VJTC 2026: Session: 6: COACH evaluation sheet for TEAM: SOS

Coachinfo: Warming up from: 13:15 untill 14:15. Teamleadmeeting @ The listed starttimes are indicative!

Coaches: Victoor Inge

Coaches: Van Buggenhout Koen HEADCOACH

PB => Personal Best time **SB => Seasons Best time: Season starting point: first of September.**

Event number: 66: 100M FREESTYLE MEN 15-16 — Heat:2, starttime: 15:18

Heat: 2/6 Lane : 6 Athlete: VERHAMME MATTS — **Q-time: 00:58:10**

PB (50m pool): 00:58.10 Antwerpen 27/07/2025 **PB (25m pool):** 00:58.78 **SB:** 01:00.00 Gent 08/02/2026

	50M	100M	
PB	00:28.44	00:58.10	
	00:28.44	*00:29.66*	
	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 66: 100M FREESTYLE MEN 15-16 — Heat:6, starttime: 15:24

Heat: 6/6 Lane : 2 Athlete: COENE XANDER — **Q-time: 00:55:45**

PB (50m pool): 00:57.32 Gent 08/02/2026 **PB (25m pool):** 00:55.45 **SB:** 00:57.32 Gent 08/02/2026

	50M	100M	
PB	00:27.76	00:57.32	
	00:27.76	*00:29.56*	
	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 70: 100M BREASTSTROKE MEN 15-16 — Heat:1, starttime: 15:43

Heat: 1/3 Lane : 2 Athlete: VERHAMME MATTS — **Q-time: 01:16:34**

PB (50m pool): 01:18.61 Antwerpen 13/07/2025 **PB (25m pool):** 01:16.34 **SB:** no time

	50M	100M	
PB	00:36.72	01:18.61	
	00:36.72	*00:41.89*	
	. . : . . : . .	. . : . . : . .	

Coach feedback:

VJTC 2026: Session: 6: COACH evaluation sheet for TEAM: SOS

Event number: 70: 100M BREASTSTROKE MEN 15-16 **Heat:1, starttime: 15:43**

Heat: 1/3 Lane : 4 Athlete: COENE XANDER **Q-time: 01:08:57**

PB (50m pool): 01:13.19 Antwerpen 27/07/2025 **PB (25m pool):** 01:08.57 **SB:** 01:13.65 Gent 08/02/2026

	50M	100M	
PB	00:35.44	01:13.19	
	00:35.44	*00:37.75*	
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Coach feedback: