VJTC 2026: Session: 5: COACH evaluation sheet for TEAM: STW

Coachinfo: Warming up from: 08:15 untill 09:15. Teamleadmeeting @ The listed starttimes are indicative!

Coaches: Vandermeulen Eric HEADCOACH

PB => Personal Best time **SB => Seasons Best time: Season starting point: first of September.**

Event number: 55: 200M FREESTYLE MEN 13-14 — Heat:2, starttime: 10:14

Heat: 2/4 Lane : 1 Athlete: HOEFMAN HANNES — **Q-time: 02:23:47**

PB (50m pool): 02:27.79 Lago Gent Rozebroeken 04/05/2025 PB (25m pool): 02:23.47 **SB:** no time

	50M	100M	150M	200M	
PB	00:33.12	01:11.61	01:50.83	02:27.79	
	00:33.12	*00:38.49*	*00:39.22*	*00:36.96*	
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Coach feedback:

Event number: 56: 200M FREESTYLE WOMEN 13-14 — Heat:4, starttime: 10:32

Heat: 4/6 Lane : 2 Athlete: DE SMET AMéLIE — **Q-time: 02:22:40**

PB (50m pool): 02:31.54 Lago Gent Rozebroeken 04/05/2025 PB (25m pool): 02:22.40 **SB:** no time

	50M	100M	150M	200M	
PB	00:34.58	01:13.63	01:53.08	02:31.54	
	00:34.58	*00:39.05*	*00:39.45*	*00:38.46*	
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Coach feedback:

Event number: 59: 400M MEDLEY MEN 13-14 — Heat:3, starttime: 11:15

Heat: 3/3 Lane : 3 Athlete: VAN GOETHEM ARTHUR — **Q-time: 05:14:15**

PB (50m pool): 05:29.80 Antwerpen 20/07/2025 PB (25m pool): 05:14.15 **SB:** no time

	50M	100M	150M	200M	250M	300M	350M	400M
PB	00:33.70	01:14.43	01:57.91	02:39.61	03:24.93	04:13.21	04:52.74	05:29.80
	00:33.70	*00:40.73*	*00:43.48*	*00:41.70*	*00:45.32*	*00:48.28*	*00:39.53*	*00:37.06*
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Coach feedback: