VJTC 2026: Session: 4: COACH evaluation sheet for TEAM: BRABO

Coachinfo: Warming up from: 13:15 untill 14:15. Teamleadmeeting @ The listed starttimes are indicative!

PB => Personal Best time **SB => Seasons Best time: Season starting point: first of September.**

Event number: 37: 100M BREASTSTROKE WOMEN 11-12 — Heat:2, starttime: 14:32

Heat: 2/7 Lane : 5 Athlete: DE WIT FLORE — **Q-time: 01:37:59**

PB (50m pool): 01:37.59 Wezenberg 01/02/2026 **PB (25m pool):** 01:51.69 **SB:** 01:37.59 Wezenberg 01/02/2026

	5 0 M	1 0 0 M	
PB	00:45.64	01:37.59	
	00:45.64	*00:51.95*	
	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 37: 100M BREASTSTROKE WOMEN 11-12 — Heat:3, starttime: 14:34

Heat: 3/7 Lane : 3 Athlete: CORTEN ELENA — **Q-time: 01:36:60**

PB (50m pool): 01:36.60 Wezenberg 01/02/2026 **PB (25m pool):** 01:35.73 **SB:** 01:36.60 Wezenberg 01/02/2026

	5 0 M	1 0 0 M	
PB	00:46.45	01:36.60	
	00:46.45	*00:50.15*	
	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 37: 100M BREASTSTROKE WOMEN 11-12 — Heat:4, starttime: 14:37

Heat: 4/7 Lane : 1 Athlete: VANDENVEN SAAR — **Q-time: 01:34:43**

PB (50m pool): 01:34.77 Wezenberg 01/02/2026 **PB (25m pool):** 01:34.43 **SB:** 01:34.77 Wezenberg 01/02/2026

	5 0 M	1 0 0 M	
PB	00:44.35	01:34.77	
	00:44.35	*00:50.42*	
	. . : . . : . .	. . : . . : . .	

Coach feedback:

VJTC 2026: Session: 4: COACH evaluation sheet for TEAM: BRABO

Event number: 37: 100M BREASTSTROKE WOMEN 11-12 — Heat:5, starttime: 14:39

Heat: 5/7 Lane : 1 Athlete: SCHOOFS ELISE — **Q-time: 01:33:12**

PB (50m pool): 01:33.12 Wezenberg 01/02/2026 **PB (25m pool):** 01:48.57 **SB:** 01:33.12 Wezenberg 01/02/2026

	50 M	100 M	
PB	00:44.40	01:33.12	
	00:44.40	*00:48.72*	
	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 37: 100M BREASTSTROKE WOMEN 11-12 — Heat:6, starttime: 14:41

Heat: 6/7 Lane : 1 Athlete: KEBERS AMéLIE — **Q-time: 01:31:33**

PB (50m pool): 01:31.33 Wezenberg 01/02/2026 **PB (25m pool):** 01:31.71 **SB:** 01:31.33 Wezenberg 01/02/2026

	50 M	100 M	
PB	00:42.20	01:31.33	
	00:42.20	*00:49.13*	
	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 38: 100M BREASTSTROKE MEN 11-12 — Heat:1, starttime: 14:45

Heat: 1/7 Lane : 3 Athlete: VERSCHEURE LARS — **Q-time: 01:48:83**

PB (50m pool): 01:48.83 Wezenberg 01/02/2026 **PB (25m pool):** 01:42.90 **SB:** 01:48.83 Wezenberg 01/02/2026

	50 M	100 M	
PB	00:52.18	01:48.83	
	00:52.18	*00:56.65*	
	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 38: 100M BREASTSTROKE MEN 11-12 — Heat:1, starttime: 14:45

Heat: 1/7 Lane : 6 Athlete: TSERING WANGCHUK LHAKSAM — **Q-time: 01:49:37**

PB (50m pool): 01:49.37 Olympic Pool Wezenberg, Antwer 30/03/2025 **PB (25m pool):** 01:42.90 **SB:** no time

	50 M	100 M	
PB	00:52.84	01:49.37	
	00:52.84	*00:56.53*	
	. . : . . : . .	. . : . . : . .	

Coach feedback:

VJTC 2026: Session: 4: COACH evaluation sheet for TEAM: BRABO

Event number: 38: 100M BREASTSTROKE MEN 11-12 — Heat:4, starttime: 14:52

Heat: 4/7 Lane : 2 Athlete: ROOSEN MATHIJS — **Q-time: 01:37:01**

PB (50m pool): 01:37.59 Wezenberg 04/01/2026 **PB (25m pool):** 01:37.01 **SB:** 01:37.59 Wezenberg 04/01/2026

	50 M	100 M	
PB	00:46.26	01:37.59	
	00:46.26	*00:51.33*	
	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 38: 100M BREASTSTROKE MEN 11-12 — Heat:5, starttime: 14:54

Heat: 5/7 Lane : 5 Athlete: LENAERTS JOPPE — **Q-time: 01:32:29**

PB (50m pool): 01:32.29 Wezenberg 01/02/2026 **PB (25m pool):** 01:28.58 **SB:** 01:32.29 Wezenberg 01/02/2026

	50 M	100 M	
PB	00:43.19	01:32.29	
	00:43.19	*00:49.10*	
	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 39: 400M FREESTYLE WOMEN 13-14 — Heat:2, starttime: 15:07

Heat: 2/3 Lane : 3 Athlete: TALBOOM MAJA — **Q-time: 05:03:43**

PB (50m pool): 05:03.43 Wezenberg Topsportbad, Antwerp 18/09/2025 **PB (25m pool):** 05:11.10 **SB:** no time

	50 M	100 M	150 M	200 M	250 M	300 M	350 M	400 M
PB	no time	01:10.76	no time	02:28.23	no time	no time	no time	05:03.43
	no time							
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .

Coach feedback:

Event number: 39: 400M FREESTYLE WOMEN 13-14 — Heat:2, starttime: 15:07

Heat: 2/3 Lane : 4 Athlete: BAHLOULA ANISSA — **Q-time: 05:03:11**

PB (50m pool): 05:03.11 Wezenberg Topsportbad, Antwerp 18/09/2025 **PB (25m pool):** 05:22.30 **SB:** 05:24.28 Wezenberg 01/02/2026

	50 M	100 M	150 M	200 M	250 M	300 M	350 M	400 M
PB	no time	01:11.71	no time	02:30.03	no time	no time	no time	05:03.11
	no time							
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .

Coach feedback:

VJTC 2026: Session: 4: COACH evaluation sheet for TEAM: BRABO

Event number: 39: 400M FREESTYLE WOMEN 13-14 — Heat:3, starttime: 15:12

Heat: 3/3 Lane : 3 Athlete: MOR IRIS — **Q-time: 04:54:86**

PB (50m pool): 04:54.86 Wezenberg 01/02/2026 **PB (25m pool):** 05:14.48 **SB:** 04:54.86 Wezenberg 01/02/2026

	50M	100M	150M	200M	250M	300M	350M	400M
PB	00:32.97	01:10.25	01:48.10	02:26.15	03:04.38	03:42.51	04:19.52	04:54.86
	00:32.97	*00:37.28*	*00:37.85*	*00:38.05*	*00:38.23*	*00:38.13*	*00:37.01*	*00:35.34*
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .

Coach feedback:

Event number: 40: 400M FREESTYLE MEN 13-14 — Heat:1, starttime: 15:18

Heat: 1/2 Lane : 2 Athlete: APERS REDA — **Q-time: 05:03:57**

PB (50m pool): 05:13.52 Antwerpen 20/07/2025 **PB (25m pool):** 05:03.57 **SB:** no time

	50M	100M	150M	200M	250M	300M	350M	400M
PB	00:36.15	01:15.66	01:55.15	02:35.28	03:15.63	03:56.31	04:35.95	05:13.52
	00:36.15	*00:39.51*	*00:39.49*	*00:40.13*	*00:40.35*	*00:40.68*	*00:39.64*	*00:37.57*
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .

Coach feedback:

Event number: 40: 400M FREESTYLE MEN 13-14 — Heat:1, starttime: 15:18

Heat: 1/2 Lane : 3 Athlete: VAN SEVEREN MERLIJN — **Q-time: 05:00:63**

PB (50m pool): 05:08.17 Zwembad Brigitte Becue 30/05/2025 **PB (25m pool):** 05:00.63 **SB:** no time

	50M	100M	150M	200M	250M	300M	350M	400M
PB	00:33.38	01:11.65	01:52.05	02:32.08	03:11.70	03:51.30	04:30.61	05:08.17
	00:33.38	*00:38.27*	*00:40.40*	*00:40.03*	*00:39.62*	*00:39.60*	*00:39.31*	*00:37.56*
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .

Coach feedback:

Event number: 41: 50M BUTTERFLY WOMEN 15-16 — Heat:4, starttime: 15:33

Heat: 4/6 Lane : 3 Athlete: GENBRUGGE ÉLéA — **Q-time: 00:29:87**

PB (50m pool): 00:29.87 Antwerpen 27/07/2025 **PB (25m pool):** 00:29.77 **SB:** 00:29.91 Wezenberg 01/02/2026

	50M	
PB	00:29.87	
	00:29.87	
	. . : . . : . .	

Coach feedback:

VJTC 2026: Session: 4: COACH evaluation sheet for TEAM: BRABO

Event number: 41: 50M BUTTERFLY WOMEN 15-16 — Heat:5, starttime: 15:34

Heat: 5/6 Lane : 1 Athlete: LEPAGE AMéLIE — **Q-time: 00:30:64**

PB (50m pool): 00:30.64 Antwerpen 20/04/2025 **PB (25m pool):** 00:30.24 **SB:** 00:31.15 Luxembourg 01/02/2026

	5 0 M
PB	00:30.64
	00:30.64
	. . : . . : . .

Coach feedback:

Event number: 42: 50M BUTTERFLY MEN 15-16 — Heat:2, starttime: 15:38

Heat: 2/4 Lane : 3 Athlete: SZABO PETER — **Q-time: 00:27:50**

PB (50m pool): 00:27.67 Luxembourg 01/02/2026 **PB (25m pool):** 00:27.40 **SB:** 00:27.67 Luxembourg 01/02/2026

	5 0 M
PB	00:27.67
	00:27.67
	. . : . . : . .

Coach feedback:

Event number: 42: 50M BUTTERFLY MEN 15-16 — Heat:3, starttime: 15:39

Heat: 3/4 Lane : 3 Athlete: BOGAERS THOMAS — **Q-time: 00:27:41**

PB (50m pool): 00:27.81 Wezenberg 01/02/2026 **PB (25m pool):** 00:27.41 **SB:** 00:27.81 Wezenberg 01/02/2026

	5 0 M
PB	00:27.81
	00:27.81
	. . : . . : . .

Coach feedback:

Event number: 42: 50M BUTTERFLY MEN 15-16 — Heat:4, starttime: 15:40

Heat: 4/4 Lane : 3 Athlete: VOLDERS ARNE — **Q-time: 00:26:90**

PB (50m pool): 00:26.90 Wezenberg 03/01/2026 **PB (25m pool):** 00:27.05 **SB:** 00:26.90 Wezenberg 03/01/2026

	5 0 M
PB	00:26.90
	00:26.90
	. . : . . : . .

Coach feedback:

VJTC 2026: Session: 4: COACH evaluation sheet for TEAM: BRABO

Event number: 43: 50M BUTTERFLY WOMEN 11-12 — Heat:1, starttime: 15:41

Heat: 1/7 Lane : 1 Athlete: KEBERS AMéLIE — **Q-time: 00:43:63**

PB (50m pool): 00:43.63 Wezenberg 01/02/2026 **PB (25m pool):** no time **SB:** 00:43.63 Wezenberg 01/02/2026

	5 0 M	
PB	00:43.63	
	00:43.63	
	. . : . . : . .	

Coach feedback:

Event number: 43: 50M BUTTERFLY WOMEN 11-12 — Heat:1, starttime: 15:41

Heat: 1/7 Lane : 2 Athlete: SCHOOFS ELISE — **Q-time: 00:42:17**

PB (50m pool): 00:42.17 Wezenberg 04/01/2026 **PB (25m pool):** no time **SB:** 00:42.17 Wezenberg 04/01/2026

	5 0 M	
PB	00:42.17	
	00:42.17	
	. . : . . : . .	

Coach feedback:

Event number: 43: 50M BUTTERFLY WOMEN 11-12 — Heat:2, starttime: 15:42

Heat: 2/7 Lane : 1 Athlete: CORTEN ELENA — **Q-time: 00:40:38**

PB (50m pool): 00:40.38 Wezenberg 01/02/2026 **PB (25m pool):** 00:41.87 **SB:** 00:40.38 Wezenberg 01/02/2026

	5 0 M	
PB	00:40.38	
	00:40.38	
	. . : . . : . .	

Coach feedback:

Event number: 43: 50M BUTTERFLY WOMEN 11-12 — Heat:2, starttime: 15:42

Heat: 2/7 Lane : 5 Athlete: VANDENVEN SAAR — **Q-time: 00:39:30**

PB (50m pool): 00:39.30 Wezenberg 01/02/2026 **PB (25m pool):** 00:40.18 **SB:** 00:39.30 Wezenberg 01/02/2026

	5 0 M	
PB	00:39.30	
	00:39.30	
	. . : . . : . .	

Coach feedback:

VJTC 2026: Session: 4: COACH evaluation sheet for TEAM: BRABO

Event number: 43: 50M BUTTERFLY WOMEN 11-12 — Heat:3, starttime: 15:44

Heat: 3/7 Lane : 8 Athlete: DE WIT FLORE — **Q-time: 00:38:92**

PB (50m pool): 00:39.41 Wezenberg 01/02/2026 **PB (25m pool):** 00:38.92 **SB:** 00:39.41 Wezenberg 01/02/2026

	5 0 M
PB	00:39.41
	00:39.41
	. . : . . : . .

Coach feedback:

Event number: 44: 50M BUTTERFLY MEN 11-12 — Heat:2, starttime: 15:51

Heat: 2/7 Lane : 3 Athlete: TSERING WANGCHUK LHAKSAM — **Q-time: 00:40:01**

PB (50m pool): 00:40.01 Wezenberg 01/02/2026 **PB (25m pool):** no time **SB:** 00:40.01 Wezenberg 01/02/2026

	5 0 M
PB	00:40.01
	00:40.01
	. . : . . : . .

Coach feedback:

Event number: 44: 50M BUTTERFLY MEN 11-12 — Heat:2, starttime: 15:51

Heat: 2/7 Lane : 7 Athlete: VERSCHEURE LARS — **Q-time: 00:41:11**

PB (50m pool): 00:41.11 Wezenberg 01/02/2026 **PB (25m pool):** no time **SB:** 00:41.11 Wezenberg 01/02/2026

	5 0 M
PB	00:41.11
	00:41.11
	. . : . . : . .

Coach feedback:

Event number: 44: 50M BUTTERFLY MEN 11-12 — Heat:3, starttime: 15:52

Heat: 3/7 Lane : 4 Athlete: ROOSEN MATHIJS — **Q-time: 00:38:03**

PB (50m pool): 00:38.03 Wezenberg 04/01/2026 **PB (25m pool):** 00:40.58 **SB:** 00:38.03 Wezenberg 04/01/2026

	5 0 M
PB	00:38.03
	00:38.03
	. . : . . : . .

Coach feedback:

VJTC 2026: Session: 4: COACH evaluation sheet for TEAM: BRABO

Event number: 44: 50M BUTTERFLY MEN 11-12 — Heat:5, starttime: 15:54

Heat: 5/7 Lane : 1 Athlete: LENAERTS JOPPE — **Q-time: 00:36:78**

PB (50m pool): 00:36.78 Wezenberg 01/02/2026 — **PB (25m pool):** 00:35.99 **SB:** 00:36.78 Wezenberg 01/02/2026

	50 M
PB	00:36.78
	00:36.78
	. . : . . : . .

Coach feedback:

Event number: 45: 100M BUTTERFLY MEN 13-14 — Heat:4, starttime: 16:04

Heat: 4/5 Lane : 3 Athlete: BORKOVSKYI MARK — **Q-time: 01:09:44**

PB (50m pool): 01:09.44 Wezenberg 01/02/2026 — **PB (25m pool):** 01:09.25 **SB:** 01:09.44 Wezenberg 01/02/2026

	50 M	100 M
PB	00:32.87	01:09.44
	00:32.87	*00:36.57*
	. . : . . : . .	. . : . . : . .

Coach feedback:

Event number: 47: 400M MEDLEY WOMEN 15-16 — Heat:3, starttime: 16:27

Heat: 3/3 Lane : 2 Athlete: TEMMERMAN ELYNNE — **Q-time: 05:18:99**

PB (50m pool): 05:23.43 Antwerpen 21/07/2024 — **PB (25m pool):** 05:18.99 **SB:** no time

	50 M	100 M	150 M	200 M	250 M	300 M	350 M	400 M
PB	no time	no time	no time	no time	no time	no time	no time	05:23.43
	no time							
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .

Coach feedback:

Event number: 49: 100M BACKSTROKE WOMEN 11-12 — Heat:1, starttime: 16:46

Heat: 1/7 Lane : 2 Athlete: SCHOOFS ELISE — **Q-time: 01:28:48**

PB (50m pool): 01:28.48 Wezenberg 01/02/2026 — **PB (25m pool):** 01:34.03 **SB:** 01:28.48 Wezenberg 01/02/2026

	50 M	100 M
PB	00:43.06	01:28.48
	00:43.06	*00:45.42*
	. . : . . : . .	. . : . . : . .

Coach feedback:

VJTC 2026: Session: 4: COACH evaluation sheet for TEAM: BRABO

Event number: 49: 100M BACKSTROKE WOMEN 11-12 — Heat:1, starttime: 16:46

Heat: 1/7 Lane : 3 Athlete: CORTEN ELENA — **Q-time: 01:27:58**

PB (50m pool): 01:27.58 Wezenberg 01/02/2026 **PB (25m pool):** 01:27.01 **SB:** 01:27.58 Wezenberg 01/02/2026

	50 M	100 M	
PB	00:42.07	01:27.58	
	00:42.07	*00:45.51*	
	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 49: 100M BACKSTROKE WOMEN 11-12 — Heat:2, starttime: 16:48

Heat: 2/7 Lane : 1 Athlete: VANDENVEN SAAR — **Q-time: 01:26:31**

PB (50m pool): 01:28.30 Wezenberg 01/02/2026 **PB (25m pool):** 01:26.31 **SB:** 01:28.30 Wezenberg 01/02/2026

	50 M	100 M	
PB	00:42.68	01:28.30	
	00:42.68	*00:45.62*	
	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 49: 100M BACKSTROKE WOMEN 11-12 — Heat:3, starttime: 16:51

Heat: 3/7 Lane : 4 Athlete: KEBERS AMéLIE — **Q-time: 01:24:57**

PB (50m pool): 01:24.57 Wezenberg 01/02/2026 **PB (25m pool):** 01:22.62 **SB:** 01:24.57 Wezenberg 01/02/2026

	50 M	100 M	
PB	00:41.83	01:24.57	
	00:41.83	*00:42.74*	
	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 49: 100M BACKSTROKE WOMEN 11-12 — Heat:4, starttime: 16:53

Heat: 4/7 Lane : 7 Athlete: DE WIT FLORE — **Q-time: 01:23:80**

PB (50m pool): 01:25.91 Wezenberg 01/02/2026 **PB (25m pool):** 01:23.80 **SB:** 01:25.91 Wezenberg 01/02/2026

	50 M	100 M	
PB	00:41.86	01:25.91	
	00:41.86	*00:44.05*	
	. . : . . : . .	. . : . . : . .	

Coach feedback:

VJTC 2026: Session: 4: COACH evaluation sheet for TEAM: BRABO

Event number: 50: 100M BACKSTROKE MEN 11-12 **Heat:1, starttime: 17:03**

Heat: 1/7 Lane : 4 Athlete: VERSCHEURE LARS **Q-time: 01:28:36**

PB (50m pool): 01:28.36 Wezenberg 01/02/2026 **PB (25m pool):** 01:27.41 **SB:** 01:28.36 Wezenberg 01/02/2026

	5 0 M	1 0 0 M	
PB	00:43.08	01:28.36	
	00:43.08	*00:45.28*	
	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 50: 100M BACKSTROKE MEN 11-12 **Heat:1, starttime: 17:03**

Heat: 1/7 Lane : 5 Athlete: ROOSEN MATHIJS **Q-time: 01:28:88**

PB (50m pool): 01:31.10 Wezenberg 01/02/2026 **PB (25m pool):** 01:28.88 **SB:** 01:31.10 Wezenberg 01/02/2026

	5 0 M	1 0 0 M	
PB	00:44.08	01:31.10	
	00:44.08	*00:47.02*	
	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 50: 100M BACKSTROKE MEN 11-12 **Heat:2, starttime: 17:05**

Heat: 2/7 Lane : 3 Athlete: TSERING WANGCHUK LHAKSAM **Q-time: 01:26:52**

PB (50m pool): 01:26.52 Wezenberg 04/01/2026 **PB (25m pool):** 01:26.77 **SB:** 01:26.52 Wezenberg 04/01/2026

	5 0 M	1 0 0 M	
PB	00:42.50	01:26.52	
	00:42.50	*00:44.02*	
	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 50: 100M BACKSTROKE MEN 11-12 **Heat:4, starttime: 17:10**

Heat: 4/7 Lane : 7 Athlete: LENAERTS JOPPE **Q-time: 01:23:82**

PB (50m pool): 01:23.82 Wezenberg 01/02/2026 **PB (25m pool):** 01:25.74 **SB:** 01:23.82 Wezenberg 01/02/2026

	5 0 M	1 0 0 M	
PB	00:40.10	01:23.82	
	00:40.10	*00:43.72*	
	. . : . . : . .	. . : . . : . .	

Coach feedback: