VJTC 2026: Session: 6: COACH evaluation sheet for TEAM: GZVN

Coachinfo: Warming up from: 13:15 untill 14:15. Teamleadmeeting @ The listed starttimes are indicative!

Coaches: Broux Yves

Coaches: Smeets Mirthe

PB => Personal Best time **SB => Seasons Best time: Season starting point: first of September.**

Event number: 62: 200M BUTTERFLY MEN 15-16 — Heat:1, starttime: 14:37

Heat: 1/1 Lane : 6 Athlete: ONA CESAR — **Q-time: 02:22:23**

PB (50m pool): 02:25.58 Antwerpen 20/07/2025 **PB (25m pool):** 02:22.23 **SB:** no time

	50M	100M	150M	200M	
PB	00:31.94	01:09.08	01:47.54	02:25.58	
	00:31.94	*00:37.14*	*00:38.46*	*00:38.04*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 63: 200M BREASTSTROKE WOMEN 13-14 — Heat:3, starttime: 14:48

Heat: 3/4 Lane : 8 Athlete: JANSSEN LAUREN — **Q-time: 03:02:75**

PB (50m pool): 03:06.26 Antwerpen 20/07/2025 **PB (25m pool):** 03:02.75 **SB:** no time

	50M	100M	150M	200M	
PB	00:42.04	01:29.50	02:18.11	03:06.26	
	00:42.04	*00:47.46*	*00:48.61*	*00:48.15*	
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Coach feedback:

Event number: 65: 100M FREESTYLE WOMEN 15-16 — Heat:4, starttime: 15:11

Heat: 4/6 Lane : 4 Athlete: VERVLOET ZOé — **Q-time: 00:57:76**

PB (50m pool): 01:00.40 Zwembad Brigitte Becue 30/05/2025 **PB (25m pool):** 00:57.76 **SB:** 01:00.75 Luxembourg 01/02/2026

	50M	100M	
PB	00:28.95	01:00.40	
	00:28.95	*00:31.45*	
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Coach feedback:

VJTC 2026: Session: 6: COACH evaluation sheet for TEAM: GZVN

Event number: 67: 50M FREESTYLE WOMEN 13-14 — Heat:4, starttime: 15:29

Heat: 4/6 Lane : 5 Athlete: JANSSEN LAUREN — **Q-time: 00:29:77**

PB (50m pool): 00:30.84 Zwembad Brigitte Becue 30/05/2025 **PB (25m pool):** 00:29.77 **SB:** no time

	50 M
PB	00:30.84
	00:30.84
	. . : . . : . .

Coach feedback:

Event number: 68: 50M FREESTYLE MEN 13-14 — Heat:3, starttime: 15:34

Heat: 3/4 Lane : 8 Athlete: TORDEUR KILIAN — **Q-time: 00:29:31**

PB (50m pool): 00:29.83 Düsseldorf 14/12/2025 **PB (25m pool):** 00:29.31 **SB:** 00:29.83 Düsseldorf 14/12/2025

	50 M
PB	00:29.83
	00:29.83
	. . : . . : . .

Coach feedback:

Event number: 72: 200M BACKSTROKE MEN 13-14 — Heat:3, starttime: 16:15

Heat: 3/4 Lane : 3 Athlete: TORDEUR KILIAN — **Q-time: 02:34:88**

PB (50m pool): 02:47.30 SportinGenk Park 01/03/2025 **PB (25m pool):** 02:34.88 **SB:** no time

	50 M	100 M	150 M	200 M
PB	no time	01:22.01	no time	02:47.30
	no time			
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .

Coach feedback: