VJTC 2026: Session: 6: COACH evaluation sheet for TEAM: ZN

Coachinfo: Warming up from: 13:15 untill 14:15. Teamleadmeeting @ The listed starttimes are indicative!

Coaches: Van Dooren Glenn

Coaches: Neirynck Jan

Coaches: Wouters Ivan

PB => Personal Best time **SB => Seasons Best time: Season starting point: first of September.**

Event number: 63: 200M BREASTSTROKE WOMEN 13-14 — Heat:3, starttime: 14:48

Heat: 3/4 Lane : 3 Athlete: BASSTANIE LIENE — **Q-time: 03:00:02**

PB (50m pool): 03:02.88 Antwerpen 13/07/2025 **PB (25m pool):** 03:00.02 **SB:** 03:07.48 Wezenberg 01/02/2026

	50 M	100 M	150 M	200 M	
PB	00:41.68	01:28.42	02:15.35	03:02.88	
	00:41.68	*00:46.74*	*00:46.93*	*00:47.53*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 64: 200M BREASTSTROKE MEN 13-14 — Heat:1, starttime: 14:55

Heat: 1/3 Lane : 3 Athlete: THIJSBAERT NIO — **Q-time: 03:03:13**

PB (50m pool): no time **PB (25m pool):** 03:03.13 **SB:** no time

	50 M	100 M	150 M	200 M	
PB	no time	no time	no time	no time	
	no time				
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 64: 200M BREASTSTROKE MEN 13-14 — Heat:3, starttime: 15:03

Heat: 3/3 Lane : 8 Athlete: VERDONCK STAN — **Q-time: 02:50:85**

PB (50m pool): no time **PB (25m pool):** 02:50.85 **SB:** no time

	50 M	100 M	150 M	200 M	
PB	no time	no time	no time	no time	
	no time				
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

VJTC 2026: Session: 6: COACH evaluation sheet for TEAM: ZN

Event number: 68: 50M FREESTYLE MEN 13-14 — Heat:1, starttime: 15:32

Heat: 1/4 Lane : 6 Athlete: THIJSBAERT NIO — **Q-time: 00:31:07**

PB (50m pool): 00:31.97 Wezenberg 01/02/2026 — **PB (25m pool):** 00:31.07 **SB:** 00:31.97 Wezenberg 01/02/2026

	50M
PB	00:31.97
	00:31.97
	. . : . . : . .

Coach feedback:

Event number: 68: 50M FREESTYLE MEN 13-14 — Heat:3, starttime: 15:34

Heat: 3/4 Lane : 1 Athlete: VERDONCK STAN — **Q-time: 00:28:90**

PB (50m pool): 00:29.61 Wezenberg 01/02/2026 — **PB (25m pool):** 00:28.90 **SB:** 00:29.61 Wezenberg 01/02/2026

	50M
PB	00:29.61
	00:29.61
	. . : . . : . .

Coach feedback:

Event number: 71: 200M BACKSTROKE WOMEN 13-14 — Heat:5, starttime: 16:04

Heat: 5/5 Lane : 1 Athlete: BASSTANIE LIENE — **Q-time: 02:33:50**

PB (50m pool): 02:42.55 Wezenberg 01/02/2026 — **PB (25m pool):** 02:33.50 **SB:** 02:42.55 Wezenberg 01/02/2026

	50M	100M	150M	200M
PB	00:37.93	01:18.28	02:01.37	02:42.55
	00:37.93	*00:40.35*	*00:43.09*	*00:41.18*
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Coach feedback: