VJTC 2026: Session: 4: COACH evaluation sheet for TEAM: PZC

Coachinfo: Warming up from: 13:15 untill 14:15. Teamleadmeeting @ The listed starttimes are indicative!

Coaches: Maes Koen HEADCOACH

Coaches: Dekoninck Nicole

Coaches: Beerten Ine

PB => Personal Best time **SB => Seasons Best time: Season starting point: first of September.**

Event number: 38: 100M BREASTSTROKE MEN 11-12 — Heat:5, starttime: 14:54

Heat: 5/7 Lane : 2 Athlete: BOLLEN WARRE — **Q-time: 01:33:99**

PB (50m pool): 01:36.29 Mol 22/06/2025 **PB (25m pool):** 01:33.99 **SB:** 01:38.38 SportinGenk Park 11/11/2025

	50M	100M	
PB	00:46.02	01:36.29	
	00:46.02	*00:50.27*	
	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 39: 400M FREESTYLE WOMEN 13-14 — Heat:3, starttime: 15:12

Heat: 3/3 Lane : 5 Athlete: MAES LEONIE — **Q-time: 04:51:81**

PB (50m pool): 05:00.87 Antwerpen 20/07/2025 **PB (25m pool):** 04:51.81 **SB:** no time

	50M	100M	150M	200M	250M	300M	350M	400M
PB	00:34.00	01:11.60	01:50.27	02:28.51	03:07.42	03:46.08	04:24.34	05:00.87
	00:34.00	*00:37.60*	*00:38.67*	*00:38.24*	*00:38.91*	*00:38.66*	*00:38.26*	*00:36.53*
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .

Coach feedback:

Event number: 44: 50M BUTTERFLY MEN 11-12 — Heat:5, starttime: 15:54

Heat: 5/7 Lane : 6 Athlete: BOLLEN WARRE — **Q-time: 00:36:31**

PB (50m pool): 00:36.31 Genk 01/02/2026 **PB (25m pool):** 00:37.48 **SB:** 00:36.31 Genk 01/02/2026

	50M	
PB	00:36.31	
	00:36.31	
	. . : . . : . .	

Coach feedback:

VJTC 2026: Session: 4: COACH evaluation sheet for TEAM: PZC

Event number: 50: 100M BACKSTROKE MEN 11-12 **Heat:6, starttime: 17:15**

Heat: 6/7 Lane : 4 Athlete: BOLLEN WARRE **Q-time: 01:17:28**

PB (50m pool): 01:19.26 Seraing 25/01/2026 **PB (25m pool):** 01:17.28 **SB:** 01:19.26 Seraing 25/01/2026

	50 M	100 M	
PB	00:39.05	01:19.26	
	00:39.05	*00:40.21*	
	. . : . . : . .	. . : . . : . .	

Coach feedback: