VJTC 2026: Session: 4: COACH evaluation sheet for TEAM: STA

Coachinfo: Warming up from: 13:15 untill 14:15. Teamleadmeeting @ The listed starttimes are indicative!

Coaches: Lasoen Sam HEADCOACH

Coaches: Vlamijnck Robin

Coaches: Buyck Tine

PB => Personal Best time **SB => Seasons Best time: Season starting point: first of September.**

Event number: 37: 100M BREASTSTROKE WOMEN 11-12 — Heat:5, starttime: 14:39

Heat: 5/7 Lane : 7 Athlete: DE MULDER MAïTHé — **Q-time: 01:33:08**

PB (50m pool): 01:34.39 Lochristi 01/02/2026 **PB (25m pool):** 01:33.08 **SB:** 01:34.39 Lochristi 01/02/2026

	50 M	100 M	
PB	no time	01:34.39	
	no time		
	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 43: 50M BUTTERFLY WOMEN 11-12 — Heat:3, starttime: 15:44

Heat: 3/7 Lane : 1 Athlete: DE MULDER MAïTHé — **Q-time: 00:38:77**

PB (50m pool): 00:38.77 Wezenberg 04/01/2026 **PB (25m pool):** 00:40.64 **SB:** 00:38.77 Wezenberg 04/01/2026

	50 M	
PB	00:38.77	
	00:38.77	
	. . : . . : . .	

Coach feedback:

Event number: 45: 100M BUTTERFLY MEN 13-14 — Heat:3, starttime: 16:02

Heat: 3/5 Lane : 1 Athlete: VROMAN FINN — **Q-time: 01:13:49**

PB (50m pool): 01:15.86 Wezenberg 04/01/2026 **PB (25m pool):** 01:13.49 **SB:** 01:15.86 Wezenberg 04/01/2026

	50 M	100 M	
PB	00:34.07	01:15.86	
	00:34.07	*00:41.79*	
	. . : . . : . .	. . : . . : . .	

Coach feedback:

VJTC 2026: Session: 4: COACH evaluation sheet for TEAM: STA

Event number: 46: 100M BUTTERFLY WOMEN 13-14 — Heat:1, starttime: 16:08

Heat: 1/4 Lane : 3 Athlete: BERKEIN ALESSIA — **Q-time: 01:20:27**

PB (50m pool): 01:22.85 Wezenberg 04/01/2026 — **PB (25m pool):** 01:20.27 **SB:** 01:22.85 Wezenberg 04/01/2026

	5 0 M	1 0 0 M	
PB	00:36.11	01:22.85	
	00:36.11	*00:46.74*	
	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 46: 100M BUTTERFLY WOMEN 13-14 — Heat:2, starttime: 16:09

Heat: 2/4 Lane : 2 Athlete: RUTSAERT EMILY — **Q-time: 01:13:67**

PB (50m pool): 01:13.67 Gent 08/02/2026 — **PB (25m pool):** 01:15.68 **SB:** 01:13.67 Gent 08/02/2026

	5 0 M	1 0 0 M	
PB	00:33.86	01:13.67	
	00:33.86	*00:39.81*	
	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 49: 100M BACKSTROKE WOMEN 11-12 — Heat:1, starttime: 16:46

Heat: 1/7 Lane : 6 Athlete: DE MULDER MAïTHé — **Q-time: 01:27:87**

PB (50m pool): 01:27.87 Wezenberg 04/01/2026 — **PB (25m pool):** 01:28.80 **SB:** 01:27.87 Wezenberg 04/01/2026

	5 0 M	1 0 0 M	
PB	00:42.47	01:27.87	
	00:42.47	*00:45.40*	
	. . : . . : . .	. . : . . : . .	

Coach feedback: