VJTC 2026: Session: 5: COACH evaluation sheet for TEAM: TRUST

Coachinfo: Warming up from: 08:15 untill 09:15. Teamleadmeeting @ The listed starttimes are indicative!

Coaches: Remans Sander HEADCOACH

Coaches: Deprez Lukas

Coaches: Mattheus Ibe

PB => Personal Best time **SB => Seasons Best time: Season starting point: first of September.**

Event number: 55: 200M FREESTYLE MEN 13-14 — Heat:2, starttime: 10:14

Heat: 2/4 Lane : 7 Athlete: NIJS BAS — **Q-time: 02:22:46**

PB (50m pool): 02:22.46 Molenbeek 01/02/2026 **PB (25m pool):** 02:21.69 **SB:** 02:22.46 Molenbeek 01/02/2026

	50M	100M	150M	200M	
PB	no time	01:10.78	no time	02:22.46	
	no time				
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Coach feedback:

Event number: 56: 200M FREESTYLE WOMEN 13-14 — Heat:2, starttime: 10:26

Heat: 2/6 Lane : 2 Athlete: MAES JULIE — **Q-time: 02:30:05**

PB (50m pool): 02:30.05 Antwerp 26/01/2025 **PB (25m pool):** 02:24.42 **SB:** 02:30.39 Molenbeek 01/02/2026

	50M	100M	150M	200M	
PB	00:34.12	01:12.39	01:52.14	02:30.05	
	00:34.12	*00:38.27*	*00:39.75*	*00:37.91*	
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Coach feedback: