VJTC 2026: Session: 6: COACH evaluation sheet for TEAM: IKZ

Coachinfo: Warming up from: 13:15 untill 14:15. Teamleadmeeting @ The listed starttimes are indicative!

Coaches: Vandeputte Debby

Coaches: Vandeputte Pedro

Coaches: Desmet Lindsay

Coaches: Demeyere Linda HEADCOACH

PB => Personal Best time **SB => Seasons Best time: Season starting point: first of September.**

Event number: 65: 100M FREESTYLE WOMEN 15-16 — Heat:3, starttime: 15:10

Heat: 3/6 Lane : 7 Athlete: SCHACHT HANNE — **Q-time: 01:02:23**

PB (50m pool): 01:04.56 Antwerpen 20/07/2025 **PB (25m pool):** 01:01.44 **SB:** no time

	50M	100M	
PB	00:31.10	01:04.56	
	00:31.10	*00:33.46*	
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Coach feedback:

Event number: 69: 100M BREASTSTROKE WOMEN 15-16 — Heat:2, starttime: 15:39

Heat: 2/3 Lane : 6 Athlete: SCHACHT HANNE — **Q-time: 01:19:55**

PB (50m pool): 01:23.54 Antwerpen 20/07/2025 **PB (25m pool):** 01:19.25 **SB:** no time

	50M	100M	
PB	00:39.17	01:23.54	
	00:39.17	*00:44.37*	
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Coach feedback:

Event number: 71: 200M BACKSTROKE WOMEN 13-14 — Heat:5, starttime: 16:04

Heat: 5/5 Lane : 2 Athlete: VELGHE LAURA — **Q-time: 02:30:64**

PB (50m pool): 02:35.85 Antwerpen 20/07/2025 **PB (25m pool):** 02:30.64 **SB:** 02:36.72 Kortrijk 26/12/2025

	50M	100M	150M	200M	
PB	00:36.63	01:17.07	01:57.09	02:35.85	
	00:36.63	*00:40.44*	*00:40.02*	*00:38.76*	
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Coach feedback: