VJTC 2026: Session: 6: COACH evaluation sheet for TEAM: ZB

Coachinfo: Warming up from: 13:15 untill 14:15. Teamleadmeeting @ The listed starttimes are indicative!

Coaches: Lefever Elisa

PB => Personal Best time **SB => Seasons Best time: Season starting point: first of September.**

Event number: 63: 200M BREASTSTROKE WOMEN 13-14 — Heat:2, starttime: 14:44

Heat: 2/4 Lane : 3 Athlete: CASTELEYN YANA — **Q-time: 03:04:23**

PB (50m pool): 03:04.23 Brugge 01/02/2026 **PB (25m pool):** 03:04.51 **SB:** 03:04.23 Brugge 01/02/2026

	50M	100M	150M	200M	
PB	00:43.12	01:30.08	02:17.44	03:04.23	
	00:43.12	*00:46.96*	*00:47.36*	*00:46.79*	
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Coach feedback:

Event number: 63: 200M BREASTSTROKE WOMEN 13-14 — Heat:4, starttime: 14:52

Heat: 4/4 Lane : 3 Athlete: DEMAREST HAILEY — **Q-time: 02:52:30**

PB (50m pool): 02:52.30 Antwerpen 20/07/2025 **PB (25m pool):** 02:50.75 **SB:** 02:55.23 Brugge 01/02/2026

	50M	100M	150M	200M	
PB	00:39.02	01:22.75	02:07.63	02:52.30	
	00:39.02	*00:43.73*	*00:44.88*	*00:44.67*	
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Coach feedback:

Event number: 68: 50M FREESTYLE MEN 13-14 — Heat:1, starttime: 15:32

Heat: 1/4 Lane : 7 Athlete: VAN BRABANT BENJAMIN — **Q-time: 00:32:66**

PB (50m pool): 00:32.66 Brugge 15/03/2025 **PB (25m pool):** 00:28.54 **SB:** no time

	50M	
PB	00:32.66	
	00:32.66	
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Coach feedback:

VJTC 2026: Session: 6: COACH evaluation sheet for TEAM: ZB

Event number: 71: 200M BACKSTROKE WOMEN 13-14 **Heat:4, starttime: 16:00**

Heat: 4/5 Lane : 3 Athlete: DELPORTE ELLE **Q-time: 02:35:53**

PB (50m pool): 02:35.53 Brugge 01/02/2026 **PB (25m pool):** 02:32.47 **SB:** 02:35.53 Brugge 01/02/2026

	50M	100M	150M	200M	
PB	00:36.87	01:16.35	01:56.82	02:35.53	
	00:36.87	*00:39.48*	*00:40.47*	*00:38.71*	
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Coach feedback: