VJTC 2026: Session: 4: COACH evaluation sheet for TEAM: DMI

Coachinfo: Warming up from: 13:15 untill 14:15. Teamleadmeeting @ The listed starttimes are indicative!

Coaches: Moerman Pieter

Coaches: Van der Elst Astrid

PB => Personal Best time **SB => Seasons Best time: Season starting point: first of September.**

Event number: 38: 100M BREASTSTROKE MEN 11-12 — Heat:2, starttime: 14:48

Heat: 2/7 Lane : 3 Athlete: GHYSELBRECHT BENT — **Q-time: 01:41:05**

PB (50m pool): 01:41.05 Brugge 01/02/2026 **PB (25m pool):** 01:38.58 **SB:** 01:41.05 Brugge 01/02/2026

	5 0 M	1 0 0 M	
PB	no time	01:41.05	
	no time		
	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 44: 50M BUTTERFLY MEN 11-12 — Heat:5, starttime: 15:54

Heat: 5/7 Lane : 8 Athlete: GHYSELBRECHT BENT — **Q-time: 00:36:86**

PB (50m pool): 00:36.86 Brugge 01/02/2026 **PB (25m pool):** 00:39.89 **SB:** 00:36.86 Brugge 01/02/2026

	5 0 M	
PB	00:36.86	
	00:36.86	
	. . : . . : . .	

Coach feedback:

Event number: 50: 100M BACKSTROKE MEN 11-12 — Heat:3, starttime: 17:08

Heat: 3/7 Lane : 5 Athlete: GHYSELBRECHT BENT — **Q-time: 01:24:63**

PB (50m pool): 01:24.63 Antwerpen 13/07/2025 **PB (25m pool):** 01:22.50 **SB:** 01:26.89 Brugge 01/02/2026

	5 0 M	1 0 0 M	
PB	00:40.60	01:24.63	
	00:40.60	*00:44.03*	
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Coach feedback: