VJTC 2026: Session: 6: COACH evaluation sheet for TEAM: DMB

Coachinfo: Warming up from: 13:15 untill 14:15. Teamleadmeeting @ The listed starttimes are indicative!

Coaches: Geerits Valerie

Coaches: Smeets Sara HEADCOACH

PB => Personal Best time **SB => Seasons Best time: Season starting point: first of September.**

Event number: 63: 200M BREASTSTROKE WOMEN 13-14 — Heat:1, starttime: 14:40

Heat: 1/4 Lane : 4 Athlete: NOUWEN FLEUR — **Q-time: 03:16:63**

PB (50m pool): 03:16.63 SportinGenk Park 08/03/2025 **PB (25m pool):** 03:09.19 **SB:** no time

	50M	100M	150M	200M	
PB	no time	01:37.01	no time	03:16.63	
	no time				
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 63: 200M BREASTSTROKE WOMEN 13-14 — Heat:2, starttime: 14:44

Heat: 2/4 Lane : 4 Athlete: RUELENS COBIEN — **Q-time: 03:03:07**

PB (50m pool): 03:03.07 Antwerpen 20/07/2025 **PB (25m pool):** 02:59.28 **SB:** 03:07.38 Genk 01/02/2026

	50M	100M	150M	200M	
PB	00:41.52	01:28.69	02:16.43	03:03.07	
	00:41.52	*00:47.17*	*00:47.74*	*00:46.64*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 63: 200M BREASTSTROKE WOMEN 13-14 — Heat:2, starttime: 14:44

Heat: 2/4 Lane : 7 Athlete: DE BELDER KATO — **Q-time: 03:05:26**

PB (50m pool): 03:05.26 SportinGenk Park 08/03/2025 **PB (25m pool):** 03:16.11 **SB:** 03:11.32 Genk 01/02/2026

	50M	100M	150M	200M	
PB	no time	01:29.64	no time	03:05.26	
	no time				
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

VJTC 2026: Session: 6: COACH evaluation sheet for TEAM: DMB

Event number: 64: 200M BREASTSTROKE MEN 13-14 — Heat:1, starttime: 14:55

Heat: 1/3 Lane : 2 Athlete: WALTERUS KILYAN — **Q-time: 03:04:03**

PB (50m pool): 03:04.03 Genk 01/02/2026 — **PB (25m pool):** 03:23.45 **SB:** 03:04.03 Genk 01/02/2026

	50M	100M	150M	200M	
PB	00:41.31	01:28.27	02:16.90	03:04.03	
	00:41.31	*00:46.96*	*00:48.63*	*00:47.13*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 66: 100M FREESTYLE MEN 15-16 — Heat:2, starttime: 15:18

Heat: 2/6 Lane : 8 Athlete: METTEN VINCE — **Q-time: 00:58:59**

PB (50m pool): 00:58.59 Genk 01/02/2026 — **PB (25m pool):** 00:58.80 **SB:** 00:58.59 Genk 01/02/2026

	50M	100M	
PB	00:28.44	00:58.59	
	00:28.44	*00:30.15*	
	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 67: 50M FREESTYLE WOMEN 13-14 — Heat:1, starttime: 15:26

Heat: 1/6 Lane : 4 Athlete: NOUWEN FLEUR — **Q-time: 00:32:02**

PB (50m pool): 00:32.02 Antwerpen 20/04/2025 — **PB (25m pool):** 00:31.85 **SB:** no time

	50M	
PB	00:32.02	
	00:32.02	
	. . : . . : . .	

Coach feedback:

Event number: 67: 50M FREESTYLE WOMEN 13-14 — Heat:3, starttime: 15:28

Heat: 3/6 Lane : 8 Athlete: SCHOUTEDEN NIENKE — **Q-time: 00:30:58**

PB (50m pool): 00:30.58 Genk 01/02/2026 — **PB (25m pool):** 00:28.91 **SB:** 00:30.58 Genk 01/02/2026

	50M	
PB	00:30.58	
	00:30.58	
	. . : . . : . .	

Coach feedback:

VJTC 2026: Session: 6: COACH evaluation sheet for TEAM: DMB

Event number: 67: 50M FREESTYLE WOMEN 13-14 — Heat:4, starttime: 15:29

Heat: 4/6 Lane : 4 Athlete: THEUWISSEN NORE — **Q-time: 00:29:73**

PB (50m pool): 00:29.73 Genk 01/02/2026 **PB (25m pool):** 00:28.33 **SB:** 00:29.73 Genk 01/02/2026

	50 M
PB	00:29.73
	00:29.73
	. . : . . : . .

Coach feedback:

Event number: 68: 50M FREESTYLE MEN 13-14 — Heat:1, starttime: 15:32

Heat: 1/4 Lane : 2 Athlete: GEUTJENS MAXIME — **Q-time: 00:32:32**

PB (50m pool): no time **PB (25m pool):** 00:30.43 **SB:** no time

	50 M
PB	no time
	no time
	. . : . . : . .

Coach feedback:

Event number: 68: 50M FREESTYLE MEN 13-14 — Heat:4, starttime: 15:35

Heat: 4/4 Lane : 8 Athlete: VANDIJCK SAMUEL — **Q-time: 00:28:54**

PB (50m pool): 00:28.54 Genk 01/02/2026 **PB (25m pool):** 00:28.77 **SB:** 00:28.54 Genk 01/02/2026

	50 M
PB	00:28.54
	00:28.54
	. . : . . : . .

Coach feedback:

Event number: 70: 100M BREASTSTROKE MEN 15-16 — Heat:2, starttime: 15:45

Heat: 2/3 Lane : 4 Athlete: METTEN VINCE — **Q-time: 01:08:15**

PB (50m pool): 01:08.15 Genk 01/02/2026 **PB (25m pool):** 01:04.83 **SB:** 01:08.15 Genk 01/02/2026

	50 M	100 M
PB	00:32.47	01:08.15
	00:32.47	*00:35.68*
	. . : . . : . .	. . : . . : . .

Coach feedback:

VJTC 2026: Session: 6: COACH evaluation sheet for TEAM: DMB

Event number: 71: 200M BACKSTROKE WOMEN 13-14 — Heat:1, starttime: 15:49

Heat: 1/5 Lane : 3 Athlete: SCHOUTEDEN NIENKE — **Q-time: 03:01:38**

PB (50m pool): 03:01.38 Antwerp 26/01/2025 **PB (25m pool):** 02:42.97 **SB:** no time

	50M	100M	150M	200M	
PB	00:41.02	01:27.41	02:15.48	03:01.38	
	00:41.02	*00:46.39*	*00:48.07*	*00:45.90*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 71: 200M BACKSTROKE WOMEN 13-14 — Heat:2, starttime: 15:53

Heat: 2/5 Lane : 2 Athlete: THEUWISSEN NORE — **Q-time: 02:44:04**

PB (50m pool): 02:44.04 SportinGenk Park 01/03/2025 **PB (25m pool):** 02:42.75 **SB:** 02:47.99 Genk 01/02/2026

	50M	100M	150M	200M	
PB	no time	01:19.13	no time	02:44.04	
	no time				
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 72: 200M BACKSTROKE MEN 13-14 — Heat:1, starttime: 16:08

Heat: 1/4 Lane : 3 Athlete: GEUTJENS MAXIME — **Q-time: 02:45:29**

PB (50m pool): 02:45.29 Genk 01/02/2026 **PB (25m pool):** 02:45.59 **SB:** 02:45.29 Genk 01/02/2026

	50M	100M	150M	200M	
PB	no time	01:20.44	no time	02:45.29	
	no time				
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 72: 200M BACKSTROKE MEN 13-14 — Heat:2, starttime: 16:12

Heat: 2/4 Lane : 2 Athlete: WALTERUS KILYAN — **Q-time: 02:40:23**

PB (50m pool): 02:40.23 Antwerpen 20/07/2025 **PB (25m pool):** 02:35.59 **SB:** 02:43.85 Genk 01/02/2026

	50M	100M	150M	200M	
PB	00:35.95	01:17.71	02:00.43	02:40.23	
	00:35.95	*00:41.76*	*00:42.72*	*00:39.80*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback: