VJTC 2026: Session: 6: COACH evaluation sheet for TEAM: TZT

Coachinfo: Warming up from: 13:15 untill 14:15. Teamleadmeeting @ The listed starttimes are indicative!

Coaches: Desot Stefanie HEADCOACH

Coaches: Desmet Carl

Coaches: Backs Hubert

Coaches: De Cramer Renée

PB => Personal Best time **SB => Seasons Best time: Season starting point: first of September.**

Event number: 61: 200M BUTTERFLY WOMEN 15-16 — Heat:2, starttime: 14:33

Heat: 2/2 Lane : 4 Athlete: DE BRUYCKER CHLOë — **Q-time: 02:19:22**

PB (50m pool): 02:24.32 Antwerpen 20/07/2025 **PB (25m pool):** 02:19.22 **SB:** 02:28.34 Gent 08/02/2026

	50M	100M	150M	200M	
PB	00:32.42	01:10.03	01:48.50	02:24.32	
	00:32.42	*00:37.61*	*00:38.47*	*00:35.82*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 63: 200M BREASTSTROKE WOMEN 13-14 — Heat:2, starttime: 14:44

Heat: 2/4 Lane : 6 Athlete: VERNIEUWE IRENE — **Q-time: 03:04:68**

PB (50m pool): 03:14.33 Antwerp 26/01/2025 **PB (25m pool):** 03:04.68 **SB:** no time

	50M	100M	150M	200M	
PB	00:43.57	01:32.38	02:23.17	03:14.33	
	00:43.57	*00:48.81*	*00:50.79*	*00:51.16*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 64: 200M BREASTSTROKE MEN 13-14 — Heat:2, starttime: 14:59

Heat: 2/3 Lane : 8 Athlete: CHRISTIAENS LUCAS — **Q-time: 02:56:64**

PB (50m pool): 02:56.64 Brugge 01/02/2026 **PB (25m pool):** 02:57.61 **SB:** 02:56.64 Brugge 01/02/2026

	50M	100M	150M	200M	
PB	00:40.24	01:26.57	02:12.34	02:56.64	
	00:40.24	*00:46.33*	*00:45.77*	*00:44.30*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

VJTC 2026: Session: 6: COACH evaluation sheet for TEAM: TZT

Event number: 65: 100M FREESTYLE WOMEN 15-16 — Heat:3, starttime: 15:10

Heat: 3/6 Lane : 6 Athlete: DARRAS NINA — **Q-time: 01:02:12**

PB (50m pool): 01:02.07 Amersfoort 22/02/2026 **PB (25m pool):** 01:02.52 **SB:** 01:02.07 Amersfoort 22/02/2026

	50 M	100 M	
PB	00:29.97	01:02.07	
	00:29.97	*00:32.10*	
	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 65: 100M FREESTYLE WOMEN 15-16 — Heat:5, starttime: 15:13

Heat: 5/6 Lane : 1 Athlete: VANDEKERCKHOVE JULIETTE — **Q-time: 01:01:12**

PB (50m pool): 01:01.92 Kortrijk 04/05/2025 **PB (25m pool):** 01:01.12 **SB:** 01:02.07 Charleroi 11/01/2026

	50 M	100 M	
PB	00:29.92	01:01.92	
	00:29.92	*00:32.00*	
	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 65: 100M FREESTYLE WOMEN 15-16 — Heat:5, starttime: 15:13

Heat: 5/6 Lane : 3 Athlete: DE BRUYCKER CHLOë — **Q-time: 00:59:01**

PB (50m pool): 00:59.66 Antwerpen 20/07/2025 **PB (25m pool):** 00:59.01 **SB:** 00:59.92 Charleroi 11/01/2026

	50 M	100 M	
PB	00:28.81	00:59.66	
	00:28.81	*00:30.85*	
	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 65: 100M FREESTYLE WOMEN 15-16 — Heat:5, starttime: 15:13

Heat: 5/6 Lane : 4 Athlete: DESMET LIEZE — **Q-time: 00:57:71**

PB (50m pool): 00:59.53 Amersfoort 22/02/2026 **PB (25m pool):** 00:57.71 **SB:** 00:59.53 Amersfoort 22/02/2026

	50 M	100 M	
PB	00:28.45	00:59.53	
	00:28.45	*00:31.08*	
	. . : . . : . .	. . : . . : . .	

Coach feedback:

VJTC 2026: Session: 6: COACH evaluation sheet for TEAM: TZT

Event number: 65: 100M FREESTYLE WOMEN 15-16 — Heat:6, starttime: 15:14

Heat: 6/6 Lane : 5 Athlete: LAMMENS MARY — **Q-time: 00:58:24**

PB (50m pool): 00:59.27 Antwerpen 20/07/2025 **PB (25m pool):** 00:58.24 **SB:** 00:59.50 Gent 08/02/2026

	5 0 M	1 0 0 M	
PB	00:29.08	00:59.27	
	00:29.08	*00:30.19*	
	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 65: 100M FREESTYLE WOMEN 15-16 — Heat:6, starttime: 15:14

Heat: 6/6 Lane : 6 Athlete: GANTOIS JANNE — **Q-time: 00:59:38**

PB (50m pool): 01:00.23 Amersfoort 22/02/2026 **PB (25m pool):** 00:59.38 **SB:** 01:00.23 Amersfoort 22/02/2026

	5 0 M	1 0 0 M	
PB	00:28.92	01:00.23	
	00:28.92	*00:31.31*	
	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 66: 100M FREESTYLE MEN 15-16 — Heat:4, starttime: 15:21

Heat: 4/6 Lane : 7 Athlete: KINDT LIAM — **Q-time: 00:55:95**

PB (50m pool): 00:57.49 Eindhoven 16/03/2025 **PB (25m pool):** 00:55.95 **SB:** 00:57.77 Brugge 01/02/2026

	5 0 M	1 0 0 M	
PB	00:28.04	00:57.49	
	00:28.04	*00:29.45*	
	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 66: 100M FREESTYLE MEN 15-16 — Heat:5, starttime: 15:22

Heat: 5/6 Lane : 2 Athlete: THONON MATISSE — **Q-time: 00:55:46**

PB (50m pool): 00:57.99 Amersfoort 22/02/2026 **PB (25m pool):** 00:55.46 **SB:** 00:57.99 Amersfoort 22/02/2026

	5 0 M	1 0 0 M	
PB	00:27.81	00:57.99	
	00:27.81	*00:30.18*	
	. . : . . : . .	. . : . . : . .	

Coach feedback:

VJTC 2026: Session: 6: COACH evaluation sheet for TEAM: TZT

Event number: 66: 100M FREESTYLE MEN 15-16 — Heat:6, starttime: 15:24

Heat: 6/6 Lane : 7 Athlete: VANDEKERCKHOVE JEROME — **Q-time: 00:55:83**

PB (50m pool): 00:57.14 Gent 08/02/2026 **PB (25m pool):** 00:55.83 **SB:** 00:57.14 Gent 08/02/2026

	5 0 M	1 0 0 M	
PB	00:27.74	00:57.14	
	00:27.74	*00:29.40*	
	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 67: 50M FREESTYLE WOMEN 13-14 — Heat:3, starttime: 15:28

Heat: 3/6 Lane : 4 Athlete: HUYBEN ISOLDE — **Q-time: 00:30:18**

PB (50m pool): 00:31.37 Charleroi 11/01/2026 **PB (25m pool):** 00:30.18 **SB:** 00:31.37 Charleroi 11/01/2026

	5 0 M	
PB	00:31.37	
	00:31.37	
	. . : . . : . .	

Coach feedback:

Event number: 67: 50M FREESTYLE WOMEN 13-14 — Heat:4, starttime: 15:29

Heat: 4/6 Lane : 1 Athlete: VERNIEUWE IRENE — **Q-time: 00:30:03**

PB (50m pool): 00:30.09 Amersfoort 22/02/2026 **PB (25m pool):** 00:30.03 **SB:** 00:30.09 Amersfoort 22/02/2026

	5 0 M	
PB	00:30.09	
	00:30.09	
	. . : . . : . .	

Coach feedback:

Event number: 69: 100M BREASTSTROKE WOMEN 15-16 — Heat:1, starttime: 15:37

Heat: 1/3 Lane : 2 Athlete: DARRAS NINA — **Q-time: 01:20:86**

PB (50m pool): 01:24.14 Gent 08/02/2026 **PB (25m pool):** 01:20.86 **SB:** 01:24.14 Gent 08/02/2026

	5 0 M	1 0 0 M	
PB	00:39.47	01:24.14	
	00:39.47	*00:44.67*	
	. . : . . : . .	. . : . . : . .	

Coach feedback:

VJTC 2026: Session: 6: COACH evaluation sheet for TEAM: TZT

Event number: 70: 100M BREASTSTROKE MEN 15-16 — Heat:1, starttime: 15:43

Heat: 1/3 Lane : 5 Athlete: THONON MATISSE — **Q-time: 01:10:57**

PB (50m pool): 01:14.14 Antwerpen 20/07/2025 **PB (25m pool):** 01:10.57 **SB:** no time

	50M	100M	
PB	00:34.80	01:14.14	
	00:34.80	*00:39.34*	
	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 71: 200M BACKSTROKE WOMEN 13-14 — Heat:2, starttime: 15:53

Heat: 2/5 Lane : 5 Athlete: HUYBEN ISOLDE — **Q-time: 02:41:27**

PB (50m pool): 02:41.27 Antwerpen 20/07/2025 **PB (25m pool):** 03:21.94 **SB:** 02:41.77 Gent 08/02/2026

	50M	100M	150M	200M	
PB	00:38.36	01:20.05	02:00.91	02:41.27	
	00:38.36	*00:41.69*	*00:40.86*	*00:40.36*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 72: 200M BACKSTROKE MEN 13-14 — Heat:1, starttime: 16:08

Heat: 1/4 Lane : 5 Athlete: THIELEMANS LEON — **Q-time: 02:45:06**

PB (50m pool): 02:45.41 Gent 08/02/2026 **PB (25m pool):** 02:45.06 **SB:** 02:45.41 Gent 08/02/2026

	50M	100M	150M	200M	
PB	00:39.82	01:22.17	no time	02:45.41	
	00:39.82	*00:42.35*			
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback: