VJTC 2026: Session: 4: COACH evaluation sheet for TEAM: UZKZ

Coachinfo: Warming up from: 13:15 untill 14:15. Teamleadmeeting @ The listed starttimes are indicative!

Coaches: Mabbe Andy

Coaches: Planckaert Pieter

Coaches: Spincemaille Laura

Coaches: Vanden Abeele Syl

Coaches: Demeyere Kristof HEADCOACH

PB => Personal Best time **SB => Seasons Best time: Season starting point: first of September.**

Event number: 37: 100M BREASTSTROKE WOMEN 11-12 — Heat:3, starttime: 14:34

Heat: 3/7 Lane : 4 Athlete: TUYTENS LAURE — **Q-time: 01:36:22**

PB (50m pool): 01:40.75 Antwerpen 20/07/2025 **PB (25m pool):** 01:36.22 **SB:** 01:42.64 Brugge 01/02/2026

	5 0 M	1 0 0 M	
PB	00:48.23	01:40.75	
	00:48.23	*00:52.52*	
	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 37: 100M BREASTSTROKE WOMEN 11-12 — Heat:5, starttime: 14:39

Heat: 5/7 Lane : 5 Athlete: POPPE CéLESTE — **Q-time: 01:31:90**

PB (50m pool): 01:36.50 Brugge 01/02/2026 **PB (25m pool):** 01:31.90 **SB:** 01:36.50 Brugge 01/02/2026

	5 0 M	1 0 0 M	
PB	00:46.53	01:36.50	
	00:46.53	*00:49.97*	
	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 38: 100M BREASTSTROKE MEN 11-12 — Heat:4, starttime: 14:52

Heat: 4/7 Lane : 4 Athlete: ROIJERS REMI — **Q-time: 01:36:34**

PB (50m pool): 01:47.17 Brugge 01/02/2026 **PB (25m pool):** 01:36.34 **SB:** 01:47.17 Brugge 01/02/2026

	5 0 M	1 0 0 M	
PB	00:50.33	01:47.17	
	00:50.33	*00:56.84*	
	. . : . . : . .	. . : . . : . .	

Coach feedback:

VJTC 2026: Session: 4: COACH evaluation sheet for TEAM: UZKZ

Event number: 42: 50M BUTTERFLY MEN 15-16 — Heat:2, starttime: 15:38

Heat: 2/4 Lane : 7 Athlete: DEMEYERE LARS — **Q-time: 00:28:41**

PB (50m pool): 00:28.41 Brugge 01/02/2026 **PB (25m pool):** 00:28.57 **SB:** 00:28.41 Brugge 01/02/2026

	5 0 M	
PB	00:28.41	
	00:28.41	
	. . : . . : . .	

Coach feedback:

Event number: 43: 50M BUTTERFLY WOMEN 11-12 — Heat:2, starttime: 15:42

Heat: 2/7 Lane : 2 Athlete: POPPE CéLESTE — **Q-time: 00:40:01**

PB (50m pool): 00:42.80 Brugge 01/02/2026 **PB (25m pool):** 00:40.01 **SB:** 00:42.80 Brugge 01/02/2026

	5 0 M	
PB	00:42.80	
	00:42.80	
	. . : . . : . .	

Coach feedback:

Event number: 43: 50M BUTTERFLY WOMEN 11-12 — Heat:3, starttime: 15:44

Heat: 3/7 Lane : 7 Athlete: TUYTENS LAURE — **Q-time: 00:38:72**

PB (50m pool): 00:44.09 Brugge 01/02/2026 **PB (25m pool):** 00:38.72 **SB:** 00:44.09 Brugge 01/02/2026

	5 0 M	
PB	00:44.09	
	00:44.09	
	. . : . . : . .	

Coach feedback:

Event number: 44: 50M BUTTERFLY MEN 11-12 — Heat:4, starttime: 15:53

Heat: 4/7 Lane : 5 Athlete: ROIJERS REMI — **Q-time: 00:36:88**

PB (50m pool): 00:36.88 Brugge 01/02/2026 **PB (25m pool):** 00:39.76 **SB:** 00:36.88 Brugge 01/02/2026

	5 0 M	
PB	00:36.88	
	00:36.88	
	. . : . . : . .	

Coach feedback:

VJTC 2026: Session: 4: COACH evaluation sheet for TEAM: UZKZ

Event number: 46: 100M BUTTERFLY WOMEN 13-14 — Heat:2, starttime: 16:09

Heat: 2/4 Lane : 4 Athlete: LIBBRECHT ZOë — **Q-time: 01:09:26**

PB (50m pool): 01:09.26 Antwerpen 20/07/2025 **PB (25m pool):** 01:06.95 **SB:** no time

	50 M	100 M	
PB	00:32.23	01:09.26	
	00:32.23	*00:37.03*	
	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 49: 100M BACKSTROKE WOMEN 11-12 — Heat:1, starttime: 16:46

Heat: 1/7 Lane : 5 Athlete: POPPE CéLESTE — **Q-time: 01:26:99**

PB (50m pool): 01:30.13 Brugge 01/02/2026 **PB (25m pool):** 01:26.99 **SB:** 01:30.13 Brugge 01/02/2026

	50 M	100 M	
PB	00:44.45	01:30.13	
	00:44.45	*00:45.68*	
	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 49: 100M BACKSTROKE WOMEN 11-12 — Heat:4, starttime: 16:53

Heat: 4/7 Lane : 2 Athlete: TUYTENS LAURE — **Q-time: 01:23:77**

PB (50m pool): 01:27.22 Antwerpen 20/07/2025 **PB (25m pool):** 01:23.77 **SB:** 01:28.17 Gent 08/02/2026

	50 M	100 M	
PB	00:42.04	01:27.22	
	00:42.04	*00:45.18*	
	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 50: 100M BACKSTROKE MEN 11-12 — Heat:4, starttime: 17:10

Heat: 4/7 Lane : 4 Athlete: ROIJERS REMI — **Q-time: 01:22:57**

PB (50m pool): 01:23.65 Brugge 01/02/2026 **PB (25m pool):** 01:22.57 **SB:** 01:23.65 Brugge 01/02/2026

	50 M	100 M	
PB	00:42.31	01:23.65	
	00:42.31	*00:41.34*	
	. . : . . : . .	. . : . . : . .	

Coach feedback: