VJTC 2026: Session: 6: COACH evaluation sheet for TEAM: LAQUA

Coachinfo: Warming up from: 13:15 untill 14:15. Teamleadmeeting @ The listed starttimes are indicative!

Coaches: Ronsmans Eric

Coaches: Vanmeerbeek Rob

Coaches: Delport Titia HEADCOACH

Coaches: Mous Anke

Coaches: Tampieri Matteo

Coaches: Lecoutere Jeroen

PB => Personal Best time **SB => Seasons Best time: Season starting point: first of September.**

Event number: 62: 200M BUTTERFLY MEN 15-16 — Heat:1, starttime: 14:37

Heat: 1/1 Lane : 4 Athlete: LISSENS TUUR — **Q-time: 02:08:59**

PB (50m pool): 02:13.40 Luxembourg 01/02/2026 **PB (25m pool):** 02:08.59 **SB:** 02:13.40 Luxembourg 01/02/2026

	50M	100M	150M	200M	
PB	00:28.90	01:02.23	01:36.77	02:13.40	
	00:28.90	*00:33.33*	*00:34.54*	*00:36.63*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 63: 200M BREASTSTROKE WOMEN 13-14 — Heat:3, starttime: 14:48

Heat: 3/4 Lane : 4 Athlete: GINKELS FEBE — **Q-time: 02:58:28**

PB (50m pool): 03:12.72 Molenbeek 01/02/2026 **PB (25m pool):** 02:58.28 **SB:** 03:12.72 Molenbeek 01/02/2026

	50M	100M	150M	200M	
PB	no time	01:33.19	no time	03:12.72	
	no time				
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 64: 200M BREASTSTROKE MEN 13-14 — Heat:1, starttime: 14:55

Heat: 1/3 Lane : 7 Athlete: ROOMAN ALEXIS — **Q-time: 03:08:91**

PB (50m pool): no time **PB (25m pool):** 02:59.56 **SB:** no time

	50M	100M	150M	200M	
PB	no time	no time	no time	no time	
	no time				
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

VJTC 2026: Session: 6: COACH evaluation sheet for TEAM: LAQUA

Event number: 64: 200M BREASTSTROKE MEN 13-14 — Heat:3, starttime: 15:03

Heat: 3/3 Lane : 6 Athlete: RATIU MATHEO — **Q-time: 02:44:63**

PB (50m pool): 02:57.53 Antwerpen 20/07/2025 — **PB (25m pool):** 02:38.40 **SB:** no time

	50M	100M	150M	200M
PB	00:39.79	01:25.20	02:11.85	02:57.53
	00:39.79	*00:45.41*	*00:46.65*	*00:45.68*
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .

Coach feedback:

Event number: 65: 100M FREESTYLE WOMEN 15-16 — Heat:2, starttime: 15:08

Heat: 2/6 Lane : 4 Athlete: TEIRLINCK LOUISE — **Q-time: 01:02:64**

PB (50m pool): 01:03.88 Antwerp 28/01/2024 — **PB (25m pool):** 01:02.64 **SB:** 01:04.40 Molenbeek 01/02/2026

	50M	100M
PB	no time	01:03.88
	no time	
	. . : . . : . .	. . : . . : . .

Coach feedback:

Event number: 65: 100M FREESTYLE WOMEN 15-16 — Heat:2, starttime: 15:08

Heat: 2/6 Lane : 7 Athlete: WATELLE NONA — **Q-time: 01:03:52**

PB (50m pool): 01:04.57 Molenbeek 01/02/2026 — **PB (25m pool):** 01:03.52 **SB:** 01:04.57 Molenbeek 01/02/2026

	50M	100M
PB	no time	01:04.57
	no time	
	. . : . . : . .	. . : . . : . .

Coach feedback:

Event number: 65: 100M FREESTYLE WOMEN 15-16 — Heat:5, starttime: 15:13

Heat: 5/6 Lane : 5 Athlete: ADELMANN CLARA CENXI — **Q-time: 00:58:75**

PB (50m pool): 00:59.34 Antwerp 09/02/2025 — **PB (25m pool):** 00:58.75 **SB:** 00:59.97 Luxembourg 01/02/2026

	50M	100M
PB	00:28.66	00:59.34
	00:28.66	*00:30.68*
	. . : . . : . .	. . : . . : . .

Coach feedback:

VJTC 2026: Session: 6: COACH evaluation sheet for TEAM: LAQUA

Event number: 66: 100M FREESTYLE MEN 15-16 — Heat:1, starttime: 15:16

Heat: 1/6 Lane : 2 Athlete: DIERICK OSCAR — **Q-time: 00:58:73**

PB (50m pool): 01:00.25 Molenbeek 01/02/2026 — **PB (25m pool):** 00:56.74 **SB:** 01:00.25 Molenbeek 01/02/2026

	5 0 M	1 0 0 M	
PB	no time	01:00.25	
	no time		
	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 66: 100M FREESTYLE MEN 15-16 — Heat:3, starttime: 15:19

Heat: 3/6 Lane : 1 Athlete: BOBEV BOYAN — **Q-time: 00:57:91**

PB (50m pool): 00:59.70 Antwerpen 13/07/2025 — **PB (25m pool):** 00:57.91 **SB:** 01:01.47 Wezenberg 03/01/2026

	5 0 M	1 0 0 M	
PB	00:28.66	00:59.70	
	00:28.66	*00:31.04*	
	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 66: 100M FREESTYLE MEN 15-16 — Heat:3, starttime: 15:19

Heat: 3/6 Lane : 5 Athlete: MEREMANS MATHYS — **Q-time: 00:57:35**

PB (50m pool): 00:58.38 Antwerpen 27/07/2025 — **PB (25m pool):** 00:57.35 **SB:** 00:58.94 Gent 08/02/2026

	5 0 M	1 0 0 M	
PB	00:28.50	00:58.38	
	00:28.50	*00:29.88*	
	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 66: 100M FREESTYLE MEN 15-16 — Heat:4, starttime: 15:21

Heat: 4/6 Lane : 4 Athlete: BERLAMONT DAAN — **Q-time: 00:52:83**

PB (50m pool): 00:54.15 Gent 08/02/2026 — **PB (25m pool):** 00:52.46 **SB:** 00:54.15 Gent 08/02/2026

	5 0 M	1 0 0 M	
PB	00:26.26	00:54.15	
	00:26.26	*00:27.89*	
	. . : . . : . .	. . : . . : . .	

Coach feedback:

VJTC 2026: Session: 6: COACH evaluation sheet for TEAM: LAQUA

Event number: 66: 100M FREESTYLE MEN 15-16 — Heat:6, starttime: 15:24

Heat: 6/6 Lane : 6 Athlete: ZOUHRI AMIR — **Q-time: 00:54:47**

PB (50m pool): 00:55.65 Wezenberg 03/01/2026 **PB (25m pool):** 00:54.47 **SB:** 00:55.65 Wezenberg 03/01/2026

	50 M	100 M	
PB	00:27.20	00:55.65	
	00:27.20	*00:28.45*	
	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 69: 100M BREASTSTROKE WOMEN 15-16 — Heat:2, starttime: 15:39

Heat: 2/3 Lane : 3 Athlete: THYS LENA — **Q-time: 01:18:19**

PB (50m pool): 01:21.03 Antwerpen 21/07/2024 **PB (25m pool):** 01:18.19 **SB:** 01:22.63 Wezenberg 03/01/2026

	50 M	100 M	
PB	no time	01:21.03	
	no time		
	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 69: 100M BREASTSTROKE WOMEN 15-16 — Heat:2, starttime: 15:39

Heat: 2/3 Lane : 5 Athlete: WATELLE NONA — **Q-time: 01:16:19**

PB (50m pool): 01:16.19 Zwembad Brigitte Becue 30/05/2025 **PB (25m pool):** 01:16.81 **SB:** 01:19.30 Molenbeek 01/02/2026

	50 M	100 M	
PB	00:35.88	01:16.19	
	00:35.88	*00:40.31*	
	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 70: 100M BREASTSTROKE MEN 15-16 — Heat:1, starttime: 15:43

Heat: 1/3 Lane : 7 Athlete: ZOUHRI AMIR — **Q-time: 01:20:19**

PB (50m pool): 01:20.19 Gent 08/02/2026 **PB (25m pool):** 01:21.28 **SB:** 01:20.19 Gent 08/02/2026

	50 M	100 M	
PB	00:37.28	01:20.19	
	00:37.28	*00:42.91*	
	. . : . . : . .	. . : . . : . .	

Coach feedback:

VJTC 2026: Session: 6: COACH evaluation sheet for TEAM: LAQUA

Event number: 70: 100M BREASTSTROKE MEN 15-16 **Heat:2, starttime: 15:45**

Heat: 2/3 Lane : 6 Athlete: BOBEV BOYAN **Q-time: 01:14:68**

PB (50m pool): 01:17.75 Molenbeek 01/02/2026 **PB (25m pool):** 01:14.68 **SB:** 01:17.75 Molenbeek 01/02/2026

	50 M	100 M	
PB	no time	01:17.75	
	no time		
	. . : . . : . .	. . : . . : . .	

Coach feedback: