VJTC 2026: Session: 6: COACH evaluation sheet for TEAM: BEST

Coachinfo: Warming up from: 13:15 untill 14:15. Teamleadmeeting @ The listed starttimes are indicative!

Coaches: Mentens Nele HEADCOACH

PB => Personal Best time **SB => Seasons Best time: Season starting point: first of September.**

Event number: 61: 200M BUTTERFLY WOMEN 15-16 — Heat:1, starttime: 14:30

Heat: 1/2 Lane : 4 Athlete: VANDERLINDEN PAULIEN — **Q-time: 02:41:62**

PB (50m pool): 03:00.79 Molenbeek 01/02/2026 **PB (25m pool):** 02:41.62 **SB:** 03:00.79 Molenbeek 01/02/2026

	50M	100M	150M	200M	
PB	no time	01:26.16	no time	03:00.79	
	no time				
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 66: 100M FREESTYLE MEN 15-16 — Heat:3, starttime: 15:19

Heat: 3/6 Lane : 8 Athlete: VAN HOOF COBE — **Q-time: 00:57:98**

PB (50m pool): 00:59.86 Antwerpen 13/07/2025 **PB (25m pool):** 00:57.98 **SB:** no time

	50M	100M	
PB	00:28.71	00:59.86	
	00:28.71	*00:31.15*	
	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 70: 100M BREASTSTROKE MEN 15-16 — Heat:3, starttime: 15:47

Heat: 3/3 Lane : 3 Athlete: VAN HOOF COBE — **Q-time: 01:11:01**

PB (50m pool): 01:14.89 Antwerpen 27/07/2025 **PB (25m pool):** 01:11.01 **SB:** no time

	50M	100M	
PB	00:34.99	01:14.89	
	00:34.99	*00:39.90*	
	. . : . . : . .	. . : . . : . .	

Coach feedback:

VJTC 2026: Session: 6: COACH evaluation sheet for TEAM: BEST

Event number: 72: 200M BACKSTROKE MEN 13-14 **Heat:3, starttime: 16:15**

Heat: 3/4 Lane : 4 Athlete: PROUVé VIKTOR **Q-time: 02:30:84**

PB (50m pool): 02:37.96 Molenbeek 01/02/2026 **PB (25m pool):** 02:30.84 **SB:** 02:37.96 Molenbeek 01/02/2026

	50M	100M	150M	200M	
PB	no time	01:17.43	no time	02:37.96	
	no time				
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback: