VJTC 2026: Session: 6: COACH evaluation sheet for TEAM: STZ

Coachinfo: Warming up from: 13:15 untill 14:15. Teamleadmeeting @ The listed starttimes are indicative!

Coaches: Iannino David HEADCOACH

Coaches: Januarius Bart

PB => Personal Best time SB => Seasons Best time: Season starting point: first of September.

Event number: 64: 200M BREASTSTROKE MEN 13-14 Heat:3, starttime: 15:03

Heat: 3/3 Lane : 3 Athlete: LESCRAUWAET MAX **Q-time: 02:43:34**

PB (50m pool): 02:51.71 Gent 08/02/2026 **PB (25m pool):** 02:43.34 **SB:** 02:51.71 Gent 08/02/2026

	50M	100M	150M	200M	
PB	00:37.14	01:21.56	02:07.80	02:51.71	
	00:37.14	*00:44.42*	*00:46.24*	*00:43.91*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 67: 50M FREESTYLE WOMEN 13-14 Heat:6, starttime: 15:31

Heat: 6/6 Lane : 4 Athlete: IANNINO VALENTINA **Q-time: 00:27:03**

PB (50m pool): 00:28.27 Molenbeek 01/02/2026 **PB (25m pool):** 00:27.03 **SB:** 00:28.27 Molenbeek 01/02/2026

	50M	
PB	00:28.27	
	00:28.27	
	. . : . . : . .	

Coach feedback:

Event number: 68: 50M FREESTYLE MEN 13-14 Heat:3, starttime: 15:34

Heat: 3/4 Lane : 5 Athlete: LESCRAUWAET MAX **Q-time: 00:28:76**

PB (50m pool): 00:28.76 Gent 08/02/2026 **PB (25m pool):** 00:31.37 **SB:** 00:28.76 Gent 08/02/2026

	50M	
PB	00:28.76	
	00:28.76	
	. . : . . : . .	

Coach feedback:

VJTC 2026: Session: 6: COACH evaluation sheet for TEAM: STZ

Event number: 68: 50M FREESTYLE MEN 13-14 — Heat:4, starttime: 15:35

Heat: 4/4 Lane : 5 Athlete: VANOLANDE THIBAULT — **Q-time: 00:26:14**

PB (50m pool): 00:27.22 Molenbeek 01/02/2026 **PB (25m pool):** 00:26.14 **SB:** 00:27.22 Molenbeek 01/02/2026

	50 M
PB	00:27.22
	00:27.22
	. . : . . : . .

Coach feedback:

Event number: 71: 200M BACKSTROKE WOMEN 13-14 — Heat:5, starttime: 16:04

Heat: 5/5 Lane : 6 Athlete: AELEN BENTE — **Q-time: 02:29:25**

PB (50m pool): 02:32.22 Antwerpen 20/07/2025 **PB (25m pool):** 02:29.25 **SB:** 02:35.54 Gent 08/02/2026

	50 M	100 M	150 M	200 M	
PB	00:35.82	01:14.87	01:55.36	02:32.22	
	00:35.82	*00:39.05*	*00:40.49*	*00:36.86*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 72: 200M BACKSTROKE MEN 13-14 — Heat:4, starttime: 16:19

Heat: 4/4 Lane : 6 Athlete: VANOLANDE THIBAULT — **Q-time: 02:25:17**

PB (50m pool): 02:30.84 Molenbeek 01/02/2026 **PB (25m pool):** 02:25.17 **SB:** 02:30.84 Molenbeek 01/02/2026

	50 M	100 M	150 M	200 M	
PB	no time	01:11.06	no time	02:30.84	
	no time				
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback: