VJTC 2026: Session: 6: COACH evaluation sheet for TEAM: TRUST

Coachinfo: Warming up from: 13:15 untill 14:15. Teamleadmeeting @ The listed starttimes are indicative!

Coaches: Remans Sander HEADCOACH

Coaches: Deprez Lukas

Coaches: Mattheus Ibe

PB => Personal Best time **SB => Seasons Best time: Season starting point: first of September.**

Event number: 63: 200M BREASTSTROKE WOMEN 13-14 — Heat:1, starttime: 14:40

Heat: 1/4 Lane : 5 Athlete: MAES JULIE — **Q-time: 03:17:01**

PB (50m pool): 03:17.01 Antwerpen 13/07/2025 **PB (25m pool):** 03:04.68 **SB:** 03:17.91 Molenbeek 01/02/2026

	50 M	100 M	150 M	200 M	
PB	00:44.36	01:34.56	02:25.99	03:17.01	
	00:44.36	*00:50.20*	*00:51.43*	*00:51.02*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 64: 200M BREASTSTROKE MEN 13-14 — Heat:1, starttime: 14:55

Heat: 1/3 Lane : 8 Athlete: NIJS BAS — **Q-time: 03:26:51**

PB (50m pool): 03:26.51 Antwerp 26/01/2025 **PB (25m pool):** 03:04.17 **SB:** no time

	50 M	100 M	150 M	200 M	
PB	00:47.19	01:41.03	02:34.56	03:26.51	
	00:47.19	*00:53.84*	*00:53.53*	*00:51.95*	
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Coach feedback:

Event number: 67: 50M FREESTYLE WOMEN 13-14 — Heat:2, starttime: 15:27

Heat: 2/6 Lane : 6 Athlete: MAES JULIE — **Q-time: 00:31:67**

PB (50m pool): 00:31.97 Molenbeek 01/02/2026 **PB (25m pool):** 00:30.06 **SB:** 00:31.97 Molenbeek 01/02/2026

	50 M	
PB	00:31.97	
	00:31.97	
	. . : . . : . .	

Coach feedback:

VJTC 2026: Session: 6: COACH evaluation sheet for TEAM: TRUST

Event number: 68: 50M FREESTYLE MEN 13-14	Heat:2, starttime: 15:33
Heat: 2/4 Lane : 5 Athlete: NIJS BAS	**Q-time: 00:29:58**

PB (50m pool): 00:29.58 Molenbeek 01/02/2026 **PB (25m pool):** 00:28.97 **SB:** 00:29.58 Molenbeek 01/02/2026

	5 0 M	
PB	00:29.58	
	00:29.58	
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Coach feedback: