

Lange Afstand 2024
3500 Hasselt, 14/4/2024

1 - Lange Afstanden voormiddag

14/04/2024 - 10:00

Programmanr. 1
14/04/2024 - 10:00

Dames, 800m vrije slag

11 jaar en ouder
Resultaten

Punten: FINA 2023

Rang					Inshr.	Tijd	Pnt					
11 - 12 jaar												
1.	Put Fien				DBT/21178/12	11:27.67	10:26.95	441				
	50m:	35.03	200m:	2:31.97	350m:	4:30.36	500m:	6:30.61	650m:	8:29.88	800m:	10:26.95
	100m:	1:13.94	250m:	3:11.40	400m:	5:10.16	550m:	7:10.21	700m:	9:09.83		
	150m:	1:52.99	300m:	3:50.81	450m:	5:49.97	600m:	7:50.10	750m:	9:49.97		
2.	Engelen Floor				DBT/21146/12	11:21.15	10:47.18	401				
	50m:	35.26	200m:	2:32.78	350m:	4:34.30	500m:	6:39.38	650m:	8:46.24	800m:	10:47.18
	100m:	1:14.05	250m:	3:12.90	400m:	5:15.97	550m:	7:21.94	700m:	9:27.81		
	150m:	1:53.48	300m:	3:53.38	450m:	5:57.43	600m:	8:04.24	750m:	10:09.40		
3.	Maes Leonie				PZC/21106/12	11:59.99	11:04.11	371				
	50m:	36.94	200m:	2:43.18	350m:	4:50.81	500m:	6:58.14	650m:	9:04.86	800m:	11:04.11
	100m:	1:18.47	250m:	3:26.53	400m:	5:32.47	550m:	7:40.73	700m:	9:46.26		
	150m:	2:00.95	300m:	4:08.33	450m:	6:15.57	600m:	8:22.97	750m:	10:28.07		
4.	Joriskes Lore				DMB/21147/12	12:36.10	11:06.10	368				
	50m:	37.28	200m:	2:42.81	350m:	4:49.72	500m:	6:58.02	650m:	9:05.45	800m:	11:06.10
	100m:	1:18.00	250m:	3:25.46	400m:	5:32.74	550m:	7:40.69	700m:	9:47.68		
	150m:	2:00.19	300m:	4:07.46	450m:	6:15.43	600m:	8:23.59	750m:	10:28.13		
5.	Schouteden Nienke				DMB/21149/12	12:15.41	11:22.16	342				
	50m:	36.64	200m:	2:44.43	350m:	4:56.75	500m:	7:07.03	650m:	9:19.12	800m:	11:22.16
	100m:	1:17.74	250m:	3:28.42	400m:	5:39.90	550m:	7:51.13	700m:	10:03.01		
	150m:	2:01.08	300m:	4:12.24	450m:	6:23.49	600m:	8:34.72	750m:	10:45.23		
6.	De Weerd Renée				ZCT/21141/12	12:20.64	11:22.23	342				
	50m:	38.46	200m:	2:49.95	350m:	5:00.27	500m:	7:13.17	650m:	9:21.64	800m:	11:22.23
	100m:	1:23.68	250m:	3:32.93	400m:	5:45.57	550m:	7:56.54	700m:	10:04.44		
	150m:	2:05.95	300m:	4:17.27	450m:	6:28.04	600m:	8:39.16	750m:	10:44.91		
7.	Uytterhoeven Fiebe				ZCT/21143/12	12:22.62	11:25.24	338				
	50m:	39.73	200m:	2:52.66	350m:	5:02.68	500m:	7:12.57	650m:	9:22.21	800m:	11:25.24
	100m:	1:23.39	250m:	3:35.82	400m:	5:46.57	550m:	7:56.35	700m:	10:05.06		
	150m:	2:07.95	300m:	4:19.51	450m:	6:28.67	600m:	8:40.03	750m:	10:46.54		
8.	De Vocht Linne				ZCT/21144/12	11:49.56	11:34.08	325				
	50m:	38.56	200m:	2:49.32	350m:	5:01.54	500m:	7:15.31	650m:	9:28.77	800m:	11:34.08
	100m:	1:21.20	250m:	3:33.12	400m:	5:46.24	550m:	8:01.33	700m:	10:11.71		
	150m:	2:05.44	300m:	4:17.66	450m:	6:31.03	600m:	8:45.06	750m:	10:54.55		
9.	De Belder Kato				DMB/21150/12	13:14.22	11:47.00	307				
	50m:	38.26	200m:	2:52.72	350m:	5:09.21	500m:	7:24.22	650m:	9:39.17	800m:	11:47.00
	100m:	1:22.40	250m:	3:38.51	400m:	5:54.02	550m:	8:09.12	700m:	10:23.87		
	150m:	2:07.38	300m:	4:23.33	450m:	6:39.11	600m:	8:54.45	750m:	11:07.85		
10.	Ardu Peppa Jolene				DBT/21175/12	13:20.00	12:01.02	290				
	50m:	38.34	200m:	2:52.63	350m:	5:09.59	500m:	7:28.50	650m:	9:48.45	800m:	12:01.02
	100m:	1:21.42	250m:	3:37.70	400m:	5:55.49	550m:	8:15.77	700m:	10:34.40		
	150m:	2:06.98	300m:	4:24.28	450m:	6:41.38	600m:	9:01.12	750m:	11:20.75		
11.	Ruelens Cobien				DMB/21159/12	14:50.12	12:07.64	282				
	50m:	40.83	200m:	2:59.41	350m:	5:18.44	500m:	7:39.30	650m:	9:59.47	800m:	12:07.64
	100m:	1:26.25	250m:	3:45.76	400m:	6:04.94	550m:	8:26.27	700m:	10:45.65		
	150m:	2:12.47	300m:	4:32.42	450m:	6:52.27	600m:	9:13.24	750m:	11:29.15		
12.	Das Louise				STZC/21015/13	12:00.00	12:08.11	281				
	50m:	39.75	200m:	2:55.58	350m:	5:13.64	500m:	7:33.83	650m:	9:55.00	800m:	12:08.11
	100m:	1:23.45	250m:	3:40.87	400m:	6:00.44	550m:	8:20.85	700m:	10:42.20		
	150m:	2:08.84	300m:	4:26.95	450m:	6:46.64	600m:	9:08.14	750m:	11:27.06		

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Programmanr. 1, Meisjes, 800m vrije slag, 11 - 12 jaar

Rang	Inschr.	Tijd	Pnt
13. Machiels Lore	STZC/21017/1212:30.00	12:09.89	279
50m: 39.71	200m: 2:57.09	350m: 5:16.35	500m: 7:36.75
100m: 1:24.53	250m: 3:43.53	400m: 6:02.81	550m: 8:23.82
150m: 2:10.48	300m: 4:29.58	450m: 6:49.63	600m: 9:09.50
		650m: 9:56.15	800m: 12:09.89
		700m: 10:43.06	
		750m: 11:28.87	
14. Decaluwé Elouise	ZCT/21159/13 12:20.00	12:10.37	279
50m: 41.90	200m: 3:02.20	350m: 5:22.40	500m: 7:39.37
100m: 1:28.41	250m: 3:48.32	400m: 6:07.92	550m: 8:25.36
150m: 2:14.49	300m: 4:35.08	450m: 6:53.12	600m: 9:12.19
		650m: 9:58.80	800m: 12:10.37
		700m: 10:44.10	
		750m: 11:27.80	
15. Remans Quin	DMB/21146/12 13:25.12	12:13.18	276
50m: 40.08	200m: 3:01.20	350m: 5:22.90	500m: 7:43.69
100m: 1:26.70	250m: 3:47.83	400m: 6:09.99	550m: 8:30.44
150m: 2:13.54	300m: 4:35.48	450m: 6:57.06	600m: 9:16.75
		650m: 10:02.69	800m: 12:13.18
		700m: 10:49.09	
		750m: 11:33.39	
16. Vandewaerde Oobe	DMB/21181/13 15:25.12	12:24.83	263
50m: 41.23	200m: 3:02.31	350m: 5:27.37	500m: 7:49.86
100m: 1:27.49	250m: 3:50.12	400m: 6:14.91	550m: 8:37.55
150m: 2:14.63	300m: 4:38.68	450m: 7:02.74	600m: 9:24.01
		650m: 10:10.21	800m: 12:24.83
		700m: 10:57.09	
		750m: 11:43.04	
17. Piessens Marie	ZCT/21164/13 13:00.00	12:39.46	248
50m: 43.89	200m: 3:07.13	350m: 5:31.86	500m: 7:57.48
100m: 1:31.91	250m: 3:55.66	400m: 6:19.86	550m: 8:46.47
150m: 2:20.00	300m: 4:43.61	450m: 7:08.49	600m: 9:35.17
		650m: 10:23.73	800m: 12:39.46
		700m: 11:10.84	
		750m: 11:57.03	
18. Desair Anna-Louise	HZS/21294/13 15:00.00	14:48.41	155
50m: 47.10	200m: 3:30.54	350m: 6:22.42	500m: 9:16.01
100m: 1:39.79	250m: 4:27.61	400m: 7:20.52	550m: 10:14.69
150m: 2:34.73	300m: 5:25.00	450m: 8:17.14	600m: 11:11.73
		650m: 12:08.09	800m: 14:48.41
		700m: 13:03.83	
		750m: 13:56.08	

13 - 14 jaar

1. Temmerman Elynné	BRABO/21394/19:52.56	9:37.22	565
50m: 31.44	200m: 2:19.96	350m: 4:09.35	500m: 5:59.50
100m: 1:07.02	250m: 2:55.96	400m: 4:46.13	550m: 6:36.42
150m: 1:43.42	300m: 3:32.40	450m: 5:23.14	600m: 7:13.11
		650m: 7:50.12	800m: 9:37.22
		700m: 8:26.77	
		750m: 9:03.63	
2. Bohmer Janne	ZCT/21108/10 10:18.35	9:59.31	505
50m: 34.76	200m: 2:27.22	350m: 4:21.86	500m: 6:15.80
100m: 1:12.05	250m: 3:05.08	400m: 5:00.17	550m: 6:53.79
150m: 1:49.14	300m: 3:43.35	450m: 5:38.03	600m: 7:31.69
		650m: 8:09.30	800m: 9:59.31
		700m: 8:47.13	
		750m: 9:24.31	
3. Boven Axelle	SHARK/21179/19:50.00	10:05.28	490
50m: 33.60	200m: 2:26.67	350m: 4:22.57	500m: 6:17.55
100m: 1:10.68	250m: 3:04.87	400m: 5:01.13	550m: 6:56.19
150m: 1:48.37	300m: 3:43.74	450m: 5:39.27	600m: 7:35.39
		650m: 8:13.43	800m: 10:05.28
		700m: 8:51.90	
		750m: 9:29.27	
4. Mertens Femke	SHARK/21175/ 10:54.30	10:05.92	489
50m: 33.54	200m: 2:26.85	350m: 4:23.35	500m: 6:20.20
100m: 1:10.45	250m: 3:05.67	400m: 5:02.34	550m: 6:58.99
150m: 1:48.36	300m: 3:44.24	450m: 5:41.00	600m: 7:37.63
		650m: 8:15.95	800m: 10:05.92
		700m: 8:54.63	
		750m: 9:32.54	
5. Klaykens Chloé	HZS/21211/10 10:34.39	10:07.10	486
50m: 33.86	200m: 2:27.78	350m: 4:24.17	500m: 6:19.86
100m: 1:11.84	250m: 3:06.21	400m: 5:03.15	550m: 6:58.80
150m: 1:49.98	300m: 3:45.63	450m: 5:42.09	600m: 7:38.09
		650m: 8:16.97	800m: 10:07.10
		700m: 8:55.00	
		750m: 9:33.29	
6. Kerkhofs Kaat	DMB/21124/11 12:10.36	10:09.68	480
50m: 35.14	200m: 2:30.37	350m: 4:26.31	500m: 6:22.07
100m: 1:13.60	250m: 3:08.66	400m: 5:05.07	550m: 7:00.87
150m: 1:51.98	300m: 3:47.67	450m: 5:43.44	600m: 7:39.69
		650m: 8:17.81	800m: 10:09.68
		700m: 8:55.94	
		750m: 9:33.71	
7. Wevers Gitte	DMB/21123/11 11:30.25	10:10.57	478
50m: 33.94	200m: 2:28.04	350m: 4:24.47	500m: 6:21.35
100m: 1:11.09	250m: 3:06.51	400m: 5:03.34	550m: 6:59.94
150m: 1:49.33	300m: 3:45.44	450m: 5:42.21	600m: 7:37.98
		650m: 8:16.78	800m: 10:10.57
		700m: 8:55.30	
		750m: 9:32.64	

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Programmanr. 1, Meisjes, 800m vrije slag, 13 - 14 jaar

Rang						Inschr.	Tijd	Pnt				
8.	Thys Lena					KAZS/21098/1110:35.00	10:16.31	464				
	50m:	34.36	200m:	2:29.61	350m:	4:27.66	500m:	6:24.99	650m:	8:21.83	800m:	10:16.31
	100m:	1:12.33	250m:	3:08.92	400m:	5:07.16	550m:	7:04.15	700m:	9:01.09		
	150m:	1:50.81	300m:	3:48.41	450m:	5:46.30	600m:	7:43.26	750m:	9:39.41		
9.	Uytterhoeven Flo					ZCT/21107/10 10:43.42	10:24.73	446				
	50m:	35.87	200m:	2:33.27	350m:	4:32.20	500m:	6:30.78	650m:	8:28.34	800m:	10:24.73
	100m:	1:14.50	250m:	3:12.78	400m:	5:11.72	550m:	7:10.16	700m:	9:08.28		
	150m:	1:53.92	300m:	3:52.82	450m:	5:51.35	600m:	7:49.48	750m:	9:47.01		
10.	Maes Helene					PZC/21074/10 10:46.64	10:24.98	445				
	50m:	34.91	200m:	2:33.17	350m:	4:31.89	500m:	6:31.08	650m:	8:31.17	800m:	10:24.98
	100m:	1:13.54	250m:	3:12.73	400m:	5:11.28	550m:	7:11.58	700m:	9:10.44		
	150m:	1:53.04	300m:	3:52.21	450m:	5:51.31	600m:	7:51.27	750m:	9:49.25		
11.	Thijs Maaike					ZCT/21132/10 10:53.82	10:31.60	431				
	50m:	36.13	200m:	2:33.55	350m:	4:33.23	500m:	6:33.04	650m:	8:33.61	800m:	10:31.60
	100m:	1:15.28	250m:	3:14.44	400m:	5:13.18	550m:	7:13.15	700m:	9:14.40		
	150m:	1:54.09	300m:	3:53.80	450m:	5:52.82	600m:	7:53.23	750m:	9:54.38		
12.	Verelst Laura					ZCT/21114/10 10:48.90	10:31.67	431				
	50m:	36.74	200m:	2:36.25	350m:	4:37.51	500m:	6:37.52	650m:	8:38.29	800m:	10:31.67
	100m:	1:16.17	250m:	3:16.82	400m:	5:17.70	550m:	7:17.92	700m:	9:17.69		
	150m:	1:56.26	300m:	3:56.95	450m:	5:57.56	600m:	7:58.14	750m:	9:57.36		
13.	Hiel Lina					DBT/21117/10 10:50.00	10:42.79	409				
	50m:	33.30	200m:	2:30.65	350m:	4:31.62	500m:	6:35.58	650m:	8:40.90	800m:	10:42.79
	100m:	1:11.86	250m:	3:10.85	400m:	5:12.29	550m:	7:17.59	700m:	9:23.29		
	150m:	1:50.84	300m:	3:50.85	450m:	5:53.86	600m:	7:59.50	750m:	10:04.71		
14.	Geypen Wies					MOZKA/21098/10:42.47	10:42.82	409				
	50m:	35.62	200m:	2:33.16	350m:	4:34.77	500m:	6:35.40	650m:	8:41.03	800m:	10:42.82
	100m:	1:13.64	250m:	3:13.21	400m:	5:15.02	550m:	7:17.24	700m:	9:23.40		
	150m:	1:52.78	300m:	3:54.07	450m:	5:54.00	600m:	7:59.56	750m:	10:05.10		
15.	Luts Emilia					DBT/21144/10 11:15.50	10:47.22	401				
	50m:	35.26	200m:	2:34.89	350m:	4:38.15	500m:	6:44.39	650m:	8:48.33	800m:	10:47.22
	100m:	1:15.02	250m:	3:15.04	400m:	5:20.02	550m:	7:25.17	700m:	9:28.82		
	150m:	1:55.15	300m:	3:56.63	450m:	6:01.97	600m:	8:07.27	750m:	10:09.12		
16.	Thewissen Mirthe					HZS/21212/11 11:19.54	10:48.18	399				
	50m:	35.78	200m:	2:39.04	350m:	4:43.41	500m:	6:46.24	650m:	8:48.17	800m:	10:48.18
	100m:	1:16.33	250m:	3:19.97	400m:	5:24.93	550m:	7:26.90	700m:	9:29.09		
	150m:	1:57.66	300m:	4:01.59	450m:	6:05.86	600m:	8:07.69	750m:	10:09.45		
17.	Vlassaks Lena					PZC/21085/10 12:14.90	10:50.60	395				
	50m:	36.71	200m:	2:40.52	350m:	4:45.08	500m:	6:48.64	650m:	8:51.97	800m:	10:50.60
	100m:	1:16.76	250m:	3:22.28	400m:	5:26.60	550m:	7:29.58	700m:	9:33.36		
	150m:	1:58.36	300m:	4:03.27	450m:	6:07.53	600m:	8:10.92	750m:	10:13.56		
18.	Decaluwé Helena					ZCT/21130/11 11:10.72	10:52.41	391				
	50m:	36.36	200m:	2:37.90	350m:	4:41.53	500m:	6:46.18	650m:	8:50.27	800m:	10:52.41
	100m:	1:16.27	250m:	3:19.18	400m:	5:22.71	550m:	7:27.52	700m:	9:31.78		
	150m:	1:56.80	300m:	4:00.63	450m:	6:04.15	600m:	8:08.87	750m:	10:13.16		
19.	Verleysen Noa					HZS/21233/11 11:56.09	10:53.45	390				
	50m:	38.44	200m:	2:43.55	350m:	4:47.50	500m:	6:52.71	650m:	8:55.71	800m:	10:53.45
	100m:	1:20.23	250m:	3:24.66	400m:	5:29.12	550m:	7:34.08	700m:	9:36.38		
	150m:	2:01.97	300m:	4:06.34	450m:	6:11.31	600m:	8:15.38	750m:	10:16.86		
20.	Koren Zara					GZVN/21294/1 11:25.93	10:53.96	389				
	50m:	34.56	200m:	2:38.04	350m:	4:43.17	500m:	6:48.37	650m:	8:53.54	800m:	10:53.96
	100m:	1:14.53	250m:	3:19.75	400m:	5:25.24	550m:	7:30.47	700m:	9:35.31		
	150m:	1:55.99	300m:	4:01.30	450m:	6:06.72	600m:	8:12.28	750m:	10:15.74		
21.	Habraken Amber					GZVN/21258/1 10:45.00	10:54.19	388				
	50m:	37.05	200m:	2:41.55	350m:	4:44.15	500m:	6:48.34	650m:	8:52.66	800m:	10:54.19
	100m:	1:18.54	250m:	3:21.90	400m:	5:25.41	550m:	7:30.01	700m:	9:34.29		
	150m:	1:59.99	300m:	4:03.28	450m:	6:06.67	600m:	8:12.58	750m:	10:14.98		

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Programmanr. 1, Meisjes, 800m vrije slag, 13 - 14 jaar

Rang											Inschr.	Tijd	Pnt	
22.	Wouters Stien										ZCT/21106/10	11:17.85	10:55.15	386
	50m:	37.04	200m:	2:39.38	350m:	4:45.03	500m:	6:51.04	650m:	8:56.30	800m:	10:55.15		
	100m:	1:16.67	250m:	3:20.74	400m:	5:27.24	550m:	7:32.81	700m:	9:37.74				
	150m:	1:57.87	300m:	4:02.98	450m:	6:09.56	600m:	8:14.52	750m:	10:17.66				
23.	Copermans Sam										HZS/21247/11	11:53.15	11:01.10	376
	50m:	36.37	200m:	2:40.73	350m:	4:48.35	500m:	6:53.04	650m:	8:59.85	800m:	11:01.10		
	100m:	1:16.52	250m:	3:23.43	400m:	5:30.11	550m:	7:35.33	700m:	9:41.81				
	150m:	1:58.83	300m:	4:06.62	450m:	6:11.48	600m:	8:17.42	750m:	10:23.23				
24.	Bollen Gitte										PZC/41102/11	11:57.72	11:02.21	374
	50m:	36.96	200m:	2:41.69	350m:	4:47.42	500m:	6:54.64	650m:	9:01.10	800m:	11:02.21		
	100m:	1:17.79	250m:	3:23.58	400m:	5:30.33	550m:	7:36.99	700m:	9:42.76				
	150m:	1:59.30	300m:	4:05.48	450m:	6:12.30	600m:	8:18.96	750m:	10:24.34				
25.	De Brabander Celeste										STW/21200/11	12:08.00	11:05.98	368
	50m:	36.69	200m:	2:42.48	350m:	4:47.48	500m:	6:55.48	650m:	9:03.42	800m:	11:05.98		
	100m:	1:18.49	250m:	3:24.04	400m:	5:31.06	550m:	7:38.34	700m:	9:47.09				
	150m:	2:01.08	300m:	4:05.84	450m:	6:13.49	600m:	8:20.43	750m:	10:28.13				
26.	Vangeloven Fran										DMB/21155/11	13:20.15	11:07.03	366
	50m:	36.75	200m:	2:42.31	350m:	4:49.17	500m:	6:57.25	650m:	9:04.42	800m:	11:07.03		
	100m:	1:17.76	250m:	3:23.47	400m:	5:32.76	550m:	7:39.25	700m:	9:47.25				
	150m:	2:00.48	300m:	4:06.25	450m:	6:14.85	600m:	8:22.10	750m:	10:28.20				
27.	Van Aerschot Nel										WST/21091/11	11:15.00	11:07.37	366
	50m:	36.03	200m:	2:40.66	350m:	4:47.62	500m:	6:55.16	650m:	9:03.27	800m:	11:07.37		
	100m:	1:16.85	250m:	3:23.19	400m:	5:29.84	550m:	7:38.07	700m:	9:46.41				
	150m:	1:58.83	300m:	4:05.19	450m:	6:12.77	600m:	8:21.25	750m:	10:28.43				
28.	Bousson Julie										DMB/21140/11	11:24.15	11:10.51	360
	50m:	35.30	200m:	2:39.19	350m:	4:46.47	500m:	6:55.46	650m:	9:05.15	800m:	11:10.51		
	100m:	1:16.72	250m:	3:21.47	400m:	5:29.12	550m:	7:39.05	700m:	9:47.01				
	150m:	1:57.91	300m:	4:03.26	450m:	6:12.13	600m:	8:22.16	750m:	10:30.50				
29.	Vandeweyers Daphne										ZCT/21135/11	12:32.21	11:14.38	354
	50m:	38.92	200m:	2:47.38	350m:	4:56.11	500m:	7:04.94	650m:	9:12.92	800m:	11:14.38		
	100m:	1:20.81	250m:	3:29.71	400m:	5:39.67	550m:	7:47.54	700m:	9:55.12				
	150m:	2:03.98	300m:	4:12.88	450m:	6:21.76	600m:	8:29.93	750m:	10:36.22				
30.	De Cat Do										KAZS/21134/1C	11:50.26	11:16.73	351
	50m:	36.27	200m:	2:41.61	350m:	4:49.87	500m:	6:59.39	650m:	9:10.55	800m:	11:16.73		
	100m:	1:16.98	250m:	3:24.00	400m:	5:32.41	550m:	7:43.12	700m:	9:54.53				
	150m:	1:59.39	300m:	4:06.84	450m:	6:15.58	600m:	8:26.84	750m:	10:36.95				
31.	Wullaert Fien										STW/21220/11	11:52.00	11:22.14	342
	50m:	36.25	200m:	2:42.24	350m:	4:52.56	500m:	7:03.66	650m:	9:16.41	800m:	11:22.14		
	100m:	1:17.89	250m:	3:25.56	400m:	5:36.79	550m:	7:47.80	700m:	9:59.83				
	150m:	2:00.32	300m:	4:09.09	450m:	6:20.27	600m:	8:32.13	750m:	10:42.22				
32.	Billen Yana										STZC/21018/1C	12:00.00	11:57.75	294
	50m:	38.91	200m:	2:54.02	350m:	5:12.53	500m:	7:30.60	650m:	9:47.27	800m:	11:57.75		
	100m:	1:22.54	250m:	3:39.89	400m:	5:59.82	550m:	8:15.92	700m:	10:32.64				
	150m:	2:07.86	300m:	4:26.16	450m:	6:45.08	600m:	9:01.93	750m:	11:17.45				
33.	Van Waelderen Sarah										WST/21095/11	12:15.00	12:05.46	285
	50m:	40.61	200m:	2:58.02	350m:	5:18.65	500m:	7:39.64	650m:	9:58.30	800m:	12:05.46		
	100m:	1:25.72	250m:	3:44.62	400m:	6:05.62	550m:	8:25.93	700m:	10:43.79				
	150m:	2:11.69	300m:	4:31.20	450m:	6:52.64	600m:	9:11.77	750m:	11:28.55				
34.	Van Reeth Lisse										BRABO/21488/12	12:30.00	12:21.21	267
	50m:	38.96	200m:	2:53.80	350m:	5:12.52	500m:	7:33.82	650m:	9:56.62	800m:	12:21.21		
	100m:	1:22.88	250m:	3:39.46	400m:	5:59.23	550m:	8:21.29	700m:	10:42.96				
	150m:	2:07.77	300m:	4:25.98	450m:	6:46.35	600m:	9:09.46	750m:	11:26.39				
35.	van de voort Saule										STZC/21012/1C	12:30.00	12:39.33	248
	50m:	40.23	200m:	3:00.43	350m:	5:22.60	500m:	7:47.75	650m:	10:13.96	800m:	12:39.33		
	100m:	1:25.43	250m:	3:47.68	400m:	6:10.97	550m:	8:36.05	700m:	11:02.48				
	150m:	2:12.94	300m:	4:35.05	450m:	7:00.13	600m:	9:24.82	750m:	11:50.35				

Lange Afstand 2024
3500 Hasselt, 14/4/2024

Programmanr. 1, Meisjes, 800m vrije slag, 13 - 14 jaar

Rang		Inscr.	Tijd	Pnt
36.	Luyten Elise	HZS/21246/10 13:35.31	13:30.54	204
	50m: 44.03 200m: 3:16.16 350m: 5:50.55 500m: 8:27.78 650m: 11:05.13 800m: 13:30.54			
	100m: 1:33.76 250m: 4:07.39 400m: 6:43.27 550m: 9:20.29 700m: 11:57.17			
	150m: 2:24.28 300m: 4:58.71 450m: 7:35.79 600m: 10:12.31 750m: 12:46.09			
dis	Van Litsenborg Aurélie	disDBT/21149/11 10:59.70		
	<i>SW 4.4 - valse start</i>			
FF	Poel Maren	FFDBT/21173/11 13:13.80		

15 - 16 jaar

1.	Van Elsen Marie	BRABO/21272/10:12.15	9:30.93	584
	50m: 31.90 200m: 2:19.15 350m: 4:07.39 500m: 5:56.29 650m: 7:44.99 800m: 9:30.93			
	100m: 1:06.83 250m: 2:54.98 400m: 4:43.79 550m: 6:32.54 700m: 8:21.41			
	150m: 1:42.94 300m: 3:31.16 450m: 5:19.97 600m: 7:09.18 750m: 8:57.27			
2.	Sprangers Kato	MOZKA/21109/09:43.19	9:38.54	561
	50m: 32.34 200m: 2:20.02 350m: 4:07.89 500m: 5:58.30 650m: 7:49.32 800m: 9:38.54			
	100m: 1:07.66 250m: 2:55.58 400m: 4:44.57 550m: 6:35.12 700m: 8:26.25			
	150m: 1:43.87 300m: 3:31.85 450m: 5:21.20 600m: 7:12.36 750m: 9:03.19			
3.	Talboom Lies	BRABO/21298/10:30.00	9:41.38	553
	50m: 32.59 200m: 2:22.16 350m: 4:13.47 500m: 6:02.83 650m: 7:53.35 800m: 9:41.38			
	100m: 1:08.62 250m: 2:58.89 400m: 4:50.47 550m: 6:39.53 700m: 8:30.27			
	150m: 1:45.43 300m: 3:35.92 450m: 5:26.71 600m: 7:16.46 750m: 9:06.94			
4.	Veldhuis Victoria	ZCT/21096/09 9:52.96	9:47.04	537
	50m: 33.90 200m: 2:24.29 350m: 4:14.79 500m: 6:05.87 650m: 7:57.85 800m: 9:47.04			
	100m: 1:10.69 250m: 3:00.76 400m: 4:51.81 550m: 6:43.08 700m: 8:34.95			
	150m: 1:47.44 300m: 3:37.91 450m: 5:28.85 600m: 7:20.48 750m: 9:11.66			
5.	Delporte Lotte	STW/21156/09 10:08.48	9:54.57	517
	50m: 32.47 200m: 2:20.99 350m: 4:13.33 500m: 6:07.42 650m: 8:01.20 800m: 9:54.57			
	100m: 1:07.99 250m: 2:58.15 400m: 4:51.01 550m: 6:45.40 700m: 8:40.45			
	150m: 1:44.18 300m: 3:35.67 450m: 5:29.14 600m: 7:23.27 750m: 9:17.88			
6.	Van den Wyngaert Elizabeth	BRABO/21288/10:27.59	9:57.06	511
	50m: 32.89 200m: 2:22.71 350m: 4:14.65 500m: 6:08.09 650m: 8:04.26 800m: 9:57.06			
	100m: 1:09.49 250m: 2:59.57 400m: 4:52.35 550m: 6:46.96 700m: 8:42.60			
	150m: 1:45.89 300m: 3:36.81 450m: 5:30.42 600m: 7:25.56 750m: 9:20.52			
7.	Jansen Roos	PZC/21042/08 10:25.52	10:10.77	477
	50m: 33.70 200m: 2:27.02 350m: 4:23.08 500m: 6:19.37 650m: 8:16.57 800m: 10:10.77			
	100m: 1:10.59 250m: 3:05.73 400m: 5:01.75 550m: 6:58.48 700m: 8:55.66			
	150m: 1:48.69 300m: 3:44.29 450m: 5:40.55 600m: 7:37.12 750m: 9:34.51			
8.	Broeckart Noa	BRABO/21339/10:30.00	10:11.02	477
	50m: 34.06 200m: 2:28.39 350m: 4:24.55 500m: 6:20.98 650m: 8:17.75 800m: 10:11.02			
	100m: 1:12.40 250m: 3:07.07 400m: 5:03.37 550m: 6:59.92 700m: 8:56.57			
	150m: 1:50.59 300m: 3:45.82 450m: 5:42.34 600m: 7:38.77 750m: 9:34.90			
9.	Meers Lien	HZS/21154/08 10:25.31	10:11.60	475
	50m: 35.48 200m: 2:30.75 350m: 4:27.07 500m: 6:22.48 650m: 8:18.63 800m: 10:11.60			
	100m: 1:13.46 250m: 3:09.52 400m: 5:05.38 550m: 7:01.13 700m: 8:57.25			
	150m: 1:52.17 300m: 3:48.34 450m: 5:43.91 600m: 7:40.02 750m: 9:35.30			
10.	Van Baelen Yenthe	MOZKA/21075/10:06.44	10:14.05	469
	50m: 33.80 200m: 2:27.67 350m: 4:23.70 500m: 6:20.90 650m: 8:18.51 800m: 10:14.05			
	100m: 1:11.17 250m: 3:06.23 400m: 5:02.85 550m: 7:00.06 700m: 8:58.36			
	150m: 1:49.06 300m: 3:45.12 450m: 5:41.60 600m: 7:39.65 750m: 9:37.30			
11.	Theuwis Lisabet	DMB/21175/09 10:54.05	10:22.24	451
	50m: 35.66 200m: 2:33.14 350m: 4:29.70 500m: 6:28.16 650m: 8:27.65 800m: 10:22.24			
	100m: 1:14.74 250m: 3:11.94 400m: 5:09.39 550m: 7:08.04 700m: 9:07.29			
	150m: 1:53.84 300m: 3:50.69 450m: 5:48.84 600m: 7:47.80 750m: 9:46.75			
12.	Huybregts Jolien	DMB/21082/09 11:25.36	10:51.78	393
	50m: 35.12 200m: 2:36.66 350m: 4:40.64 500m: 6:45.78 650m: 8:51.32 800m: 10:51.78			
	100m: 1:14.74 250m: 3:17.99 400m: 5:22.23 550m: 7:27.49 700m: 9:32.18			
	150m: 1:56.00 300m: 3:59.37 450m: 6:04.23 600m: 8:09.84 750m: 10:13.05			

Lange Afstand 2024
3500 Hasselt, 14/4/2024

Programmanr. 1, Meisjes, 800m vrije slag, 15 - 16 jaar

Rang	Inschr.	Tijd	Pnt
13. Verhulst Jente	STW/21179/08 11:04.00	10:54.75	387
50m: 35.31	200m: 2:36.54	350m: 4:40.24	500m: 6:45.45
100m: 1:14.61	250m: 3:17.67	400m: 5:21.52	550m: 7:27.58
150m: 1:55.73	300m: 3:58.43	450m: 6:03.67	600m: 8:09.94
		650m: 8:52.47	800m: 10:54.75
		700m: 9:34.47	
		750m: 10:15.71	
14. Beylemans Katho	PZC/21073/08 11:02.00	11:01.87	375
50m: 36.89	200m: 2:40.11	350m: 4:46.48	500m: 6:52.56
100m: 1:16.80	250m: 3:22.06	400m: 5:28.31	550m: 7:34.89
150m: 1:58.44	300m: 4:04.00	450m: 6:10.33	600m: 8:17.05
		650m: 9:01.11	800m: 11:01.87
		700m: 9:42.93	
		750m: 10:24.17	
15. Marckx Lore	BRABO/21442/11:50.00	11:22.30	342
50m: 37.84	200m: 2:45.69	350m: 4:56.10	500m: 7:06.20
100m: 1:19.47	250m: 3:29.20	400m: 5:39.69	550m: 7:49.52
150m: 2:02.69	300m: 4:12.49	450m: 6:23.21	600m: 8:32.00
		650m: 9:15.83	800m: 11:22.30
		700m: 9:59.43	
		750m: 10:42.37	
16. Claeskens Lina	DBT/21098/08 11:35.00	11:25.48	337
50m: 38.10	200m: 2:43.71	350m: 4:53.09	500m: 7:04.83
100m: 1:19.00	250m: 3:26.77	400m: 5:37.15	550m: 7:49.32
150m: 2:00.93	300m: 4:09.87	450m: 6:21.06	600m: 8:34.08
		650m: 9:17.96	800m: 11:25.48
		700m: 10:01.57	
		750m: 10:45.40	
17. Luyten Lore	HZS/21244/08 13:18.77	12:36.11	251
50m: 42.89	200m: 3:05.56	350m: 5:29.45	500m: 7:54.10
100m: 1:29.18	250m: 3:53.82	400m: 6:17.38	550m: 8:42.71
150m: 2:16.92	300m: 4:41.71	450m: 7:05.88	600m: 9:31.48
		650m: 10:20.49	800m: 12:36.11
		700m: 11:07.80	
		750m: 11:54.29	
FF Theuwis Mira	FFDMB/21176/09 10:54.90		

17 - 18 jaar

1. Graham Jil	HOZT/21023/06 9:12.62	9:07.84	661
50m: 31.38	200m: 2:13.41	350m: 3:58.07	500m: 5:40.78
100m: 1:05.21	250m: 2:48.16	400m: 4:32.72	550m: 6:15.67
150m: 1:39.06	300m: 3:23.23	450m: 5:06.40	600m: 6:50.15
		650m: 7:24.88	800m: 9:07.84
		700m: 8:00.06	
		750m: 8:34.37	
2. Hiel Maya	DBT/21049/06 9:25.00	9:26.51	598
50m: 31.41	200m: 2:17.15	350m: 4:03.20	500m: 5:50.93
100m: 1:05.84	250m: 2:52.14	400m: 4:39.45	550m: 6:27.85
150m: 1:41.38	300m: 3:27.13	450m: 5:15.00	600m: 7:04.19
		650m: 7:40.06	800m: 9:26.51
		700m: 8:16.53	
		750m: 8:53.05	
3. Op de Beeck Elly	BRABO/21209/10:00.36	9:37.64	564
50m: 31.76	200m: 2:19.63	350m: 4:09.38	500m: 5:59.76
100m: 1:07.24	250m: 2:55.84	400m: 4:46.57	550m: 6:37.06
150m: 1:43.33	300m: 3:32.45	450m: 5:23.02	600m: 7:14.12
		650m: 7:50.43	800m: 9:37.64
		700m: 8:27.19	
		750m: 9:03.92	
4. De Weerd Amélie	ZCT/21054/07 9:50.39	9:51.97	524
50m: 34.19	200m: 2:24.78	350m: 4:16.77	500m: 6:09.06
100m: 1:10.70	250m: 3:01.80	400m: 4:53.87	550m: 6:46.30
150m: 1:48.01	300m: 3:39.00	450m: 5:31.62	600m: 7:23.56
		650m: 8:01.64	800m: 9:51.97
		700m: 8:39.15	
		750m: 9:16.04	
5. Put Amélie	KAZS/21128/0710:11.19	9:58.80	506
50m: 33.08	200m: 2:24.58	350m: 4:18.54	500m: 6:12.73
100m: 1:09.92	250m: 3:02.04	400m: 4:56.38	550m: 6:50.53
150m: 1:47.19	300m: 3:40.01	450m: 5:35.02	600m: 7:28.86
		650m: 8:06.56	800m: 9:58.80
		700m: 8:45.28	
		750m: 9:23.09	
6. Kuznetcova Svetlana	BRABO/21444/09:33.46	10:08.86	482
50m: 31.79	200m: 2:21.48	350m: 4:18.31	500m: 6:16.88
100m: 1:07.38	250m: 2:59.91	400m: 4:57.92	550m: 6:56.33
150m: 1:44.05	300m: 3:39.11	450m: 5:37.24	600m: 7:36.43
		650m: 8:16.57	800m: 10:08.86
		700m: 8:55.98	
		750m: 9:33.99	
7. Verhulst Lotte	STW/21123/06 9:48.59	10:11.48	475
50m: 32.99	200m: 2:24.99	350m: 4:18.61	500m: 6:15.39
100m: 1:09.17	250m: 3:02.38	400m: 4:57.89	550m: 6:54.45
150m: 1:46.88	300m: 3:40.24	450m: 5:36.64	600m: 7:34.01
		650m: 8:13.77	800m: 10:11.48
		700m: 8:54.15	
		750m: 9:33.47	
8. Verheyden Noah	MOZKA/21073/11:41.89	11:20.73	344
50m: 38.04	200m: 2:43.78	350m: 4:52.28	500m: 7:03.80
100m: 1:19.62	250m: 3:26.91	400m: 5:36.33	550m: 7:47.26
150m: 2:01.71	300m: 4:09.47	450m: 6:20.31	600m: 8:31.33
		650m: 9:15.23	800m: 11:20.73
		700m: 9:58.54	
		750m: 10:41.00	

Lange Afstand 2024
3500 Hasselt, 14/4/2024

Programmanr. 1, Dames, 800m vrije slag

19 jaar en ouder

1. Broux Elise	GZVN/21015/05 9:39.58				9:31.42	583	
50m: 31.19	200m: 2:16.74	350m: 4:04.75	500m: 5:54.09	650m: 7:43.94	800m: 9:31.42		
100m: 1:05.77	250m: 2:52.57	400m: 4:41.10	550m: 6:30.89	700m: 8:20.70			
150m: 1:41.16	300m: 3:28.50	450m: 5:17.34	600m: 7:07.51	750m: 8:57.33			
2. Goovaerts Ellen	STW/21165/05 9:21.85				9:47.25	537	
50m: 32.11	200m: 2:19.31	350m: 4:09.36	500m: 6:02.06	650m: 7:54.70	800m: 9:47.25		
100m: 1:07.25	250m: 2:55.85	400m: 4:46.39	550m: 6:39.31	700m: 8:32.64			
150m: 1:42.85	300m: 3:32.59	450m: 5:24.04	600m: 7:16.45	750m: 9:10.55			

2 - Lange Afstanden namiddag

14/04/2024 - 14:00

Programmanr. 2
14/04/2024 - 14:00

Heren, 1500m vrije slag

11 jaar en ouder
Resultaten

Punten: FINA 2023

Rang			Inschr.	Tijd	Pnt			
11 - 12 jaar								
1.	Tholen Stijn		DMB/11154/12 22:05.12	19:45.58	364			
	50m: 34.64	300m: 3:49.06	550m: 7:07.33	800m: 10:26.55	1050m: 13:47.88	1300m: 17:09.29		
	100m: 1:12.76	350m: 4:28.37	600m: 7:47.26	850m: 11:07.23	1100m: 14:28.25	1350m: 17:49.20		
	150m: 1:51.11	400m: 5:08.27	650m: 8:27.13	900m: 11:48.24	1150m: 15:08.50	1400m: 18:29.13		
	200m: 2:30.45	450m: 5:48.06	700m: 9:06.68	950m: 12:28.01	1200m: 15:49.17	1450m: 19:08.12		
	250m: 3:09.80	500m: 6:27.59	750m: 9:46.15	1000m: 13:08.45	1250m: 16:29.96	1500m: 19:45.58		
2.	Walterus Kilyan		DMB/11156/12 23:25.12	20:25.35	330			
	50m: 34.43	300m: 4:03.29	550m: 7:29.36	800m: 10:54.55	1050m: 14:17.04	1300m: 17:44.43		
	100m: 1:15.34	350m: 4:44.03	600m: 8:11.20	850m: 11:34.98	1100m: 14:58.50	1350m: 18:26.87		
	150m: 1:57.25	400m: 5:24.74	650m: 8:52.26	900m: 12:14.63	1150m: 15:39.44	1400m: 19:08.65		
	200m: 2:39.08	450m: 6:05.96	700m: 9:33.52	950m: 12:55.05	1200m: 16:21.37	1450m: 19:49.49		
	250m: 3:20.43	500m: 6:48.02	750m: 10:15.60	1000m: 13:36.60	1250m: 17:03.16	1500m: 20:25.35		
3.	Jamar Kamiel		STZC/11016/1224:00.00	22:53.45	234			
	50m: 40.12	300m: 4:30.18	550m: 8:18.62	800m: 12:08.00	1050m: 15:58.95	1300m: 19:51.69		
	100m: 1:25.11	350m: 5:16.03	600m: 9:03.75	850m: 12:54.94	1100m: 16:45.29	1350m: 20:37.18		
	150m: 2:11.73	400m: 6:01.62	650m: 9:50.00	900m: 13:41.16	1150m: 17:31.98	1400m: 21:23.23		
	200m: 2:57.94	450m: 6:47.32	700m: 10:35.80	950m: 14:27.05	1200m: 18:18.35	1450m: 22:09.88		
	250m: 3:44.49	500m: 7:33.20	750m: 11:22.56	1000m: 15:13.30	1250m: 19:05.11	1500m: 22:53.45		
13 - 14 jaar								
1.	Evens Mats		DMB/11106/10 18:45.23	17:49.79	496			
	50m: 31.04	300m: 3:29.28	550m: 6:28.39	800m: 9:29.22	1050m: 12:28.94	1300m: 15:30.18		
	100m: 1:06.30	350m: 4:04.79	600m: 7:04.41	850m: 10:05.63	1100m: 13:05.34	1350m: 16:05.59		
	150m: 1:42.19	400m: 4:40.89	650m: 7:40.33	900m: 10:41.24	1150m: 13:41.29	1400m: 16:41.48		
	200m: 2:17.90	450m: 5:16.67	700m: 8:16.60	950m: 11:17.52	1200m: 14:17.55	1450m: 17:16.68		
	250m: 2:53.59	500m: 5:52.56	750m: 8:52.78	1000m: 11:53.40	1250m: 14:53.92	1500m: 17:49.79		
2.	Vandepoel Quinten		STZC/11007/1C19:18.98	17:51.91	493			
	50m: 31.43	300m: 3:26.56	550m: 6:25.48	800m: 9:25.49	1050m: 12:26.55	1300m: 15:28.86		
	100m: 1:05.84	350m: 4:02.44	600m: 7:01.56	850m: 10:01.28	1100m: 13:03.25	1350m: 16:05.61		
	150m: 1:40.45	400m: 4:38.07	650m: 7:37.65	900m: 10:37.44	1150m: 13:39.79	1400m: 16:42.00		
	200m: 2:15.96	450m: 5:14.00	700m: 8:13.72	950m: 11:13.83	1200m: 14:16.14	1450m: 17:17.20		
	250m: 2:51.22	500m: 5:49.60	750m: 8:49.93	1000m: 11:50.28	1250m: 14:52.64	1500m: 17:51.91		
3.	Baelen Tobe		DBT/11113/10 19:50.47	17:57.64	485			
	50m: 31.51	300m: 3:33.86	550m: 6:35.71	800m: 9:37.98	1050m: 12:39.34	1300m: 15:38.74		
	100m: 1:07.64	350m: 4:10.08	600m: 7:12.27	850m: 10:13.94	1100m: 13:15.07	1350m: 16:14.19		
	150m: 1:43.94	400m: 4:46.43	650m: 7:48.83	900m: 10:50.86	1150m: 13:50.87	1400m: 16:49.93		
	200m: 2:20.28	450m: 5:22.74	700m: 8:25.86	950m: 11:27.25	1200m: 14:26.69	1450m: 17:25.22		
	250m: 2:56.82	500m: 5:59.18	750m: 9:02.01	1000m: 12:03.11	1250m: 15:02.87	1500m: 17:57.64		

Lange Afstand 2024
3500 Hasselt, 14/4/2024

Programmanr. 2, Jongens, 1500m vrije slag, 13 - 14 jaar

Rang					Inscr.	Tijd	Pnt					
4.	Roosen Lukas				PZC/11077/10	19:53.77	18:00.46	481				
	50m:	32.92	300m:	3:35.85	550m:	6:36.75	800m:	9:38.43	1050m:	12:40.20	1300m:	15:40.26
	100m:	1:09.53	350m:	4:11.70	600m:	7:13.66	850m:	10:14.83	1100m:	13:16.27	1350m:	16:16.59
	150m:	1:46.46	400m:	4:48.11	650m:	7:49.53	900m:	10:51.18	1150m:	13:52.63	1400m:	16:52.27
	200m:	2:22.91	450m:	5:24.15	700m:	8:25.84	950m:	11:27.63	1200m:	14:29.21	1450m:	17:27.71
	250m:	2:59.18	500m:	6:00.18	750m:	9:02.06	1000m:	12:03.91	1250m:	15:04.56	1500m:	18:00.46
5.	Tielen Sander				DMB/11119/11	20:04.86	18:22.81	452				
	50m:	32.75	300m:	3:36.46	550m:	6:40.03	800m:	9:45.08	1050m:	12:51.10	1300m:	15:56.77
	100m:	1:09.46	350m:	4:12.78	600m:	7:16.83	850m:	10:22.18	1100m:	13:28.15	1350m:	16:33.83
	150m:	1:46.69	400m:	4:49.46	650m:	7:53.89	900m:	10:59.71	1150m:	14:05.30	1400m:	17:11.27
	200m:	2:23.35	450m:	5:26.42	700m:	8:30.98	950m:	11:36.90	1200m:	14:42.72	1450m:	17:48.66
	250m:	2:59.85	500m:	6:03.28	750m:	9:07.99	1000m:	12:14.03	1250m:	15:19.65	1500m:	18:22.81
6.	Berlamont Daan				LAQUA/11535/20	07.75	18:32.40	441				
	50m:	32.38	300m:	3:36.74	550m:	6:43.10	800m:	9:50.61	1050m:	12:58.34	1300m:	16:05.94
	100m:	1:08.31	350m:	4:13.81	600m:	7:20.53	850m:	10:27.85	1100m:	13:36.35	1350m:	16:43.77
	150m:	1:45.09	400m:	4:51.01	650m:	7:58.01	900m:	11:05.55	1150m:	14:13.31	1400m:	17:21.38
	200m:	2:22.50	450m:	5:28.39	700m:	8:35.41	950m:	11:43.19	1200m:	14:50.91	1450m:	17:58.44
	250m:	2:59.70	500m:	6:05.65	750m:	9:13.15	1000m:	12:20.66	1250m:	15:28.52	1500m:	18:32.40
7.	Servranckx Senne				DMB/11107/10	19:56.21	18:37.78	434				
	50m:	31.99	300m:	3:37.11	550m:	6:44.27	800m:	9:50.54	1050m:	12:58.58	1300m:	16:07.79
	100m:	1:09.81	350m:	4:15.27	600m:	7:21.33	850m:	10:27.70	1100m:	13:36.97	1350m:	16:46.10
	150m:	1:46.59	400m:	4:51.83	650m:	7:58.68	900m:	11:05.69	1150m:	14:14.79	1400m:	17:23.49
	200m:	2:22.81	450m:	5:29.30	700m:	8:36.38	950m:	11:43.17	1200m:	14:52.35	1450m:	18:00.75
	250m:	2:59.88	500m:	6:06.49	750m:	9:13.28	1000m:	12:21.14	1250m:	15:30.64	1500m:	18:37.78
8.	Van Campfort Nicolas				BRABO/11427/19	20:12	18:39.26	433				
	50m:	32.41	300m:	3:39.89	550m:	6:49.23	800m:	9:58.64	1050m:	13:06.41	1300m:	16:14.27
	100m:	1:09.22	350m:	4:17.98	600m:	7:27.11	850m:	10:36.31	1100m:	13:44.05	1350m:	16:51.40
	150m:	1:46.65	400m:	4:55.73	650m:	8:04.97	900m:	11:13.97	1150m:	14:21.59	1400m:	17:28.79
	200m:	2:24.20	450m:	5:33.40	700m:	8:43.22	950m:	11:51.49	1200m:	14:59.13	1450m:	18:05.48
	250m:	3:02.09	500m:	6:11.21	750m:	9:21.07	1000m:	12:28.86	1250m:	15:36.97	1500m:	18:39.26
9.	Hufkens Ilian				SHARK/11194/20	01:06	18:41.81	430				
	50m:	33.24	300m:	3:39.99	550m:	6:48.05	800m:	9:57.15	1050m:	13:05.96	1300m:	16:15.31
	100m:	1:10.70	350m:	4:17.22	600m:	7:26.25	850m:	10:34.84	1100m:	13:43.93	1350m:	16:52.36
	150m:	1:47.71	400m:	4:54.74	650m:	8:03.81	900m:	11:12.28	1150m:	14:21.69	1400m:	17:29.98
	200m:	2:24.64	450m:	5:32.43	700m:	8:41.69	950m:	11:50.05	1200m:	14:59.82	1450m:	18:07.05
	250m:	3:02.25	500m:	6:10.24	750m:	9:19.51	1000m:	12:28.06	1250m:	15:37.93	1500m:	18:41.81
10.	Daemen Juul				DMB/11105/10	19:45.26	18:53.41	417				
	50m:	32.64	300m:	3:39.76	550m:	6:48.04	800m:	9:58.18	1050m:	13:11.02	1300m:	16:23.78
	100m:	1:09.83	350m:	4:17.76	600m:	7:26.11	850m:	10:36.55	1100m:	13:48.96	1350m:	17:02.22
	150m:	1:47.34	400m:	4:55.99	650m:	8:03.86	900m:	11:14.66	1150m:	14:27.59	1400m:	17:40.58
	200m:	2:24.60	450m:	5:32.72	700m:	8:42.26	950m:	11:53.50	1200m:	15:06.62	1450m:	18:18.04
	250m:	3:02.13	500m:	6:10.45	750m:	9:20.49	1000m:	12:32.92	1250m:	15:44.96	1500m:	18:53.41
11.	Vervloessem Frits				ZCT/11102/10	19:34.27	18:58.25	411				
	50m:	33.97	300m:	3:43.09	550m:	6:56.04	800m:	10:06.57	1050m:	13:15.59	1300m:	16:25.74
	100m:	1:11.30	350m:	4:21.47	600m:	7:34.49	850m:	10:44.20	1100m:	13:53.84	1350m:	17:04.39
	150m:	1:49.32	400m:	5:00.17	650m:	8:12.53	900m:	11:21.87	1150m:	14:32.02	1400m:	17:42.73
	200m:	2:27.15	450m:	5:39.04	700m:	8:50.81	950m:	11:59.67	1200m:	15:09.60	1450m:	18:20.88
	250m:	3:05.02	500m:	6:17.74	750m:	9:28.84	1000m:	12:37.97	1250m:	15:47.64	1500m:	18:58.25
12.	Leysen Warre				PZC/11082/10	20:34.21	19:04.35	405				
	50m:	35.60	300m:	3:47.88	550m:	7:01.15	800m:	10:15.35	1050m:	13:28.96	1300m:	16:40.25
	100m:	1:13.78	350m:	4:26.28	600m:	7:40.19	850m:	10:54.58	1100m:	14:07.45	1350m:	17:17.82
	150m:	1:52.87	400m:	5:05.15	650m:	8:18.96	900m:	11:33.04	1150m:	14:46.38	1400m:	17:54.73
	200m:	2:31.53	450m:	5:43.66	700m:	8:57.77	950m:	12:11.52	1200m:	15:25.43	1450m:	18:31.52
	250m:	3:09.60	500m:	6:22.16	750m:	9:36.78	1000m:	12:50.27	1250m:	16:02.96	1500m:	19:04.35
13.	Van Den Brecht Mathias				AZL/11097/11	19:56.11	19:05.57	404				
	50m:	33.95	300m:	3:44.42	550m:	6:55.88	800m:	10:08.11	1050m:	13:20.54	1300m:	16:33.74
	100m:	1:11.53	350m:	4:22.77	600m:	7:34.50	850m:	10:46.59	1100m:	13:59.72	1350m:	17:12.44
	150m:	1:49.72	400m:	5:01.04	650m:	8:12.57	900m:	11:25.12	1150m:	14:37.86	1400m:	17:50.67
	200m:	2:27.84	450m:	5:39.33	700m:	8:50.92	950m:	12:03.59	1200m:	15:15.99	1450m:	18:29.33
	250m:	3:06.34	500m:	6:17.66	750m:	9:29.59	1000m:	12:42.13	1250m:	15:55.45	1500m:	19:05.57

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Programmanr. 2, Jongens, 1500m vrije slag, 13 - 14 jaar

Rang					Inschr.	Tijd	Pnt					
14.	Vanderlinden Roald		LAQUA/11441/20:20.48		19:07.85	401						
	50m:	34.45	300m:	3:47.93	550m:	7:01.43	800m:	10:15.77	1050m:	13:28.48	1300m:	16:40.26
	100m:	1:12.66	350m:	4:27.31	600m:	7:40.34	850m:	10:54.37	1100m:	14:07.19	1350m:	17:18.35
	150m:	1:50.97	400m:	5:05.40	650m:	8:19.35	900m:	11:33.55	1150m:	14:45.64	1400m:	17:56.16
	200m:	2:30.00	450m:	5:43.80	700m:	8:58.86	950m:	12:11.34	1200m:	15:24.16	1450m:	18:33.33
	250m:	3:09.21	500m:	6:22.45	750m:	9:37.43	1000m:	12:49.87	1250m:	16:02.36	1500m:	19:07.85
15.	van den Berg Jasper		PZC/11086/10 21:14.90		19:07.98	401						
	50m:	35.32	300m:	3:48.59	550m:	7:01.96	800m:	10:14.65	1050m:	13:26.72	1300m:	16:39.70
	100m:	1:13.58	350m:	4:27.06	600m:	7:40.87	850m:	10:53.01	1100m:	14:06.03	1350m:	17:17.91
	150m:	1:51.82	400m:	5:05.99	650m:	8:19.06	900m:	11:31.32	1150m:	14:45.50	1400m:	17:55.67
	200m:	2:31.22	450m:	5:44.64	700m:	8:58.05	950m:	12:09.68	1200m:	15:22.61	1450m:	18:32.83
	250m:	3:10.84	500m:	6:23.54	750m:	9:36.04	1000m:	12:48.04	1250m:	16:01.68	1500m:	19:07.98
16.	Evens Vince		DMB/11122/11 21:38.24		19:23.59	385						
	50m:	34.28	300m:	3:46.24	550m:	7:00.88	800m:	10:16.57	1050m:	13:33.57	1300m:	16:50.59
	100m:	1:11.92	350m:	4:24.92	600m:	7:40.31	850m:	10:55.93	1100m:	14:13.78	1350m:	17:30.16
	150m:	1:50.01	400m:	5:03.50	650m:	8:20.09	900m:	11:34.98	1150m:	14:52.86	1400m:	18:08.97
	200m:	2:28.62	450m:	5:42.46	700m:	8:59.30	950m:	12:14.68	1200m:	15:31.57	1450m:	18:48.41
	250m:	3:07.15	500m:	6:21.55	750m:	9:38.22	1000m:	12:53.74	1250m:	16:11.43	1500m:	19:23.59
17.	Vets Wannas		KAZS/11117/1119:59.00		19:32.79	376						
	50m:	33.54	300m:	3:47.62	550m:	7:03.85	800m:	10:22.33	1050m:	13:39.94	1300m:	17:00.35
	100m:	1:11.36	350m:	4:27.36	600m:	7:43.69	850m:	11:01.73	1100m:	14:19.31	1350m:	17:39.73
	150m:	1:50.72	400m:	5:06.03	650m:	8:22.93	900m:	11:41.39	1150m:	14:59.69	1400m:	18:18.27
	200m:	2:29.71	450m:	5:45.26	700m:	9:04.18	950m:	12:19.91	1200m:	15:40.10	1450m:	18:56.35
	250m:	3:08.50	500m:	6:23.96	750m:	9:43.32	1000m:	12:59.96	1250m:	16:20.38	1500m:	19:32.79
18.	Gypen Thomas		ZCT/11115/10 20:45.62		19:48.51	361						
	50m:	36.15	300m:	3:59.11	550m:	7:18.35	800m:	10:39.18	1050m:	13:58.80	1300m:	17:15.86
	100m:	1:16.49	350m:	4:38.32	600m:	7:58.41	850m:	11:19.62	1100m:	14:37.80	1350m:	17:55.60
	150m:	1:57.85	400m:	5:18.06	650m:	8:38.56	900m:	11:59.65	1150m:	15:18.09	1400m:	18:34.55
	200m:	2:38.21	450m:	5:58.19	700m:	9:18.56	950m:	12:39.29	1200m:	15:57.65	1450m:	19:12.58
	250m:	3:18.34	500m:	6:38.07	750m:	9:59.13	1000m:	13:18.70	1250m:	16:37.52	1500m:	19:48.51
19.	Bergmans Mats		HZS/11194/10 20:33.19		19:48.86	361						
	50m:	34.76	300m:	3:50.13	550m:	7:06.26	800m:	10:25.75	1050m:	13:47.66	1300m:	17:10.94
	100m:	1:13.41	350m:	4:29.67	600m:	7:46.36	850m:	11:05.62	1100m:	14:27.54	1350m:	17:51.11
	150m:	1:52.45	400m:	5:08.25	650m:	8:26.43	900m:	11:46.37	1150m:	15:07.91	1400m:	18:31.31
	200m:	2:31.74	450m:	5:47.30	700m:	9:06.32	950m:	12:26.76	1200m:	15:48.81	1450m:	19:11.38
	250m:	3:10.87	500m:	6:26.50	750m:	9:45.92	1000m:	13:07.11	1250m:	16:30.08	1500m:	19:48.86
20.	Roosen Thomas		BRABO/11428/19:15.00		19:52.68	358						
	50m:	34.86	300m:	3:54.33	550m:	7:16.10	800m:	10:38.86	1050m:	14:00.18	1300m:	17:20.78
	100m:	1:13.79	350m:	4:34.77	600m:	7:56.37	850m:	11:19.25	1100m:	14:40.45	1350m:	18:00.49
	150m:	1:53.96	400m:	5:14.86	650m:	8:36.89	900m:	12:00.17	1150m:	15:21.08	1400m:	18:39.39
	200m:	2:34.06	450m:	5:55.40	700m:	9:17.85	950m:	12:40.67	1200m:	16:01.34	1450m:	19:17.66
	250m:	3:14.53	500m:	6:36.19	750m:	9:58.07	1000m:	13:20.26	1250m:	16:41.02	1500m:	19:52.68
21.	Fransen Dylano		PZC/11096/11 22:52.66		19:53.65	357						
	50m:	36.16	300m:	3:53.56	550m:	7:12.94	800m:	10:36.35	1050m:	13:57.18	1300m:	17:19.81
	100m:	1:15.08	350m:	4:32.73	600m:	7:54.74	850m:	11:16.14	1100m:	14:37.12	1350m:	17:59.05
	150m:	1:54.37	400m:	5:13.31	650m:	8:36.00	900m:	11:55.91	1150m:	15:18.09	1400m:	18:38.99
	200m:	2:34.84	450m:	5:52.70	700m:	9:15.27	950m:	12:36.88	1200m:	15:58.57	1450m:	19:18.57
	250m:	3:15.42	500m:	6:33.79	750m:	9:55.15	1000m:	13:16.36	1250m:	16:38.75	1500m:	19:53.65
22.	Slootmaekers Matteo		LAQUA/11387/20:38.57		20:02.61	349						
	50m:	34.85	300m:	3:50.96	550m:	7:10.30	800m:	10:34.13	1050m:	13:59.04	1300m:	17:23.46
	100m:	1:13.21	350m:	4:30.58	600m:	7:51.07	850m:	11:15.41	1100m:	14:40.05	1350m:	18:04.12
	150m:	1:52.48	400m:	5:09.88	650m:	8:31.47	900m:	11:56.13	1150m:	15:20.69	1400m:	18:45.10
	200m:	2:31.96	450m:	5:49.89	700m:	9:12.15	950m:	12:37.24	1200m:	16:01.90	1450m:	19:25.06
	250m:	3:11.86	500m:	6:29.91	750m:	9:53.12	1000m:	13:18.31	1250m:	16:42.80	1500m:	20:02.61
23.	Mertens Sibbe		ZCT/11133/10 20:41.32		20:10.73	342						
	50m:	36.58	300m:	3:59.82	550m:	7:22.52	800m:	10:44.87	1050m:	14:07.92	1300m:	17:30.75
	100m:	1:16.88	350m:	4:40.05	600m:	8:02.99	850m:	11:24.77	1100m:	14:48.21	1350m:	18:11.75
	150m:	1:57.75	400m:	5:20.39	650m:	8:43.77	900m:	12:05.57	1150m:	15:28.69	1400m:	18:51.64
	200m:	2:38.56	450m:	6:01.37	700m:	9:24.28	950m:	12:46.18	1200m:	16:09.86	1450m:	19:32.04
	250m:	3:18.86	500m:	6:42.09	750m:	10:04.09	1000m:	13:27.05	1250m:	16:50.08	1500m:	20:10.73

Lange Afstand 2024
3500 Hasselt, 14/4/2024

Programmanr. 2, Jongens, 1500m vrije slag, 13 - 14 jaar

Rang	Inschr.	Tijd	Pnt
24.	Janssen Thibe	DBT/11167/11 25:20.18	20:42.78 316
	50m: 34.67 300m: 3:55.37 550m: 7:23.47 800m: 10:53.66 1050m: 14:24.62 1300m: 17:58.82		
	100m: 1:13.70 350m: 4:37.02 600m: 8:05.44 850m: 11:35.39 1100m: 15:07.73 1350m: 18:42.31		
	150m: 1:53.80 400m: 5:18.63 650m: 8:47.20 900m: 12:16.36 1150m: 15:50.63 1400m: 19:24.70		
	200m: 2:33.92 450m: 5:59.76 700m: 9:29.28 950m: 12:59.08 1200m: 16:33.45 1450m: 20:05.79		
	250m: 3:14.70 500m: 6:41.80 750m: 10:11.35 1000m: 13:41.83 1250m: 17:16.30 1500m: 20:42.78		
25.	Van Hoey Billiet Raphaël	STW/11192/11 20:45.00	20:43.31 316
	50m: 36.74 300m: 4:03.83 550m: 7:31.82 800m: 11:02.39 1050m: 14:34.19 1300m: 18:01.15		
	100m: 1:17.83 350m: 4:45.99 600m: 8:13.25 850m: 11:44.61 1100m: 15:15.29 1350m: 18:43.10		
	150m: 1:59.91 400m: 5:27.52 650m: 8:55.30 900m: 12:27.79 1150m: 15:57.00 1400m: 19:24.53		
	200m: 2:41.55 450m: 6:08.77 700m: 9:37.82 950m: 13:10.00 1200m: 16:38.17 1450m: 20:05.78		
	250m: 3:22.42 500m: 6:49.99 750m: 10:20.22 1000m: 13:52.64 1250m: 17:19.53 1500m: 20:43.31		

FF Verbruggen Mats FFKAZS/11101/1 123:02.44

15 - 16 jaar

1.	Goethals Vince	STW/11168/09 17:43.89	16:43.23 601
	50m: 29.01 300m: 3:14.45 550m: 6:03.79 800m: 8:52.08 1050m: 11:40.10 1300m: 14:29.45		
	100m: 1:01.39 350m: 3:48.18 600m: 6:37.80 850m: 9:25.79 1100m: 12:13.89 1350m: 15:03.54		
	150m: 1:34.15 400m: 4:22.08 650m: 7:11.44 900m: 9:59.31 1150m: 12:47.69 1400m: 15:38.00		
	200m: 2:07.56 450m: 4:56.27 700m: 7:45.02 950m: 10:32.88 1200m: 13:21.68 1450m: 16:11.93		
	250m: 2:40.95 500m: 5:30.03 750m: 8:18.63 1000m: 11:06.35 1250m: 13:55.82 1500m: 16:43.23		
2.	Van Brussel Dylano	BRABO/11313/18:29.87	17:01.41 569
	50m: 28.73 300m: 3:16.92 550m: 6:06.78 800m: 8:59.02 1050m: 11:51.76 1300m: 14:45.84		
	100m: 1:01.61 350m: 3:50.86 600m: 6:40.94 850m: 9:33.76 1100m: 12:26.14 1350m: 15:20.78		
	150m: 1:35.69 400m: 4:24.75 650m: 7:15.28 900m: 10:08.37 1150m: 13:00.57 1400m: 15:55.81		
	200m: 2:09.45 450m: 4:58.56 700m: 7:49.73 950m: 10:42.89 1200m: 13:35.38 1450m: 16:30.13		
	250m: 2:43.16 500m: 5:32.54 750m: 8:24.32 1000m: 11:17.40 1250m: 14:10.39 1500m: 17:01.41		
3.	D'espallier Daan	BRABO/11287/18:49.03	17:12.71 551
	50m: 31.17 300m: 3:23.94 550m: 6:18.76 800m: 9:12.34 1050m: 12:06.06 1300m: 14:58.94		
	100m: 1:05.56 350m: 3:59.14 600m: 6:53.57 850m: 9:46.96 1100m: 12:40.66 1350m: 15:33.05		
	150m: 1:39.92 400m: 4:33.92 650m: 7:28.22 900m: 10:21.59 1150m: 13:15.21 1400m: 16:07.55		
	200m: 2:14.50 450m: 5:08.75 700m: 8:03.08 950m: 10:56.43 1200m: 13:49.70 1450m: 16:41.49		
	250m: 2:49.26 500m: 5:43.97 750m: 8:37.96 1000m: 11:31.27 1250m: 14:24.49 1500m: 17:12.71		
4.	Vets Siebe	KAZS/11065/08 18:00.35	17:15.15 547
	50m: 31.58 300m: 3:25.26 550m: 6:18.49 800m: 9:10.71 1050m: 12:05.47 1300m: 14:59.16		
	100m: 1:05.77 350m: 4:00.15 600m: 6:52.83 850m: 9:45.89 1100m: 12:39.91 1350m: 15:33.96		
	150m: 1:40.73 400m: 4:34.95 650m: 7:27.13 900m: 10:20.77 1150m: 13:14.19 1400m: 16:08.50		
	200m: 2:15.64 450m: 5:09.42 700m: 8:01.51 950m: 10:55.94 1200m: 13:49.20 1450m: 16:42.15		
	250m: 2:50.48 500m: 5:43.65 750m: 8:35.96 1000m: 11:30.90 1250m: 14:24.06 1500m: 17:15.15		
5.	Van der Borghst Floris	ZCT/11072/08 18:15.55	17:47.39 499
	50m: 32.66 300m: 3:32.17 550m: 6:29.24 800m: 9:27.45 1050m: 12:25.71 1300m: 15:25.40		
	100m: 1:08.37 350m: 4:07.21 600m: 7:04.76 850m: 10:03.12 1100m: 13:01.04 1350m: 16:01.68		
	150m: 1:44.42 400m: 4:43.00 650m: 7:40.39 900m: 10:38.85 1150m: 13:36.81 1400m: 16:37.16		
	200m: 2:20.32 450m: 5:18.27 700m: 8:16.14 950m: 11:14.56 1200m: 14:12.65 1450m: 17:12.93		
	250m: 2:56.39 500m: 5:53.95 750m: 8:51.73 1000m: 11:50.31 1250m: 14:48.96 1500m: 17:47.39		
6.	Verschuren Linus	KAZS/11110/08 18:30.00	17:48.24 498
	50m: 32.21 300m: 3:29.61 550m: 6:28.13 800m: 9:29.40 1050m: 12:29.10 1300m: 15:28.52		
	100m: 1:07.11 350m: 4:05.27 600m: 7:04.02 850m: 10:05.74 1100m: 13:05.36 1350m: 16:04.81		
	150m: 1:42.90 400m: 4:41.27 650m: 7:40.47 900m: 10:41.71 1150m: 13:41.04 1400m: 16:39.61		
	200m: 2:17.81 450m: 5:16.71 700m: 8:16.71 950m: 11:17.58 1200m: 14:17.30 1450m: 17:14.60		
	250m: 2:53.73 500m: 5:52.52 750m: 8:53.26 1000m: 11:53.41 1250m: 14:53.12 1500m: 17:48.24		
7.	Ottevaere Alexander	BRABO/11215/18:21.26	17:50.09 495
	50m: 31.05 300m: 3:28.68 550m: 6:27.34 800m: 9:26.10 1050m: 12:25.46 1300m: 15:27.32		
	100m: 1:05.53 350m: 4:04.44 600m: 7:02.89 850m: 10:01.58 1100m: 13:01.63 1350m: 16:04.57		
	150m: 1:41.29 400m: 4:40.32 650m: 7:38.31 900m: 10:37.82 1150m: 13:37.79 1400m: 16:40.25		
	200m: 2:17.06 450m: 5:15.63 700m: 8:14.05 950m: 11:13.86 1200m: 14:14.04 1450m: 17:15.57		
	250m: 2:52.67 500m: 5:51.48 750m: 8:49.82 1000m: 11:49.49 1250m: 14:50.46 1500m: 17:50.09		

Lange Afstand 2024
3500 Hasselt, 14/4/2024

Programmanr. 2, Jongens, 1500m vrije slag, 15 - 16 jaar

Rang					Inscr.	Tijd	Pnt					
8.	Decaluwé Georges				ZCT/11097/09	18:53.41	18:04.26	476				
	50m:	32.93	300m:	3:34.75	550m:	6:38.02	800m:	9:41.42	1050m:	12:43.48	1300m:	15:46.05
	100m:	1:09.10	350m:	4:11.35	600m:	7:14.53	850m:	10:17.98	1100m:	13:20.27	1350m:	16:22.00
	150m:	1:45.91	400m:	4:48.24	650m:	7:51.15	900m:	10:53.96	1150m:	13:56.81	1400m:	16:57.59
	200m:	2:22.57	450m:	5:24.91	700m:	8:28.13	950m:	11:31.31	1200m:	14:33.96	1450m:	17:32.28
	250m:	2:59.05	500m:	6:02.21	750m:	9:05.00	1000m:	12:07.17	1250m:	15:09.53	1500m:	18:04.26
9.	Pelgrims Lowie				ZCT/11073/08	18:18.27	18:07.65	472				
	50m:	33.90	300m:	3:36.76	550m:	6:37.81	800m:	9:40.91	1050m:	12:42.80	1300m:	15:44.84
	100m:	1:10.76	350m:	4:12.76	600m:	7:14.81	850m:	10:17.36	1100m:	13:19.31	1350m:	16:20.15
	150m:	1:46.82	400m:	4:49.30	650m:	7:51.09	900m:	10:53.47	1150m:	13:55.44	1400m:	16:56.64
	200m:	2:23.72	450m:	5:25.60	700m:	8:27.07	950m:	11:30.03	1200m:	14:31.95	1450m:	17:33.35
	250m:	3:00.19	500m:	6:01.60	750m:	9:03.99	1000m:	12:06.55	1250m:	15:08.31	1500m:	18:07.65
10.	Stappaerts Jari				KAZS/11187/08	19:17.03	18:08.01	471				
	50m:	32.06	300m:	3:34.66	550m:	6:39.06	800m:	9:42.30	1050m:	12:45.74	1300m:	15:46.60
	100m:	1:07.74	350m:	4:11.37	600m:	7:15.93	850m:	10:19.17	1100m:	13:21.97	1350m:	16:22.73
	150m:	1:44.26	400m:	4:48.41	650m:	7:52.68	900m:	10:55.87	1150m:	13:58.46	1400m:	16:58.28
	200m:	2:20.91	450m:	5:25.54	700m:	8:29.34	950m:	11:32.74	1200m:	14:34.53	1450m:	17:33.83
	250m:	2:57.79	500m:	6:02.47	750m:	9:05.90	1000m:	12:09.30	1250m:	15:10.53	1500m:	18:08.01
11.	Nollet Seppe				BRABO/11248/18	18:27.61	18:12.82	465				
	50m:	33.19	300m:	3:32.54	550m:	6:34.87	800m:	9:38.06	1050m:	12:43.55	1300m:	15:49.46
	100m:	1:08.64	350m:	4:08.65	600m:	7:11.47	850m:	10:15.03	1100m:	13:20.53	1350m:	16:26.77
	150m:	1:44.74	400m:	4:45.11	650m:	7:48.49	900m:	10:52.58	1150m:	13:57.79	1400m:	17:02.52
	200m:	2:20.71	450m:	5:21.72	700m:	8:24.94	950m:	11:29.62	1200m:	14:34.97	1450m:	17:38.39
	250m:	2:56.37	500m:	5:58.47	750m:	9:01.57	1000m:	12:06.84	1250m:	15:12.28	1500m:	18:12.82
12.	Sluyts Jenne				WST/11093/09	21:03.41	18:30.62	443				
	50m:	32.82	300m:	3:39.45	550m:	6:46.85	800m:	9:54.35	1050m:	13:01.52	1300m:	16:06.18
	100m:	1:09.94	350m:	4:16.70	600m:	7:24.63	850m:	10:32.28	1100m:	13:39.10	1350m:	16:43.22
	150m:	1:46.42	400m:	4:54.14	650m:	8:01.81	900m:	11:09.25	1150m:	14:16.23	1400m:	17:19.79
	200m:	2:24.61	450m:	5:32.07	700m:	8:39.38	950m:	11:46.82	1200m:	14:52.52	1450m:	17:56.87
	250m:	3:01.80	500m:	6:09.35	750m:	9:16.72	1000m:	12:24.50	1250m:	15:29.57	1500m:	18:30.62
13.	Vermeerbergen Kamiel				MOZKA/11081/19	19:04.03	18:34.69	438				
	50m:	34.73	300m:	3:43.18	550m:	6:52.14	800m:	10:01.00	1050m:	13:07.19	1300m:	16:11.32
	100m:	1:12.29	350m:	4:21.38	600m:	7:30.16	850m:	10:37.89	1100m:	13:44.30	1350m:	16:47.63
	150m:	1:49.94	400m:	4:58.62	650m:	8:08.00	900m:	11:15.30	1150m:	14:21.07	1400m:	17:24.11
	200m:	2:27.25	450m:	5:36.30	700m:	8:45.88	950m:	11:52.72	1200m:	14:58.07	1450m:	18:00.14
	250m:	3:05.04	500m:	6:14.28	750m:	9:23.82	1000m:	12:29.99	1250m:	15:34.79	1500m:	18:34.69
14.	Geens Dré				ZCT/11117/09	19:30.61	18:37.91	434				
	50m:	34.45	300m:	3:43.50	550m:	6:51.12	800m:	9:59.56	1050m:	13:08.14	1300m:	16:17.67
	100m:	1:12.31	350m:	4:20.84	600m:	7:29.05	850m:	10:37.54	1100m:	13:46.02	1350m:	16:54.49
	150m:	1:49.59	400m:	4:58.47	650m:	8:06.30	900m:	11:14.91	1150m:	14:23.78	1400m:	17:30.58
	200m:	2:27.44	450m:	5:36.04	700m:	8:44.56	950m:	11:53.41	1200m:	15:01.85	1450m:	18:05.61
	250m:	3:05.72	500m:	6:14.04	750m:	9:22.11	1000m:	12:31.22	1250m:	15:39.70	1500m:	18:37.91
15.	Van Grunderbeek Bas				ZCT/11110/09	19:33.37	18:42.87	429				
	50m:	32.52	300m:	3:39.11	550m:	6:47.09	800m:	9:58.33	1050m:	13:08.15	1300m:	16:15.99
	100m:	1:09.71	350m:	4:16.73	600m:	7:25.25	850m:	10:36.41	1100m:	13:45.59	1350m:	16:53.98
	150m:	1:47.00	400m:	4:54.87	650m:	8:03.44	900m:	11:14.05	1150m:	14:22.78	1400m:	17:31.79
	200m:	2:24.34	450m:	5:31.96	700m:	8:41.70	950m:	11:52.33	1200m:	15:00.71	1450m:	18:08.30
	250m:	3:02.19	500m:	6:09.56	750m:	9:19.88	1000m:	12:30.12	1250m:	15:38.13	1500m:	18:42.87
16.	Daemen Tuur				DMB/11064/08	18:52.29	18:44.18	427				
	50m:	31.55	300m:	3:35.59	550m:	6:39.73	800m:	9:45.24	1050m:	12:52.92	1300m:	16:07.77
	100m:	1:08.41	350m:	4:12.51	600m:	7:16.84	850m:	10:22.45	1100m:	13:29.82	1350m:	16:49.22
	150m:	1:44.98	400m:	4:49.49	650m:	7:54.15	900m:	10:59.52	1150m:	14:08.09	1400m:	17:31.47
	200m:	2:22.01	450m:	5:26.42	700m:	8:31.04	950m:	11:36.59	1200m:	14:48.04	1450m:	18:08.56
	250m:	2:59.14	500m:	6:03.44	750m:	9:08.22	1000m:	12:14.48	1250m:	15:26.68	1500m:	18:44.18

17 - 18 jaar

