VJTC 2026: Session: 6: COACH evaluation sheet for TEAM: ZCT

Coachinfo: Warming up from: 13:15 untill 14:15. Teamleadmeeting @ **The listed starttimes are indicative!**

Coaches: Van Opstal Wendy HEADCOACH

Coaches: Callebaut Joris

Coaches: Wauters Tine

Coaches: Verbinnen Nadine

Coaches: Claes Lieselotte

Coaches: Loeman Efjennia

PB => Personal Best time **SB => Seasons Best time: Season starting point: first of September.**

Event number: 61: 200M BUTTERFLY WOMEN 15-16 — Heat:1, starttime: 14:30

Heat: 1/2 Lane : 3 Athlete: THIJS MAAIKE — **Q-time: 02:49:15**

PB (50m pool): 02:49.15 Molenbeek 01/02/2026 **PB (25m pool):** 02:50.17 **SB:** 02:49.15 Molenbeek 01/02/2026

	50M	100M	150M	200M	
PB	no time	01:20.97	no time	02:49.15	
	no time				
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 63: 200M BREASTSTROKE WOMEN 13-14 — Heat:3, starttime: 14:48

Heat: 3/4 Lane : 7 Athlete: UYTTERHOEVEN FIEBE — **Q-time: 03:01:06**

PB (50m pool): 03:01.06 Antwerpen 20/07/2025 **PB (25m pool):** 02:59.59 **SB:** 03:01.73 Molenbeek 01/02/2026

	50M	100M	150M	200M	
PB	00:40.95	01:28.91	02:15.16	03:01.06	
	00:40.95	*00:47.96*	*00:46.25*	*00:45.90*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 65: 100M FREESTYLE WOMEN 15-16 — Heat:1, starttime: 15:07

Heat: 1/6 Lane : 5 Athlete: BOHMER JANNE — **Q-time: 01:03:80**

PB (50m pool): 01:04.25 Gent 08/02/2026 **PB (25m pool):** 01:03.09 **SB:** 01:04.25 Gent 08/02/2026

	50M	100M	
PB	00:31.33	01:04.25	
	00:31.33	*00:32.92*	
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Coach feedback:

VJTC 2026: Session: 6: COACH evaluation sheet for TEAM: ZCT

Event number: 65: 100M FREESTYLE WOMEN 15-16 — Heat:2, starttime: 15:08

Heat: 2/6 Lane : 3 Athlete: THIJS MAAIKE — **Q-time: 01:02:90**

PB (50m pool): 01:03.84 Gent 08/02/2026 — **PB (25m pool):** 01:02.00 **SB:** 01:03.84 Gent 08/02/2026

	50 M	100 M	
PB	00:31.73	01:03.84	
	00:31.73	*00:32.11*	
	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 69: 100M BREASTSTROKE WOMEN 15-16 — Heat:1, starttime: 15:37

Heat: 1/3 Lane : 3 Athlete: VERELST LAURA — **Q-time: 01:19:05**

PB (50m pool): 01:19.05 Molenbeek 01/02/2026 — **PB (25m pool):** 01:15.60 **SB:** 01:19.05 Molenbeek 01/02/2026

	50 M	100 M	
PB	no time	01:19.05	
	no time		
	. . : . . : . .	. . : . . : . .	

Coach feedback: