# VJTC 2026: Session: 4: COACH evaluation sheet for TEAM: STZ

**Coachinfo: Warming up from: 13:15 untill 14:15. Teamleadmeeting @ The listed starttimes are indicative!**

**Coaches: Iannino David HEADCOACH**

**Coaches: Januarius Bart**

**PB => Personal Best time SB => Seasons Best time: Season starting point: first of September.**

## Event number: 37: 100M BREASTSTROKE WOMEN 11-12 Heat:2, starttime: 14:32

**Heat: 2/7 Lane : 1 Athlete: MECHROUBI YASMINA** **Q-time: 01:40:19**

**PB (50m pool): 01:42.19 Molenbeek 01/02/2026** **PB (25m pool):** 01:40.19 **SB:** 01:42.19 Molenbeek 01/02/2026

| | 50 M | 100 M | |
|---|---|---|---|
| PB | no time | 01:42.19 | |
| | *no time* | | |
| | . . : . . : . . | . . : . . : . . | |

Coach feedback:

## Event number: 38: 100M BREASTSTROKE MEN 11-12 Heat:5, starttime: 14:54

**Heat: 5/7 Lane : 1 Athlete: LOUCKX TIM** **Q-time: 01:34:52**

**PB (50m pool): 01:34.52 Gent 08/02/2026** **PB (25m pool):** 01:34.53 **SB:** 01:34.52 Gent 08/02/2026

| | 50 M | 100 M | |
|---|---|---|---|
| PB | 00:45.01 | 01:34.52 | |
| | *00:45.01* | *00:49.51* | |
| | . . : . . : . . | . . : . . : . . | |

Coach feedback:

## Event number: 43: 50M BUTTERFLY WOMEN 11-12 Heat:1, starttime: 15:41

**Heat: 1/7 Lane : 3 Athlete: MECHROUBI YASMINA** **Q-time: 00:41:13**

**PB (50m pool): 00:42.92 Molenbeek 01/02/2026** **PB (25m pool):** 00:41.13 **SB:** 00:42.92 Molenbeek 01/02/2026

| | 50 M | |
|---|---|---|
| PB | 00:42.92 | |
| | *00:42.92* | |
| | . . : . . : . . | |

Coach feedback:

# VJTC 2026: Session: 4: COACH evaluation sheet for TEAM: STZ

## Event number: 44: 50M BUTTERFLY MEN 11-12 — Heat:6, starttime: 15:55

**Heat: 6/7 Lane : 4 Athlete: LOUCKX TIM** — **Q-time: 00:34:34**

**PB (50m pool): 00:35.03 Molenbeek 01/02/2026** **PB (25m pool):** 00:34.34 **SB:** 00:35.03 Molenbeek 01/02/2026

| | 5 0 M |
|---|---|
| PB | 00:35.03 |
| | *00:35.03* |
| | . . : . . : . . |

Coach feedback:

## Event number: 45: 100M BUTTERFLY MEN 13-14 — Heat:3, starttime: 16:02

**Heat: 3/5 Lane : 5 Athlete: VANOLANDE THIBAULT** — **Q-time: 01:07:90**

**PB (50m pool): 01:09.12 Gent 08/02/2026** **PB (25m pool):** 01:07.90 **SB:** 01:09.12 Gent 08/02/2026

| | 5 0 M | 1 0 0 M |
|---|---|---|
| PB | 00:31.79 | 01:09.12 |
| | *00:31.79* | *00:37.33* |
| | . . : . . : . . | . . : . . : . . |

Coach feedback:

## Event number: 46: 100M BUTTERFLY WOMEN 13-14 — Heat:3, starttime: 16:11

**Heat: 3/4 Lane : 6 Athlete: AELEN BENTE** — **Q-time: 01:12:85**

**PB (50m pool): 01:13.51 Gent 08/02/2026** **PB (25m pool):** 01:12.85 **SB:** 01:13.51 Gent 08/02/2026

| | 5 0 M | 1 0 0 M |
|---|---|---|
| PB | 00:34.13 | 01:13.51 |
| | *00:34.13* | *00:39.38* |
| | . . : . . : . . | . . : . . : . . |

Coach feedback:

## Event number: 49: 100M BACKSTROKE WOMEN 11-12 — Heat:4, starttime: 16:53

**Heat: 4/7 Lane : 5 Athlete: MECHROUBI YASMINA** — **Q-time: 01:23:35**

**PB (50m pool): 01:26.56 Molenbeek 01/02/2026** **PB (25m pool):** 01:23.35 **SB:** 01:26.56 Molenbeek 01/02/2026

| | 5 0 M | 1 0 0 M |
|---|---|---|
| PB | no time | 01:26.56 |
| | *no time* | |
| | . . : . . : . . | . . : . . : . . |

Coach feedback:

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**Event number: 50: 100M BACKSTROKE MEN 11-12** **Heat:5, starttime: 17:13**

**Heat: 5/7 Lane : 3 Athlete: LOUCKX TIM** **Q-time: 01:21:60**

**PB (50m pool): 01:23.89 Antwerpen 20/07/2025** **PB (25m pool):** 01:21.60 **SB:** 01:24.73 Gent 08/02/2026

| | 5 0 M | 1 0 0 M | |
|---|---|---|---|
| PB | no time | 01:23.89 | |
| | *no time* | | |
| | . . : . . : . . | . . : . . : . . | |

Coach feedback: