VJTC 2026: Session: 6: COACH evaluation sheet for TEAM: SCWR

Coachinfo: Warming up from: 13:15 untill 14:15. Teamleadmeeting @ The listed starttimes are indicative!

Coaches: Lejeune Melanie

Coaches: Lejeune Yves HEADCOACH

PB => Personal Best time **SB => Seasons Best time: Season starting point: first of September.**

Event number: 61: 200M BUTTERFLY WOMEN 15-16 — Heat:2, starttime: 14:33

Heat: 2/2 Lane : 3 Athlete: VEDERNIKOVA VERA — **Q-time: 02:21:33**

PB (50m pool): 02:26.74 Molenbeek 01/02/2026 **PB (25m pool):** 02:21.33 **SB:** 02:26.74 Molenbeek 01/02/2026

	50M	100M	150M	200M	
PB	no time	01:09.60	no time	02:26.74	
	no time				
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 62: 200M BUTTERFLY MEN 15-16 — Heat:1, starttime: 14:37

Heat: 1/1 Lane : 3 Athlete: VAN SINTEJAN ROMAIN — **Q-time: 02:12:03**

PB (50m pool): 02:12.37 Molenbeek 01/02/2026 **PB (25m pool):** 02:12.03 **SB:** 02:12.37 Molenbeek 01/02/2026

	50M	100M	150M	200M	
PB	no time	01:01.77	no time	02:12.37	
	no time				
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 65: 100M FREESTYLE WOMEN 15-16 — Heat:4, starttime: 15:11

Heat: 4/6 Lane : 3 Athlete: VEDERNIKOVA VERA — **Q-time: 00:59:02**

PB (50m pool): 01:00.99 La Louvière 29/11/2025 **PB (25m pool):** 00:59.02 **SB:** 01:00.99 La Louvière 29/11/2025

	50M	100M	
PB	00:29.45	01:00.99	
	00:29.45	*00:31.54*	
	. . : . . : . .	. . : . . : . .	

Coach feedback:

VJTC 2026: Session: 6: COACH evaluation sheet for TEAM: SCWR

Event number: 66: 100M FREESTYLE MEN 15-16 — Heat:3, starttime: 15:19

Heat: 3/6 Lane : 4 Athlete: LASCARACHE CHRISTIAN — **Q-time: 00:57:06**

PB (50m pool): 00:58.65 Molenbeek 01/02/2026 **PB (25m pool):** 00:57.06 **SB:** 00:58.65 Molenbeek 01/02/2026

	50 M	100 M	
PB	no time	00:58.65	
	no time		
	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 66: 100M FREESTYLE MEN 15-16 — Heat:5, starttime: 15:22

Heat: 5/6 Lane : 6 Athlete: VAN SINTEJAN ROMAIN — **Q-time: 00:54:87**

PB (50m pool): 00:55.82 Charleroi 11/01/2026 **PB (25m pool):** 00:54.87 **SB:** 00:55.82 Charleroi 11/01/2026

	50 M	100 M	
PB	00:27.58	00:55.82	
	00:27.58	*00:28.24*	
	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 67: 50M FREESTYLE WOMEN 13-14 — Heat:5, starttime: 15:30

Heat: 5/6 Lane : 6 Athlete: MASAITE MILDA — **Q-time: 00:29:46**

PB (50m pool): 00:31.60 Molenbeek 01/02/2026 **PB (25m pool):** 00:29.46 **SB:** 00:31.60 Molenbeek 01/02/2026

	50 M	
PB	00:31.60	
	00:31.60	
	. . : . . : . .	

Coach feedback:

Event number: 69: 100M BREASTSTROKE WOMEN 15-16 — Heat:1, starttime: 15:37

Heat: 1/3 Lane : 5 Athlete: GANSEMANS KESSY — **Q-time: 01:17:39**

PB (50m pool): 01:19.60 Antwerpen 27/07/2025 **PB (25m pool):** 01:16.90 **SB:** 01:20.31 La Louvière 29/11/2025

	50 M	100 M	
PB	00:37.06	01:19.60	
	00:37.06	*00:42.54*	
	. . : . . : . .	. . : . . : . .	

Coach feedback:

VJTC 2026: Session: 6: COACH evaluation sheet for TEAM: SCWR

Event number: 71: 200M BACKSTROKE WOMEN 13-14 **Heat:4, starttime: 16:00**

Heat: 4/5 Lane : 2 Athlete: MASAITE MILDA **Q-time: 02:35:68**

PB (50m pool): 02:41.14 Molenbeek 01/02/2026 **PB (25m pool):** 02:35.68 **SB:** 02:41.14 Molenbeek 01/02/2026

	50M	100M	150M	200M	
PB	no time	01:19.56	no time	02:41.14	
	no time				
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback: