VJTC 2026: Session: 6: COACH evaluation sheet for TEAM: STA

Coachinfo: Warming up from: 13:15 untill 14:15. Teamleadmeeting @ The listed starttimes are indicative!

Coaches: Lasoen Sam HEADCOACH

Coaches: Vlamijnck Robin

Coaches: Buyck Tine

PB => Personal Best time **SB => Seasons Best time: Season starting point: first of September.**

Event number: 63: 200M BREASTSTROKE WOMEN 13-14 — Heat:4, starttime: 14:52

Heat: 4/4 Lane : 6 Athlete: BERKEIN ALESSIA — **Q-time: 02:52:93**

PB (50m pool): 03:01.00 Lochristi 01/02/2026 **PB (25m pool):** 02:52.93 **SB:** 03:01.00 Lochristi 01/02/2026

	50M	100M	150M	200M	
PB	no time	01:26.78	no time	03:01.00	
	no time				
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 66: 100M FREESTYLE MEN 15-16 — Heat:2, starttime: 15:18

Heat: 2/6 Lane : 5 Athlete: VROMAN WOUT — **Q-time: 00:58:05**

PB (50m pool): 00:59.30 Lochristi 01/02/2026 **PB (25m pool):** 00:58.05 **SB:** 00:59.30 Lochristi 01/02/2026

	50M	100M	
PB	no time	00:59.30	
	no time		
	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 67: 50M FREESTYLE WOMEN 13-14 — Heat:3, starttime: 15:28

Heat: 3/6 Lane : 5 Athlete: LONCKE JUTTA — **Q-time: 00:30:22**

PB (50m pool): 00:30.79 Lochristi 01/02/2026 **PB (25m pool):** 00:30.22 **SB:** 00:30.79 Lochristi 01/02/2026

	50M	
PB	00:30.79	
	00:30.79	
	. . : . . : . .	

Coach feedback:

VJTC 2026: Session: 6: COACH evaluation sheet for TEAM: STA

Event number: 67: 50M FREESTYLE WOMEN 13-14 — Heat:3, starttime: 15:28

Heat: 3/6 Lane : 7 Athlete: BUYLE GEIKE — **Q-time: 00:30:51**

PB (50m pool): 00:40.92 Lago Kortrijk Weide 28/04/2024 **PB (25m pool):** 00:30.51 **SB:** no time

	50M
PB	00:40.92
	00:40.92
	. . : . . : . .

Coach feedback:

Event number: 67: 50M FREESTYLE WOMEN 13-14 — Heat:6, starttime: 15:31

Heat: 6/6 Lane : 2 Athlete: RUTSAERT EMILY — **Q-time: 00:28:89**

PB (50m pool): 00:29.83 Luxembourg 01/02/2026 **PB (25m pool):** 00:28.89 **SB:** 00:29.83 Luxembourg 01/02/2026

	50M
PB	00:29.83
	00:29.83
	. . : . . : . .

Coach feedback:

Event number: 68: 50M FREESTYLE MEN 13-14 — Heat:2, starttime: 15:33

Heat: 2/4 Lane : 4 Athlete: VROMAN FINN — **Q-time: 00:29:40**

PB (50m pool): 00:29.90 Aalst 28/06/2025 **PB (25m pool):** 00:29.40 **SB:** no time

	50M
PB	00:29.90
	00:29.90
	. . : . . : . .

Coach feedback:

Event number: 71: 200M BACKSTROKE WOMEN 13-14 — Heat:3, starttime: 15:57

Heat: 3/5 Lane : 8 Athlete: LONCKE JUTTA — **Q-time: 02:40:12**

PB (50m pool): 03:06.33 Lago Gent Rozebroeken 05/05/2024 **PB (25m pool):** 02:40.12 **SB:** no time

	50M	100M	150M	200M
PB	no time	no time	no time	03:06.33
	no time			
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .

Coach feedback:

VJTC 2026: Session: 6: COACH evaluation sheet for TEAM: STA

Event number: 71: 200M BACKSTROKE WOMEN 13-14 — Heat:5, starttime: 16:04

Heat: 5/5 Lane : 3 Athlete: BUYLE GEIKE — **Q-time: 02:28:88**

PB (50m pool): 02:37.35 Lochristi 01/02/2026 **PB (25m pool):** 02:28.88 **SB:** 02:37.35 Lochristi 01/02/2026

	50M	100M	150M	200M	
PB	no time	01:15.29	no time	02:37.35	
	no time				
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 72: 200M BACKSTROKE MEN 13-14 — Heat:4, starttime: 16:19

Heat: 4/4 Lane : 7 Athlete: VROMAN FINN — **Q-time: 02:29:32**

PB (50m pool): 02:36.73 Aalst 28/06/2025 **PB (25m pool):** 02:29.32 **SB:** 02:42.80 Lochristi 01/02/2026

	50M	100M	150M	200M	
PB	00:37.12	01:16.37	01:56.70	02:36.73	
	00:37.12	*00:39.25*	*00:40.33*	*00:40.03*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback: