VJTC 2026: Session: 5: COACH evaluation sheet for TEAM: BRABO

Coachinfo: Warming up from: 08:15 untill 09:15. Teamleadmeeting @ The listed starttimes are indicative!

PB => Personal Best time **SB => Seasons Best time: Season starting point: first of September.**

Event number: 51: 400M FREESTYLE MEN 15-16 — Heat:2, starttime: 09:35

Heat: 2/3 Lane : 7 Athlete: VAN CAMPFORT NICOLAS — **Q-time: 04:24:69**

PB (50m pool): 04:32.13 Antwerpen 27/07/2025 **PB (25m pool):** 04:24.69 **SB:** 04:34.10 Wezenberg 01/02/2026

	50M	100M	150M	200M	250M	300M	350M	400M
PB	00:30.12	01:02.81	01:37.13	02:11.63	02:46.82	03:22.27	03:58.31	04:32.13
	00:30.12	*00:32.69*	*00:34.32*	*00:34.50*	*00:35.19*	*00:35.45*	*00:36.04*	*00:33.82*
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .

Coach feedback:

Event number: 52: 400M FREESTYLE WOMEN 15-16 — Heat:2, starttime: 09:51

Heat: 2/2 Lane : 8 Athlete: TEMMERMAN ELYNNE — **Q-time: 04:40:64**

PB (50m pool): 04:44.49 Antwerpen 21/07/2024 **PB (25m pool):** 04:40.64 **SB:** 04:51.58 Luxembourg 01/02/2026

	50M	100M	150M	200M	250M	300M	350M	400M
PB	no time	no time	no time	no time	no time	no time	no time	04:44.49
	no time							
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .

Coach feedback:

Event number: 54: 200M BREASTSTROKE WOMEN 15-16 — Heat:2, starttime: 10:07

Heat: 2/2 Lane : 2 Athlete: LEPAGE AMéLIE — **Q-time: 02:46:71**

PB (50m pool): 02:51.70 Antwerpen 27/07/2025 **PB (25m pool):** 02:46.71 **SB:** 02:52.21 Luxembourg 01/02/2026

	50M	100M	150M	200M	
PB	00:37.28	01:20.88	02:05.86	02:51.70	
	00:37.28	*00:43.60*	*00:44.98*	*00:45.84*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

VJTC 2026: Session: 5: COACH evaluation sheet for TEAM: BRABO

Event number: 55: 200M FREESTYLE MEN 13-14 — Heat:4, starttime: 10:20

Heat: 4/4 Lane : 8 Athlete: VAN SEVEREN MERLIJN — **Q-time: 02:16:48**

PB (50m pool): 02:16.48 Antwerpen 13/07/2025 **PB (25m pool):** 02:17.70 **SB:** no time

	50M	100M	150M	200M	
PB	00:31.21	01:05.91	01:41.93	02:16.48	
	00:31.21	*00:34.70*	*00:36.02*	*00:34.55*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 57: 200M BACKSTROKE MEN 15-16 — Heat:1, starttime: 10:41

Heat: 1/3 Lane : 5 Athlete: VAN CAMPFORT NICOLAS — **Q-time: 02:23:89**

PB (50m pool): 02:27.78 Antwerpen 27/07/2025 **PB (25m pool):** 02:23.89 **SB:** 02:30.31 Wezenberg 01/02/2026

	50M	100M	150M	200M	
PB	00:34.34	01:12.71	01:50.96	02:27.78	
	00:34.34	*00:38.37*	*00:38.25*	*00:36.82*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 57: 200M BACKSTROKE MEN 15-16 — Heat:2, starttime: 10:45

Heat: 2/3 Lane : 6 Athlete: BOGAERS THOMAS — **Q-time: 02:21:26**

PB (50m pool): 02:21.26 Antwerpen 27/07/2025 **PB (25m pool):** 02:20.13 **SB:** 02:23.05 Wezenberg 01/02/2026

	50M	100M	150M	200M	
PB	00:31.91	01:07.92	01:45.50	02:21.26	
	00:31.91	*00:36.01*	*00:37.58*	*00:35.76*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 57: 200M BACKSTROKE MEN 15-16 — Heat:3, starttime: 10:48

Heat: 3/3 Lane : 4 Athlete: VOLDERS ARNE — **Q-time: 02:03:82**

PB (50m pool): 02:10.01 Antwerpen 27/07/2025 **PB (25m pool):** 02:03.82 **SB:** no time

	50M	100M	150M	200M	
PB	00:29.67	01:02.60	01:36.60	02:10.01	
	00:29.67	*00:32.93*	*00:34.00*	*00:33.41*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

VJTC 2026: Session: 5: COACH evaluation sheet for TEAM: BRABO

Event number: 58: 200M BACKSTROKE WOMEN 15-16 — Heat:3, starttime: 10:59

Heat: 3/3 Lane : 3 Athlete: KELDERMAN FRAN — **Q-time: 02:21:52**

PB (50m pool): 02:27.77 Antwerpen 27/07/2025 **PB (25m pool):** 02:21.52 **SB:** 02:31.92 Luxembourg 01/02/2026

	50M	100M	150M	200M
PB	00:34.43	01:11.91	01:50.07	02:27.77
	00:34.43	*00:37.48*	*00:38.16*	*00:37.70*
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .

Coach feedback:

Event number: 59: 400M MEDLEY MEN 13-14 — Heat:2, starttime: 11:09

Heat: 2/3 Lane : 2 Athlete: APERS REDA — **Q-time: 05:35:41**

PB (50m pool): 05:41.37 Wezenberg 01/02/2026 **PB (25m pool):** 05:35.41 **SB:** 05:41.37 Wezenberg 01/02/2026

	50M	100M	150M	200M	250M	300M	350M	400M
PB	00:36.05	01:21.25	02:05.24	02:48.04	03:35.66	04:25.40	05:04.73	05:41.37
	00:36.05	*00:45.20*	*00:43.99*	*00:42.80*	*00:47.62*	*00:49.74*	*00:39.33*	*00:36.64*
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .

Coach feedback:

Event number: 59: 400M MEDLEY MEN 13-14 — Heat:2, starttime: 11:09

Heat: 2/3 Lane : 6 Athlete: CRISTIAN DAMIAN IANIS — **Q-time: 05:34:56**

PB (50m pool): 05:49.63 Antwerpen 20/07/2025 **PB (25m pool):** 05:34.56 **SB:** no time

	50M	100M	150M	200M	250M	300M	350M	400M
PB	00:37.13	01:21.48	02:05.53	02:50.85	03:37.82	04:27.64	05:09.50	05:49.63
	00:37.13	*00:44.35*	*00:44.05*	*00:45.32*	*00:46.97*	*00:49.82*	*00:41.86*	*00:40.13*
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .

Coach feedback:

Event number: 60: 400M MEDLEY WOMEN 13-14 — Heat:3, starttime: 11:35

Heat: 3/3 Lane : 7 Athlete: MOR IRIS — **Q-time: 05:30:81**

PB (50m pool): 05:47.20 Olympic Pool Wezenberg, Antwer 30/03/2025 **PB (25m pool):** 05:30.81 **SB:** no time

	50M	100M	150M	200M	250M	300M	350M	400M
PB	no time	01:23.30	no time	no time	no time	no time	no time	05:47.20
	no time							
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .

Coach feedback: