VJTC 2026: Session: 3: COACH evaluation sheet for TEAM: STW

Coachinfo: Warming up from: 08:15 untill 09:15. Teamleadmeeting @ The listed starttimes are indicative!

Coaches: Vandermeulen Eric HEADCOACH

PB => Personal Best time SB => Seasons Best time: Season starting point: first of September.

Event number: 23: 200M MEDLEY MEN 13-14 Heat:5, starttime: 09:43

Heat: 5/5 Lane : 2 Athlete: VAN GOETHEM ARTHUR **Q-time: 02:26:65**

PB (50m pool): 02:28.66 Gent 08/02/2026 **PB (25m pool):** 02:26.65 **SB:** 02:28.66 Gent 08/02/2026

	50M	100M	150M	200M	
PB	00:32.75	01:12.15	01:55.12	02:28.66	
	00:32.75	*00:39.40*	*00:42.97*	*00:33.54*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 24: 200M MEDLEY WOMEN 13-14 Heat:5, starttime: 09:59

Heat: 5/7 Lane : 4 Athlete: DE SMET AMéLIE **Q-time: 02:40:96**

PB (50m pool): 02:44.93 Antwerpen 20/07/2025 **PB (25m pool):** 02:40.96 **SB:** 02:46.25 Lochristi 01/02/2026

	50M	100M	150M	200M	
PB	00:35.16	01:15.72	02:06.67	02:44.93	
	00:35.16	*00:40.56*	*00:50.95*	*00:38.26*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 29: 50M BREASTSTROKE MEN 13-14 Heat:3, starttime: 11:24

Heat: 3/3 Lane : 3 Athlete: VAN GOETHEM ARTHUR **Q-time: 00:34:02**

PB (50m pool): 00:35.86 Lochristi 01/02/2026 **PB (25m pool):** 00:34.02 **SB:** 00:35.86 Lochristi 01/02/2026

	50M	
PB	00:35.86	
	00:35.86	
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Coach feedback:

VJTC 2026: Session: 3: COACH evaluation sheet for TEAM: STW

Event number: 33: 100M FREESTYLE MEN 13-14 — Heat:2, starttime: 11:44

Heat: 2/6 Lane : 5 Athlete: HOEFMAN HANNES — **Q-time: 01:05:87**

PB (50m pool): 01:06.76 Lago Gent Rozebroeken 04/05/2025 **PB (25m pool):** 01:05.85 **SB:** no time

	50 M	100 M	
PB	00:32.05	01:06.76	
	00:32.05	*00:34.71*	
	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 34: 100M FREESTYLE WOMEN 13-14 — Heat:3, starttime: 11:56

Heat: 3/7 Lane : 5 Athlete: DE SMET AMéLIE — **Q-time: 01:05:67**

PB (50m pool): 01:08.38 Antwerpen 20/07/2025 **PB (25m pool):** 01:05.67 **SB:** 01:08.44 Gent 08/02/2026

	50 M	100 M	
PB	00:33.16	01:08.38	
	00:33.16	*00:35.22*	
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Coach feedback: