VJTC 2026: Session: 6: COACH evaluation sheet for TEAM: TIME

Coachinfo: Warming up from: 13:15 untill 14:15. Teamleadmeeting @ The listed starttimes are indicative!

Coaches: Vansteenkiste Victor HEADCOACH

Coaches: Herreman Kurt

PB => Personal Best time **SB => Seasons Best time: Season starting point: first of September.**

Event number: 66: 100M FREESTYLE MEN 15-16 — Heat:1, starttime: 15:16

Heat: 1/6 Lane : 1 Athlete: TACQ NATHAN — **Q-time: 01:00:12**

PB (50m pool): 01:00.78 Brugge 01/02/2026 **PB (25m pool):** 01:00.12 **SB:** 01:00.78 Brugge 01/02/2026

	5 0 M	1 0 0 M	
PB	00:29.48	01:00.78	
	00:29.48	*00:31.30*	
	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 66: 100M FREESTYLE MEN 15-16 — Heat:1, starttime: 15:16

Heat: 1/6 Lane : 7 Athlete: BAERT MIEL — **Q-time: 00:58:79**

PB (50m pool): 00:59.26 Antwerpen 20/07/2025 **PB (25m pool):** 00:58.79 **SB:** no time

	5 0 M	1 0 0 M	
PB	no time	00:59.26	
	no time		
	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 67: 50M FREESTYLE WOMEN 13-14 — Heat:4, starttime: 15:29

Heat: 4/6 Lane : 7 Athlete: THIENPONDT NINA — **Q-time: 00:30:01**

PB (50m pool): 00:30.01 Brugge 14/02/2026 **PB (25m pool):** 00:30.38 **SB:** 00:30.01 Brugge 14/02/2026

	5 0 M	
PB	00:30.01	
	00:30.01	
	. . : . . : . .	

Coach feedback:

VJTC 2026: Session: 6: COACH evaluation sheet for TEAM: TIME

Event number: 67: 50M FREESTYLE WOMEN 13-14 — Heat:5, starttime: 15:30

Heat: 5/6 Lane : 8 Athlete: LAGACIE AXELLE — **Q-time: 00:29:68**

PB (50m pool): 00:30.11 Brugge 01/02/2026 — **PB (25m pool):** 00:29.68 **SB:** 00:30.11 Brugge 01/02/2026

	50 M
PB	00:30.11
	00:30.11
	. . : . . : . .

Coach feedback:

Event number: 70: 100M BREASTSTROKE MEN 15-16 — Heat:1, starttime: 15:43

Heat: 1/3 Lane : 6 Athlete: TACQ NATHAN — **Q-time: 01:14:68**

PB (50m pool): 01:14.68 Brugge 01/02/2026 — **PB (25m pool):** 01:15.11 **SB:** 01:14.68 Brugge 01/02/2026

	50 M	100 M
PB	00:35.39	01:14.68
	00:35.39	*00:39.29*
	. . : . . : . .	. . : . . : . .

Coach feedback:

Event number: 71: 200M BACKSTROKE WOMEN 13-14 — Heat:3, starttime: 15:57

Heat: 3/5 Lane : 5 Athlete: LAGACIE AXELLE — **Q-time: 02:38:66**

PB (50m pool): 02:39.62 Brugge 01/02/2026 — **PB (25m pool):** 02:38.66 **SB:** 02:39.62 Brugge 01/02/2026

	50 M	100 M	150 M	200 M
PB	00:37.31	01:17.95	01:59.65	02:39.62
	00:37.31	*00:40.64*	*00:41.70*	*00:39.97*
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .

Coach feedback:

Event number: 71: 200M BACKSTROKE WOMEN 13-14 — Heat:4, starttime: 16:00

Heat: 4/5 Lane : 1 Athlete: THIENPONDT NINA — **Q-time: 02:37:82**

PB (50m pool): 02:45.39 Antwerpen 20/07/2025 — **PB (25m pool):** 02:37.82 **SB:** no time

	50 M	100 M	150 M	200 M
PB	00:38.84	01:21.63	02:03.89	02:45.39
	00:38.84	*00:42.79*	*00:42.26*	*00:41.50*
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .

Coach feedback:

VJTC 2026: Session: 6: COACH evaluation sheet for TEAM: TIME

Event number: 72: 200M BACKSTROKE MEN 13-14 — Heat:3, starttime: 16:15

Heat: 3/4 Lane : 5 Athlete: COENE TIELE — **Q-time: 02:32:52**

PB (50m pool): 02:32.52 Brugge 01/02/2026 — **PB (25m pool):** 02:38.16 **SB:** 02:32.52 Brugge 01/02/2026

	50M	100M	150M	200M	
PB	00:34.63	01:13.89	01:53.82	02:32.52	
	00:34.63	*00:39.26*	*00:39.93*	*00:38.70*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 72: 200M BACKSTROKE MEN 13-14 — Heat:4, starttime: 16:19

Heat: 4/4 Lane : 4 Athlete: VANSTEENKISTE VICTOR — **Q-time: 02:10:42**

PB (50m pool): 02:14.46 Kortrijk 26/12/2025 — **PB (25m pool):** 02:10.42 **SB:** 02:14.46 Kortrijk 26/12/2025

	50M	100M	150M	200M	
PB	00:30.97	01:04.38	01:39.78	02:14.46	
	00:30.97	*00:33.41*	*00:35.40*	*00:34.68*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback: