



Aalsters Swimming Team
Midzomertest in Aalst
Aalst, 24/6/2023

1 - Open voorbereidingswedstrijd voor de zomerkampioenschappen

24/06/2023 - 15:00

Programmanr. 1
24/06/2023 - 15:00

Dames, 100m vlinderslag

open leeftijdsgroep
Resultaten

Punten: FINA 2022

Rang				Inschr.	Tijd	Pnt
1.	Fiers Ena			ZTB/21078/07	1:13.08	1:14.40 414
	50m:	33.43	100m:			
2.	Hoebecck Tinne			ZNA/21330/10	1:35.40	1:30.95 226
	50m:	40.12	100m:			
3.	Nelis Jente			ZNA/21407/08	1:24.84	1:32.08 218
	50m:	38.67	100m:			
4.	Koren Zara			GZVN/21294/11	1:38.71	1:36.49 190
	50m:	43.16	100m:			
5.	De Smet Lily			ZDKK/21010/12	1:33.93	1:37.13 186
	50m:	42.87	100m:			

Programmanr. 2
24/06/2023 - 15:03

Heren, 100m vlinderslag

open leeftijdsgroep
Resultaten

Punten: FINA 2022

Rang				Inschr.	Tijd	Pnt
1.	Pattyn Lowie			ZTB/11070/10	1:07.95	1:07.54 392
	50m:	32.07	100m:			
2.	Van Uytven Robbe			FAST/11029/07	1:07.96	1:09.34 362
	50m:	31.26	100m:			
3.	Vandorpe Dante			FAST/11040/08	1:08.86	1:11.76 327
	50m:	33.09	100m:			
4.	Berlamont Daan			LAQUA/11535/101:23.04		1:21.37 224
	50m:	37.57	100m:			
5.	Bobev Boyan			LAQUA/11400/101:21.61		1:21.70 221
	50m:	36.66	100m:			
6.	Vroman Wout			STA/11055/10	1:22.37	1:22.07 218
	50m:	37.49	100m:			
7.	Mpitzilis Ilias			GZVN/11227/10	1:20.25	1:26.66 185
	50m:	38.02	100m:			
8.	Vanvaene Matthys			ZTB/11075/11	1:33.93	1:29.58 168
	50m:	40.65	100m:			
9.	Van Daele Nand			FAST/11106/12	1:51.84	1:50.20 90
	50m:	50.00	100m:			
dis	Zouhri Amir			dis:LAQUA/11477/101:23.47		
	<i>SW 8.2.a - armen niet boven water naar voor gebracht</i>					



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Programmanr. 2, Heren, 100m vlinderslag, open leeftijdsgroep

Rang		Inschr.	Tijd	Pnt
dis	Wojciula Tymon	dis:ZNA/11416/11		NT
	<i>SW 8.2.a - armen niet boven water naar voor gebracht</i>			

Programmanr. 3
 24/06/2023 - 15:07

Dames, 100m rugslag

open leeftijdsgroep
 Resultaten

Punten: FINA 2022

Rang		Inschr.	Tijd	Pnt
1.	Ohliger Marjorie	CNSW/007844/071:15.32	1:17.08	414
	50m: 37.21 100m: 1:17.08			
2.	Van Hoof Floor	LAQUA/21254/081:16.48	1:17.22	411
	50m: 37.68 100m: 1:17.22			
3.	De Becker Loren	ZS/21043/07 1:16.49	1:18.98	384
	50m: 38.41 100m: 1:18.98			
4.	Van Hoof Sara	ZS/21081/08 1:21.22	1:20.40	364
	50m: 38.72 100m: 1:20.40			
5.	Lomans Alaine	GZVN/21322/10 1:22.91	1:20.99	356
	50m: 39.53 100m: 1:20.99			
6.	De Coning Gitte	ZDKK/21007/05 1:18.24	1:22.42	338
	50m: 40.28 100m: 1:22.42			
7.	Claessens Ella-Louise	GZVN/21290/11 1:22.17	1:23.07	330
	50m: 40.44 100m: 1:23.07			
8.	Hebb Minne	STW/21197/10 1:26.50	1:23.86	321
	50m: 40.31 100m: 1:23.86			
9.	Meertens Jessy	GZVN/21277/11 1:25.03	1:24.33	316
	50m: 40.45 100m: 1:24.33			
10.	Beunckens Tess	GZVN/21326/11 1:28.83	1:25.32	305
	50m: 41.70 100m: 1:25.32			
11.	Anraed Camille	ZTB/21067/11 1:31.97	1:25.61	302
	50m: 41.35 100m: 1:25.61			
12.	Beijnsberger Mare	FAST/21119/10 NT	1:26.67	291
	50m: 41.21 100m: 1:26.67			
13.	Bayens Nina	ZDKK/21014/12 1:30.54	1:27.26	285
	50m: 42.17 100m: 1:27.26			
14.	Malfait Lizanna (Lizi)	FAST/21024/11 1:28.04	1:28.39	274
	50m: 42.65 100m: 1:28.39			
15.	Cornelis Nena	ZNA/21270/10 1:27.74	1:30.15	258
	50m: 43.20 100m: 1:30.15			
16.	De Groote Liesl	ZDKK/21018/10 NT	1:33.93	228
	50m: 45.75 100m: 1:33.93			
17.	Cuypers Manon	GZVN/21315/12 1:35.81	1:35.22	219
	50m: 45.64 100m: 1:35.22			



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Programmanr. 3, Dames, 100m rugslag, open leeftijdsgroep

Rang				Inschr.	Tijd	Pnt
18.	Van Dorpe Ada			ZNA/21372/11	1:48.36	1:46.24 158
	50m:	50.76	100m:			1:46.24
19.	Souvleris Anna			GZVN/21314/12	1:51.52	1:48.48 148
	50m:	53.36	100m:			1:48.48
20.	De Vidts Noa			ZNA/21409/11	NT	1:57.58 116
	50m:	58.13	100m:			1:57.58
dis	Legrand Alicia			di:ZNA/21411/12	1:45.99	
	<i>SW 6.4.a - Muur niet geraakt bij KP</i>					
dis	Droessaert Zita			di:ZNA/21425/11	NT	
	<i>SW 4.1 - verkeerde starthouding aangehouden of aangenomen</i>					
FF	Droeshoudt Fleur			FFZNA/21380/11	1:42.84	

Programmanr. 4
24/06/2023 - 15:15

Heren, 100m rugslag

open leeftijdsgroep
Resultaten

Punten: FINA 2022

Rang				Inschr.	Tijd	Pnt
1.	Schaubroeck Yarno			MEGA/11406/06	1:11.02	1:10.39 399
	50m:	34.86	100m:			1:10.39
2.	Cornelis Isaac			FAST/11039/06	1:10.20	1:10.52 397
	50m:	35.05	100m:			1:10.52
3.	D'Hooge Liam			STA/11032/08	1:15.83	1:11.74 377
	50m:	35.11	100m:			1:11.74
4.	Neetens Joannes			AST/11045/06	1:10.35	1:12.84 360
	50m:	35.12	100m:			1:12.84
5.	De Vleminck Vincent			ZNA/11277/09	1:13.51	1:13.85 346
	50m:	36.13	100m:			1:13.85
6.	Baert Warre			ZTB/11072/09	1:25.76	1:15.56 323
	50m:	35.75	100m:			1:15.56
7.	Catry Gaetan			ZNA/11253/09	1:16.54	1:16.76 308
	50m:	37.30	100m:			1:16.76
8.	Caudron Xibe			ZNA/11331/08	NT	1:17.60 298
	50m:	37.20	100m:			1:17.60
9.	Van den Eynde Odilon			AST/11049/08	1:18.97	1:18.89 283
	50m:	37.94	100m:			1:18.89
10.	Morrens Jack			ZS/11104/09	1:24.49	1:19.07 281
	50m:	38.59	100m:			1:19.07
11.	Van den Broeck Lukas			ZNA/11197/08	NT	1:21.15 260
	50m:	39.21	100m:			1:21.15
12.	Cherretté Balder			AST/11056/10	1:21.09	1:21.65 256
	50m:	39.04	100m:			1:21.65



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Programmanr. 4, Heren, 100m rugslag, open leeftijdsgroep

Rang	Inschr.	Tijd	Pnt
13. Sabbe Louis	ZTB/11045/10	1:20.99	1:21.75 255
50m: 39.54 100m: 1:21.75			
14. Vanvyaene Matthys	ZTB/11075/11	1:25.68	1:23.07 243
50m: 41.35 100m: 1:23.07			
15. Baert Miel	ZTB/11071/11	1:29.40	1:23.18 242
50m: 40.77 100m: 1:23.18			
16. Vranckx Boudewijn	LAQUA/11449/111:26.28		1:23.72 237
50m: 41.48 100m: 1:23.72			
17. Galle Lauris	ZTB/11091/11	1:23.13	1:23.84 236
50m: 41.13 100m: 1:23.84			
18. Dumon Ilan	LAQUA/11452/111:24.28		1:24.10 234
50m: 41.38 100m: 1:24.10			
19. Li Yuze	LAQUA/11405/101:26.59		1:24.64 229
50m: 41.14 100m: 1:24.64			
20. Vervloet Finn	GZVN/11295/12	1:25.97	1:24.76 228
50m: 41.30 100m: 1:24.76			
21. Vroman Finn	STA/11062/12	1:29.53	1:26.81 213
50m: 40.87 100m: 1:26.81			
22. Ahallal Adam	ZNA/11274/09	1:26.66	1:26.97 211
50m: 41.87 100m: 1:26.97			
23. Vanrusselt Lucas	GZVN/11317/11	1:26.93	1:27.66 206
50m: 42.92 100m: 1:27.66			
24. Bombeeck Mathias	ZNA/11417/12	NT	1:36.78 153
50m: 45.63 100m: 1:36.78			
25. De Ridder Leon	ZNA/11410/12	NT	1:42.33 130
50m: 48.84 100m: 1:42.33			
dis Seeuws Zeger	disZDKK/11012/10	1:31.42	
<i>SW 6.4.c - Keerpunt niet dadelijk ingezet na borstligging en/of armtrek beweging</i>			
FF Vermoesen Mathis	FFZNA/11284/10	NT	

Programmanr. 5
24/06/2023 - 15:25

Dames, 100m schoolslag

open leeftijdsgroep
Resultaten

Punten: FINA 2022

Rang	Inschr.	Tijd	Pnt
1. Vandepoorte Pauline	FAST/21050/06	1:19.60	1:20.46 506
50m: 37.77 100m: 1:20.46			
2. Van Den Bergh Anna	zs/21116/10	1:30.84	1:28.34 382
50m: 42.19 100m: 1:28.34			
3. Buys Sara	ZNA/21279/09	1:26.19	1:30.97 350
50m: 42.38 100m: 1:30.97			



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Programmanr. 5, Dames, 100m schoolslag, open leeftijdsgroep

Rang				Inschr.	Tijd	Pnt
4.	Osselaer Kato			ZNA/21337/10	1:34.06	1:35.25 305
	50m:	45.13	100m:			
5.	Hebb Laurine			STW/21198/10	1:44.35	1:40.19 262
	50m:	47.88	100m:			
6.	De Cuyper Mayl�e			FAST/21034/11	1:40.30	1:40.26 261
	50m:	47.49	100m:			
7.	Van Nieuwenhuysen Lotte			ZNA/21414/12	NT	1:46.42 218
	50m:	50.31	100m:			
8.	Osselaer Geike			ZNA/21373/12	1:49.66	1:47.86 210
	50m:	49.63	100m:			
9.	De Vlamincx Selia			ZDKK/21023/12	NT	1:48.96 203
	50m:	51.75	100m:			
10.	Badidi Chahd			ZNA/21442/12	2:04.45	1:55.26 172
	50m:	53.46	100m:			
dis	Bullen Lotte			disZDKK/21013/11	1:35.99	
	<i>SW 4.4 - valse start</i>					
FF	Kemseke Jenne			FFZNA/21378/11	1:45.04	

Programmanr. 6

24/06/2023 - 15:31

Heren, 100m schoolslag

open leeftijdsgroep

Resultaten

Punten: FINA 2022

Rang				Inschr.	Tijd	Pnt
1.	Vlamincx Robin			STA/11005/03	1:13.83	1:15.86 421
	50m:	35.61	100m:			
2.	Seeuws Lander			ZDKK/11002/06	1:19.07	1:17.99 387
	50m:	34.33	100m:			
3.	Baeyens Siemen			ZTB/11069/09	1:24.70	1:23.58 315
	50m:	38.70	100m:			
4.	Baeyens Mauro			ZNA/11164/05	1:20.68	1:23.94 311
	50m:	38.32	100m:			
5.	Tielemans Wout			LAQUA/11257/081:22.30		1:24.89 300
	50m:	40.16	100m:			
6.	Vanderniepen Louis			ZDKK/11000/08	1:26.80	1:24.92 300
	50m:	39.91	100m:			
7.	Coppens Quinten			STA/11050/10	1:29.58	1:25.77 291
	50m:	40.78	100m:			
8.	De Backer Rune			ZNA/11329/11	1:34.45	1:33.81 222
	50m:	43.81	100m:			
9.	Mpitzilis Ilias			GZVN/11227/10	1:32.69	1:35.05 214
	50m:	45.40	100m:			



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Programmanr. 6, Heren, 100m schoolslag, open leeftijdsgroep

Rang				Inschr.	Tijd	Pnt
10.	Galle Lauris			ZTB/11091/11	1:39.15	1:40.39 181
	50m:	48.62	100m:			
11.	Ter-Eganyan Arman			ZNA/11415/12	1:45.33	1:43.32 166
	50m:	48.96	100m:			
12.	Vroman Finn			STA/11062/12	1:48.18	1:44.56 160
	50m:	49.81	100m:			
13.	Stassijns Nand			ZNA/11375/11	NT	1:54.33 123
	50m:	54.62	100m:			
14.	Seeuws Reinder			ZDKK/11011/12	1:51.30	1:58.49 110
	50m:	57.12	100m:			
dis	El Amrani Wail			dis:ZNA/11379/09	NT	
	<i>SW 4.4 - valse start</i>					
FF	Peiren Nicolas			FFZTB/11062/10	1:29.96	
FF	Dekyvere Mathias			FFZDKK/11015/09	1:26.19	

Programmanr. 7
24/06/2023 - 15:38

Dames, 100m vrije slag

open leeftijdsgroep
Resultaten

Punten: FINA 2022

Rang				Inschr.	Tijd	Pnt
1.	Cornelis Enid			AZL/20183/04	1:03.62	1:03.63 536
	50m:	29.98	100m:			
2.	Vanderbeke Hasse			AST/21052/08	1:05.76	1:05.71 487
	50m:	31.48	100m:			
3.	Van Daele Lore			FAST/21046/07	1:05.39	1:06.40 472
	50m:	31.75	100m:			
4.	Van Den Brecht Sarah			AZL/21085/10	1:08.66	1:07.75 444
	50m:	32.98	100m:			
5.	Wachtelaer Charlot			AST/21051/10	1:08.70	1:08.94 421
	50m:	32.80	100m:			
6.	Habraken Amber			GZVN/21258/10	1:10.94	1:09.26 416
	50m:	33.35	100m:			
7.	De Wulf Gwen			FAST/21021/07	1:05.51	1:09.52 411
	50m:	32.85	100m:			
8.	Lomans Alaine			GZVN/21322/10	1:09.68	1:10.49 394
	50m:	33.83	100m:			
9.	Nelis Jente			ZNA/21407/08	1:10.66	1:12.32 365
	50m:	34.85	100m:			
10.	Carlier Alice			FAST/21025/09	1:12.97	1:12.97 355
	50m:	35.31	100m:			
11.	Anraed Camille			ZTB/21067/11	1:13.89	1:13.07 354
	50m:	35.44	100m:			



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Programmanr. 7, Dames, 100m vrije slag, open leeftijdsgroep

Rang				Inschr.	Tijd	Pnt
12.	Hoebeeck Tinne			ZNA/21330/10	1:13.56	1:13.92 342
	50m:	34.13	100m:			
13.	Koren Zara			GZVN/21294/11	1:15.35	1:15.26 324
	50m:	36.24	100m:			
14.	Delor Tila			FAST/21002/09	1:15.31	1:16.59 307
	50m:	36.79	100m:			
15.	Privé Inès			FAST/21097/11	1:17.50	1:18.90 281
	50m:	37.45	100m:			
16.	Larsen Lore			FAST/21105/08	1:18.93	1:19.68 273
	50m:	37.98	100m:			
17.	Ginkels Febe			LAQUA/21494/121:21.51		1:19.84 271
	50m:	38.98	100m:			
18.	Stockman Aiko			ZNA/21268/08	1:15.09	1:20.23 267
	50m:	38.01	100m:			
19.	Verhulst Noor			STW/21219/12	1:24.07	1:21.06 259
	50m:	39.33	100m:			
20.	Pauwels Margo			FAST/21005/09	1:20.22	1:21.40 256
	50m:	38.32	100m:			
21.	Cornelis Nena			ZNA/21270/10	1:17.99	1:21.63 254
	50m:	39.35	100m:			
22.	Hofmans Elise			LAQUA/41537/121:23.83		1:22.58 245
	50m:	38.79	100m:			
23.	Punzo Michelle			STW/21238/11	NT	1:26.17 216
	50m:	38.78	100m:			
24.	Van Ooteghem Kyana			FAST/21095/11	1:27.75	1:28.98 196
	50m:	41.54	100m:			
25.	Van Dorpe Ada			ZNA/21372/11	1:33.51	1:29.77 191
	50m:	42.23	100m:			
26.	Souvleris Anna			GZVN/21314/12	1:36.23	1:36.49 153
	50m:	46.36	100m:			
FF	Droeshoudt Fleur			FFZNA/21380/11	1:34.83	
FF	Martens Ries			FFGZVN/21316/11	1:15.02	
FF	Müller Rena			FFGZVN/21313/11	1:13.43	



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Programmanr. 8
24/06/2023 - 15:46

Heren, 100m vrije slag

open leeftijdsgroep
Resultaten

Punten: FINA 2022

Rang		Inshr.	Tijd	Pnt
1.	Van Droogenbroeck Niels 50m: 27.05 100m: 56.50	LAQUA/11169/03 54.89	56.50	572
2.	Van De Vijver Niels 50m: 28.38 100m: 59.12	SWEM/11049/07 59.84	59.12	499
3.	Vanwynsberghe Loïc 50m: 29.42 100m: 1:01.38	FAST/11090/07 59.49	1:01.38	446
4.	Flement Robbe 50m: 29.94 100m: 1:01.75	FAST/11017/06 1:01.04	1:01.75	438
5.	Vandorpe Dante 50m: 29.90 100m: 1:02.28	FAST/11040/08 1:01.90	1:02.28	427
6.	Pattyn Lowie 50m: 30.62 100m: 1:02.56	ZTB/11070/10 1:01.48	1:02.56	421
7.	De Vleminck Vincent 50m: 30.62 100m: 1:03.59	ZNA/11277/09 1:03.53	1:03.59	401
8.	Mertens Xennon 50m: 30.31 100m: 1:05.25	FAST/11038/07 1:04.13	1:05.25	371
9.	Van den Eynde Odilon 50m: 31.31 100m: 1:06.57	AST/11049/08 1:06.03	1:06.57	349
10.	Catry Gaetan 50m: 31.91 100m: 1:06.77	ZNA/11253/09 1:08.50	1:06.77	346
11.	Meremans Mathys 50m: 32.12 100m: 1:07.03	LAQUA/11407/101:07.51	1:07.03	342
12.	Bobev Boyan 50m: 32.26 100m: 1:08.03	LAQUA/11400/101:07.91	1:08.03	327
13.	Slootmaekers Matteo 50m: 33.81 100m: 1:09.97	LAQUA/11387/101:09.94	1:09.97	301
14.	Ben Ayad Naoufal 50m: 34.06 100m: 1:11.09	STW/11207/10 1:14.62	1:11.09	287
15.	Verhaevert Nan 50m: 33.26 100m: 1:12.39	ZNA/11328/10 1:13.69	1:12.39	272
16.	Wachtelaer Celle 50m: 33.77 100m: 1:13.76	AST/11061/12 1:11.05	1:13.76	257
17.	Vervloet Finn 50m: 36.29 100m: 1:14.54	GZVN/11295/12 1:13.20	1:14.54	249
18.	Spadea Mattia 50m: 37.12 100m: 1:15.97	LAQUA/11461/111:14.51	1:15.97	235
19.	Hoefman Hannes 50m: 38.11 100m: 1:19.22	STW/11222/12 1:21.52	1:19.22	207
20.	Vanrusselt Lucas 50m: 38.13 100m: 1:19.42	GZVN/11317/11 1:18.99	1:19.42	206



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Programmanr. 8, Heren, 100m vrije slag, open leeftijdsgroep

Rang	Inschr.	Tijd	Pnt
21. Seeuws Zeger	ZDKK/11012/10 1:19.06	1:22.22	185
50m: 37.18 100m: 1:22.22			
22. Verhagen Toon	STW/11223/11 1:20.21	1:23.26	178
50m: 39.35 100m: 1:23.26			
23. Vernailen Seppe	ZDKK/11026/12 NT	1:28.20	150
50m: 41.55 100m: 1:28.20			
24. El Amrani Wail	ZNA/11379/09 1:42.59	1:30.43	139
50m: 40.34 100m: 1:30.43			
25. Carlier Remi	FAST/11114/12 1:35.49	1:34.21	123
50m: 43.54 100m: 1:34.21			

Programmanr. 9
24/06/2023 - 15:54

Dames, 200m wisselslag

open leeftijdsgroep
Resultaten

Punten: FINA 2022

Rang	Inschr.	Tijd	Pnt
1. Guisset Jelle	AST/21057/10 2:46.39	2:41.55	475
50m: 33.70 100m: 1:14.73 150m: 2:05.70 200m: 2:41.55			
2. Maes Marthe	AST/21055/09 2:54.73	2:46.95	431
50m: 35.85 100m: 1:18.18 150m: 2:09.49 200m: 2:46.95			
3. Sterken Nila	FAST/21018/09 2:46.76	2:48.10	422
50m: 37.50 100m: 1:19.52 150m: 2:10.26 200m: 2:48.10			
4. Souvleris Sofia	GZVN/21260/10 2:52.69	2:52.14	393
50m: 35.52 100m: 1:21.75 150m: 2:13.08 200m: 2:52.14			
5. Roelandt Sien	ZNA/21280/09 2:47.80	2:54.34	378
50m: 36.74 100m: 1:22.23 150m: 2:12.62 200m: 2:54.34			
6. Meertens Jessy	GZVN/21277/11 3:01.83	3:02.22	331
50m: 41.65 100m: 1:27.71 150m: 2:21.14 200m: 3:02.22			
7. Wullaert Fien	STW/21220/11 3:15.00	3:04.83	317
50m: 41.47 100m: 1:28.86 150m: 2:22.30 200m: 3:04.83			
8. Ben Ayad Imane	STW/21209/11 3:12.42	3:11.76	284
50m: 39.52 100m: 1:30.73 150m: 2:26.49 200m: 3:11.76			
9. Reyckler Jinne	ZNA/21342/09 NT	3:14.35	273
50m: 44.12 100m: 1:33.15 150m: 2:28.74 200m: 3:14.35			
10. Soares Almeida Lisa	LAQUA/21488/123:23.21	3:16.06	266
50m: 48.73 100m: 1:38.61 150m: 2:30.89 200m: 3:16.06			
11. Ottoy Lili	ZDKK/21017/11 NT	3:17.75	259
50m: 41.46 100m: 1:35.72 150m: 2:34.62 200m: 3:17.75			
12. De Breuck Marie	STW/21212/10 NT	3:18.78	255
50m: 43.48 100m: 1:33.88 150m: 2:31.57 200m: 3:18.78			
13. Hofmans Elise	LAQUA/41537/123:31.56	3:30.35	215
50m: 48.01 100m: 1:40.68 150m: 2:40.79 200m: 3:30.35			



Aalsters Swimming Team
Midzomertest in Aalst
Aalst, 24/6/2023

Programmanr. 9, Dames, 200m wisselslag, open leeftijdsgroep

Rang	Inschr.	Tijd	Pnt
14. Boterbergh Lieke	AST/21065/12 NT	3:34.49	203
50m: 44.24 100m: 1:38.30 150m: 2:50.45 200m: 3:34.49			
dis De Brabander Celeste	dis:STW/21200/11	3:17.72	
<i>SW 7.2.c - armbewegingen niet gelijktijdig uitgevoerd</i>			
dis Eelbode Emelie	dis:ZNA/21374/12 NT		
<i>SW 4.4 - valse start</i>			
FF Müller Rena	FFGZVN/21313/11	3:01.79	

Programmanr. 10
24/06/2023 - 16:06

Heren, 200m wisselslag

open leeftijdsgroep
Resultaten

Punten: FINA 2022

Rang	Inschr.	Tijd	Pnt
1. Vidts Brecht	ZNA/11282/08	2:31.89	391
50m: 33.85 100m: 1:16.45 150m: 1:59.52 200m: 2:35.86			
2. Bas Matteo	STW/11205/10	2:57.50	309
50m: 36.98 100m: 1:20.74 150m: 2:11.63 200m: 2:48.62			
3. Vroman Wout	STA/11055/10	3:03.25	306
50m: 37.21 100m: 1:18.11 150m: 2:12.33 200m: 2:49.03			
4. Cuypers Arnaud	GZVN/11197/09	2:46.42	303
50m: 35.18 100m: 1:18.57 150m: 2:10.82 200m: 2:49.64			
5. De Smaele Cairanne	ZNA/11341/08 NT	2:58.98	258
50m: 38.25 100m: 1:28.35 150m: 2:19.76 200m: 2:58.98			
6. Teerlinck Klaas	ZNA/11358/09 NT	3:02.07	245
50m: 41.51 100m: 1:30.64 150m: 2:23.01 200m: 3:02.07			
7. Janssoone Dennis	ZNA/11269/09 NT	3:02.49	243
50m: 42.55 100m: 1:30.51 150m: 2:27.07 200m: 3:02.49			
8. Vranckx Boudewijn	LAQUA/11449/11	3:08.30	221
50m: 44.88 100m: 1:30.59 150m: 2:26.44 200m: 3:08.30			
9. Cetin Enes	ZNA/11344/09 NT	3:08.38	221
50m: 39.82 100m: 1:29.24 150m: 2:27.02 200m: 3:08.38			
10. Verhaevert Nan	ZNA/11328/10 NT	3:09.68	217
50m: 42.91 100m: 1:33.79 150m: 2:28.41 200m: 3:09.68			
11. Deraemaeker Mathias	LAQUA/11547/12	3:15.87	197
50m: 44.12 100m: 1:32.99 150m: 2:32.71 200m: 3:15.87			
12. Bourdiaudhy Thibau	STW/11221/11 NT	3:18.62	189
50m: 45.62 100m: 1:36.62 150m: 2:34.36 200m: 3:18.62			
13. Quaghebeur Stan	STW/11218/11 NT	3:21.37	181
50m: 46.02 100m: 1:40.57 150m: 2:34.98 200m: 3:21.37			
14. Thys Gerben	STW/11215/11	3:31.28	157
50m: 46.31 100m: 1:41.99 150m: 2:43.29 200m: 3:31.28			



Aalsters Swimming Team
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Programmanr. 10, Heren, 200m wisselslag, open leeftijdsgroep

Rang	Inschr.	Tijd	Pnt
15. Stassijns Nand	ZNA/11375/11 NT	3:53.41	116
50m: 1:01.05 100m: 2:00.97 150m: 3:04.30 200m: 3:53.41			
dis Coppens Quinten	dis:STA/11050/10 2:59.14		
<i>SW 8.2.a - armen niet boven water naar voor gebracht</i>			
dis Ahallal Adam	dis:ZNA/11274/09 NT		
<i>SW 9.4 - een wedstrijdgedeelte (stijl) niet beëindigd (= A) zoals voorgeschreven voor die stijl</i>			
dis Spadea Mattia	dis:LAQUA/11461/113:05.44		
<i>SW.6.2 - Rugligging verlaten, behalve bij KP met borstligging</i>			
dis De Witte Juul	dis:ZNA/11336/10 NT		
<i>SW 8.2.a - armen niet boven water naar voor gebracht</i>			
dis Osselaer Elano	dis:ZNA/11371/11 NT		
<i>SW 5.1 - rugslag, schoolslag of vlinderslag gezwommen in het gedeelte vrije slag</i>			
FF Vermoesen Mathis	FFZNA/11284/10 NT		

Programmanr. 11
24/06/2023 - 16:18

Dames, 400m vrije slag

open leeftijdsgroep
Resultaten

Punten: FINA 2022

Rang	Inschr.	Tijd	Pnt
1. Vanderbeke Hasse	AST/21052/08 5:22.81	5:00.33	488
50m: 33.85 100m: 1:11.67 150m: 1:50.94 200m: 2:30.08 250m: 3:08.32 300m: 3:47.21 350m: 4:25.22 400m: 5:00.33			
2. Van Daele Lore	FAST/21046/07 5:06.23	5:02.35	478
50m: 34.06 100m: 1:12.48 150m: 1:51.66 200m: 2:30.40 250m: 3:08.84 300m: 3:47.73 350m: 4:26.30 400m: 5:02.35			
3. De Wolf Tine	AST/21058/09 5:25.34	5:05.17	465
50m: 34.52 100m: 1:11.90 150m: 1:50.70 200m: 2:29.84 250m: 3:09.11 300m: 3:48.57 350m: 4:27.58 400m: 5:05.17			
4. De Ridder Sterre	ZS/21080/08 5:00.43	5:05.58	463
50m: 35.79 100m: 1:14.66 150m: 1:53.65 200m: 2:32.43 250m: 3:10.72 300m: 3:49.23 350m: 4:28.36 400m: 5:05.58			
5. De Baerdemaeker Paulien	LAQUA/21299/085:07.70	5:10.36	442
50m: 35.39 100m: 1:13.72 150m: 1:53.52 200m: 2:33.19 250m: 3:12.56 300m: 3:51.97 350m: 4:31.43 400m: 5:10.36			
6. De Troyer Elise	AST/21053/10 5:16.89	5:11.47	437
50m: 35.26 100m: 1:14.10 150m: 1:54.71 200m: 2:35.49 250m: 3:14.62 300m: 3:54.17 350m: 4:33.82 400m: 5:11.47			
7. Wachtelaer Charlot	AST/21051/10 5:13.15	5:14.36	425
50m: 34.91 100m: 1:14.00 150m: 1:54.17 200m: 2:34.94 250m: 3:15.67 300m: 3:56.58 350m: 4:36.78 400m: 5:14.36			
8. Van Hoof Sara	ZS/21081/08 5:07.14	5:15.41	421
50m: 36.09 100m: 1:15.38 150m: 1:55.34 200m: 2:35.64 250m: 3:15.75 300m: 3:55.85 350m: 4:36.19 400m: 5:15.41			



Aalsters Swimming Team
Midzomertest in Aalst
Aalst, 24/6/2023

Programmanr. 11, Dames, 400m vrije slag, open leeftijdsgroep

Rang							Inschr.	Tijd	Pnt
9.	Claessens Ella-Louise						GZVN/21290/11	5:31.93	5:26.84 378
	50m:	35.16	150m:	1:57.47	250m:	3:21.91	350m:	4:47.09	
	100m:	1:15.22	200m:	2:39.45	300m:	4:04.50	400m:	5:26.84	
10.	Malfait Lizanna (Lizi)						FAST/21024/11	6:03.06	5:30.30 366
	50m:	37.08	150m:	2:04.86	250m:	3:29.41	350m:	4:52.44	
	100m:	1:21.10	200m:	2:47.58	300m:	4:11.17	400m:	5:30.30	
11.	Druwel Nora						ZTB/21057/11	5:38.16	5:33.31 357
	50m:	37.84	150m:	2:03.07	250m:	3:28.26	350m:	4:52.42	
	100m:	1:19.63	200m:	2:45.58	300m:	4:10.22	400m:	5:33.31	
12.	Beunckens Tess						GZVN/21326/11	5:39.25	5:33.95 355
	50m:	37.48	150m:	2:02.14	250m:	3:28.63	350m:	4:54.94	
	100m:	1:19.06	200m:	2:44.98	300m:	4:11.71	400m:	5:33.95	
13.	Van Den Bergh Anna						zs/21116/10	5:24.47	5:35.78 349
	50m:	36.35	150m:	2:04.32	250m:	3:31.48	350m:	4:55.20	
	100m:	1:19.78	200m:	2:48.02	300m:	4:13.64	400m:	5:35.78	
14.	Bayens Nina						ZDKK/21014/12	5:58.89	5:37.43 344
	50m:	36.48	150m:	2:00.52	250m:	3:28.18	350m:	4:55.89	
	100m:	1:18.03	200m:	2:44.40	300m:	4:12.15	400m:	5:37.43	
15.	Hebb Minne						STW/21197/10	6:07.22	5:50.15 307
	50m:	36.62	150m:	2:05.70	250m:	3:34.97	350m:	5:06.40	
	100m:	1:20.69	200m:	2:51.20	300m:	4:22.38	400m:	5:50.15	
16.	Meganck Lio						AST/21063/11	6:14.38	5:53.10 300
	50m:	40.22	150m:	2:11.62	250m:	3:41.70	350m:	5:09.88	
	100m:	1:25.90	200m:	2:57.70	300m:	4:25.91	400m:	5:53.10	
17.	De Smet Lily						ZDKK/21010/12	NT	5:54.01 298
	50m:	38.97	150m:	2:09.33	250m:	3:42.44	350m:	5:12.54	
	100m:	1:23.40	200m:	2:56.23	300m:	4:29.15	400m:	5:54.01	
18.	Bonnier Charlène						FAST/21033/10	6:38.74	5:56.68 291
	50m:	41.57	150m:	2:11.60	250m:	3:43.01	350m:	5:13.86	
	100m:	1:26.41	200m:	2:57.74	300m:	4:29.62	400m:	5:56.68	
19.	Verniers Nime						ZS/21114/11	6:11.83	5:58.39 287
	50m:	41.24	150m:	2:13.65	250m:	3:45.78	350m:	5:18.55	
	100m:	1:26.99	200m:	2:59.54	300m:	4:32.70	400m:	5:58.39	
20.	Hebb Laurine						STW/21198/10	5:55.47	6:00.13 283
	50m:	38.14	150m:	2:10.80	250m:	3:44.95	350m:	5:17.32	
	100m:	1:24.01	200m:	2:58.28	300m:	4:30.51	400m:	6:00.13	
21.	Bullen Lotte						ZDKK/21013/11	NT	6:02.77 276
	50m:	40.78	150m:	2:12.37	250m:	3:45.75	350m:	5:19.86	
	100m:	1:26.41	200m:	2:59.35	300m:	4:32.68	400m:	6:02.77	
22.	Ginkels Febe						LAQUA/21494/126	23.89	6:07.49 266
	50m:	42.99	150m:	2:19.62	250m:	3:54.44	350m:	5:24.88	
	100m:	1:31.30	200m:	3:07.87	300m:	4:40.35	400m:	6:07.49	
23.	Verret Julie						ZS/21124/12	6:03.17	6:11.10 258
	50m:	40.94	150m:	2:15.00	250m:	3:52.03	350m:	5:26.28	
	100m:	1:27.52	200m:	3:02.78	300m:	4:38.71	400m:	6:11.10	



Aalsters Swimming Team
Midzomertest in Aalst
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Programmanr. 11, Dames, 400m vrije slag, open leeftijdsgroep

Rang							Inschr.	Tijd	Pnt
24.	Van Den Bosch Elise						ZS/21109/11	6:14.62	6:11.74 257
	50m:	38.56	150m:	2:09.50	250m:	3:46.96	350m:	5:24.46	
	100m:	1:22.91	200m:	2:58.14	300m:	4:36.26	400m:	6:11.74	
25.	Boterbergh Lieke						AST/21065/12	NT	6:11.87 257
	50m:	41.32	150m:	2:17.85	250m:	3:52.87	350m:	5:27.00	
	100m:	1:29.74	200m:	3:04.65	300m:	4:40.48	400m:	6:11.87	
26.	De Vocht Anne-Julie						ZS/21119/11	5:51.31	6:15.46 249
	50m:	41.42	150m:	2:17.23	250m:	3:57.09	350m:	5:32.10	
	100m:	1:29.12	200m:	3:06.15	300m:	4:44.30	400m:	6:15.46	
27.	Cuypers Manon						GZVN/21315/12	6:13.01	6:19.53 241
	50m:	40.76	150m:	2:17.47	250m:	3:54.94	350m:	5:33.74	
	100m:	1:28.32	200m:	3:06.71	300m:	4:44.96	400m:	6:19.53	
FF	Cornelis Enid						FFAZL/20183/04	4:52.69	
FF	Martens Ries						FFGZVN/21316/11	5:45.74	
FF	De Vlaminc Alizé						FFZDKK/21006/07	6:22.80	

Programmanr. 12
24/06/2023 - 16:45

Heren, 400m vrije slag

open leeftijdsgroep
Resultaten

Punten: FINA 2022

Rang							Inschr.	Tijd	Pnt
1.	Vlamijnck Robin						STA/11005/03	4:30.38	4:30.61 537
	50m:	31.27	150m:	1:38.86	250m:	2:47.73	350m:	3:57.29	
	100m:	1:05.08	200m:	2:13.59	300m:	3:22.71	400m:	4:30.61	
2.	Van Droogenbroeck Niels						LAQUA/11169/03	NT	4:31.41 533
	50m:	31.24	150m:	1:41.37	250m:	2:50.04	350m:	3:57.73	
	100m:	1:06.71	200m:	2:16.06	300m:	3:24.00	400m:	4:31.41	
3.	Baert Warre						ZTB/11072/09	4:55.12	4:53.76 420
	50m:	32.92	150m:	1:48.07	250m:	3:04.53	350m:	4:19.72	
	100m:	1:09.89	200m:	2:26.48	300m:	3:43.32	400m:	4:53.76	
4.	Baeyens Warre						ZTB/11068/11	5:09.32	5:05.22 374
	50m:	35.01	150m:	1:52.11	250m:	3:10.08	350m:	4:27.20	
	100m:	1:13.21	200m:	2:30.82	300m:	3:48.54	400m:	5:05.22	
5.	Vansteenkiste Victor						ZTB/11092/12	NT	5:23.27 315
	50m:	36.81	150m:	1:58.67	250m:	3:21.57	350m:	4:43.49	
	100m:	1:17.61	200m:	2:40.09	300m:	4:02.42	400m:	5:23.27	
6.	Wachtelaer Celle						AST/11061/12	NT	5:24.98 310
	50m:	34.96	150m:	1:57.44	250m:	3:21.86	350m:	4:46.11	
	100m:	1:15.64	200m:	2:39.87	300m:	4:04.84	400m:	5:24.98	
7.	Dumon Ilan						LAQUA/11452/11	5:50.34	5:38.38 275
	50m:	39.09	150m:	2:04.74	250m:	3:31.00	350m:	4:56.28	
	100m:	1:21.31	200m:	2:47.82	300m:	4:14.25	400m:	5:38.38	
8.	Casier Jarne						FAST/11009/11	6:21.82	5:48.32 252
	50m:	38.98	150m:	2:05.36	250m:	3:35.16	350m:	5:06.52	
	100m:	1:20.97	200m:	2:50.05	300m:	4:20.84	400m:	5:48.32	



Aalsters Swimming Team
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Programmanr. 12, Heren, 400m vrije slag, open leeftijdsgroep

Rang						Inschr.	Tijd	Pnt
9.	Van Daele Nand					FAST/11106/12 NT	6:50.86	153
	50m:	44.01	150m:	2:27.35	250m:	4:14.07	350m:	6:00.76
	100m:	1:35.28	200m:	3:20.41	300m:	5:07.98	400m:	6:50.86
FF	Dekyvere Mathias					FFZDKK/11015/09 NT		

Programmanr. 13
24/06/2023 - 16:59

Dames, 400m wisselslag

open leeftijdsgroep
Resultaten

Punten: FINA 2022

Rang						Inschr.	Tijd	Pnt
1.	Vandepoorte Pauline					FAST/21050/06	5:27.00	5:26.88 541
	50m:	36.21	150m:	2:00.44	250m:	3:26.83	350m:	4:50.89
	100m:	1:18.94	200m:	2:43.28	300m:	4:12.57	400m:	5:26.88
2.	Van Den Brecht Sarah					AZL/21085/10	6:04.60	5:52.82 430
	50m:	37.49	150m:	2:09.11	250m:	3:43.46	350m:	5:14.79
	100m:	1:23.34	200m:	2:53.47	300m:	4:33.80	400m:	5:52.82

Programmanr. 14
24/06/2023 - 17:06

Heren, 400m wisselslag

open leeftijdsgroep
Resultaten

Punten: FINA 2022

Rang						Inschr.	Tijd	Pnt
Programmanr. 15								
24/06/2023 - 17:06								

open leeftijdsgroep
Resultaten

Punten: FINA 2022

Rang						Inschr.	Tijd	Pnt
1.	Guisset Jelle					AST/21057/10 NT	2:53.09	348
	50m:	35.19	100m:	1:20.33	150m:	2:06.77	200m:	2:53.09
2.	De Cuyper Mayl�e					FAST/21034/11	3:16.90	3:21.44 221
	50m:	44.80	100m:	1:37.63	150m:	2:30.98	200m:	3:21.44

Programmanr. 16
24/06/2023 - 17:10

Heren, 200m vlinderslag

open leeftijdsgroep
Resultaten

Punten: FINA 2022

Rang						Inschr.	Tijd	Pnt
1.	Wielandt Pieter					FIRST/11197/93 NT	2:20.15	493
	50m:	29.19	100m:	1:03.72	150m:	1:40.80	200m:	2:20.15



Aalsters Swimming Team
Midzomertest in Aalst
Aalst, 24/6/2023

Programmanr. 17
24/06/2023 - 17:13

Dames, 200m rugslag

open leeftijdsgroep
Resultaten

Punten: FINA 2022

Rang					Inschr.	Tijd	Pnt	
1.	Fiers Ena				ZTB/21078/07	2:41.67	2:36.79 486	
	50m:	37.12	100m:	1:17.02	150m:	1:56.99	200m:	2:36.79
2.	De Wulf Gwen				FAST/21021/07	2:38.89	2:48.29 393	
	50m:	38.78	100m:	1:21.58	150m:	2:05.08	200m:	2:48.29
3.	Souvleris Sofia				GZVN/21260/10	2:50.96	2:55.50 347	
	50m:	40.99	100m:	1:25.95	150m:	2:12.01	200m:	2:55.50
4.	Delor Tila				FAST/21002/09	2:58.57	2:59.51 324	
	50m:	43.34	100m:	1:29.48	150m:	2:15.69	200m:	2:59.51
5.	Carlier Alice				FAST/21025/09	3:09.03	3:04.45 299	
	50m:	44.88	100m:	1:32.53	150m:	2:19.93	200m:	3:04.45
6.	Wullaert Fien				STW/21220/11	3:04.69	3:04.78 297	
	50m:	45.43	100m:	1:33.43	150m:	2:21.97	200m:	3:04.78
7.	Ben Ayad Imane				STW/21209/11	NT	3:20.36 233	
	50m:	48.64	100m:	1:40.82	150m:	2:32.08	200m:	3:20.36
8.	Verhulst Noor				STW/21219/12	3:18.52	3:21.23 230	
	50m:	46.94	100m:	1:38.53	150m:	2:31.25	200m:	3:21.23
9.	De Brabander Celeste				STW/21200/11	3:21.20	3:24.01 221	
	50m:	47.18	100m:	1:40.62	150m:	2:33.36	200m:	3:24.01
10.	Punzo Michelle				STW/21238/11	NT	3:46.90 160	
	50m:	51.92	100m:	1:52.13	150m:	2:52.12	200m:	3:46.90

Programmanr. 18
24/06/2023 - 17:22

Heren, 200m rugslag

open leeftijdsgroep
Resultaten

Punten: FINA 2022

Rang					Inschr.	Tijd	Pnt	
1.	Cornelis Isaac				FAST/11039/06	2:32.14	2:30.26 413	
	50m:	36.55	100m:	1:15.21	150m:	1:54.20	200m:	2:30.26
2.	Vanwynsberghe Loïc				FAST/11090/07	2:25.39	2:30.35 412	
	50m:	36.51	100m:	1:15.71	150m:	1:54.11	200m:	2:30.35
3.	Neetens Joannes				AST/11045/06	2:33.66	2:36.51 365	
	50m:	36.90	100m:	1:16.72	150m:	1:56.88	200m:	2:36.51
4.	Tielemans Wout				LAQUA/11257/08	NT	2:40.69 337	
	50m:	38.48	100m:	1:19.50	150m:	2:00.95	200m:	2:40.69
5.	Vanderniepen Louis				ZDKK/11000/08	NT	2:42.70 325	
	50m:	39.12	100m:	1:20.48	150m:	2:01.99	200m:	2:42.70
6.	Caudron Xibe				ZNA/11331/08	NT	2:46.98 301	
	50m:	38.44	100m:	1:21.16	150m:	2:05.06	200m:	2:46.98
7.	Zouhri Amir				LAQUA/11477/10	NT	2:49.79 286	
	50m:	41.35	100m:	1:26.14	150m:	2:08.80	200m:	2:49.79



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Midzomertest in Aalst
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Programmanr. 18, Heren, 200m rugslag, open leeftijdsgroep

Rang						Inschr.	Tijd	Pnt
8.	Bas Matteo					STW/11205/10	2:48.66	3:03.48 226
	50m:	43.12	100m:	1:30.39	150m:	2:17.75	200m:	3:03.48
9.	Ben Ayad Naoufal					STW/11207/10	3:12.61	3:04.64 222
	50m:	43.93	100m:	1:33.06	150m:	2:21.49	200m:	3:04.64
10.	Li Yuze					LAQUA/11405/10	3:03.61	3:06.55 215
	50m:	44.48	100m:	1:31.94	150m:	2:20.04	200m:	3:06.55
11.	Hoefman Hannes					STW/11222/12	NT	3:08.22 210
	50m:	43.32	100m:	1:32.09	150m:	2:20.18	200m:	3:08.22
12.	Bourdiaudhy Thibau					STW/11221/11	NT	3:13.10 194
	50m:	47.39	100m:	1:37.04	150m:	2:27.07	200m:	3:13.10
13.	Verhagen Toon					STW/11223/11	3:25.34	3:15.77 186
	50m:	47.29	100m:	1:37.43	150m:	2:27.86	200m:	3:15.77
14.	Seeuws Reinder					ZDKK/11011/12	3:18.83	3:30.71 149
	50m:	53.82	100m:	1:48.73	150m:	2:45.75	200m:	3:30.71

Programmanr. 19
24/06/2023 - 17:31

Dames, 200m schoolslag

open leeftijdsgroep
Resultaten

Punten: FINA 2022

Rang						Inschr.	Tijd	Pnt
1.	De Vlaminc Alizé					ZDKK/21006/07	3:28.52	3:15.62 358
	50m:	44.11	100m:	1:34.43	150m:	2:25.73	200m:	3:15.62
2.	Maes Marthe					AST/21055/09	3:29.14	3:16.92 351
	50m:	44.17	100m:	1:35.04	150m:	2:26.16	200m:	3:16.92
3.	Pauwels Margo					FAST/21005/09	NT	3:17.50 348
	50m:	43.69	100m:	1:34.17	150m:	2:26.33	200m:	3:17.50
4.	Larsen Lore					FAST/21105/08	NT	3:26.22 305
	50m:	45.95	100m:	1:39.12	150m:	2:33.47	200m:	3:26.22
5.	Bonnier Charène					FAST/21033/10	3:30.55	3:40.54 250
	50m:	50.71	100m:	1:47.00	150m:	2:44.31	200m:	3:40.54
6.	De Groote Liesl					ZDKK/21018/10	NT	3:41.56 246
	50m:	51.79	100m:	1:47.73	150m:	2:45.17	200m:	3:41.56
7.	Van Nieuwenhuysen Lotte					ZNA/21414/12	NT	3:42.03 245
	50m:	51.38	100m:	1:49.09	150m:	2:45.59	200m:	3:42.03
8.	Legrand Alicia					ZNA/21411/12	NT	3:43.26 241
	50m:	50.00	100m:	1:48.09	150m:	2:45.92	200m:	3:43.26
9.	De Vlaminc Selia					ZDKK/21023/12	NT	3:49.31 222
	50m:	52.56	100m:	1:51.22	150m:	2:51.01	200m:	3:49.31
10.	De Breuck Marie					STW/21212/10	3:44.09	3:56.07 203
	50m:	52.31	100m:	1:53.22	150m:	2:54.69	200m:	3:56.07
11.	Van Ooteghem Kyana					FAST/21095/11	NT	4:00.88 191
	50m:	56.00	100m:	1:58.00	150m:	2:59.53	200m:	4:00.88



Aalsters Swimming Team
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Programmanr. 19, Dames, 200m schoolslag, open leeftijdsgroep

Rang						Inschr.	Tijd	Pnt	
12.	Badidi Chahd					ZNA/21442/12	NT	4:01.55	190
	50m:	54.56	100m:	1:57.39	150m:	3:00.74	200m:	4:01.55	

Programmanr. 20
 24/06/2023 - 17:40

Heren, 200m schoolslag

open leeftijdsgroep
 Resultaten

Punten: FINA 2022

Rang						Inschr.	Tijd	Pnt	
1.	Baeyens Siemen					ZTB/11069/09	3:15.58	3:00.36	341
	50m:	40.91	100m:	1:27.33	150m:	2:14.67	200m:	3:00.36	
2.	Flement Robbe					FAST/11017/06	2:53.80	3:02.54	329
	50m:	40.97	100m:	1:28.85	150m:	2:17.90	200m:	3:02.54	
3.	Mertens Xennon					FAST/11038/07	3:08.24	3:03.21	326
	50m:	41.20	100m:	1:27.98	150m:	2:15.15	200m:	3:03.21	
4.	Teerlinck Klaas					ZNA/11358/09	NT	3:20.47	249
	50m:	45.33	100m:	1:36.47	150m:	2:28.77	200m:	3:20.47	
5.	Baeyens Warre					ZTB/11068/11	3:08.89	3:21.03	246
	50m:	45.30	100m:	1:36.09	150m:	2:28.25	200m:	3:21.03	
6.	De Backer Rune					ZNA/11329/11	3:21.76	3:24.93	233
	50m:	45.80	100m:	1:38.68	150m:	2:32.87	200m:	3:24.93	
7.	Ter-Eganyan Arman					ZNA/11415/12	NT	3:42.90	181
	50m:	52.76	100m:	1:51.66	150m:	2:47.83	200m:	3:42.90	
8.	Quaghebeur Stan					STW/11218/11	3:44.28	3:54.60	155
	50m:	51.21	100m:	1:51.58	150m:	2:53.80	200m:	3:54.60	
9.	Thys Gerben					STW/11215/11	3:51.23	3:54.69	155
	50m:	52.29	100m:	1:52.60	150m:	2:54.24	200m:	3:54.69	
10.	Vernailen Seppe					ZDKK/11026/12	NT	4:02.31	141
	50m:	57.25	100m:	1:59.99	150m:	3:02.74	200m:	4:02.31	
11.	De Ridder Leon					ZNA/11410/12	NT	4:07.34	132
	50m:	58.52	100m:	2:00.03	150m:	3:05.48	200m:	4:07.34	
dis	Carlier Remi					di:FAST/11114/12	NT		
	<i>SW 7.2.c - armbewegingen niet gelijktijdig uitgevoerd</i>								



Aalsters Swimming Team
Midzomertest in Aalst
Aalst, 24/6/2023

Programmanr. 21
24/06/2023 - 17:49

Dames, 200m vrije slag

open leeftijdsgroep
Resultaten

Punten: FINA 2022

Rang						Inschr.	Tijd	Pnt
1.	Vanderbeke Hasse					AST/21052/08	2:21.98	2:23.64 486
	50m:	32.29	100m:	1:08.94	150m:	1:47.33	200m:	2:23.64
2.	De Becker Loren					ZS/21043/07	2:23.25	2:24.16 481
	50m:	33.92	100m:	1:10.93	150m:	1:48.72	200m:	2:24.16
3.	Sterken Nila					FAST/21018/09	2:26.10	2:25.15 471
	50m:	33.33	100m:	1:10.19	150m:	1:48.01	200m:	2:25.15
4.	De Wolf Tine					AST/21058/09	2:27.89	2:28.70 438
	50m:	34.39	100m:	1:11.97	150m:	1:50.61	200m:	2:28.70
5.	De Troyer Elise					AST/21053/10	2:30.25	2:29.12 434
	50m:	33.51	100m:	1:12.67	150m:	1:51.47	200m:	2:29.12
6.	Wachtelaer Charlot					AST/21051/10	2:28.52	2:31.29 416
	50m:	34.33	100m:	1:12.39	150m:	1:52.54	200m:	2:31.29
7.	De Coning Gitte					ZDKK/21007/05	2:28.39	2:31.65 413
	50m:	34.48	100m:	1:13.05	150m:	1:53.52	200m:	2:31.65
8.	Habraken Amber					GZVN/21258/10	2:45.64	2:39.39 356
	50m:	34.94	100m:	1:16.98	150m:	1:58.59	200m:	2:39.39
9.	Beijnsberger Mare					FAST/21119/10	NT	2:49.78 294
	50m:	36.57	100m:	1:19.05	150m:	2:07.28	200m:	2:49.78
10.	Privé Inès					FAST/21097/11	2:54.81	2:51.49 285
	50m:	40.11	100m:	1:24.30	150m:	2:10.63	200m:	2:51.49
11.	Meganck Lio					AST/21063/11	NT	2:51.63 285
	50m:	39.53	100m:	1:24.43	150m:	2:09.82	200m:	2:51.63
12.	Osselaer Kato					ZNA/21337/10	NT	2:54.33 272
	50m:	40.65	100m:	1:25.82	150m:	2:11.48	200m:	2:54.33
13.	Ottoy Lili					ZDKK/21017/11	NT	2:54.55 271
	50m:	40.15	100m:	1:25.90	150m:	2:12.40	200m:	2:54.55
14.	Soares Almeida Lisa					LAQUA/21488/123	2:23.06	3:03.21 234
	50m:	41.43	100m:	1:28.39	150m:	2:16.11	200m:	3:03.21
15.	Eelbode Emelie					ZNA/21374/12	NT	3:05.75 225
	50m:	42.94	100m:	1:31.78	150m:	2:23.05	200m:	3:05.75
16.	De Vidts Noa					ZNA/21409/11	NT	3:20.25 179
	50m:	45.11	100m:	1:36.64	150m:	2:28.67	200m:	3:20.25



Aalsters Swimming Team
Midzomertest in Aalst
Aalst, 24/6/2023

Programmanr. 22
24/06/2023 - 17:57

Heren, 200m vrije slag

open leeftijdsgroep
Resultaten

Punten: FINA 2022

Rang						Inschr.	Tijd	Pnt
1.	Wielandt Pieter					FIRST/11197/93	1:58.48	2:03.54 562
	50m:	28.63	100m:	1:00.09	150m:	1:32.11	200m:	2:03.54
2.	Schaubroeck Yarno					MEGA/11406/06	2:09.82	2:13.32 447
	50m:	29.74	100m:	1:03.67	150m:	1:38.86	200m:	2:13.32
3.	D'Hooge Liam					STA/11032/08	2:14.79	2:15.65 425
	50m:	30.95	100m:	1:05.94	150m:	1:41.75	200m:	2:15.65
4.	Van De Vijver Niels					SWEM/11049/07	2:22.52	2:16.00 421
	50m:	30.47	100m:	1:05.40	150m:	1:41.52	200m:	2:16.00
5.	Seeuws Lander					ZDKK/11002/06	2:14.71	2:16.87 413
	50m:	29.89	100m:	1:03.64	150m:	1:39.99	200m:	2:16.87
6.	Van Uytven Robbe					FAST/11029/07	2:15.38	2:18.80 396
	50m:	32.02	100m:	1:06.94	150m:	1:43.56	200m:	2:18.80
7.	Langenbick Leon					STA/11029/10	2:28.99	2:24.13 354
	50m:	33.04	100m:	1:09.73	150m:	1:47.62	200m:	2:24.13
8.	Sabbe Louis					ZTB/11045/10	2:31.21	2:26.57 337
	50m:	33.78	100m:	1:11.38	150m:	1:49.68	200m:	2:26.57
9.	Baert Miel					ZTB/11071/11	2:42.57	2:26.71 336
	50m:	34.97	100m:	1:11.97	150m:	1:50.04	200m:	2:26.71
10.	Meremans Mathys					LAQUA/11407/10	2:30.83	2:28.99 320
	50m:	34.57	100m:	1:12.85	150m:	1:51.86	200m:	2:28.99
11.	Morrens Jack					ZS/11104/09	2:23.43	2:29.55 317
	50m:	33.93	100m:	1:12.68	150m:	1:52.61	200m:	2:29.55
12.	Cuypers Arnaud					GZVN/11197/09	2:26.31	2:30.86 309
	50m:	33.51	100m:	1:12.03	150m:	1:52.41	200m:	2:30.86
13.	Cherretté Balder					AST/11056/10	2:31.60	2:31.75 303
	50m:	35.66	100m:	1:14.57	150m:	1:54.54	200m:	2:31.75
14.	Slootmaekers Matteo					LAQUA/11387/10	2:30.93	2:31.76 303
	50m:	34.44	100m:	1:13.28	150m:	1:53.36	200m:	2:31.76
15.	Berlamont Daan					LAQUA/11535/10	NT	2:37.35 272
	50m:	35.94	100m:	1:16.17	150m:	1:57.72	200m:	2:37.35
16.	Cetin Enes					ZNA/11344/09	NT	2:40.46 256
	50m:	35.88	100m:	1:17.30	150m:	1:59.91	200m:	2:40.46
17.	De Smaele Cairanne					ZNA/11341/08	NT	2:40.71 255
	50m:	36.19	100m:	1:17.43	150m:	2:01.10	200m:	2:40.71
18.	Wojciula Tymon					ZNA/11416/11	NT	2:45.99 232
	50m:	38.89	100m:	1:23.20	150m:	2:06.49	200m:	2:45.99
19.	Casier Jarne					FAST/11009/11	2:48.08	2:52.63 206
	50m:	38.88	100m:	1:23.47	150m:	2:09.14	200m:	2:52.63
20.	Deraemaeker Mathias					LAQUA/11547/12	NT	2:54.66 199
	50m:	41.07	100m:	1:27.32	150m:	2:11.40	200m:	2:54.66



Aalsters Swimming Team
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Programmanr. 22, Heren, 200m vrije slag, open leeftijdsgroep

Rang						Inshr.	Tijd	Pnt
21.	De Witte Juul			ZNA/11336/10		NT	3:03.15	172
	50m:	39.94	100m: 1:26.69	150m: 2:14.66	200m: 3:03.15			
22.	Bombееck Mathias			ZNA/11417/12		NT	3:06.11	164
	50m:	41.17	100m: 1:29.64	150m: 2:18.68	200m: 3:06.11			
FF	Peiren Nicolas			FFZTB/11062/10		2:30.82		