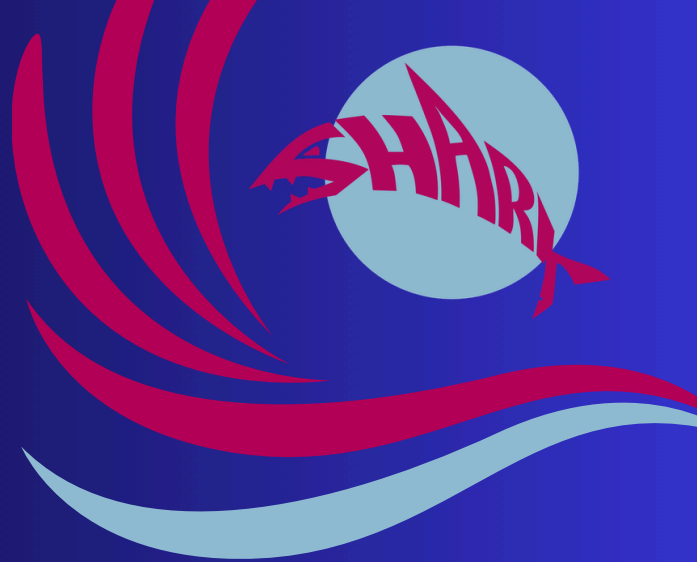




# SHARK 400 METER WEDSTRIJD

## Uitslag





ShaRK 400m 2026  
Herentals, 10/10/2026

1 - namiddag 400m 2026

10/10/2026 - 13:30

Programmanr. 1 Dames, 400m wisselslag 11 jaar en ouder  
10/10/2026 - 13:30 Resultaten

Punten: AQUA 2026

| Rang | Geb. | Tijd | Pnt | 100m | 200m | 300m | 400m |
|------|------|------|-----|------|------|------|------|
|------|------|------|-----|------|------|------|------|

11 - 12 jaar

dis HOEYBERGHS Ryley 15 MOZKA  
9.1 - In individuele wisselslag, stijlen niet in de juiste volgorde gezwommen

13 - 14 jaar

|                     |    |       |         |     |         |         |         |         |
|---------------------|----|-------|---------|-----|---------|---------|---------|---------|
| 1. VAN HOVE Pauline | 13 | LGN   | 5:26.97 | 477 | 1:16.16 | 1:23.56 | 1:35.20 | 1:12.05 |
| 2. STAS Lorane      | 13 | LGN   | 5:31.54 | 457 | 1:18.24 | 1:22.15 | 1:38.35 | 1:12.80 |
| 3. BIERINCKX Mie    | 12 | ShaRK | 5:32.42 | 453 | 1:20.42 | 1:25.70 | 1:30.92 | 1:15.38 |
| 4. CEULEMANS Lena   | 12 | MOZKA | 5:56.02 | 369 | 1:24.90 | 1:31.06 | 1:39.62 | 1:20.44 |
| 5. ADRIAENSEN Lena  | 13 | MOZKA | 5:56.98 | 366 | 1:18.90 | 1:29.00 | 1:47.00 | 1:22.08 |
| 6. FAES Elyne       | 12 | HZA   | 5:56.99 | 366 | 1:19.53 | 1:28.96 | 1:47.47 | 1:21.03 |

15 - 16 jaar

|                          |    |       |         |     |         |         |         |         |
|--------------------------|----|-------|---------|-----|---------|---------|---------|---------|
| 1. MERTENS Femke         | 11 | ShaRK | 5:14.95 | 533 | 1:11.42 | 1:19.63 | 1:30.71 | 1:13.19 |
| 2. CLAEYS Ditte          | 10 | Rosc  | 5:19.76 | 510 | 1:12.34 | 1:19.75 | 1:33.95 | 1:13.72 |
| 3. BOVEN Axelle          | 10 | ShaRK | 5:21.94 | 499 | 1:11.40 | 1:24.93 | 1:32.87 | 1:12.74 |
| 4. BELLENS Lore          | 11 | ShaRK | 5:22.64 | 496 | 1:10.03 | 1:25.33 | 1:33.73 | 1:13.55 |
| 5. VERLEYSEN Noa         | 11 | Hzs   | 5:32.52 | 453 | 1:15.74 | 1:22.81 | 1:37.27 | 1:16.70 |
| 6. CLAESSENS Ella-Louise | 11 | Hzs   | 5:34.10 | 447 | 1:17.05 | 1:26.23 | 1:37.81 | 1:13.01 |
| 7. BEUNCKENS Tess        | 11 | Hzs   | 5:35.19 | 442 | 1:20.71 | 1:23.62 | 1:34.37 | 1:16.49 |
| 8. THEWISSEN Mirthe      | 11 | Hzs   | 5:43.62 | 410 | 1:21.21 | 1:25.64 | 1:38.57 | 1:18.20 |
| 9. LAMBRECHTS Loes       | 11 | AZV   | 5:53.25 | 378 | 1:27.02 | 1:28.74 | 1:39.99 | 1:17.50 |
| 10. COPERMANNS Sam       | 11 | Hzs   | 5:54.53 | 374 | 1:23.64 | 1:29.41 | 1:44.50 | 1:16.98 |

17 jaar en ouder

|                   |    |       |         |     |         |         |         |         |
|-------------------|----|-------|---------|-----|---------|---------|---------|---------|
| 1. MERTENS Helena | 09 | ShaRK | 5:22.52 | 497 | 1:12.57 | 1:22.71 | 1:34.12 | 1:13.12 |
| 2. WIJCKMANS Lene | 09 | HZA   | 5:50.15 | 388 | 1:26.42 | 1:25.20 | 1:42.19 | 1:16.34 |

Programmanr. 2 Heren, 400m wisselslag 11 jaar en ouder  
10/10/2026 - 13:55 Resultaten

Punten: AQUA 2026

| Rang | Geb. | Tijd | Pnt | 100m | 200m | 300m | 400m |
|------|------|------|-----|------|------|------|------|
|------|------|------|-----|------|------|------|------|

11 - 12 jaar

|                   |    |       |         |     |         |         |         |         |
|-------------------|----|-------|---------|-----|---------|---------|---------|---------|
| 1. MERTENS Dieter | 14 | ShaRK | 5:40.07 | 329 | 1:23.49 | 1:26.28 | 1:37.15 | 1:13.15 |
|-------------------|----|-------|---------|-----|---------|---------|---------|---------|

13 - 14 jaar

|                          |    |       |         |     |         |         |         |         |
|--------------------------|----|-------|---------|-----|---------|---------|---------|---------|
| 1. JORISSEN Finn         | 13 | LGN   | 5:21.68 | 388 | 1:11.26 | 1:19.57 | 1:37.66 | 1:13.19 |
| 2. LEYSEN Jeroen         | 13 | KST   | 5:36.25 | 340 | 1:20.11 | 1:24.76 | 1:35.04 | 1:16.34 |
| 3. VAN GORP Tuur         | 12 | ShaRK | 5:43.71 | 318 | 1:28.09 | 1:26.53 | 1:35.70 | 1:13.39 |
| 4. VAN HOVE Victor       | 13 | MOZKA | 5:49.51 | 303 | 1:25.79 | 1:28.17 | 1:38.44 | 1:17.11 |
| 5. DE MESSEMAEKER Zydric | 13 | MOZKA | 5:52.74 | 294 | 1:24.50 | 1:27.02 | 1:43.14 | 1:18.08 |
| 6. RENOUARD Mael         | 13 | LGN   | 6:04.40 | 267 | 1:24.39 | 1:30.81 | 1:48.34 | 1:20.86 |



ShaRK 400m 2026  
Herentals, 10/10/2026

Programmanr. 2, Heren, 400m wisselslag

15 - 16 jaar

|                     |    |     |                |     |         |         |         |         |
|---------------------|----|-----|----------------|-----|---------|---------|---------|---------|
| 1. VANGROOTLOON Jef | 10 | Hzs | <b>4:56.20</b> | 498 | 1:04.68 | 1:18.72 | 1:29.36 | 1:03.44 |
| 2. GYULNAZARYAN Max | 11 | WST | <b>5:08.98</b> | 438 | 1:07.68 | 1:19.77 | 1:33.28 | 1:08.25 |
| 3. STABEL Jasper    | 11 | KST | <b>5:15.66</b> | 411 | 1:11.73 | 1:20.66 | 1:31.57 | 1:11.70 |
| 4. WILLEMS Ruben    | 10 | AZV | <b>5:31.71</b> | 354 | 1:11.49 | 1:22.97 | 1:41.91 | 1:15.34 |

17 jaar en ouder

|                         |    |       |                |     |         |         |         |         |
|-------------------------|----|-------|----------------|-----|---------|---------|---------|---------|
| 1. VAN WAELDEREN Thomaz | 05 | WST   | <b>4:53.89</b> | 510 | 1:03.61 | 1:17.98 | 1:27.07 | 1:05.23 |
| 2. DE CUYPER Lens       | 03 | HZA   | <b>4:57.22</b> | 493 | 1:07.78 | 1:15.18 | 1:26.14 | 1:08.12 |
| 3. BERTELS Quillan      | 09 | ShaRK | <b>5:15.46</b> | 412 | 1:11.12 | 1:20.00 | 1:36.30 | 1:08.04 |

Programmanr. 3  
10/10/2026 - 14:15

400m vrije slag

9 - 10 jaar  
Resultaten

Punten: AQUA 2026

| Rang                   | Geb. |       | Tijd           | Pnt | 100m    | 200m    | 300m    | 400m    |
|------------------------|------|-------|----------------|-----|---------|---------|---------|---------|
| 9 - 10 jaar, Meisjes   |      |       |                |     |         |         |         |         |
| 1. THYSE Laly          | 16   | LGN   | <b>5:44.95</b> | 297 | 1:21.42 | 1:27.88 | 1:29.35 | 1:26.30 |
| 2. DAUWE Emma          | 17   | Rosc  | <b>5:59.38</b> | 262 | 1:24.69 | 1:30.39 | 1:32.95 | 1:31.35 |
| 3. DUPONT Ella         | 16   | LGN   | <b>6:02.94</b> | 255 | 1:25.98 | 1:33.10 | 1:34.49 | 1:29.37 |
| 4. DE BIE Apolline     | 16   | ShaRK | <b>6:11.52</b> | 238 | 1:28.58 | 1:37.39 | 1:38.53 | 1:27.02 |
| 5. VAN GROOTEL Rikke   | 16   | ZN    | <b>6:14.23</b> | 232 | 1:25.37 | 1:36.48 | 1:38.18 | 1:34.20 |
| 6. BAUWENS Elsa        | 16   | Rosc  | <b>6:20.49</b> | 221 | 1:24.97 | 1:38.20 | 1:41.38 | 1:35.94 |
| 7. VAN LOOY Maren      | 17   | ZN    | <b>6:22.86</b> | 217 | 1:27.60 | 1:37.24 | 1:42.67 | 1:35.35 |
| 8. MATTHEEUSEN Olivia  | 16   | Azk   | <b>6:24.85</b> | 214 | 1:29.03 | 1:41.35 | 1:41.10 | 1:33.37 |
| 9. JORISSEN Niene      | 16   | LGN   | <b>6:27.12</b> | 210 | 1:28.04 | 1:39.39 | 1:41.40 | 1:38.29 |
| 10. LI Yiyang          | 16   | LAQUA | <b>6:36.10</b> | 196 | 1:30.05 | 1:42.72 | 1:41.88 | 1:41.45 |
| 11. DE VIJLDER Rikke   | 16   | ZN    | <b>6:36.97</b> | 195 | 1:32.11 | 1:42.53 | 1:43.36 | 1:38.97 |
| 12. RAES Kaya          | 16   | MOZKA | <b>6:42.27</b> | 187 | 1:30.34 | 1:44.07 | 1:46.22 | 1:41.64 |
| 13. VAN GORP Féline    | 16   | ShaRK | <b>6:44.30</b> | 184 | 1:33.38 | 1:44.24 | 1:45.69 | 1:40.99 |
| 14. BAKELANTS Julia    | 16   | ZN    | <b>6:45.82</b> | 182 | 1:32.39 | 1:48.23 | 1:46.76 | 1:38.44 |
| 15. VAN VORST Marie    | 16   | AZV   | <b>6:48.05</b> | 179 | 1:33.96 | 1:44.94 | 1:48.93 | 1:40.22 |
| 16. GALENS Alice       | 16   | Rosc  | <b>6:49.63</b> | 177 | 1:36.50 | 1:45.31 | 1:43.16 | 1:44.66 |
| 17. SOMERS Bess        | 17   | ZVL   | <b>7:03.18</b> | 161 | 1:37.52 | 1:50.36 | 1:50.70 | 1:44.60 |
| 18. VAN GESTEL Juline  | 17   | Azk   | <b>7:13.81</b> | 149 | 1:36.87 | 1:51.30 | 1:54.74 | 1:50.90 |
| 19. FELIX Julie        | 16   | ZVL   | <b>7:14.05</b> | 149 | 1:43.28 | 1:52.35 | 1:52.01 | 1:46.41 |
| 20. VAN HOVE Jelke     | 17   | ZN    | <b>7:37.42</b> | 127 | 1:47.88 | 2:00.24 | 1:56.13 | 1:53.17 |
| 21. ADAMS Louise       | 17   | KST   | <b>7:37.50</b> | 127 | 1:46.01 | 2:01.54 | 1:59.22 | 1:50.73 |
| 22. JANSSENS Finn      | 16   | ZN    | <b>7:44.10</b> | 122 | 1:45.99 | 2:03.48 | 2:00.69 | 1:53.94 |
| 23. VAN GYSEL Lisa     | 17   | ZN    | <b>7:45.69</b> | 120 | 1:45.18 | 1:59.16 | 2:02.45 | 1:58.90 |
| 24. CANNIERE Gudrun    | 17   | Rosc  | <b>8:01.39</b> | 109 | 1:48.59 | 2:05.59 | 2:05.82 | 2:01.39 |
| 25. DE VIJLDER Ems     | 17   | ZN    | <b>8:02.41</b> | 108 | 1:51.51 | 2:06.27 | 2:04.12 | 2:00.51 |
| 26. JANSSENS Marie     | 17   | ZN    | <b>8:07.24</b> | 105 | 1:52.46 | 2:05.18 | 2:07.67 | 2:01.93 |
| 27. AUWERS Marie       | 17   | ZN    | <b>8:10.65</b> | 103 | 1:52.41 | 2:06.28 | 2:06.07 | 2:05.89 |
| 28. VAN GYSEL Nina     | 17   | ZN    | <b>8:32.09</b> | 90  | 1:54.07 | 2:09.83 | 2:16.07 | 2:12.12 |
| 29. VERMEERSCH DEGELIN | 17   | KST   | <b>8:43.57</b> | 85  | 2:01.27 | 2:18.89 | 2:14.28 | 2:09.13 |



# ShaRK 400m 2026 Herentals, 10/10/2026

## Programmanr. 3, 400m vrije slag

### 9 - 10 jaar, Jongens

|                      |    |       |                |     |         |         |         |         |
|----------------------|----|-------|----------------|-----|---------|---------|---------|---------|
| 1. ROOMANS Baptiste  | 16 | LGN   | <b>5:55.81</b> | 212 | 1:23.95 | 1:31.76 | 1:31.65 | 1:28.45 |
| 2. DIEUSAERT Simon   | 16 | Rosc  | <b>6:02.63</b> | 200 | 1:27.01 | 1:35.67 | 1:33.17 | 1:26.78 |
| 3. QUARTIER Quinn    | 16 | Rosc  | <b>6:04.44</b> | 197 | 1:25.80 | 1:32.90 | 1:35.09 | 1:30.65 |
| 4. MEUNIER Emile     | 16 | HZA   | <b>6:09.63</b> | 189 | 1:24.71 | 1:34.06 | 1:36.51 | 1:34.35 |
| 5. GISCA Kostya      | 17 | ZN    | <b>6:09.86</b> | 188 | 1:25.91 | 1:36.51 | 1:35.73 | 1:31.71 |
| 6. LEDENT Matthew    | 16 | LGN   | <b>6:09.97</b> | 188 | 1:28.21 | 1:37.02 | 1:34.25 | 1:30.49 |
| 7. COOLS Vince       | 16 | MOZKA | <b>6:18.83</b> | 175 | 1:29.69 | 1:39.03 | 1:40.61 | 1:29.50 |
| 8. DELVA Sam         | 16 | Azk   | <b>6:22.56</b> | 170 | 1:26.58 | 1:40.00 | 1:41.92 | 1:34.06 |
| 9. BORGHS Fabian     | 17 | ShaRK | <b>6:28.12</b> | 163 | 1:26.81 | 1:41.12 | 1:41.67 | 1:38.52 |
| 10. VANHAM Cas       | 17 | MOZKA | <b>6:30.17</b> | 160 | 1:30.98 | 1:41.99 | 1:41.13 | 1:36.07 |
| 11. VERACHTEN Tijl   | 16 | MOZKA | <b>6:34.04</b> | 156 | 1:30.57 | 1:45.68 | 1:41.18 | 1:36.61 |
| 12. UZZI Oliver      | 16 | ShaRK | <b>6:58.15</b> | 130 | 1:35.87 | 1:49.67 | 1:50.64 | 1:41.97 |
| 13. MASSARD Loyc     | 16 | LGN   | <b>7:09.60</b> | 120 | 1:40.62 | 1:51.45 | 1:52.07 | 1:45.46 |
| 14. DOCKX James      | 17 | Azk   | <b>7:11.33</b> | 119 | 1:40.99 | 1:53.53 | 1:52.36 | 1:44.45 |
| 15. LEYSEN Mathijs   | 17 | KST   | <b>7:11.52</b> | 118 | 1:40.99 | 1:53.42 | 1:53.05 | 1:44.06 |
| 16. AUWERS Leon      | 16 | ZN    | <b>7:30.49</b> | 104 | 1:47.34 | 1:56.21 | 1:57.83 | 1:49.11 |
| 17. VAN DE VEL Ferre | 16 | ShaRK | <b>7:35.53</b> | 101 | 1:44.80 | 1:56.45 | 2:00.75 | 1:53.53 |
| FF DIELS Louis       | 17 | ZN    |                |     |         |         |         |         |

## Programmanr. 4 10/10/2026 - 15:20

## Meisjes, 400m vrije slag

## 11 - 12 jaar Resultaten

Punten: AQUA 2026

| Rang | Geb.                 |    | Tijd  | Pnt     | 100m | 200m    | 300m    | 400m    |         |
|------|----------------------|----|-------|---------|------|---------|---------|---------|---------|
| 1.   | MORENO Noéline       | 14 | LGN   | 4:54.19 | 479  | 1:11.52 | 1:15.32 | 1:15.64 | 1:11.71 |
| 2.   | PONCELET Niene       | 14 | LGN   | 4:54.34 | 478  | 1:09.67 | 1:15.96 | 1:15.57 | 1:13.14 |
| 3.   | RYCKEMAN Ella        | 14 | Rosc  | 4:55.24 | 474  | 1:10.88 | 1:15.63 | 1:15.60 | 1:13.13 |
| 4.   | SCAGLIONE Louise     | 14 | LGN   | 4:58.84 | 457  | 1:11.03 | 1:16.05 | 1:16.81 | 1:14.95 |
| 5.   | CLAESSENS Isa-Beau   | 14 | Hzs   | 4:59.55 | 454  | 1:12.27 | 1:19.70 | 1:14.91 | 1:12.67 |
| 6.   | CANNIERE Erin        | 15 | Rosc  | 5:04.81 | 431  | 1:11.58 | 1:18.22 | 1:19.18 | 1:15.83 |
| 7.   | BOUVEROUX Nina       | 14 | LGN   | 5:06.31 | 424  | 1:13.06 | 1:18.82 | 1:19.78 | 1:14.65 |
| 8.   | BEVERNAGE Trix       | 14 | Hzs   | 5:09.99 | 409  | 1:12.22 | 1:19.46 | 1:19.64 | 1:18.67 |
| 9.   | ANTIERENS Louise     | 15 | Rosc  | 5:16.17 | 386  | 1:15.55 | 1:20.47 | 1:21.43 | 1:18.72 |
| 10.  | SIMONS Hanna         | 15 | LAQUA | 5:20.85 | 369  | 1:16.95 | 1:21.89 | 1:23.78 | 1:18.23 |
| 11.  | PEETERS Lena         | 15 | AZV   | 5:22.28 | 364  | 1:15.58 | 1:22.65 | 1:23.89 | 1:20.16 |
| 12.  | DIEUSAERT Roselien   | 14 | Rosc  | 5:23.96 | 359  | 1:17.69 | 1:22.37 | 1:23.25 | 1:20.65 |
| 13.  | VAN HOUDT SEOANE Lis | 15 | LAQUA | 5:27.91 | 346  | 1:18.11 | 1:24.94 | 1:25.22 | 1:19.64 |
| 14.  | KENIS Lola           | 15 | ShaRK | 5:29.95 | 339  | 1:18.34 | 1:23.12 | 1:28.29 | 1:20.20 |
| 15.  | ROZIERIS Lily        | 15 | HZA   | 5:32.33 | 332  | 1:17.72 | 1:26.48 | 1:26.63 | 1:21.50 |
| 16.  | LAURYSEN Nette       | 15 | AZV   | 5:34.94 | 324  | 1:20.56 | 1:27.22 | 1:25.76 | 1:21.40 |
| 17.  | HANSOUL Charlotte    | 15 | LGN   | 5:40.13 | 310  | 1:20.74 | 1:26.93 | 1:28.36 | 1:24.10 |
| 18.  | DE RYCK Hanne        | 15 | LAQUA | 5:40.35 | 309  | 1:22.54 | 1:27.48 | 1:27.33 | 1:23.00 |
| 19.  | CLAESSENS Marie      | 15 | Azk   | 5:44.53 | 298  | 1:18.78 | 1:30.91 | 1:29.89 | 1:24.95 |
| 20.  | LAMBRECHTS Jade      | 14 | ShaRK | 5:45.15 | 296  | 1:18.74 | 1:29.05 | 1:30.29 | 1:27.07 |
| 21.  | PUT Tyana            | 14 | Hzs   | 5:45.21 | 296  | 1:21.12 | 1:30.63 | 1:29.50 | 1:23.96 |
| 22.  | VANDEVIJVERE Lore    | 15 | Rosc  | 5:47.44 | 291  | 1:21.81 | 1:31.97 | 1:30.35 | 1:23.31 |
| 23.  | VAN COTTHEM Nika     | 15 | AZV   | 5:48.06 | 289  | 1:20.79 | 1:29.57 | 1:29.09 | 1:28.61 |
| 24.  | GORIS Arwen          | 14 | HZA   | 5:48.80 | 287  | 1:21.61 | 1:32.69 | 1:30.72 | 1:23.78 |
| 25.  | DE CLOEDT DELGADO L  | 15 | Rosc  | 5:51.70 | 280  | 1:22.28 | 1:30.93 | 1:31.92 | 1:26.57 |
| 26.  | JACOBY Apolline      | 15 | LGN   | 6:04.74 | 251  | 1:22.20 | 1:36.07 | 1:33.77 | 1:32.70 |
| 27.  | VLUYMANS Julie       | 15 | ZVL   | 6:15.08 | 231  | 1:28.62 | 1:36.35 | 1:36.32 | 1:33.79 |
| 28.  | VANDENSANDE Lucía    | 14 | LAQUA | 6:27.40 | 209  | 1:31.45 | 1:39.41 | 1:41.19 | 1:35.35 |
| 29.  | DANIELS Lotte        | 15 | Hzs   | 6:32.24 | 202  | 1:30.20 | 1:41.76 | 1:43.20 | 1:37.08 |
| 30.  | VANDENSANDE Clara    | 15 | LAQUA | 6:34.36 | 199  | 1:33.60 | 1:40.81 | 1:42.41 | 1:37.54 |



ShaRK 400m 2026  
Herentals, 10/10/2026

Programmanr. 4, Meisjes, 400m vrije slag, 11 - 12 jaar

| Rang |                    | Geb. |       | Tijd           | Pnt | 100m    | 200m    | 300m    | 400m    |
|------|--------------------|------|-------|----------------|-----|---------|---------|---------|---------|
| 31.  | PEELAERS Elise     | 14   | MOZKA | <b>6:40.23</b> | 190 | 1:29.79 | 1:42.27 | 1:45.28 | 1:42.89 |
| 32.  | CREEMERS Lieze     | 14   | LAQUA | <b>6:43.64</b> | 185 | 1:33.59 | 1:45.66 | 1:44.02 | 1:40.37 |
| 33.  | LAMBRECHTS Fé      | 14   | HZA   | <b>6:45.17</b> | 183 | 1:31.39 | 1:46.44 | 1:47.59 | 1:39.75 |
| 34.  | TAIBI Aya          | 15   | Hzs   | <b>6:45.81</b> | 182 | 1:31.61 | 1:43.07 | 1:47.19 | 1:43.94 |
| 35.  | WELSLAU Ines       | 15   | HZA   | <b>6:48.98</b> | 178 | 1:33.91 | 1:46.01 | 1:45.76 | 1:43.30 |
| 36.  | VERMEULEN Louise   | 15   | LAQUA | <b>6:49.77</b> | 177 | 1:33.45 | 1:45.63 | 1:45.99 | 1:44.70 |
| 37.  | VERMEERSCH DEGELIN | 14   | KST   | <b>6:50.92</b> | 175 | 1:35.34 | 1:47.49 | 1:46.28 | 1:41.81 |
| 38.  | LIZIN Nel          | 15   | Hzs   | <b>6:51.24</b> | 175 | 1:36.19 | 1:46.16 | 1:46.28 | 1:42.61 |
| 39.  | VAN DE WINKEL Maud | 15   | LAQUA | <b>6:55.55</b> | 170 | 1:34.45 | 1:46.49 | 1:48.38 | 1:46.23 |
| 40.  | STADTMAN Malayka   | 14   | MOZKA | <b>7:12.42</b> | 150 | 1:34.90 | 1:52.02 | 1:52.42 | 1:53.08 |
| 41.  | BORRÉ Ulrike       | 15   | MOZKA | <b>7:19.79</b> | 143 | 1:36.92 | 1:52.87 | 1:55.89 | 1:54.11 |
| 42.  | VAN OTTEN Noomi    | 15   | KST   | <b>7:48.22</b> | 118 | 1:49.04 | 2:00.20 | 2:03.61 | 1:55.37 |
| dis  | DE KEYZER Fran     | 15   | ZVL   |                |     |         |         |         |         |

4.4 - Start initiëren voor het signaal

Programmanr. 5  
10/10/2026 - 16:15

Jongens, 400m vrije slag

11 - 12 jaar  
Resultaten

Punten: AQUA 2026

| Rang | Geb.                 |    | Tijd  | Pnt     | 100m | 200m    | 300m    | 400m    |         |
|------|----------------------|----|-------|---------|------|---------|---------|---------|---------|
| 1.   | LEYSEN Benjamin      | 14 | KST   | 4:48.79 | 397  | 1:07.35 | 1:13.65 | 1:15.20 | 1:12.59 |
| 2.   | DAUWE Lars           | 15 | Rosc  | 4:51.34 | 386  | 1:10.93 | 1:14.25 | 1:13.66 | 1:12.50 |
| 3.   | STAELENS Tyler       | 14 | Rosc  | 4:56.39 | 367  | 1:09.06 | 1:16.73 | 1:17.01 | 1:13.59 |
| 4.   | VAN HOVE Nand        | 14 | MOZKA | 4:56.60 | 366  | 1:13.19 | 1:17.23 | 1:15.12 | 1:11.06 |
| 5.   | LAFORCE Lander       | 15 | Rosc  | 5:02.86 | 344  | 1:13.45 | 1:18.73 | 1:17.93 | 1:12.75 |
| 6.   | SCHROYEN Benjamin    | 14 | LGN   | 5:03.30 | 342  | 1:09.99 | 1:16.58 | 1:18.35 | 1:18.38 |
| 7.   | WILLEMS Iwan         | 15 | AZV   | 5:07.04 | 330  | 1:13.79 | 1:18.44 | 1:19.70 | 1:15.11 |
| 8.   | MISCORIA-BAGANELLA G | 15 | LGN   | 5:19.41 | 293  | 1:13.83 | 1:22.50 | 1:23.45 | 1:19.63 |
| 9.   | JOOSSEN Cis          | 14 | Azk   | 5:19.67 | 292  | 1:16.87 | 1:22.57 | 1:23.48 | 1:16.75 |
| 10.  | FERKET Aidan         | 15 | Rosc  | 5:21.68 | 287  | 1:17.79 | 1:22.43 | 1:21.52 | 1:19.94 |
| 11.  | MOLS Leon            | 14 | MOZKA | 5:26.67 | 274  | 1:14.79 | 1:23.30 | 1:24.68 | 1:23.90 |
| 12.  | CEULEMANS Ward       | 15 | MOZKA | 5:34.46 | 255  | 1:21.19 | 1:26.53 | 1:25.50 | 1:21.24 |
| 13.  | JANSSENS Alexander   | 14 | ShaRK | 5:38.26 | 247  | 1:20.50 | 1:27.46 | 1:28.36 | 1:21.94 |
| 14.  | ADAMS Mathis         | 14 | KST   | 5:41.69 | 239  | 1:19.80 | 1:28.38 | 1:29.90 | 1:23.61 |
| 15.  | VAN WAELDEREN Karel  | 14 | WST   | 5:42.23 | 238  | 1:20.71 | 1:30.12 | 1:27.25 | 1:24.15 |
| 16.  | VERSTRAETEN Djurre   | 15 | AZV   | 6:00.23 | 204  | 1:27.04 | 1:34.13 | 1:32.85 | 1:26.21 |
| 17.  | DOUWEN Mon           | 15 | WST   | 6:01.97 | 201  | 1:24.11 | 1:34.31 | 1:35.53 | 1:28.02 |
| 18.  | DE PUYDT Arthur      | 15 | ZVL   | 6:02.19 | 201  | 1:25.42 | 1:35.03 | 1:34.29 | 1:27.45 |
| 19.  | WILMS Bram           | 15 | ShaRK | 6:02.97 | 199  | 1:27.37 | 1:34.93 | 1:33.39 | 1:27.28 |
| 20.  | DE FLEURQUIN Lowie   | 14 | WST   | 6:03.70 | 198  | 1:24.72 | 1:34.01 | 1:34.69 | 1:30.28 |
| 21.  | UZZI William         | 15 | ShaRK | 6:04.97 | 196  | 1:23.76 | 1:34.89 | 1:36.67 | 1:29.65 |
| 22.  | SAZONOV Victor       | 14 | KST   | 6:24.51 | 168  | 1:29.66 | 1:40.23 | 1:40.66 | 1:33.96 |
| 23.  | SPADEA Samuele       | 15 | LAQUA | 6:26.40 | 165  | 1:26.11 | 1:41.66 | 1:41.47 | 1:37.16 |
| 24.  | KERREMANS Sem        | 15 | LAQUA | 6:38.09 | 151  | 1:29.18 | 1:43.91 | 1:46.19 | 1:38.81 |
| 25.  | VANDERHALLEN Jisse   | 15 | KST   | 6:38.88 | 150  | 1:32.02 | 1:42.19 | 1:43.04 | 1:41.63 |
| 26.  | MICHIELS Tjen        | 14 | KST   | 6:42.45 | 146  | 1:32.42 | 1:44.01 | 1:47.50 | 1:38.52 |
| 27.  | GOUDESEUNE Leon      | 15 | Rosc  | 6:47.72 | 141  | 1:36.05 | 1:43.43 | 1:46.02 | 1:42.22 |
| 28.  | VAN GORP Thijs       | 15 | MOZKA | 6:49.08 | 139  | 1:35.48 | 1:45.93 | 1:46.80 | 1:40.87 |
| dis  | GOUDESEUNE Emiel     | 15 | Rosc  |         |      |         |         |         |         |

4.4 - Start initiëren voor het signaal



ShaRK 400m 2026  
Herentals, 10/10/2026

2 - avond 400m 2026

10/10/2026 - 18:15

Programmanr. 6  
10/10/2026 - 18:15

Dames, 400m vrije slag

13 jaar en ouder  
Resultaten

Punten: AQUA 2026

| Rang         | Geb.                |    | Tijd  | Pnt     | 100m | 200m    | 300m    | 400m    |         |
|--------------|---------------------|----|-------|---------|------|---------|---------|---------|---------|
| 13 - 14 jaar |                     |    |       |         |      |         |         |         |         |
| 1.           | STAS Lorane         | 13 | LGN   | 4:37.98 | 568  | 1:06.18 | 1:10.76 | 1:11.22 | 1:09.82 |
| 2.           | VAN HOVE Pauline    | 13 | LGN   | 4:40.06 | 555  | 1:06.79 | 1:11.62 | 1:12.52 | 1:09.13 |
| 3.           | BIERINCKX Mie       | 12 | ShaRK | 4:41.59 | 546  | 1:07.82 | 1:11.78 | 1:12.41 | 1:09.58 |
| 4.           | MATTHEEUSEN Ella    | 13 | Azk   | 5:00.15 | 451  | 1:11.20 | 1:17.09 | 1:17.25 | 1:14.61 |
| 5.           | ADRIAENSEN Lena     | 13 | MOZKA | 5:09.91 | 410  | 1:15.15 | 1:20.44 | 1:19.01 | 1:15.31 |
| 6.           | VAN LOMMEL Anthe    | 13 | ShaRK | 5:17.12 | 382  | 1:12.11 | 1:21.52 | 1:22.36 | 1:21.13 |
| 7.           | LAZEROMS Sien       | 12 | Azk   | 5:17.28 | 382  | 1:13.37 | 1:19.93 | 1:21.01 | 1:22.97 |
| 8.           | DIRIX Lily          | 12 | MOZKA | 5:19.11 | 375  | 1:15.66 | 1:21.04 | 1:22.01 | 1:20.40 |
| 9.           | VANDER MEER Noor    | 13 | Hzs   | 5:23.37 | 360  | 1:15.97 | 1:23.18 | 1:22.78 | 1:21.44 |
| 10.          | FRANSSEN Lyna       | 12 | Hzs   | 5:32.15 | 333  | 1:19.59 | 1:25.18 | 1:25.59 | 1:21.79 |
| 11.          | SEGAERT Hanne       | 13 | Rosc  | 5:32.80 | 331  | 1:18.66 | 1:26.28 | 1:26.23 | 1:21.63 |
| 12.          | VANDE SOMPELE Hasse | 12 | Zola  | 5:36.40 | 320  | 1:20.03 | 1:27.05 | 1:27.32 | 1:22.00 |
| 13.          | CUYPERS Leonie      | 13 | WST   | 5:41.77 | 305  | 1:21.69 | 1:29.10 | 1:28.70 | 1:22.28 |
| 14.          | MAVRIQI Arrita      | 13 | Azk   | 5:43.87 | 300  | 1:18.05 | 1:28.63 | 1:29.51 | 1:27.68 |
| 15.          | KENIS Josephine     | 12 | ShaRK | 5:46.67 | 292  | 1:20.21 | 1:30.60 | 1:32.57 | 1:23.29 |
| 16.          | LENAERTS Julia      | 13 | Hzs   | 5:52.59 | 278  | 1:24.61 | 1:30.47 | 1:30.20 | 1:27.31 |
| 17.          | VAN MECHELEN Luna   | 13 | KST   | 6:00.16 | 261  | 1:22.23 | 1:34.29 | 1:33.83 | 1:29.81 |
| 18.          | HERREMANS Elien     | 12 | ZVL   | 6:01.61 | 258  | 1:21.61 | 1:34.55 | 1:35.41 | 1:30.04 |
| 19.          | BOURGUIGNON Nena    | 13 | ZVL   | 6:08.42 | 244  | 1:26.91 | 1:34.79 | 1:35.65 | 1:31.07 |
| 20.          | VANGOIDSENHOVEN C.  | 12 | KST   | 6:17.05 | 227  | 1:26.94 | 1:39.31 | 1:39.80 | 1:31.00 |
| 21.          | NIEWENWEG Lente     | 13 | KST   | 6:33.04 | 201  | 1:30.42 | 1:40.60 | 1:42.66 | 1:39.36 |
| 22.          | POELMANS Julie      | 12 | Hzs   | 6:33.36 | 200  | 1:33.02 | 1:43.63 | 1:41.81 | 1:34.90 |
| 23.          | NIEWENWEG Sterre    | 12 | KST   | 6:36.87 | 195  | 1:31.30 | 1:40.77 | 1:44.66 | 1:40.14 |
| 24.          | HUYSMANS Iliana     | 13 | MOZKA | 6:59.32 | 165  | 1:37.30 | 1:48.72 | 1:48.58 | 1:44.72 |
| FF           | DEVUYST Oona        | 13 | Rosc  |         |      |         |         |         |         |

15 - 16 jaar

|     |                     |    |       |         |     |         |         |         |         |
|-----|---------------------|----|-------|---------|-----|---------|---------|---------|---------|
| 1.  | BOVEN Axelle        | 10 | ShaRK | 4:40.42 | 553 | 1:07.02 | 1:13.06 | 1:12.38 | 1:07.96 |
| 2.  | MERTENS Femke       | 11 | ShaRK | 4:43.34 | 536 | 1:06.89 | 1:12.46 | 1:13.10 | 1:10.89 |
| 3.  | DEPAEPE Elize       | 11 | Rosc  | 4:49.25 | 504 | 1:09.28 | 1:14.76 | 1:14.66 | 1:10.55 |
| 4.  | BELLENS Lore        | 11 | ShaRK | 4:49.92 | 500 | 1:08.53 | 1:14.43 | 1:14.70 | 1:12.26 |
| 5.  | JANSSENS Elisabeth  | 10 | ShaRK | 4:56.57 | 467 | 1:08.84 | 1:15.41 | 1:16.30 | 1:16.02 |
| 6.  | DURT Reine          | 11 | ShaRK | 4:58.72 | 457 | 1:09.68 | 1:15.73 | 1:17.74 | 1:15.57 |
| 7.  | LEMMENS Febe        | 11 | WST   | 4:59.47 | 454 | 1:11.38 | 1:16.93 | 1:16.93 | 1:14.23 |
| 8.  | VAN AERSCHOT Nel    | 11 | WST   | 5:03.16 | 438 | 1:11.68 | 1:17.00 | 1:17.97 | 1:16.51 |
| 9.  | LAUREYS Xante       | 10 | WST   | 5:03.53 | 436 | 1:14.94 | 1:18.46 | 1:18.78 | 1:11.35 |
| 10. | VANDE SOMPELE Jits  | 11 | Zola  | 5:04.33 | 433 | 1:12.71 | 1:17.73 | 1:17.11 | 1:16.78 |
| 11. | NULENS Lili         | 11 | Zola  | 5:07.59 | 419 | 1:14.98 | 1:18.65 | 1:19.92 | 1:14.04 |
| 12. | GERETS Annelien     | 11 | Hzs   | 5:09.19 | 412 | 1:13.44 | 1:18.18 | 1:17.44 | 1:20.13 |
| 13. | VAN ROOSBROECK Yuna | 11 | WST   | 5:09.61 | 411 | 1:12.60 | 1:20.41 | 1:20.36 | 1:16.24 |
| 14. | VANDER MEER Amber   | 11 | Hzs   | 5:11.18 | 405 | 1:12.71 | 1:18.44 | 1:20.12 | 1:19.91 |
| 15. | DE SCHEPPER Lara    | 10 | Zola  | 5:11.66 | 403 | 1:14.48 | 1:20.11 | 1:20.26 | 1:16.81 |
| 16. | VAN GINNEKEN Marit  | 11 | Azk   | 5:17.60 | 381 | 1:15.21 | 1:22.08 | 1:21.83 | 1:18.48 |
| 17. | MEEKERS Rania       | 11 | MOZKA | 5:21.46 | 367 | 1:14.63 | 1:20.95 | 1:23.42 | 1:22.46 |
| 18. | VAN DEN BOSSCHE Lia | 10 | Zola  | 5:44.37 | 298 | 1:22.70 | 1:31.95 | 1:30.54 | 1:19.18 |
| 19. | CORNEZ Maylie       | 10 | Zola  | 5:49.88 | 284 | 1:20.66 | 1:28.80 | 1:30.70 | 1:29.72 |
| 20. | LIEVENS Nona        | 11 | MOZKA | 6:33.05 | 201 | 1:34.74 | 1:42.23 | 1:41.15 | 1:34.93 |
| FF  | VAN NECK Lise       | 11 | WST   |         |     |         |         |         |         |



ShaRK 400m 2026  
Herentals, 10/10/2026

Programmanr. 6, Dames, 400m vrije slag

17 jaar en ouder

|                         |    |       |                |     |         |         |         |         |
|-------------------------|----|-------|----------------|-----|---------|---------|---------|---------|
| 1. MERTENS Helena       | 09 | ShaRK | <b>4:40.02</b> | 555 | 1:04.64 | 1:09.74 | 1:13.61 | 1:12.03 |
| 2. VINGERHOETS Madelief | 09 | WST   | <b>4:43.88</b> | 533 | 1:07.17 | 1:12.61 | 1:12.03 | 1:12.07 |
| 3. VAN BAELEN Yenthe    | 09 | MOZKA | <b>4:50.01</b> | 500 | 1:08.68 | 1:14.15 | 1:14.44 | 1:12.74 |
| 4. MICHIELSEN Jinthe    | 08 | Azk   | <b>4:52.03</b> | 490 | 1:08.78 | 1:14.87 | 1:14.62 | 1:13.76 |
| 5. VAN LOOY Anke        | 06 | HZA   | <b>4:55.48</b> | 473 | 1:10.33 | 1:16.69 | 1:16.14 | 1:12.32 |
| 6. CAMPFORTS Fien       | 09 | KST   | <b>5:03.64</b> | 436 | 1:11.36 | 1:17.24 | 1:18.74 | 1:16.30 |
| 7. VAN WAELDEREN Hanne  | 09 | WST   | <b>5:07.28</b> | 420 | 1:12.71 | 1:18.03 | 1:18.87 | 1:17.67 |
| 8. DE BOCK Marie        | 09 | HZA   | <b>5:13.93</b> | 394 | 1:14.24 | 1:19.73 | 1:21.54 | 1:18.42 |
| 9. DIERCKX Femke        | 09 | ShaRK | <b>5:21.05</b> | 368 | 1:12.56 | 1:20.94 | 1:24.36 | 1:23.19 |

Programmanr. 7  
10/10/2026 - 19:15

Heren, 400m vrije slag

13 jaar en ouder  
Resultaten

Punten: AQUA 2026

| Rang                     | Geb. |       | Tijd           | Pnt | 100m    | 200m    | 300m    | 400m    |
|--------------------------|------|-------|----------------|-----|---------|---------|---------|---------|
| 13 - 14 jaar             |      |       |                |     |         |         |         |         |
| 1. VERACHTEN Louis       | 13   | MOZKA | <b>4:23.61</b> | 521 | 1:03.24 | 1:07.33 | 1:07.19 | 1:05.85 |
| 2. VANDEVIJVERE Lars     | 13   | Rosc  | <b>4:38.73</b> | 441 | 1:08.18 | 1:10.96 | 1:12.06 | 1:07.53 |
| 3. JORISSEN Finn         | 13   | LGN   | <b>4:41.96</b> | 426 | 1:06.49 | 1:11.68 | 1:12.36 | 1:11.43 |
| 4. VANDOOREN Lou         | 13   | Rosc  | <b>4:45.68</b> | 410 | 1:08.62 | 1:13.03 | 1:14.00 | 1:10.03 |
| 5. VAN GORP Tuur         | 12   | ShaRK | <b>4:45.83</b> | 409 | 1:06.68 | 1:12.57 | 1:14.33 | 1:12.25 |
| 6. BETTENS Stan          | 12   | Zola  | <b>4:50.16</b> | 391 | 1:09.16 | 1:14.80 | 1:14.74 | 1:11.46 |
| 7. HOOYBERGHS Mil        | 12   | MOZKA | <b>4:55.10</b> | 372 | 1:10.20 | 1:16.65 | 1:16.64 | 1:11.61 |
| 8. LEYSEN Jeroen         | 13   | KST   | <b>5:03.11</b> | 343 | 1:10.07 | 1:18.59 | 1:18.88 | 1:15.57 |
| 9. RENOUDARD Mael        | 13   | LGN   | <b>5:10.07</b> | 320 | 1:13.59 | 1:19.26 | 1:19.53 | 1:17.69 |
| 10. BROUNS Pryam         | 12   | ShaRK | <b>5:12.20</b> | 314 | 1:14.69 | 1:20.08 | 1:21.02 | 1:16.41 |
| 11. PIETERS Kobe         | 12   | HZA   | <b>5:13.44</b> | 310 | 1:12.12 | 1:20.21 | 1:21.72 | 1:19.39 |
| 12. VERDONCK Stijn       | 12   | Zola  | <b>5:13.81</b> | 309 | 1:16.02 | 1:20.49 | 1:21.12 | 1:16.18 |
| 13. CUYPERS Arthur       | 12   | WST   | <b>5:14.42</b> | 307 | 1:14.07 | 1:23.32 | 1:21.53 | 1:15.50 |
| 14. STABEL Jonathan      | 13   | KST   | <b>5:15.83</b> | 303 | 1:13.02 | 1:20.32 | 1:21.60 | 1:20.89 |
| 15. REYMEN Rhune         | 13   | KST   | <b>5:15.88</b> | 303 | 1:17.36 | 1:20.77 | 1:21.31 | 1:16.44 |
| 16. BELLENS Pieter       | 13   | ShaRK | <b>5:18.42</b> | 296 | 1:17.78 | 1:22.77 | 1:21.87 | 1:16.00 |
| 17. CLAESSENS Vic        | 13   | Azk   | <b>5:20.17</b> | 291 | 1:16.44 | 1:24.71 | 1:21.71 | 1:17.31 |
| 18. JACOBS Job           | 12   | MOZKA | <b>5:23.56</b> | 282 | 1:16.05 | 1:21.99 | 1:22.40 | 1:23.12 |
| 19. SERNEELS Roan        | 13   | ShaRK | <b>5:29.22</b> | 267 | 1:16.14 | 1:24.71 | 1:26.90 | 1:21.47 |
| 20. MEEKERS Carsten      | 13   | MOZKA | <b>5:30.92</b> | 263 | 1:15.14 | 1:25.08 | 1:26.54 | 1:24.16 |
| 21. LECOMTE Florentin    | 13   | MOZKA | <b>5:32.57</b> | 259 | 1:19.12 | 1:25.54 | 1:25.72 | 1:22.19 |
| 22. FONTANA A.           | 13   | Zola  | <b>5:39.99</b> | 243 | 1:21.79 | 1:27.48 | 1:25.64 | 1:25.08 |
| 23. BATS Yvan            | 13   | HZA   | <b>5:41.91</b> | 239 | 1:18.44 | 1:30.13 | 1:29.07 | 1:24.27 |
| 24. MERTENS Gijjs        | 12   | WST   | <b>5:46.65</b> | 229 | 1:20.02 | 1:28.07 | 1:30.19 | 1:28.37 |
| 25. BANCIU Adam          | 13   | KST   | <b>5:47.88</b> | 227 | 1:19.33 | 1:29.72 | 1:32.22 | 1:26.61 |
| 26. VAN STEENBERGEN Aror | 13   | ShaRK | <b>6:06.01</b> | 195 | 1:25.03 | 1:34.06 | 1:35.67 | 1:31.25 |
| 27. SPREUWERS Lei        | 12   | Hzs   | <b>6:08.45</b> | 191 | 1:25.28 | 1:34.37 | 1:36.01 | 1:32.79 |
| 28. VANGROOTLOON Berre   | 12   | Hzs   | <b>6:14.89</b> | 181 | 1:21.57 | 1:36.53 | 1:39.46 | 1:37.33 |
| 29. GILLIS Bas           | 13   | ZVL   | <b>6:17.89</b> | 177 | 1:27.02 | 1:40.08 | 1:38.50 | 1:32.29 |
| 30. WILMSEN Tim          | 13   | Zola  | <b>6:27.28</b> | 164 | 1:29.59 | 1:40.93 | 1:41.85 | 1:34.91 |
| 31. ROMANYUK Mykhaylo    | 13   | MOZKA | <b>6:49.24</b> | 139 | 1:29.18 | 1:47.94 | 1:46.08 | 1:46.04 |
| FF VAN DEN BROEK Lauren  | 12   | MOZKA |                |     |         |         |         |         |
| FF VERBEEK Matts         | 12   | HZA   |                |     |         |         |         |         |



ShaRK 400m 2026  
Herentals, 10/10/2026

Programmanr. 7, Heren, 400m vrije slag

15 - 16 jaar

|                        |    |       |                |     |         |         |         |         |
|------------------------|----|-------|----------------|-----|---------|---------|---------|---------|
| 1. VANGROOTLOON Jef    | 10 | Hzs   | <b>4:05.10</b> | 649 | 56.96   | 1:02.28 | 1:03.13 | 1:02.73 |
| 2. MIHAILESCU Stefan   | 10 | MOZKA | <b>4:27.21</b> | 501 | 1:03.56 | 1:08.81 | 1:08.03 | 1:06.81 |
| 3. SLUYTS Tibe         | 11 | WST   | <b>4:28.37</b> | 494 | 1:04.47 | 1:09.61 | 1:08.71 | 1:05.58 |
| 4. GYULNAZARYAN Max    | 11 | WST   | <b>4:30.92</b> | 480 | 1:04.69 | 1:09.77 | 1:09.98 | 1:06.48 |
| 5. ZRIRAK Wael         | 10 | MOZKA | <b>4:31.96</b> | 475 | 1:02.18 | 1:09.56 | 1:10.25 | 1:09.97 |
| 6. TSYBULNIAK Kyril    | 10 | Zola  | <b>4:35.02</b> | 459 | 1:03.67 | 1:10.58 | 1:10.93 | 1:09.84 |
| 7. HUYSMANS Seppe      | 10 | MOZKA | <b>4:35.12</b> | 459 | 1:04.89 | 1:11.58 | 1:11.02 | 1:07.63 |
| 8. VANSIELEGHEM Jayden | 10 | Rosc  | <b>4:38.40</b> | 443 | 1:03.93 | 1:11.46 | 1:12.42 | 1:10.59 |
| 9. STABEL Jasper       | 11 | KST   | <b>4:39.66</b> | 437 | 1:04.36 | 1:11.33 | 1:12.45 | 1:11.52 |
| 10. COGURCU Arda       | 11 | Zola  | <b>4:45.80</b> | 409 | 1:05.78 | 1:13.74 | 1:15.48 | 1:10.80 |
| 11. NAEGELS Reza       | 10 | Zola  | <b>4:48.76</b> | 397 | 1:05.37 | 1:13.08 | 1:15.09 | 1:15.22 |
| 12. BETTENS Lucas      | 10 | Zola  | <b>4:50.15</b> | 391 | 1:06.64 | 1:12.10 | 1:16.60 | 1:14.81 |
| 13. GEUDENS Thor       | 11 | MOZKA | <b>4:57.53</b> | 363 | 1:09.99 | 1:16.01 | 1:17.04 | 1:14.49 |
| 14. GORIS Finn         | 11 | HZA   | <b>4:59.31</b> | 356 | 1:08.96 | 1:15.78 | 1:18.34 | 1:16.23 |
| 15. VAN MECHGELEN Arne | 10 | KST   | <b>5:01.36</b> | 349 | 1:05.99 | 1:14.80 | 1:19.36 | 1:21.21 |
| 16. FEYEN Aeden        | 10 | ShaRK | <b>5:13.65</b> | 309 | 1:11.64 | 1:20.21 | 1:23.07 | 1:18.73 |
| 17. VAN MECHGELEN Rube | 10 | KST   | <b>5:15.15</b> | 305 | 1:13.33 | 1:19.91 | 1:21.09 | 1:20.82 |
| 18. UZZI Alexander     | 11 | ShaRK | <b>5:16.86</b> | 300 | 1:11.60 | 1:21.50 | 1:23.76 | 1:20.00 |
| 19. KENIS Axl          | 11 | KST   | <b>5:33.35</b> | 258 | 1:12.18 | 1:24.82 | 1:29.43 | 1:26.92 |
| 20. GILLIS Matthijs    | 11 | ZVL   | <b>5:35.96</b> | 252 | 1:17.82 | 1:28.41 | 1:30.01 | 1:19.72 |
| 21. KAHKESHAN Kyan     | 11 | Zola  | <b>5:53.54</b> | 216 | 1:19.10 | 1:29.04 | 1:32.19 | 1:33.21 |
| FF KEMPS Vince         | 11 | MOZKA |                |     |         |         |         |         |
| FF GOXHAJ Aniel        | 10 | Zola  |                |     |         |         |         |         |

17 jaar en ouder

|                         |    |       |                |     |         |         |         |         |
|-------------------------|----|-------|----------------|-----|---------|---------|---------|---------|
| 1. VANSIELEGHEM Killian | 05 | Rosc  | <b>4:08.42</b> | 623 | 57.88   | 1:04.94 | 1:03.70 | 1:01.90 |
| 2. HOROVYI Mykyta       | 07 | Zola  | <b>4:22.77</b> | 527 | 59.80   | 1:05.64 | 1:08.38 | 1:08.95 |
| 3. D'HEERE Rémi         | 09 | Rosc  | <b>4:24.45</b> | 517 | 1:00.99 | 1:08.63 | 1:09.01 | 1:05.82 |
| 4. JARNE Haesendonckx   | 08 | WST   | <b>4:32.04</b> | 474 | 1:04.00 | 1:09.29 | 1:10.20 | 1:08.55 |
| 5. SLUYTS Jenne         | 09 | WST   | <b>4:32.60</b> | 472 | 1:02.36 | 1:09.29 | 1:10.98 | 1:09.97 |
| 6. VAN LOON Wies        | 09 | Azk   | <b>4:36.09</b> | 454 | 1:04.30 | 1:10.85 | 1:11.24 | 1:09.70 |
| 7. BERTELS Quillan      | 09 | ShaRK | <b>4:37.34</b> | 448 | 1:05.15 | 1:11.26 | 1:11.73 | 1:09.20 |
| 8. LAEREMANS Sebastiaan | 09 | ShaRK | <b>4:38.50</b> | 442 | 1:02.80 | 1:11.66 | 1:12.90 | 1:11.14 |
| 9. BROWN Quinten        | 09 | HZA   | <b>4:40.37</b> | 433 | 1:03.70 | 1:11.99 | 1:12.23 | 1:12.45 |
| 10. LADEWIG Seth        | 09 | Zola  | <b>5:16.13</b> | 302 | 1:13.06 | 1:20.51 | 1:23.61 | 1:18.95 |
| FF JORISSEN Quinten     | 09 | Azk   |                |     |         |         |         |         |
| FF EL HADDOUCHI Haroun  | 08 | Zola  |                |     |         |         |         |         |

# SHARK 400 METER 2026

10 oktober 2026



**NNS**  
NOT NORMAL SWIMWEAR

ALGE  
TIMING  
FLASH



**SPORT.**  
VLAANDEREN

#SPORTERSBELEVENMEER  
Beleef het, deel het! [f](#) [t](#) [v](#)



Sneyers

**ABITARE**  
MOOI WONEN



**inbo**

Herentals

**NetePark**  
IN HARTJE KEMPEN



**DRIESEN &  
HUYSMANS**  
MAKELAAR IN VERZEKERINGEN

**SKATETOWN.BE**  
BIKE SPORTS FUN