VJTC 2026: Session: 5: COACH evaluation sheet for TEAM: DBT

Coachinfo: Warming up from: 08:15 untill 09:15. Teamleadmeeting @ The listed starttimes are indicative!

Coaches: Klopfel Ruth

Coaches: Theunissen Davey

Coaches: De Wit Tessa

PB => Personal Best time **SB => Seasons Best time: Season starting point: first of September.**

Event number: 54: 200M BREASTSTROKE WOMEN 15-16 — Heat:2, starttime: 10:07

Heat: 2/2 Lane : 4 Athlete: BROUWERS CHARLOTTE — **Q-time: 02:33:87**

PB (50m pool): 02:41.89 Antwerpen 20/07/2025 **PB (25m pool):** 02:33.87 **SB:** 02:46.65 Genk 01/02/2026

	50 M	100 M	150 M	200 M	
PB	00:36.79	01:18.00	02:00.01	02:41.89	
	00:36.79	*00:41.21*	*00:42.01*	*00:41.88*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 54: 200M BREASTSTROKE WOMEN 15-16 — Heat:2, starttime: 10:07

Heat: 2/2 Lane : 7 Athlete: POEL MAREN — **Q-time: 02:47:09**

PB (50m pool): 02:52.45 Antwerpen 20/07/2025 **PB (25m pool):** 02:47.09 **SB:** no time

	50 M	100 M	150 M	200 M	
PB	00:40.02	01:24.24	02:09.40	02:52.45	
	00:40.02	*00:44.22*	*00:45.16*	*00:43.05*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 56: 200M FREESTYLE WOMEN 13-14 — Heat:5, starttime: 10:35

Heat: 5/6 Lane : 7 Athlete: PIRA ANNE-SOPHIE — **Q-time: 02:19:97**

PB (50m pool): 02:22.06 Genk 01/02/2026 **PB (25m pool):** 02:19.97 **SB:** 02:22.06 Genk 01/02/2026

	50 M	100 M	150 M	200 M	
PB	00:31.89	01:08.20	01:45.96	02:22.06	
	00:31.89	*00:36.31*	*00:37.76*	*00:36.10*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

VJTC 2026: Session: 5: COACH evaluation sheet for TEAM: DBT

Event number: 57: 200M BACKSTROKE MEN 15-16 — Heat:3, starttime: 10:48

Heat: 3/3 Lane : 6 Athlete: BAELEN TOBE — **Q-time: 02:13:88**

PB (50m pool): 02:17.79 Genk 01/02/2026 **PB (25m pool):** 02:13.88 **SB:** 02:17.79 Genk 01/02/2026

	50M	100M	150M	200M	
PB	00:31.58	01:06.29	01:42.56	02:17.79	
	00:31.58	*00:34.71*	*00:36.27*	*00:35.23*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 58: 200M BACKSTROKE WOMEN 15-16 — Heat:1, starttime: 10:51

Heat: 1/3 Lane : 6 Athlete: POEL MAREN — **Q-time: 02:36:00**

PB (50m pool): 02:40.82 Genk 01/02/2026 **PB (25m pool):** 02:36.00 **SB:** 02:40.82 Genk 01/02/2026

	50M	100M	150M	200M	
PB	00:37.04	01:17.79	01:59.34	02:40.82	
	00:37.04	*00:40.75*	*00:41.55*	*00:41.48*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 58: 200M BACKSTROKE WOMEN 15-16 — Heat:3, starttime: 10:59

Heat: 3/3 Lane : 4 Athlete: MELOTTE PIA — **Q-time: 02:19:88**

PB (50m pool): 02:22.65 Antwerpen 27/07/2025 **PB (25m pool):** 02:19.88 **SB:** 02:27.39 Genk 01/02/2026

	50M	100M	150M	200M	
PB	00:33.71	01:10.37	01:46.59	02:22.65	
	00:33.71	*00:36.66*	*00:36.22*	*00:36.06*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 58: 200M BACKSTROKE WOMEN 15-16 — Heat:3, starttime: 10:59

Heat: 3/3 Lane : 5 Athlete: VANDEVENNE LIAH — **Q-time: 02:20:26**

PB (50m pool): 02:26.81 Antwerpen 20/07/2025 **PB (25m pool):** 02:20.26 **SB:** no time

	50M	100M	150M	200M	
PB	00:34.13	01:11.87	01:49.72	02:26.81	
	00:34.13	*00:37.74*	*00:37.85*	*00:37.09*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

VJTC 2026: Session: 5: COACH evaluation sheet for TEAM: DBT

Event number: 59: 400M MEDLEY MEN 13-14 — Heat:1, starttime: 11:02

Heat: 1/3 Lane : 4 Athlete: VERTESSEN WOUT — **Q-time: 05:40:51**

PB (50m pool): 05:40.51 Antwerpen 20/07/2025 **PB (25m pool):** 05:57.94 **SB:** no time

	50M	100M	150M	200M	250M	300M	350M	400M
PB	00:36.84	01:18.39	02:04.81	02:48.72	03:36.06	04:23.15	05:04.21	05:40.51
	00:36.84	*00:41.55*	*00:46.42*	*00:43.91*	*00:47.34*	*00:47.09*	*00:41.06*	*00:36.30*
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .

Coach feedback:

Event number: 60: 400M MEDLEY WOMEN 13-14 — Heat:1, starttime: 11:21

Heat: 1/3 Lane : 3 Athlete: PIRA ANNE-SOPHIE — **Q-time: 06:20:34**

PB (50m pool): no time **PB (25m pool):** 06:20.34 **SB:** no time

	50M	100M	150M	200M	250M	300M	350M	400M
PB	no time	no time	no time	no time	no time	no time	no time	no time
	no time							
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .

Coach feedback:

Event number: 60: 400M MEDLEY WOMEN 13-14 — Heat:3, starttime: 11:35

Heat: 3/3 Lane : 3 Athlete: ENGELEN FLOOR — **Q-time: 05:27:03**

PB (50m pool): 05:36.18 Antwerpen 20/07/2025 **PB (25m pool):** 05:27.03 **SB:** 05:41.67 Genk 01/02/2026

	50M	100M	150M	200M	250M	300M	350M	400M
PB	00:34.99	01:15.57	02:00.07	02:42.65	03:30.67	04:20.01	04:58.92	05:36.18
	00:34.99	*00:40.58*	*00:44.50*	*00:42.58*	*00:48.02*	*00:49.34*	*00:38.91*	*00:37.26*
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .

Coach feedback:

Event number: 60: 400M MEDLEY WOMEN 13-14 — Heat:3, starttime: 11:35

Heat: 3/3 Lane : 4 Athlete: PUT FIEN — **Q-time: 05:20:86**

PB (50m pool): 05:30.69 Antwerpen 20/07/2025 **PB (25m pool):** 05:20.86 **SB:** 05:31.29 Genk 01/02/2026

	50M	100M	150M	200M	250M	300M	350M	400M
PB	00:35.09	01:16.12	02:00.74	02:44.03	03:28.95	04:13.80	04:53.62	05:30.69
	00:35.09	*00:41.03*	*00:44.62*	*00:43.29*	*00:44.92*	*00:44.85*	*00:39.82*	*00:37.07*
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .

Coach feedback: