VJTC 2026: Session: 4: COACH evaluation sheet for TEAM: ROSC

Coachinfo: Warming up from: 13:15 untill 14:15. Teamleadmeeting @ The listed starttimes are indicative!

Coaches: Ryckeman Brian

Coaches: Taveirne Bea HEADCOACH

PB => Personal Best time SB => Seasons Best time: Season starting point: first of September.

Event number: 37: 100M BREASTSTROKE WOMEN 11-12 — Heat:3, starttime: 14:34

Heat: 3/7 Lane : 1 Athlete: ANTIERENS LOUISE — **Q-time: 01:37:34**

PB (50m pool): 01:37.35 Zwembad Brigitte Becue 30/05/2025 PB (25m pool): 01:37.34 **SB:** 01:37.61 Brugge 01/02/2026

	5 0 M	1 0 0 M	
PB	00:46.90	01:37.35	
	00:46.90	*00:50.45*	
	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 37: 100M BREASTSTROKE WOMEN 11-12 — Heat:3, starttime: 14:34

Heat: 3/7 Lane : 8 Athlete: CANNIERE ERIN — **Q-time: 01:37:41**

PB (50m pool): 01:37.41 Zwembad Brigitte Becue 30/05/2025 PB (25m pool): 01:40.43 **SB:** no time

	5 0 M	1 0 0 M	
PB	00:46.54	01:37.41	
	00:46.54	*00:50.87*	
	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 37: 100M BREASTSTROKE WOMEN 11-12 — Heat:7, starttime: 14:43

Heat: 7/7 Lane : 2 Athlete: RYCKEMAN ELLA — **Q-time: 01:25:53**

PB (50m pool): 01:30.41 Brugge 01/02/2026 PB (25m pool): 01:25.53 **SB:** 01:30.41 Brugge 01/02/2026

	5 0 M	1 0 0 M	
PB	00:43.85	01:30.41	
	00:43.85	*00:46.56*	
	. . : . . : . .	. . : . . : . .	

Coach feedback:

VJTC 2026: Session: 4: COACH evaluation sheet for TEAM: ROSC

Event number: 38: 100M BREASTSTROKE MEN 11-12 — Heat:1, starttime: 14:45

Heat: 1/7 Lane : 5 Athlete: STAELENS TYLER — **Q-time: 01:47:05**

PB (50m pool): 01:47.99 Brugge 01/02/2026 **PB (25m pool):** 01:47.05 **SB:** 01:47.99 Brugge 01/02/2026

	5 0 M	1 0 0 M	
PB	00:51.96	01:47.99	
	00:51.96	*00:56.03*	
	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 38: 100M BREASTSTROKE MEN 11-12 — Heat:4, starttime: 14:52

Heat: 4/7 Lane : 5 Athlete: LAFORCE LANDER — **Q-time: 01:36:81**

PB (50m pool): 01:43.11 Brugge 01/02/2026 **PB (25m pool):** 01:36.81 **SB:** 01:43.11 Brugge 01/02/2026

	5 0 M	1 0 0 M	
PB	00:49.33	01:43.11	
	00:49.33	*00:53.78*	
	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 38: 100M BREASTSTROKE MEN 11-12 — Heat:7, starttime: 14:58

Heat: 7/7 Lane : 2 Athlete: DAUWE LARS — **Q-time: 01:25:34**

PB (50m pool): 01:30.39 Brugge 01/02/2026 **PB (25m pool):** 01:25.34 **SB:** 01:30.39 Brugge 01/02/2026

	5 0 M	1 0 0 M	
PB	00:43.01	01:30.39	
	00:43.01	*00:47.38*	
	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 41: 50M BUTTERFLY WOMEN 15-16 — Heat:1, starttime: 15:30

Heat: 1/6 Lane : 3 Athlete: DEPAEPE ELIZE — **Q-time: 00:33:26**

PB (50m pool): 00:33.26 Brugge 14/02/2026 **PB (25m pool):** 00:37.58 **SB:** 00:33.26 Brugge 14/02/2026

	5 0 M	
PB	00:33.26	
	00:33.26	
	. . : . . : . .	

Coach feedback:

VJTC 2026: Session: 4: COACH evaluation sheet for TEAM: ROSC

Event number: 41: 50M BUTTERFLY WOMEN 15-16 — Heat:6, starttime: 15:35

Heat: 6/6 Lane : 1 Athlete: CLAEYS DITTE — **Q-time: 00:30:60**

PB (50m pool): 00:30.60 Zwembad Brigitte Becue 30/05/2025 **PB (25m pool):** 00:29.71 **SB:** no time

	5 0 M	
PB	00:30.60	
	00:30.60	
	. . : . . : . .	

Coach feedback:

Event number: 43: 50M BUTTERFLY WOMEN 11-12 — Heat:1, starttime: 15:41

Heat: 1/7 Lane : 5 Athlete: ANTIERENS LOUISE — **Q-time: 00:40:60**

PB (50m pool): 00:40.60 Brugge 14/02/2026 **PB (25m pool):** 00:44.26 **SB:** 00:40.60 Brugge 14/02/2026

	5 0 M	
PB	00:40.60	
	00:40.60	
	. . : . . : . .	

Coach feedback:

Event number: 43: 50M BUTTERFLY WOMEN 11-12 — Heat:3, starttime: 15:44

Heat: 3/7 Lane : 6 Athlete: CANNIERE ERIN — **Q-time: 00:38:67**

PB (50m pool): 00:39.71 Brugge 14/02/2026 **PB (25m pool):** 00:38.67 **SB:** 00:39.71 Brugge 14/02/2026

	5 0 M	
PB	00:39.71	
	00:39.71	
	. . : . . : . .	

Coach feedback:

Event number: 43: 50M BUTTERFLY WOMEN 11-12 — Heat:7, starttime: 15:48

Heat: 7/7 Lane : 5 Athlete: RYCKEMAN ELLA — **Q-time: 00:32:64**

PB (50m pool): 00:32.64 Brugge 01/02/2026 **PB (25m pool):** 00:33.04 **SB:** 00:32.64 Brugge 01/02/2026

	5 0 M	
PB	00:32.64	
	00:32.64	
	. . : . . : . .	

Coach feedback:

VJTC 2026: Session: 4: COACH evaluation sheet for TEAM: ROSC

Event number: 44: 50M BUTTERFLY MEN 11-12 — Heat:6, starttime: 15:55

Heat: 6/7 Lane : 3 Athlete: LAFORCE LANDER — **Q-time: 00:34:84**

PB (50m pool): 00:34.84 Brugge 14/02/2026 **PB (25m pool):** 00:35.49 **SB:** 00:34.84 Brugge 14/02/2026

	5 0 M
PB	00:34.84
	00:34.84
	. . : . . : . .

Coach feedback:

Event number: 44: 50M BUTTERFLY MEN 11-12 — Heat:7, starttime: 15:57

Heat: 7/7 Lane : 1 Athlete: STAELENS TYLER — **Q-time: 00:34:18**

PB (50m pool): 00:34.18 Brugge 01/02/2026 **PB (25m pool):** 00:36.70 **SB:** 00:34.18 Brugge 01/02/2026

	5 0 M
PB	00:34.18
	00:34.18
	. . : . . : . .

Coach feedback:

Event number: 44: 50M BUTTERFLY MEN 11-12 — Heat:7, starttime: 15:57

Heat: 7/7 Lane : 6 Athlete: DAUWE LARS — **Q-time: 00:33:56**

PB (50m pool): 00:34.11 Brugge 01/02/2026 **PB (25m pool):** 00:33.56 **SB:** 00:34.11 Brugge 01/02/2026

	5 0 M
PB	00:34.11
	00:34.11
	. . : . . : . .

Coach feedback:

Event number: 45: 100M BUTTERFLY MEN 13-14 — Heat:4, starttime: 16:04

Heat: 4/5 Lane : 2 Athlete: DEVOS MATHIS — **Q-time: 01:10:46**

PB (50m pool): 01:11.52 Brugge 01/02/2026 **PB (25m pool):** 01:10.46 **SB:** 01:11.52 Brugge 01/02/2026

	5 0 M	1 0 0 M
PB	00:33.63	01:11.52
	00:33.63	*00:37.89*
	. . : . . : . .	. . : . . : . .

Coach feedback:

VJTC 2026: Session: 4: COACH evaluation sheet for TEAM: ROSC

Event number: 46: 100M BUTTERFLY WOMEN 13-14 — Heat:1, starttime: 16:08

Heat: 1/4 Lane : 7 Athlete: DEVUYST OONA — **Q-time: 01:21:39**

PB (50m pool): 01:21.39 Antwerpen 20/07/2025 **PB (25m pool):** 01:31.83 **SB:** no time

	50 M	100 M	
PB	00:37.35	01:21.39	
	00:37.35	*00:44.04*	
	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 49: 100M BACKSTROKE WOMEN 11-12 — Heat:1, starttime: 16:46

Heat: 1/7 Lane : 7 Athlete: ANTIERENS LOUISE — **Q-time: 01:29:84**

PB (50m pool): 01:29.84 Brugge 01/02/2026 **PB (25m pool):** 01:42.82 **SB:** 01:29.84 Brugge 01/02/2026

	50 M	100 M	
PB	00:43.28	01:29.84	
	00:43.28	*00:46.56*	
	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 49: 100M BACKSTROKE WOMEN 11-12 — Heat:3, starttime: 16:51

Heat: 3/7 Lane : 3 Athlete: CANNIERE ERIN — **Q-time: 01:24:74**

PB (50m pool): 01:28.06 Brugge 01/02/2026 **PB (25m pool):** 01:24.74 **SB:** 01:28.06 Brugge 01/02/2026

	50 M	100 M	
PB	00:43.67	01:28.06	
	00:43.67	*00:44.39*	
	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 49: 100M BACKSTROKE WOMEN 11-12 — Heat:7, starttime: 17:00

Heat: 7/7 Lane : 4 Athlete: RYCKEMAN ELLA — **Q-time: 01:14:44**

PB (50m pool): 01:14.44 Brugge 01/02/2026 **PB (25m pool):** 01:14.13 **SB:** 01:14.44 Brugge 01/02/2026

	50 M	100 M	
PB	00:36.39	01:14.44	
	00:36.39	*00:38.05*	
	. . : . . : . .	. . : . . : . .	

Coach feedback:

VJTC 2026: Session: 4: COACH evaluation sheet for TEAM: ROSC

Event number: 50: 100M BACKSTROKE MEN 11-12 — Heat:5, starttime: 17:13

Heat: 5/7 Lane : 2 Athlete: LAFORCE LANDER — **Q-time: 01:21:73**

PB (50m pool): 01:21.91 Brugge 01/02/2026 — **PB (25m pool):** 01:21.73 **SB:** 01:21.91 Brugge 01/02/2026

	5 0 M	1 0 0 M	
PB	00:40.52	01:21.91	
	00:40.52	*00:41.39*	
	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 50: 100M BACKSTROKE MEN 11-12 — Heat:7, starttime: 17:17

Heat: 7/7 Lane : 3 Athlete: STAELENS TYLER — **Q-time: 01:15:58**

PB (50m pool): 01:18.87 Brugge 01/02/2026 — **PB (25m pool):** 01:15.58 **SB:** 01:18.87 Brugge 01/02/2026

	5 0 M	1 0 0 M	
PB	00:39.63	01:18.87	
	00:39.63	*00:39.24*	
	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 50: 100M BACKSTROKE MEN 11-12 — Heat:7, starttime: 17:17

Heat: 7/7 Lane : 7 Athlete: DAUWE LARS — **Q-time: 01:15:68**

PB (50m pool): 01:16.41 Brugge 01/02/2026 — **PB (25m pool):** 01:15.68 **SB:** 01:16.41 Brugge 01/02/2026

	5 0 M	1 0 0 M	
PB	00:37.65	01:16.41	
	00:37.65	*00:38.76*	
	. . : . . : . .	. . : . . : . .	

Coach feedback: