VJTC 2026: Session: 4: COACH evaluation sheet for TEAM: DDAT

Coachinfo: Warming up from: 13:15 untill 14:15. Teamleadmeeting @ The listed starttimes are indicative!

Coaches: Gijsens Cato

Coaches: Claes Steven HEADCOACH

PB => Personal Best time **SB => Seasons Best time: Season starting point: first of September.**

Event number: 37: 100M BREASTSTROKE WOMEN 11-12 — Heat:2, starttime: 14:32

Heat: 2/7 Lane : 8 Athlete: DELCOIGNE ELLA — **Q-time: 01:40:24**

PB (50m pool): 01:41.24 Seraing 25/01/2026 **PB (25m pool):** 01:40.24 **SB:** 01:41.24 Seraing 25/01/2026

	50 M	100 M	
PB	00:49.66	01:41.24	
	00:49.66	*00:51.58*	
	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 37: 100M BREASTSTROKE WOMEN 11-12 — Heat:5, starttime: 14:39

Heat: 5/7 Lane : 3 Athlete: NDIAYE MAï — **Q-time: 01:32:20**

PB (50m pool): 01:32.74 Charleroi 11/01/2026 **PB (25m pool):** 01:32.20 **SB:** 01:32.74 Charleroi 11/01/2026

	50 M	100 M	
PB	00:43.17	01:32.74	
	00:43.17	*00:49.57*	
	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 41: 50M BUTTERFLY WOMEN 15-16 — Heat:2, starttime: 15:31

Heat: 2/6 Lane : 5 Athlete: VAN DER MEEREN LOTTE — **Q-time: 00:31:67**

PB (50m pool): 00:32.03 Gent 08/02/2026 **PB (25m pool):** 00:31.11 **SB:** 00:32.03 Gent 08/02/2026

	50 M	
PB	00:32.03	
	00:32.03	
	. . : . . : . .	

Coach feedback:

VJTC 2026: Session: 4: COACH evaluation sheet for TEAM: DDAT

Event number: 42: 50M BUTTERFLY MEN 15-16 — Heat:2, starttime: 15:38

Heat: 2/4 Lane : 1 Athlete: VANSTECHELMAN LUCAS — **Q-time: 00:28:82**

PB (50m pool): 00:30.03 Wezenberg 03/01/2026 **PB (25m pool):** 00:28.82 **SB:** 00:30.03 Wezenberg 03/01/2026

	5 0 M
PB	00:30.03
	00:30.03
	. . : . . : . .

Coach feedback:

Event number: 43: 50M BUTTERFLY WOMEN 11-12 — Heat:5, starttime: 15:46

Heat: 5/7 Lane : 1 Athlete: DELCOIGNE ELLA — **Q-time: 00:36:65**

PB (50m pool): 00:36.65 Seraing 25/01/2026 **PB (25m pool):** 00:37.93 **SB:** 00:36.65 Seraing 25/01/2026

	5 0 M
PB	00:36.65
	00:36.65
	. . : . . : . .

Coach feedback:

Event number: 43: 50M BUTTERFLY WOMEN 11-12 — Heat:6, starttime: 15:47

Heat: 6/7 Lane : 4 Athlete: NDIAYE MAï — **Q-time: 00:35:09**

PB (50m pool): 00:35.09 Molenbeek 01/02/2026 **PB (25m pool):** 00:37.14 **SB:** 00:35.09 Molenbeek 01/02/2026

	5 0 M
PB	00:35.09
	00:35.09
	. . : . . : . .

Coach feedback:

Event number: 45: 100M BUTTERFLY MEN 13-14 — Heat:2, starttime: 16:00

Heat: 2/5 Lane : 4 Athlete: JACQUEMYNS KOBE — **Q-time: 01:15:34**

PB (50m pool): 01:15.34 Antwerpen 20/07/2025 **PB (25m pool):** 01:16.02 **SB:** 01:21.24 Gent 08/02/2026

	5 0 M	1 0 0 M
PB	00:35.04	01:15.34
	00:35.04	*00:40.30*
	. . : . . : . .	. . : . . : . .

Coach feedback:

VJTC 2026: Session: 4: COACH evaluation sheet for TEAM: DDAT

Event number: 46: 100M BUTTERFLY WOMEN 13-14 — Heat:1, starttime: 16:08

Heat: 1/4 Lane : 2 Athlete: WYFFELS LOUISE MARIE — **Q-time: 01:21:03**

PB (50m pool): 01:21.31 Aalst 20/12/2025 — **PB (25m pool):** 01:16.61 **SB:** 01:21.31 Aalst 20/12/2025

	50 M	100 M	
PB	00:35.92	01:21.31	
	00:35.92	*00:45.39*	
	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 47: 400M MEDLEY WOMEN 15-16 — Heat:2, starttime: 16:21

Heat: 2/3 Lane : 2 Athlete: VAN DER MEEREN LOTTE — **Q-time: 05:28:31**

PB (50m pool): 05:28.31 Antwerpen 27/07/2025 — **PB (25m pool):** 05:29.04 **SB:** no time

	50 M	100 M	150 M	200 M	250 M	300 M	350 M	400 M
PB	00:34.33	01:16.25	02:00.83	02:44.81	03:29.49	04:14.15	04:52.18	05:28.31
	00:34.33	*00:41.92*	*00:44.58*	*00:43.98*	*00:44.68*	*00:44.66*	*00:38.03*	*00:36.13*
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .

Coach feedback:

Event number: 49: 100M BACKSTROKE WOMEN 11-12 — Heat:3, starttime: 16:51

Heat: 3/7 Lane : 7 Athlete: DELCOIGNE ELLA — **Q-time: 01:25:20**

PB (50m pool): 01:27.53 Molenbeek 01/02/2026 — **PB (25m pool):** 01:25.20 **SB:** 01:27.53 Molenbeek 01/02/2026

	50 M	100 M	
PB	no time	01:27.53	
	no time		
	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 49: 100M BACKSTROKE WOMEN 11-12 — Heat:4, starttime: 16:53

Heat: 4/7 Lane : 3 Athlete: NDIAYE MAï — **Q-time: 01:23:61**

PB (50m pool): 01:26.08 Gent 08/02/2026 — **PB (25m pool):** 01:20.24 **SB:** 01:26.08 Gent 08/02/2026

	50 M	100 M	
PB	00:42.01	01:26.08	
	00:42.01	*00:44.07*	
	. . : . . : . .	. . : . . : . .	

Coach feedback: