VJTC 2026: Session: 4: COACH evaluation sheet for TEAM: AZL

Coachinfo: Warming up from: 13:15 untill 14:15. Teamleadmeeting @ The listed starttimes are indicative!

Coaches: Bijloos Annie

Coaches: Van den Broeck Els HEADCOACH

PB => Personal Best time **SB => Seasons Best time: Season starting point: first of September.**

Event number: 42: 50M BUTTERFLY MEN 15-16 — Heat:1, starttime: 15:37

Heat: 1/4 Lane : 2 Athlete: VERHULST MEINDERT — **Q-time: 00:29:64**

PB (50m pool): 00:29.64 Gent 08/02/2026 **PB (25m pool):** 00:30.85 **SB:** 00:29.64 Gent 08/02/2026

	50 M
PB	00:29.64
	00:29.64
	. . : . . : . .

Coach feedback:

Event number: 46: 100M BUTTERFLY WOMEN 13-14 — Heat:3, starttime: 16:11

Heat: 3/4 Lane : 1 Athlete: VAN DE WINKEL LOLA — **Q-time: 01:16:54**

PB (50m pool): 01:19.99 Charleroi 11/01/2026 **PB (25m pool):** 01:16.54 **SB:** 01:19.99 Charleroi 11/01/2026

	50 M	100 M
PB	00:33.17	01:19.99
	00:33.17	*00:46.82*
	. . : . . : . .	. . : . . : . .

Coach feedback:

Event number: 47: 400M MEDLEY WOMEN 15-16 — Heat:3, starttime: 16:27

Heat: 3/3 Lane : 7 Athlete: VAN DEN BREMT SARAH — **Q-time: 05:20:62**

PB (50m pool): 05:24.01 Antwerpen 27/07/2025 **PB (25m pool):** 05:20.62 **SB:** 05:27.89 Lochristi 01/02/2026

	50 M	100 M	150 M	200 M	250 M	300 M	350 M	400 M
PB	00:34.16	01:14.26	01:56.66	02:37.61	03:24.56	04:12.00	04:50.02	05:24.01
	00:34.16	*00:40.10*	*00:42.40*	*00:40.95*	*00:46.95*	*00:47.44*	*00:38.02*	*00:33.99*
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Coach feedback: