VJTC 2026: Session: 3: COACH evaluation sheet for TEAM: ZNA

Coachinfo: Warming up from: 08:15 untill 09:15. Teamleadmeeting @ The listed starttimes are indicative!

Coaches: Kindt Joachim HEADCOACH

Coaches: Kindt Maarten

PB => Personal Best time SB => Seasons Best time: Season starting point: first of September.

Event number: 24: 200M MEDLEY WOMEN 13-14 Heat:1, starttime: 09:46

Heat: 1/7 Lane : 4 Athlete: BAYENS NINA **Q-time: 02:49:58**

PB (50m pool): 02:49.58 Antwerp 26/01/2025 **PB (25m pool):** 02:49.38 **SB:** no time

	50M	100M	150M	200M	
PB	00:36.13	01:21.18	02:13.52	02:49.58	
	00:36.13	*00:45.05*	*00:52.34*	*00:36.06*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 30: 50M BREASTSTROKE WOMEN 13-14 Heat:1, starttime: 11:26

Heat: 1/3 Lane : 1 Athlete: BAYENS NINA **Q-time: 00:43:72**

PB (50m pool): no time **PB (25m pool):** 00:43.25 **SB:** no time

	50M	
PB	no time	
	no time	
	. . : . . : . .	

Coach feedback:

Event number: 30: 50M BREASTSTROKE WOMEN 13-14 Heat:3, starttime: 11:28

Heat: 3/3 Lane : 3 Athlete: DE SMET LILY **Q-time: 00:36:80**

PB (50m pool): 00:38.71 Lochristi 01/02/2026 **PB (25m pool):** 00:36.80 **SB:** 00:38.71 Lochristi 01/02/2026

	50M	
PB	00:38.71	
	00:38.71	
	. . : . . : . .	

Coach feedback:

VJTC 2026: Session: 3: COACH evaluation sheet for TEAM: ZNA

Event number: 33: 100M FREESTYLE MEN 13-14 — Heat:3, starttime: 11:46

Heat: 3/6 Lane : 1 Athlete: VERNAILLEN SEPPE — **Q-time: 01:05:50**

PB (50m pool): 01:05.50 Lochristi 01/02/2026 **PB (25m pool):** 01:05.66 **SB:** 01:05.50 Lochristi 01/02/2026

	50 M	100 M	
PB	no time	01:05.50	
	no time		
	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 34: 100M FREESTYLE WOMEN 13-14 — Heat:6, starttime: 12:01

Heat: 6/7 Lane : 4 Athlete: EELBODE EMELIE — **Q-time: 00:59:44**

PB (50m pool): 01:00.89 Lochristi 01/02/2026 **PB (25m pool):** 00:59.44 **SB:** 01:00.89 Lochristi 01/02/2026

	50 M	100 M	
PB	no time	01:00.89	
	no time		
	. . : . . : . .	. . : . . : . .	

Coach feedback: