VJTC 2026: Session: 6: COACH evaluation sheet for TEAM: TSZ

Coachinfo: Warming up from: 13:15 untill 14:15. Teamleadmeeting @ The listed starttimes are indicative!

Coaches: Hanssens Yash

Coaches: Verluyten Philippe

Coaches: Guldentops Kevin

PB => Personal Best time **SB => Seasons Best time: Season starting point: first of September.**

Event number: 61: 200M BUTTERFLY WOMEN 15-16 — Heat:2, starttime: 14:33

Heat: 2/2 Lane : 6 Athlete: VAN BUNDER AMY — **Q-time: 02:32:68**

PB (50m pool): 02:38.29 Antwerpen 27/07/2025 **PB (25m pool):** 02:32.68 **SB:** no time

	50 M	100 M	150 M	200 M	
PB	00:33.55	01:12.85	01:55.37	02:38.29	
	00:33.55	*00:39.30*	*00:42.52*	*00:42.92*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 64: 200M BREASTSTROKE MEN 13-14 — Heat:1, starttime: 14:55

Heat: 1/3 Lane : 5 Athlete: AERENS JEF — **Q-time: 03:00:89**

PB (50m pool): 03:05.63 Lochristi 01/02/2026 **PB (25m pool):** 03:00.89 **SB:** 03:05.63 Lochristi 01/02/2026

	50 M	100 M	150 M	200 M	
PB	no time	01:29.09	no time	03:05.63	
	no time				
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 64: 200M BREASTSTROKE MEN 13-14 — Heat:2, starttime: 14:59

Heat: 2/3 Lane : 2 Athlete: KARER MALIK — **Q-time: 02:54:00**

PB (50m pool): 02:57.10 Lochristi 01/02/2026 **PB (25m pool):** 02:54.00 **SB:** 02:57.10 Lochristi 01/02/2026

	50 M	100 M	150 M	200 M	
PB	no time	01:24.22	no time	02:57.10	
	no time				
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

VJTC 2026: Session: 6: COACH evaluation sheet for TEAM: TSZ

Event number: 65: 100M FREESTYLE WOMEN 15-16 — Heat:2, starttime: 15:08

Heat: 2/6 Lane : 6 Athlete: STESSENS EMMA-LOUISE — **Q-time: 01:02:93**

PB (50m pool): 01:04.87 Antwerpen 20/07/2025 **PB (25m pool):** 01:02.93 **SB:** 01:05.18 Luxembourg 01/02/2026

	5 0 M	1 0 0 M	
PB	00:31.20	01:04.87	
	00:31.20	*00:33.67*	
	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 65: 100M FREESTYLE WOMEN 15-16 — Heat:3, starttime: 15:10

Heat: 3/6 Lane : 5 Athlete: VERLUYTEN LENI — **Q-time: 01:01:97**

PB (50m pool): 01:04.60 Luxembourg 01/02/2026 **PB (25m pool):** 01:01.97 **SB:** 01:04.60 Luxembourg 01/02/2026

	5 0 M	1 0 0 M	
PB	00:31.01	01:04.60	
	00:31.01	*00:33.59*	
	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 65: 100M FREESTYLE WOMEN 15-16 — Heat:5, starttime: 15:13

Heat: 5/6 Lane : 2 Athlete: GAUDAEN MAUD — **Q-time: 01:00:51**

PB (50m pool): 01:02.15 Luxembourg 01/02/2026 **PB (25m pool):** 01:00.51 **SB:** 01:02.15 Luxembourg 01/02/2026

	5 0 M	1 0 0 M	
PB	00:29.67	01:02.15	
	00:29.67	*00:32.48*	
	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 65: 100M FREESTYLE WOMEN 15-16 — Heat:5, starttime: 15:13

Heat: 5/6 Lane : 8 Athlete: VAN BUNDER AMY — **Q-time: 01:01:42**

PB (50m pool): 01:03.28 Lochristi 01/02/2026 **PB (25m pool):** 01:01.42 **SB:** 01:03.28 Lochristi 01/02/2026

	5 0 M	1 0 0 M	
PB	no time	01:03.28	
	no time		
	. . : . . : . .	. . : . . : . .	

Coach feedback:

VJTC 2026: Session: 6: COACH evaluation sheet for TEAM: TSZ

Event number: 66: 100M FREESTYLE MEN 15-16 — Heat:2, starttime: 15:18

Heat: 2/6 Lane : 4 Athlete: SCHRAUWEN BJARNE — **Q-time: 00:58:02**

PB (50m pool): 01:00.13 Lochristi 01/02/2026 **PB (25m pool):** 00:58.02 **SB:** 01:00.13 Lochristi 01/02/2026

	5 0 M	1 0 0 M	
PB	no time	01:00.13	
	no time		
	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 66: 100M FREESTYLE MEN 15-16 — Heat:6, starttime: 15:24

Heat: 6/6 Lane : 3 Athlete: MICHIELS SIBE — **Q-time: 00:54:18**

PB (50m pool): 00:56.32 Antwerpen 27/07/2025 **PB (25m pool):** 00:54.18 **SB:** 00:56.71 Luxembourg 01/02/2026

	5 0 M	1 0 0 M	
PB	00:27.14	00:56.32	
	00:27.14	*00:29.18*	
	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 67: 50M FREESTYLE WOMEN 13-14 — Heat:5, starttime: 15:30

Heat: 5/6 Lane : 1 Athlete: VERLUYTEN NIENE — **Q-time: 00:29:61**

PB (50m pool): 00:30.55 Eindhoven 16/03/2025 **PB (25m pool):** 00:29.61 **SB:** no time

	5 0 M	
PB	00:30.55	
	00:30.55	
	. . : . . : . .	

Coach feedback:

Event number: 67: 50M FREESTYLE WOMEN 13-14 — Heat:6, starttime: 15:31

Heat: 6/6 Lane : 1 Athlete: DEBRABANDERE LEONIE — **Q-time: 00:29:20**

PB (50m pool): 00:30.25 Lochristi 01/02/2026 **PB (25m pool):** 00:29.20 **SB:** 00:30.25 Lochristi 01/02/2026

	5 0 M	
PB	00:30.25	
	00:30.25	
	. . : . . : . .	

Coach feedback:

VJTC 2026: Session: 6: COACH evaluation sheet for TEAM: TSZ

Event number: 67: 50M FREESTYLE WOMEN 13-14 — Heat:6, starttime: 15:31

Heat: 6/6 Lane : 5 Athlete: DE JONG SUZAN — **Q-time: 00:27:93**

PB (50m pool): 00:29.38 Lochristi 01/02/2026 **PB (25m pool):** 00:27.93 **SB:** 00:29.38 Lochristi 01/02/2026

	50 M
PB	00:29.38
	00:29.38
	. . : . . : . .

Coach feedback:

Event number: 67: 50M FREESTYLE WOMEN 13-14 — Heat:6, starttime: 15:31

Heat: 6/6 Lane : 8 Athlete: VAN BUNDER INEZ — **Q-time: 00:29:24**

PB (50m pool): 00:32.38 Zwembad Brigitte Becue Oostend 10/05/2025 **PB (25m pool):** 00:29.24 **SB:** no time

	50 M
PB	00:32.38
	00:32.38
	. . : . . : . .

Coach feedback:

Event number: 70: 100M BREASTSTROKE MEN 15-16 — Heat:3, starttime: 15:47

Heat: 3/3 Lane : 4 Athlete: SCIACCA LEANDRO — **Q-time: 01:07:92**

PB (50m pool): 01:09.09 Luxembourg 01/02/2026 **PB (25m pool):** 01:07.92 **SB:** 01:09.09 Luxembourg 01/02/2026

	50 M	100 M
PB	00:32.23	01:09.09
	00:32.23	*00:36.86*
	. . : . . : . .	. . : . . : . .

Coach feedback:

Event number: 71: 200M BACKSTROKE WOMEN 13-14 — Heat:5, starttime: 16:04

Heat: 5/5 Lane : 4 Athlete: DE JONG SUZAN — **Q-time: 02:28:27**

PB (50m pool): 02:33.72 Lochristi 01/02/2026 **PB (25m pool):** 02:28.27 **SB:** 02:33.72 Lochristi 01/02/2026

	50 M	100 M	150 M	200 M
PB	no time	01:14.53	no time	02:33.72
	no time			
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .

Coach feedback:

VJTC 2026: Session: 6: COACH evaluation sheet for TEAM: TSZ

Event number: 71: 200M BACKSTROKE WOMEN 13-14 **Heat:5, starttime: 16:04**

Heat: 5/5 Lane : 5 Athlete: VERLUYTEN NIENE **Q-time: 02:28:86**

PB (50m pool): 02:33.45 Antwerpen 20/07/2025 **PB (25m pool):** 02:28.86 **SB:** no time

	50M	100M	150M	200M	
PB	00:36.29	01:15.39	01:55.06	02:33.45	
	00:36.29	*00:39.10*	*00:39.67*	*00:38.39*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback: