VJTC 2026: Session: 3: COACH evaluation sheet for TEAM: STZC

Coachinfo: Warming up from: 08:15 untill 09:15. Teamleadmeeting @ The listed starttimes are indicative!

Coaches: Coenen Remco

Coaches: Appeltans Ruth

PB => Personal Best time **SB => Seasons Best time: Season starting point: first of September.**

Event number: 27: 200M MEDLEY MEN 11-12 — Heat:6, starttime: 10:49

Heat: 6/7 Lane : 1 Athlete: THYS VINCE — **Q-time: 02:53:84**

PB (50m pool): 02:53.84 Wezenberg 04/01/2026 **PB (25m pool):** 02:49.24 **SB:** 02:53.84 Wezenberg 04/01/2026

	50M	100M	150M	200M	
PB	00:38.82	01:23.79	02:15.54	02:53.84	
	00:38.82	*00:44.97*	*00:51.75*	*00:38.30*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 27: 200M MEDLEY MEN 11-12 — Heat:6, starttime: 10:49

Heat: 6/7 Lane : 8 Athlete: PIRARD DRIEK — **Q-time: 02:54:89**

PB (50m pool): 02:54.89 Wezenberg 04/01/2026 **PB (25m pool):** 02:53.48 **SB:** 02:54.89 Wezenberg 04/01/2026

	50M	100M	150M	200M	
PB	00:38.43	01:25.45	02:17.18	02:54.89	
	00:38.43	*00:47.02*	*00:51.73*	*00:37.71*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 30: 50M BREASTSTROKE WOMEN 13-14 — Heat:1, starttime: 11:26

Heat: 1/3 Lane : 2 Athlete: DAS LOUISE — **Q-time: 00:42:58**

PB (50m pool): 00:42.58 Zwembad Brigitte Becue 30/05/2025 **PB (25m pool):** 00:48.00 **SB:** no time

	50M	
PB	00:42.58	
	00:42.58	
	. . : . . : . .	

Coach feedback:

VJTC 2026: Session: 3: COACH evaluation sheet for TEAM: STZC

Event number: 33: 100M FREESTYLE MEN 13-14 — Heat:5, starttime: 11:49

Heat: 5/6 Lane : 1 Athlete: JAMAR KAMIEL — **Q-time: 01:03:89**

PB (50m pool): 01:03.89 Wezenberg 04/01/2026 — **PB (25m pool):** 01:03.05 **SB:** 01:03.89 Wezenberg 04/01/2026

	5 0 M	1 0 0 M	
PB	00:30.67	01:03.89	
	00:30.67	*00:33.22*	
	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 34: 100M FREESTYLE WOMEN 13-14 — Heat:3, starttime: 11:56

Heat: 3/7 Lane : 2 Athlete: DAS LOUISE — **Q-time: 01:05:76**

PB (50m pool): 01:05.76 Antwerpen 20/07/2025 — **PB (25m pool):** 01:04.63 **SB:** 01:06.06 Wezenberg 04/01/2026

	5 0 M	1 0 0 M	
PB	00:31.91	01:05.76	
	00:31.91	*00:33.85*	
	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 35: 100M FREESTYLE MEN 11-12 — Heat:5, starttime: 12:11

Heat: 5/7 Lane : 7 Athlete: PIRARD DRIEK — **Q-time: 01:10:14**

PB (50m pool): 01:10.14 Genk 01/02/2026 — **PB (25m pool):** 01:11.69 **SB:** 01:10.14 Genk 01/02/2026

	5 0 M	1 0 0 M	
PB	00:33.22	01:10.14	
	00:33.22	*00:36.92*	
	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 35: 100M FREESTYLE MEN 11-12 — Heat:7, starttime: 12:15

Heat: 7/7 Lane : 3 Athlete: THYS VINCE — **Q-time: 01:06:14**

PB (50m pool): 01:06.14 Genk 01/02/2026 — **PB (25m pool):** 01:07.62 **SB:** 01:06.14 Genk 01/02/2026

	5 0 M	1 0 0 M	
PB	00:31.62	01:06.14	
	00:31.62	*00:34.52*	
	. . : . . : . .	. . : . . : . .	

Coach feedback: