VJTC 2026: Session: 4: COACH evaluation sheet for TEAM: ZGEEL

Coachinfo: Warming up from: 13:15 untill 14:15. Teamleadmeeting @ The listed starttimes are indicative!

Coaches: Van Looy Wendy HEADCOACH

Coaches: Dillen Toon

PB => Personal Best time **SB => Seasons Best time: Season starting point: first of September.**

Event number: 37: 100M BREASTSTROKE WOMEN 11-12 — Heat:4, starttime: 14:37

Heat: 4/7 Lane : 6 Athlete: DE RIDDER ROXANE — **Q-time: 01:33:84**

PB (50m pool): 01:39.57 Wezenberg 04/01/2026 **PB (25m pool):** 01:33.84 **SB:** 01:39.57 Wezenberg 04/01/2026

	50 M	100 M	
PB	00:47.77	01:39.57	
	00:47.77	*00:51.80*	
	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 38: 100M BREASTSTROKE MEN 11-12 — Heat:7, starttime: 14:58

Heat: 7/7 Lane : 6 Athlete: MAES MATHIJS — **Q-time: 01:24:85**

PB (50m pool): 01:25.98 Wezenberg 01/02/2026 **PB (25m pool):** 01:24.85 **SB:** 01:25.98 Wezenberg 01/02/2026

	50 M	100 M	
PB	00:40.51	01:25.98	
	00:40.51	*00:45.47*	
	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 42: 50M BUTTERFLY MEN 15-16 — Heat:1, starttime: 15:37

Heat: 1/4 Lane : 5 Athlete: BEGUE MILANN — **Q-time: 00:29:18**

PB (50m pool): 00:29.31 Antwerpen 20/04/2025 **PB (25m pool):** 00:29.18 **SB:** 00:29.64 Wezenberg 01/02/2026

	50 M	
PB	00:29.31	
	00:29.31	
	. . : . . : . .	

Coach feedback:

VJTC 2026: Session: 4: COACH evaluation sheet for TEAM: ZGEEL

Event number: 42: 50M BUTTERFLY MEN 15-16 — Heat:3, starttime: 15:39

Heat: 3/4 Lane : 6 Athlete: ZRIRAK WAEL — **Q-time: 00:27:66**

PB (50m pool): 00:27.78 Wezenberg 01/02/2026 — **PB (25m pool):** 00:27.66 **SB:** 00:27.78 Wezenberg 01/02/2026

	50 M
PB	00:27.78
	00:27.78
	. . : . . : . .

Coach feedback:

Event number: 43: 50M BUTTERFLY WOMEN 11-12 — Heat:4, starttime: 15:45

Heat: 4/7 Lane : 2 Athlete: DE RIDDER ROXANE — **Q-time: 00:37:48**

PB (50m pool): 00:38.23 Wezenberg 01/02/2026 — **PB (25m pool):** 00:37.48 **SB:** 00:38.23 Wezenberg 01/02/2026

	50 M
PB	00:38.23
	00:38.23
	. . : . . : . .

Coach feedback:

Event number: 44: 50M BUTTERFLY MEN 11-12 — Heat:6, starttime: 15:55

Heat: 6/7 Lane : 5 Athlete: MAES MATHIJS — **Q-time: 00:34:65**

PB (50m pool): 00:36.56 Wezenberg 01/02/2026 — **PB (25m pool):** 00:34.65 **SB:** 00:36.56 Wezenberg 01/02/2026

	50 M
PB	00:36.56
	00:36.56
	. . : . . : . .

Coach feedback:

Event number: 45: 100M BUTTERFLY MEN 13-14 — Heat:5, starttime: 16:05

Heat: 5/5 Lane : 6 Athlete: DILLEN FINN — **Q-time: 01:10:20**

PB (50m pool): 01:10.57 Wezenberg 01/02/2026 — **PB (25m pool):** 01:10.20 **SB:** 01:10.57 Wezenberg 01/02/2026

	50 M	100 M
PB	00:32.61	01:10.57
	00:32.61	*00:37.96*
	. . : . . : . .	. . : . . : . .

Coach feedback:

VJTC 2026: Session: 4: COACH evaluation sheet for TEAM: ZGEEL

Event number: 46: 100M BUTTERFLY WOMEN 13-14 — Heat:4, starttime: 16:13

Heat: 4/4 Lane : 2 Athlete: BOOGERS NOOR — **Q-time: 01:13:29**

PB (50m pool): 01:15.33 Wezenberg 01/02/2026 — **PB (25m pool):** 01:13.29 **SB:** 01:15.33 Wezenberg 01/02/2026

	5 0 M	1 0 0 M	
PB	00:35.06	01:15.33	
	00:35.06	*00:40.27*	
	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 49: 100M BACKSTROKE WOMEN 11-12 — Heat:6, starttime: 16:58

Heat: 6/7 Lane : 4 Athlete: DE RIDDER ROXANE — **Q-time: 01:18:74**

PB (50m pool): 01:22.22 Wezenberg 04/01/2026 — **PB (25m pool):** 01:18.74 **SB:** 01:22.22 Wezenberg 04/01/2026

	5 0 M	1 0 0 M	
PB	00:39.18	01:22.22	
	00:39.18	*00:43.04*	
	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 50: 100M BACKSTROKE MEN 11-12 — Heat:6, starttime: 17:15

Heat: 6/7 Lane : 5 Athlete: MAES MATHIJS — **Q-time: 01:17:29**

PB (50m pool): 01:19.69 Wezenberg 04/01/2026 — **PB (25m pool):** 01:17.29 **SB:** 01:19.69 Wezenberg 04/01/2026

	5 0 M	1 0 0 M	
PB	00:38.99	01:19.69	
	00:38.99	*00:40.70*	
	. . : . . : . .	. . : . . : . .	

Coach feedback: