.15	5:50.44	287
	100m:	1:23.15	200m:	2:52.97	400m:	5:50.44	
FF	Verstrepen Siel			FFDBT/21216/03	4:45.48		
FF	Janssens Marthe			FFZCM/21036/09	5:05.03		

Programmanr. 11
8/02/2026 - 16:56

Heren, 400m vrije slag

11 jaar en ouder
Resultaten

Punten: AQUA 2024

Rang					Inscr.	Tijd	Pnt
11 jaar							
1.	Vanbrabant Noah			DBT/11206/15	6:04.85	6:01.88	201
	100m:	1:23.28	200m:	2:56.28	400m:	6:01.88	
2.	Henning Liam			DBT/11222/15	6:48.78	6:13.06	184
	100m:	1:27.80	200m:	3:06.63	400m:	6:13.06	
3.	Biesiadecki Alexander			DMB/11214/15	7:03.27	6:22.26	171
	100m:	1:29.11	200m:	3:07.65	400m:	6:22.26	
4.	Mathijs Corneel			HZS/11319/15	7:45.63	6:51.79	136
	100m:	1:36.82	200m:	3:22.55	400m:	6:51.79	
5.	Jongen Kenzi			ZPL/11011/15	NT	8:12.38	80
	100m:	1:58.45	200m:	4:07.31	400m:	8:12.38	

12 jaar

1.	Bosmans Vince			DMB/11203/14	5:13.73	5:08.66	325
	100m:	1:10.40	200m:	2:29.81	400m:	5:08.66	
2.	Joriskes Gijs			DMB/11193/14	5:23.28	5:25.34	277
	100m:	1:17.80	200m:	2:41.13	400m:	5:25.34	
3.	Ferreira Cravo Enzo			DMB/11188/14	5:40.47	5:28.72	269
	100m:	1:17.49	200m:	2:41.44	400m:	5:28.72	
4.	Nijs Viktor			DMB/11192/14	6:19.48	5:38.46	246
	100m:	1:19.09	200m:	2:47.31	400m:	5:38.46	
5.	Ruelens Henri			DMB/11206/14	6:02.28	5:46.66	229
	100m:	1:21.66	200m:	2:51.59	400m:	5:46.66	
6.	Moors Liam			DBT/11197/14	6:28.60	5:54.65	214
	100m:	1:24.22	200m:	2:56.30	400m:	5:54.65	
7.	Moors Victor			DMB/11185/14	6:20.98	6:04.90	196
	100m:	1:21.80	200m:	2:55.46	400m:	6:04.90	
8.	Segers Ferre			DMB/11183/14	6:23.70	6:08.45	191
	100m:	1:26.64	200m:	3:02.67	400m:	6:08.45	
9.	Zeeuw Max			ZCM/11046/14	6:20.22	6:13.56	183
	100m:	1:25.94	200m:	3:00.00	400m:	6:13.56	
10.	Motmans Lander			HZS/11313/14	6:56.03	6:28.31	163
	100m:	1:27.08	200m:	3:07.89	400m:	6:28.31	
11.	Wojcik Viktor			LWB/11108/14	NT	7:36.81	100
	100m:	1:46.68	200m:	3:47.53	400m:	7:36.81	

Regiocup 8-2-2026 Beringen
Beringen, 8/2/2026

Programmanr. 11, Heren, 400m vrije slag

13 jaar

1.	Hermans Yesse				DBT/11187/13	5:36.34	5:13.19	311
	100m:	1:14.53	200m:	2:35.35	400m:	5:13.19		
2.	Gielen Zoran				DBT/11186/13	5:34.55	5:14.13	308
	100m:	1:13.46	200m:	2:34.59	400m:	5:14.13		
3.	Swennen Jarne				ZDKB/11145/13	NT	5:21.70	287
	100m:	1:16.47	200m:	2:39.85	400m:	5:21.70		
4.	Van Mele Gunnar				DBT/11205/13	5:51.27	5:26.73	274
	100m:	1:13.84	200m:	2:38.19	400m:	5:26.73		
5.	Bruninx Leon				HZS/11304/13	NT	5:47.11	228
	100m:	1:26.88	200m:	2:57.71	400m:	5:47.11		
6.	Timmers Bjarne				DMB/11178/13	6:08.21	5:49.91	223
	100m:	1:21.38	200m:	2:52.02	400m:	5:49.91		
7.	Knaepen Guus-Jan				HZS/11285/13	NT	5:56.49	211
	100m:	1:25.85	200m:	2:59.45	400m:	5:56.49		

14 jaar

1.	Vandijck Samuel				DMB/11142/12	4:42.69	4:45.92	409
	100m:	1:06.28	200m:	2:19.27	400m:	4:45.92		
2.	Walterus Kilyan				DMB/11156/12	4:49.01	4:50.56	389
	100m:	1:08.86	200m:	2:24.11	400m:	4:50.56		
3.	Geutjens Maxime				DMB/11148/12	4:58.15	5:09.71	321
	100m:	1:12.30	200m:	2:30.08	400m:	5:09.71		
4.	Lemmens Lars				DBT/11208/12	NT	5:16.89	300
	100m:	1:14.46	200m:	2:35.66	400m:	5:16.89		
5.	Ernots Joppe				ZDKB/11150/12	NT	6:04.56	197
	100m:	1:24.22	200m:	2:59.86	400m:	6:04.56		
6.	Spreuwers Lei				HZS/11330/12	7:05.30	6:32.97	157
	100m:	1:31.53	200m:	3:11.41	400m:	6:32.97		
FF	Lysens Siebe				FFZDKB/11138/12	NT		

15 - 16 jaar

1.	Evens Mats				DMB/11106/10	4:31.38	4:20.93	538
	100m:	1:01.63	200m:	2:07.56	400m:	4:20.93		
2.	Tielen Sander				DMB/11119/11	4:30.71	4:27.84	497
	100m:	1:02.69	200m:	2:10.72	400m:	4:27.84		
3.	Evens Vince				DMB/11122/11	4:44.40	4:31.91	475
	100m:	1:04.06	200m:	2:13.27	400m:	4:31.91		
4.	Daemen Juul				DMB/11105/10	4:32.90	4:32.49	472
	100m:	1:04.73	200m:	2:14.44	400m:	4:32.49		
5.	Frederix Lou				DBT/11137/11	4:45.79	4:34.84	460
	100m:	1:03.76	200m:	2:14.09	400m:	4:34.84		
6.	Servranckx Senne				DMB/11107/10	4:47.89	4:39.39	438
	100m:	1:04.14	200m:	2:15.81	400m:	4:39.39		
7.	Janssen Thibe				DBT/11167/11	4:48.70	4:43.44	419
	100m:	1:06.26	200m:	2:19.32	400m:	4:43.44		
8.	Mannaerts Mathias				LWB/11069/11	5:11.25	4:51.52	385
	100m:	1:09.68	200m:	2:24.44	400m:	4:51.52		

Regiocup 8-2-2026 Beringen
Beringen, 8/2/2026

Programmanr. 11, Jongens, 400m vrije slag, 15 - 16 jaar

Rang					Inshr.	Tijd	Pnt
9.	Schoofs Tuur			ZCM/11040/10	5:21.56	5:07.40	329
	100m:	1:10.61	200m:	2:29.39	400m:	5:07.40	
10.	Wery Milan			STZC/11042/11	5:49.75	5:17.72	298
	100m:	1:11.32	200m:	2:31.79	400m:	5:17.72	
FF	Metten Vince			FFDMB/11103/10	NT		

17 jaar en ouder

1.	Jorissen Rube			DBT/11238/08	4:27.27	4:15.75	571
	100m:	1:00.75	200m:	2:06.03	400m:	4:15.75	
2.	Claeskens Milan			DBT/11091/06	4:18.31	4:18.05	556
	100m:	1:01.47	200m:	2:06.52	400m:	4:18.05	
3.	Oris Tim			DMB/10326/98	NT	4:26.23	506
	100m:	1:01.44	200m:	2:08.48	400m:	4:26.23	
4.	Cetinkaya Doruk			DBT/11166/08	NT	4:30.83	481
	100m:	1:04.68	200m:	2:15.68	400m:	4:30.83	
5.	Birlogeanu Luca			DBT/11053/05	NT	4:31.10	479
	100m:	1:03.39	200m:	2:14.34	400m:	4:31.10	
6.	Daemen Tuur			DMB/11064/08	4:33.25	4:34.53	462
	100m:	1:03.10	200m:	2:11.89	400m:	4:34.53	
7.	Degraen Diego			DBT/11210/09	4:57.23	4:50.56	389
	100m:	1:07.34	200m:	2:21.38	400m:	4:50.56	
8.	Van den Hoorn Ebe			DMB/11079/09	4:45.26	4:53.33	378
	100m:	1:09.96	200m:	2:25.44	400m:	4:53.33	
9.	Crommen Wout			ZCM/11059/09	6:20.00	5:27.82	271
	100m:	1:13.11	200m:	2:38.09	400m:	5:27.82	
10.	Hurkmans Cédric			LWB/11101/05	6:07.98	5:54.78	214
	100m:	1:16.57	200m:	2:45.34	400m:	5:54.78	

Programmanr. 12
8/02/2026 - 17:50

Dames, 4 x 100m wisselslag

11 jaar en ouder
Resultaten

Punten: AQUA 2024

Rang				Inshr.	Tijd	Pnt
11 jaar en ouder						
1.	DBT 2			5:19.16	5:09.91	379
	Poel Maren	11	1:13.48	Renette Lena		09
	Moors Nora	12		Swinnen Paulien		14
2.	DBT 4			5:18.75	5:11.59	373
	Moons Charline	15	1:28.74	Engelen Floor		12
	Vreys Anse	14		Ardu Peppa Jolene		12
3.	DBT 3			5:18.84	5:11.64	373
	Poel Oona	15	1:30.60	Melotte Pia		10
	Vanbrabant Manon	12		Cremer Fotini		13
4.	DBT 1			5:19.24	5:14.13	364
	Kerfs Lentel	13	1:27.32	Frederix Maya		09
	Limonta-Scull Ofelia	11		Pira Pauline		15
5.	DBT 5			5:18.19	5:15.52	359
	Cuijvers Lisa	09	1:12.18	Hiel Lina		10
	Lambrechts Anaïs	13		Meyers Trapman Annalina		14

Regiocup 8-2-2026 Beringen
Beringen, 8/2/2026

Programmanr. 12, Dames, 4 x 100m wisselslag, 11 jaar en ouder

Rang			Inshr.	Tijd	Pnt
6.	HZS 1		5:49.33	5:39.28	289
	Vander Meer Noor	13	1:20.63	Gerets Annelien	11
	Lenaerts Julia	13		Bevernage Trix	14
7.	HZS 2		6:02.45	5:52.08	258
	Desair Anna-Louise	13	1:27.40	Franssen Lyna	12
	Van Guyse Ada	13		Put Tyana	14
8.	ZDKB 1		NT	6:42.83	172
	Lapierre Emma	15	1:32.64	Vanbekbergen Charlotte	13
	Leliaert Olivia	15		Pooters Livia	14

Programmanr. 13
8/02/2026 - 17:57

Heren, 4 x 100m wisselslag

11 jaar en ouder
Resultaten

Punten: AQUA 2024

Rang			Inshr.	Tijd	Pnt
11 - 14 jaar					
1.	HZS 1		6:22.69	6:13.40	151
	Spreuwers Lei	12	1:34.28	Bruninx Leon	13
	Motmans Lander	14		Knaepen Guus-Jan	13

11 jaar en ouder

1.	DBT 4		4:48.79	4:39.86	359
	Ballet Emile	11	1:08.25	Birlogeanu Luca	05
	Frederix Lou	11		Moors Liam	14
2.	DBT 5		4:48.60	4:40.56	356
	Baelen Tobe	10	1:00.22	Cetinkaya Doruk	08
	Janssen Thibe	11		Henning Liam	15
3.	DBT 3		4:50.94	4:41.66	352
	Baelen Siebe	07	1:01.51	Claes Pepijn	11
	Degraen Diego	09		Hermans Yesse	13
4.	DBT 2		4:51.65	4:46.77	334
	Vanbrabant Noah	15	1:25.75	Claeskens Milan	06
	Verschaeren Lander	09		Van Mele Gunnar	13
5.	DBT 1		4:52.83	4:52.95	313
	Lemmens Lars	12	1:14.85	Vertessen Wout	12
	Poelmans Keano	09		Gielen Zoran	13
6.	Zcm 1		6:12.71	5:27.31	224
	Janssen Dries	13	1:28.88	Schoofs Tuur	10
	Peeters Jochen	13		Crommen Wout	09
7.	ZDKB 2		NT	6:01.78	166
	Swennen Jarne	13	1:15.42	Ernots Joppe	12
	Meir Stan	13		Krylov Alexander	14