VJTC 2026: Session: 5: COACH evaluation sheet for TEAM: DDAT

Coachinfo: Warming up from: 08:15 untill 09:15. Teamleadmeeting @ The listed starttimes are indicative!

Coaches: Gijsens Cato

Coaches: Claes Steven HEADCOACH

PB => Personal Best time **SB => Seasons Best time: Season starting point: first of September.**

Event number: 53: 200M BREASTSTROKE MEN 15-16 — Heat:1, starttime: 09:57

Heat: 1/2 Lane : 5 Athlete: VANSTECHELMAN LUCAS — **Q-time: 02:44:43**

PB (50m pool): 02:50.78 Antwerpen 20/07/2025 **PB (25m pool):** 02:44.43 **SB:** 02:52.88 Aalst 20/12/2025

	50 M	100 M	150 M	200 M	
PB	00:38.48	01:22.00	02:06.94	02:50.78	
	00:38.48	*00:43.52*	*00:44.94*	*00:43.84*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 54: 200M BREASTSTROKE WOMEN 15-16 — Heat:1, starttime: 10:04

Heat: 1/2 Lane : 5 Athlete: VAN DER MEEREN LOTTE — **Q-time: 02:50:41**

PB (50m pool): 02:53.32 Antwerpen 27/07/2025 **PB (25m pool):** 02:50.41 **SB:** 02:56.30 Molenbeek 01/02/2026

	50 M	100 M	150 M	200 M	
PB	00:38.80	01:23.41	02:08.86	02:53.32	
	00:38.80	*00:44.61*	*00:45.45*	*00:44.46*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 59: 400M MEDLEY MEN 13-14 — Heat:1, starttime: 11:02

Heat: 1/3 Lane : 3 Athlete: JACQUEMYNS KOBE — **Q-time: 05:58:62**

PB (50m pool): no time **PB (25m pool):** 05:58.62 **SB:** no time

	50 M	100 M	150 M	200 M	250 M	300 M	350 M	400 M
PB	no time	no time	no time	no time	no time	no time	no time	no time
	no time							
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .

Coach feedback:

VJTC 2026: Session: 5: COACH evaluation sheet for TEAM: DDAT

Event number: 60: 400M MEDLEY WOMEN 13-14 **Heat:2, starttime: 11:28**

Heat: 2/3 Lane : 3 Athlete: WYFFELS LOUISE MARIE **Q-time: 05:52:97**

PB (50m pool): 05:56.56 Molenbeek 01/02/2026 **PB (25m pool):** 05:37.52 **SB:** 05:56.56 Molenbeek 01/02/2026

	50M	100M	150M	200M	250M	300M	350M	400M
PB	no time	01:23.57	no time	no time	no time	no time	no time	05:56.56
	no time							
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .

Coach feedback: