VJTC 2026: Session: 4: COACH evaluation sheet for TEAM: KVZP

Coachinfo: Warming up from: 13:15 untill 14:15. Teamleadmeeting @ The listed starttimes are indicative!

PB => Personal Best time **SB => Seasons Best time: Season starting point: first of September.**

Event number: 38: 100M BREASTSTROKE MEN 11-12 — Heat:2, starttime: 14:48

Heat: 2/7 Lane : 8 Athlete: VAN STEENWINKEL WOUT — **Q-time: 01:45:25**

PB (50m pool): 01:47.07 Antwerpen 13/07/2025 **PB (25m pool):** 01:41.06 **SB:** 01:48.83 Molenbeek 01/02/2026

	5 0 M	1 0 0 M	
PB	00:50.46	01:47.07	
	00:50.46	*00:56.61*	
	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 44: 50M BUTTERFLY MEN 11-12 — Heat:1, starttime: 15:50

Heat: 1/7 Lane : 3 Athlete: VAN STEENWINKEL WOUT — **Q-time: 00:42:06**

PB (50m pool): 00:42.06 Molenbeek 01/02/2026 **PB (25m pool):** 00:42.76 **SB:** 00:42.06 Molenbeek 01/02/2026

	5 0 M	
PB	00:42.06	
	00:42.06	
	. . : . . : . .	

Coach feedback:

Event number: 50: 100M BACKSTROKE MEN 11-12 — Heat:6, starttime: 17:15

Heat: 6/7 Lane : 7 Athlete: VAN STEENWINKEL WOUT — **Q-time: 01:19:23**

PB (50m pool): 01:22.69 Seraing 25/01/2026 **PB (25m pool):** 01:17.48 **SB:** 01:22.69 Seraing 25/01/2026

	5 0 M	1 0 0 M	
PB	00:40.37	01:22.69	
	00:40.37	*00:42.32*	
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Coach feedback: