VJTC 2026: Session: 6: COACH evaluation sheet for TEAM: KZK

Coachinfo: Warming up from: 13:15 untill 14:15. Teamleadmeeting @ The listed starttimes are indicative!

Coaches: Duck Chantal

Coaches: Dewulf Bart HEADCOACH

Coaches: Vanhaeke Heidi

PB => Personal Best time **SB => Seasons Best time: Season starting point: first of September.**

Event number: 61: 200M BUTTERFLY WOMEN 15-16 — Heat:2, starttime: 14:33

Heat: 2/2 Lane : 1 Athlete: FEYS FARAH — **Q-time: 02:38:30**

PB (50m pool): 02:40.55 Antwerpen 20/07/2025 **PB (25m pool):** 02:38.30 **SB:** no time

	50M	100M	150M	200M	
PB	00:34.52	01:14.97	01:57.27	02:40.55	
	00:34.52	*00:40.45*	*00:42.30*	*00:43.28*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 61: 200M BUTTERFLY WOMEN 15-16 — Heat:2, starttime: 14:33

Heat: 2/2 Lane : 5 Athlete: DECOUTERE IMANI — **Q-time: 02:20:94**

PB (50m pool): 02:25.08 Antwerpen 27/07/2025 **PB (25m pool):** 02:20.94 **SB:** 02:28.98 Brugge 01/02/2026

	50M	100M	150M	200M	
PB	00:31.63	01:08.17	01:46.05	02:25.08	
	00:31.63	*00:36.54*	*00:37.88*	*00:39.03*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 62: 200M BUTTERFLY MEN 15-16 — Heat:1, starttime: 14:37

Heat: 1/1 Lane : 2 Athlete: DEBRUYNE HANNES — **Q-time: 02:22:35**

PB (50m pool): 02:22.35 Kortrijk 26/12/2025 **PB (25m pool):** 02:45.81 **SB:** 02:22.35 Kortrijk 26/12/2025

	50M	100M	150M	200M	
PB	00:30.51	01:05.48	01:43.33	02:22.35	
	00:30.51	*00:34.97*	*00:37.85*	*00:39.02*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

VJTC 2026: Session: 6: COACH evaluation sheet for TEAM: KZK

Event number: 63: 200M BREASTSTROKE WOMEN 13-14 — Heat:3, starttime: 14:48

Heat: 3/4 Lane : 6 Athlete: ROMBAUT CéLINE — **Q-time: 03:00:15**

PB (50m pool): 03:04.52 Antwerpen 20/07/2025 **PB (25m pool):** 03:00.15 **SB:** 03:05.14 Brugge 01/02/2026

	50M	100M	150M	200M	
PB	00:42.26	01:30.04	02:18.23	03:04.52	
	00:42.26	*00:47.78*	*00:48.19*	*00:46.29*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 64: 200M BREASTSTROKE MEN 13-14 — Heat:2, starttime: 14:59

Heat: 2/3 Lane : 1 Athlete: VANNESTE DAAN — **Q-time: 02:55:22**

PB (50m pool): 02:55.22 Kortrijk 26/12/2025 **PB (25m pool):** 03:02.36 **SB:** 02:55.22 Kortrijk 26/12/2025

	50M	100M	150M	200M	
PB	00:40.43	01:25.19	02:10.14	02:55.22	
	00:40.43	*00:44.76*	*00:44.95*	*00:45.08*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 65: 100M FREESTYLE WOMEN 15-16 — Heat:4, starttime: 15:11

Heat: 4/6 Lane : 7 Athlete: DECOUTERE IMANI — **Q-time: 01:00:79**

PB (50m pool): 01:02.85 Kortrijk 04/05/2025 **PB (25m pool):** 01:00.79 **SB:** 01:02.89 Kortrijk 15/02/2026

	50M	100M	
PB	00:30.41	01:02.85	
	00:30.41	*00:32.44*	
	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 66: 100M FREESTYLE MEN 15-16 — Heat:3, starttime: 15:19

Heat: 3/6 Lane : 7 Athlete: DEBRUYNE HANNES — **Q-time: 00:57:75**

PB (50m pool): 00:57.75 Antwerpen 27/07/2025 **PB (25m pool):** 00:58.13 **SB:** 00:58.46 Brugge 01/02/2026

	50M	100M	
PB	00:28.01	00:57.75	
	00:28.01	*00:29.74*	
	. . : . . : . .	. . : . . : . .	

Coach feedback:

VJTC 2026: Session: 6: COACH evaluation sheet for TEAM: KZK

Event number: 66: 100M FREESTYLE MEN 15-16 — Heat:4, starttime: 15:21

Heat: 4/6 Lane : 2 Athlete: DECUPERE ALEX — **Q-time: 00:55:72**

PB (50m pool): 00:56.47 Brugge 01/02/2026 **PB (25m pool):** 00:55.72 **SB:** 00:56.47 Brugge 01/02/2026

	5 0 M	1 0 0 M	
PB	00:27.38	00:56.47	
	00:27.38	*00:29.09*	
	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 67: 50M FREESTYLE WOMEN 13-14 — Heat:5, starttime: 15:30

Heat: 5/6 Lane : 2 Athlete: DECUPERE LAURENCE — **Q-time: 00:29:48**

PB (50m pool): 00:30.19 Kortrijk 15/02/2026 **PB (25m pool):** 00:29.48 **SB:** 00:30.19 Kortrijk 15/02/2026

	5 0 M	
PB	00:30.19	
	00:30.19	
	. . : . . : . .	

Coach feedback:

Event number: 68: 50M FREESTYLE MEN 13-14 — Heat:2, starttime: 15:33

Heat: 2/4 Lane : 1 Athlete: VANDEMAELE EGON — **Q-time: 00:29:92**

PB (50m pool): 00:30.18 Brugge 01/02/2026 **PB (25m pool):** 00:29.92 **SB:** 00:30.18 Brugge 01/02/2026

	5 0 M	
PB	00:30.18	
	00:30.18	
	. . : . . : . .	

Coach feedback:

Event number: 68: 50M FREESTYLE MEN 13-14 — Heat:3, starttime: 15:34

Heat: 3/4 Lane : 2 Athlete: DE BAL LUCAS — **Q-time: 00:28:87**

PB (50m pool): 00:29.08 Gent 08/02/2026 **PB (25m pool):** 00:28.87 **SB:** 00:29.08 Gent 08/02/2026

	5 0 M	
PB	00:29.08	
	00:29.08	
	. . : . . : . .	

Coach feedback:

VJTC 2026: Session: 6: COACH evaluation sheet for TEAM: KZK

Event number: 69: 100M BREASTSTROKE WOMEN 15-16 — Heat:3, starttime: 15:41

Heat: 3/3 Lane : 1 Athlete: FEYS FARAH — **Q-time: 01:23:15**

PB (50m pool): 01:24.66 Brugge 01/02/2026 **PB (25m pool):** 01:23.15 **SB:** 01:24.66 Brugge 01/02/2026

	50 M	100 M
PB	00:40.31	01:24.66
	00:40.31	*00:44.35*
	. . : . . : . .	. . : . . : . .

Coach feedback:

Event number: 71: 200M BACKSTROKE WOMEN 13-14 — Heat:4, starttime: 16:00

Heat: 4/5 Lane : 7 Athlete: DECUPERE LAURENCE — **Q-time: 02:35:87**

PB (50m pool): 02:42.68 Brugge 01/02/2026 **PB (25m pool):** 02:35.87 **SB:** 02:42.68 Brugge 01/02/2026

	50 M	100 M	150 M	200 M
PB	00:38.63	01:18.92	02:01.29	02:42.68
	00:38.63	*00:40.29*	*00:42.37*	*00:41.39*
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .

Coach feedback:

Event number: 72: 200M BACKSTROKE MEN 13-14 — Heat:2, starttime: 16:12

Heat: 2/4 Lane : 7 Athlete: DE BAL LUCAS — **Q-time: 02:41:43**

PB (50m pool): 02:41.43 Kortrijk 26/12/2025 **PB (25m pool):** no time **SB:** 02:41.43 Kortrijk 26/12/2025

	50 M	100 M	150 M	200 M
PB	00:36.81	01:18.04	02:00.42	02:41.43
	00:36.81	*00:41.23*	*00:42.38*	*00:41.01*
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .

Coach feedback:

Event number: 72: 200M BACKSTROKE MEN 13-14 — Heat:4, starttime: 16:19

Heat: 4/4 Lane : 2 Athlete: PICEU SEPPE — **Q-time: 02:27:27**

PB (50m pool): 02:30.67 Gent 08/02/2026 **PB (25m pool):** 02:27.27 **SB:** 02:30.67 Gent 08/02/2026

	50 M	100 M	150 M	200 M
PB	00:35.59	01:14.02	01:52.89	02:30.67
	00:35.59	*00:38.43*	*00:38.87*	*00:37.78*
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .

Coach feedback: