VJTC 2026: Session: 3: COACH evaluation sheet for TEAM: SWEM

Coachinfo: Warming up from: 08:15 untill 09:15. Teamleadmeeting @ The listed starttimes are indicative!

Coaches: Severens Els HEADCOACH

Coaches: De Letter Gerard

PB => Personal Best time **SB => Seasons Best time: Season starting point: first of September.**

Event number: 28: 200M MEDLEY WOMEN 11-12 — Heat:2, starttime: 11:00

Heat: 2/7 Lane : 8 Athlete: VAN GOETHEM LOTTE — **Q-time: 03:10:08**

PB (50m pool): 03:10.08 Antwerpen 20/07/2025 **PB (25m pool):** 02:54.71 **SB:** no time

	50M	100M	150M	200M	
PB	00:43.05	01:32.98	02:28.13	03:10.08	
	00:43.05	*00:49.93*	*00:55.15*	*00:41.95*	
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Coach feedback:

Event number: 36: 100M FREESTYLE WOMEN 11-12 — Heat:5, starttime: 12:24

Heat: 5/7 Lane : 2 Athlete: VAN GOETHEM LOTTE — **Q-time: 01:10:44**

PB (50m pool): 01:10.44 Lochristi 01/02/2026 **PB (25m pool):** 01:11.37 **SB:** 01:10.44 Lochristi 01/02/2026

	50M	100M	
PB	no time	01:10.44	
	no time		
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Coach feedback: