VJTC 2026: Session: 6: COACH evaluation sheet for TEAM: MOZKA

Coachinfo: Warming up from: 13:15 untill 14:15. Teamleadmeeting @ The listed starttimes are indicative!

Coaches: Luyten Sjobbe HEADCOACH

PB => Personal Best time **SB => Seasons Best time: Season starting point: first of September.**

Event number: 61: 200M BUTTERFLY WOMEN 15-16 — Heat:1, starttime: 14:30

Heat: 1/2 Lane : 5 Athlete: KEMPS ELIZE — **Q-time: 02:45:86**

PB (50m pool): 02:48.76 Kortrijk 04/05/2025 **PB (25m pool):** 02:45.86 **SB:** no time

	50M	100M	150M	200M	
PB	00:36.45	01:21.60	02:07.34	02:48.76	
	00:36.45	*00:45.15*	*00:45.74*	*00:41.42*	
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Coach feedback:

Event number: 65: 100M FREESTYLE WOMEN 15-16 — Heat:1, starttime: 15:07

Heat: 1/6 Lane : 3 Athlete: KEMPS ELIZE — **Q-time: 01:05:04**

PB (50m pool): 01:05.04 Antwerpen 20/07/2025 **PB (25m pool):** 01:04.24 **SB:** no time

	50M	100M	
PB	00:31.07	01:05.04	
	00:31.07	*00:33.97*	
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Coach feedback:

Event number: 69: 100M BREASTSTROKE WOMEN 15-16 — Heat:1, starttime: 15:37

Heat: 1/3 Lane : 7 Athlete: KEMPS ELIZE — **Q-time: 01:22:59**

PB (50m pool): 01:22.51 Wezenberg 01/02/2026 **PB (25m pool):** 01:22.28 **SB:** 01:22.51 Wezenberg 01/02/2026

	50M	100M	
PB	00:38.56	01:22.51	
	00:38.56	*00:43.95*	
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Coach feedback:

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Event number: 72: 200M BACKSTROKE MEN 13-14 **Heat:4, starttime: 16:19**

Heat: 4/4 Lane : 3 Athlete: VERACHTEN LOUIS **Q-time: 02:23:56**

PB (50m pool): 02:27.56 Wezenberg 01/02/2026 **PB (25m pool):** 02:23.56 **SB:** 02:27.56 Wezenberg 01/02/2026

	50M	100M	150M	200M	
PB	00:34.05	01:11.10	01:49.74	02:27.56	
	00:34.05	*00:37.05*	*00:38.64*	*00:37.82*	
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Coach feedback: