VJTC 2026: Session: 4: COACH evaluation sheet for TEAM: BZK

Coachinfo: Warming up from: 13:15 untill 14:15. Teamleadmeeting @ The listed starttimes are indicative!

Coaches: De Nolf Elina

Coaches: Maene Stefaan HEADCOACH

PB => Personal Best time **SB => Seasons Best time: Season starting point: first of September.**

Event number: 37: 100M BREASTSTROKE WOMEN 11-12 — Heat:1, starttime: 14:30

Heat: 1/7 Lane : 5 Athlete: CALLEWAERT ANTHE — **Q-time: 01:41:45**

PB (50m pool): 01:45.94 Brugge 01/02/2026 **PB (25m pool):** 01:41.45 **SB:** 01:45.94 Brugge 01/02/2026

	5 0 M	1 0 0 M	
PB	00:52.18	01:45.94	
	00:52.18	*00:53.76*	
	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 37: 100M BREASTSTROKE WOMEN 11-12 — Heat:4, starttime: 14:37

Heat: 4/7 Lane : 3 Athlete: DEWITTE ELISE — **Q-time: 01:33:82**

PB (50m pool): 01:39.85 Brugge 01/02/2026 **PB (25m pool):** 01:33.82 **SB:** 01:39.85 Brugge 01/02/2026

	5 0 M	1 0 0 M	
PB	00:47.17	01:39.85	
	00:47.17	*00:52.68*	
	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 38: 100M BREASTSTROKE MEN 11-12 — Heat:6, starttime: 14:56

Heat: 6/7 Lane : 3 Athlete: VERSTRAETE HENRI — **Q-time: 01:28:75**

PB (50m pool): 01:28.75 Brugge 01/02/2026 **PB (25m pool):** 01:35.45 **SB:** 01:28.75 Brugge 01/02/2026

	5 0 M	1 0 0 M	
PB	00:42.56	01:28.75	
	00:42.56	*00:46.19*	
	. . : . . : . .	. . : . . : . .	

Coach feedback:

VJTC 2026: Session: 4: COACH evaluation sheet for TEAM: BZK

Event number: 39: 400M FREESTYLE WOMEN 13-14 — Heat:1, starttime: 15:01

Heat: 1/3 Lane : 4 Athlete: KIELB KORNELIA — **Q-time: 05:12:01**

PB (50m pool): no time **PB (25m pool):** 05:12.01 **SB:** no time

	50M	100M	150M	200M	250M	300M	350M	400M
PB	no time	no time	no time	no time	no time	no time	no time	no time
	no time							
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .

Coach feedback:

Event number: 41: 50M BUTTERFLY WOMEN 15-16 — Heat:3, starttime: 15:32

Heat: 3/6 Lane : 7 Athlete: MESTDAGH LAURE — **Q-time: 00:31:44**

PB (50m pool): 00:31.44 Brugge 14/02/2026 **PB (25m pool):** 00:32.76 **SB:** 00:31.44 Brugge 14/02/2026

	50M	
PB	00:31.44	
	00:31.44	
	. . : . . : . .	

Coach feedback:

Event number: 43: 50M BUTTERFLY WOMEN 11-12 — Heat:2, starttime: 15:42

Heat: 2/7 Lane : 4 Athlete: CALLEWAERT ANTHE — **Q-time: 00:39:01**

PB (50m pool): 00:39.01 Brugge 14/02/2026 **PB (25m pool):** 00:41.48 **SB:** 00:39.01 Brugge 14/02/2026

	50M	
PB	00:39.01	
	00:39.01	
	. . : . . : . .	

Coach feedback:

Event number: 43: 50M BUTTERFLY WOMEN 11-12 — Heat:7, starttime: 15:48

Heat: 7/7 Lane : 7 Athlete: DEWITTE ELISE — **Q-time: 00:34:49**

PB (50m pool): 00:34.49 Brugge 14/02/2026 **PB (25m pool):** 00:36.80 **SB:** 00:34.49 Brugge 14/02/2026

	50M	
PB	00:34.49	
	00:34.49	
	. . : . . : . .	

Coach feedback:

VJTC 2026: Session: 4: COACH evaluation sheet for TEAM: BZK

Event number: 44: 50M BUTTERFLY MEN 11-12 — Heat:7, starttime: 15:57

Heat: 7/7 Lane : 4 Athlete: VERSTRAETE HENRI — **Q-time: 00:31:90**

PB (50m pool): 00:31.90 Brugge 14/02/2026 **PB (25m pool):** 00:34.31 **SB:** 00:31.90 Brugge 14/02/2026

	50 M
PB	00:31.90
	00:31.90
	. . : . . : . .

Coach feedback:

Event number: 46: 100M BUTTERFLY WOMEN 13-14 — Heat:4, starttime: 16:13

Heat: 4/4 Lane : 8 Athlete: KIELB KORNELIA — **Q-time: 01:17:62**

PB (50m pool): 01:17.62 Brugge 01/02/2026 **PB (25m pool):** 01:18.70 **SB:** 01:17.62 Brugge 01/02/2026

	50 M	100 M
PB	00:34.98	01:17.62
	00:34.98	*00:42.64*
	. . : . . : . .	. . : . . : . .

Coach feedback:

Event number: 49: 100M BACKSTROKE WOMEN 11-12 — Heat:5, starttime: 16:56

Heat: 5/7 Lane : 8 Athlete: CALLEWAERT ANTHE — **Q-time: 01:23:03**

PB (50m pool): 01:25.82 Brugge 01/02/2026 **PB (25m pool):** 01:23.03 **SB:** 01:25.82 Brugge 01/02/2026

	50 M	100 M
PB	00:42.46	01:25.82
	00:42.46	*00:43.36*
	. . : . . : . .	. . : . . : . .

Coach feedback:

Event number: 49: 100M BACKSTROKE WOMEN 11-12 — Heat:7, starttime: 17:00

Heat: 7/7 Lane : 3 Athlete: DEWITTE ELISE — **Q-time: 01:14:55**

PB (50m pool): 01:17.08 Brugge 01/02/2026 **PB (25m pool):** 01:14.55 **SB:** 01:17.08 Brugge 01/02/2026

	50 M	100 M
PB	00:37.49	01:17.08
	00:37.49	*00:39.59*
	. . : . . : . .	. . : . . : . .

Coach feedback:

VJTC 2026: Session: 4: COACH evaluation sheet for TEAM: BZK

Event number: 50: 100M BACKSTROKE MEN 11-12 **Heat:7, starttime: 17:17**

Heat: 7/7 Lane : 5 Athlete: VERSTRAETE HENRI **Q-time: 01:15:18**

PB (50m pool): 01:17.29 Brugge 01/02/2026 **PB (25m pool):** 01:15.18 **SB:** 01:17.29 Brugge 01/02/2026

	5 0 M	1 0 0 M	
PB	00:37.42	01:17.29	
	00:37.42	*00:39.87*	
	. . : . . : . .	. . : . . : . .	

Coach feedback: