VJTC 2026: Session: 5: COACH evaluation sheet for TEAM: ZVL

Coachinfo: Warming up from: 08:15 untill 09:15. Teamleadmeeting @ The listed starttimes are indicative!

Coaches: De Weerdt Koen

Coaches: Gijsemans Liesbet

Coaches: De Belder Nathalie HEADCOACH

PB => Personal Best time **SB => Seasons Best time: Season starting point: first of September.**

Event number: 53: 200M BREASTSTROKE MEN 15-16 — Heat:2, starttime: 10:00

Heat: 2/2 Lane : 3 Athlete: WIJSGEER VIKTOR — **Q-time: 02:31:33**

PB (50m pool): 02:35.25 Wezenberg 01/02/2026 **PB (25m pool):** 02:31.33 **SB:** 02:35.25 Wezenberg 01/02/2026

	50M	100M	150M	200M	
PB	00:34.51	01:14.93	01:55.23	02:35.25	
	00:34.51	*00:40.42*	*00:40.30*	*00:40.02*	
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Coach feedback:

Event number: 58: 200M BACKSTROKE WOMEN 15-16 — Heat:1, starttime: 10:51

Heat: 1/3 Lane : 2 Athlete: SCHELLEMANS CHARLOTTE — **Q-time: 02:37:25**

PB (50m pool): 02:41.19 Antwerpen 27/07/2025 **PB (25m pool):** 02:37.25 **SB:** 02:46.15 Aalst 20/12/2025

	50M	100M	150M	200M	
PB	00:39.20	01:19.91	02:01.56	02:41.19	
	00:39.20	*00:40.71*	*00:41.65*	*00:39.63*	
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Coach feedback: