VJTC 2026: Session: 6: COACH evaluation sheet for TEAM: BZK

Coachinfo: Warming up from: 13:15 untill 14:15. Teamleadmeeting @ The listed starttimes are indicative!

Coaches: De Nolf Elina

Coaches: Maene Stefaan HEADCOACH

PB => Personal Best time **SB => Seasons Best time: Season starting point: first of September.**

Event number: 63: 200M BREASTSTROKE WOMEN 13-14 — Heat:1, starttime: 14:40

Heat: 1/4 Lane : 3 Athlete: KIELB KORNELIA — **Q-time: 03:30:46**

PB (50m pool): no time **PB (25m pool):** 03:30.46 **SB:** no time

	50 M	100 M	150 M	200 M	
PB	no time	no time	no time	no time	
	no time				
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 65: 100M FREESTYLE WOMEN 15-16 — Heat:2, starttime: 15:08

Heat: 2/6 Lane : 5 Athlete: MESTDAGH LAURE — **Q-time: 01:02:89**

PB (50m pool): 01:02.89 Antwerp 26/01/2025 **PB (25m pool):** 01:02.43 **SB:** no time

	50 M	100 M	
PB	no time	01:02.89	
	no time		
	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 67: 50M FREESTYLE WOMEN 13-14 — Heat:1, starttime: 15:26

Heat: 1/6 Lane : 3 Athlete: KIELB KORNELIA — **Q-time: 00:33:20**

PB (50m pool): 00:37.13 Brugge 23/02/2025 **PB (25m pool):** 00:33.20 **SB:** no time

	50 M	
PB	00:37.13	
	00:37.13	
	. . : . . : . .	

Coach feedback:

VJTC 2026: Session: 6: COACH evaluation sheet for TEAM: BZK

Event number: 69: 100M BREASTSTROKE WOMEN 15-16	Heat:3, starttime: 15:41
Heat: 3/3 Lane : 2 Athlete: MESTDAGH LAURE	**Q-time: 01:20:63**

PB (50m pool): 01:18.87 Antwerpen 21/07/2024 **PB (25m pool):** 01:15.31 **SB:** no time

	50 M	100 M	
PB	no time	01:18.87	
	no time		
	. . : . . : . .	. . : . . : . .	

Coach feedback: