VJTC 2026: Session: 3: COACH evaluation sheet for TEAM: SCZ

Coachinfo: Warming up from: 08:15 untill 09:15. Teamleadmeeting @ The listed starttimes are indicative!

Coaches: Bogaerts Michel

Coaches: Leys Leen HEADCOACH

PB => Personal Best time **SB => Seasons Best time: Season starting point: first of September.**

Event number: 25: 100M BACKSTROKE MEN 15-16 — Heat:3, starttime: 10:14

Heat: 3/5 Lane : 8 Athlete: SONUMUT ARMAN — **Q-time: 01:06:06**

PB (50m pool): 01:06.06 Molenbeek 01/02/2026 **PB (25m pool):** 01:04.53 **SB:** 01:06.06 Molenbeek 01/02/2026

	5 0 M	1 0 0 M	
PB	no time	01:06.06	
	no time		
	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 26: 100M BACKSTROKE WOMEN 15-16 — Heat:3, starttime: 10:25

Heat: 3/5 Lane : 1 Athlete: MAASKANT KRISTINA — **Q-time: 01:10:53**

PB (50m pool): 01:13.44 Antwerpen 27/07/2025 **PB (25m pool):** 01:10.53 **SB:** no time

	5 0 M	1 0 0 M	
PB	00:34.79	01:13.44	
	00:34.79	*00:38.65*	
	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 27: 200M MEDLEY MEN 11-12 — Heat:4, starttime: 10:42

Heat: 4/7 Lane : 5 Athlete: NABIULLIN MAX — **Q-time: 02:58:68**

PB (50m pool): 03:17.88 Antwerp 26/01/2025 **PB (25m pool):** 02:58.68 **SB:** no time

	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:45.19	01:36.95	02:35.67	03:17.88	
	00:45.19	*00:51.76*	*00:58.72*	*00:42.21*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

VJTC 2026: Session: 3: COACH evaluation sheet for TEAM: SCZ

Event number: 27: 200M MEDLEY MEN 11-12 — Heat:5, starttime: 10:46

Heat: 5/7 Lane : 5 Athlete: NABIULLIN TIM — **Q-time: 02:55:97**

PB (50m pool): 03:14.86 Antwerp 26/01/2025 **PB (25m pool):** 02:55.97 **SB:** no time

	50M	100M	150M	200M	
PB	00:48.94	01:41.04	02:32.55	03:14.86	
	00:48.94	*00:52.10*	*00:51.51*	*00:42.31*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 28: 200M MEDLEY WOMEN 11-12 — Heat:3, starttime: 11:04

Heat: 3/7 Lane : 6 Athlete: WEGENER LENA — **Q-time: 03:01:78**

PB (50m pool): 03:08.51 Antwerpen 20/07/2025 **PB (25m pool):** 03:01.78 **SB:** no time

	50M	100M	150M	200M	
PB	00:45.14	01:32.84	02:27.72	03:08.51	
	00:45.14	*00:47.70*	*00:54.88*	*00:40.79*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 31: 50M FREESTYLE MEN 15-16 — Heat:3, starttime: 11:32

Heat: 3/6 Lane : 5 Athlete: SONUMUT ARMAN — **Q-time: 00:26:41**

PB (50m pool): 00:27.01 Molenbeek 01/02/2026 **PB (25m pool):** 00:26.41 **SB:** 00:27.01 Molenbeek 01/02/2026

	50M	
PB	00:27.01	
	00:27.01	
	. . : . . : . .	

Coach feedback:

Event number: 32: 50M FREESTYLE WOMEN 15-16 — Heat:5, starttime: 11:40

Heat: 5/6 Lane : 6 Athlete: MAASKANT KRISTINA — **Q-time: 00:27:64**

PB (50m pool): 00:28.21 Zwembad Brigitte Becue 30/05/2025 **PB (25m pool):** 00:27.64 **SB:** no time

	50M	
PB	00:28.21	
	00:28.21	
	. . : . . : . .	

Coach feedback:

VJTC 2026: Session: 3: COACH evaluation sheet for TEAM: SCZ

Event number: 35: 100M FREESTYLE MEN 11-12 — Heat:4, starttime: 12:10

Heat: 4/7 Lane : 4 Athlete: NABIULLIN MAX — **Q-time: 01:10:93**

PB (50m pool): 01:13.27 Wezenberg 04/01/2026 **PB (25m pool):** 01:10.93 **SB:** 01:13.27 Wezenberg 04/01/2026

	5 0 M	1 0 0 M	
PB	00:34.11	01:13.27	
	00:34.11	*00:39.16*	
	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 35: 100M FREESTYLE MEN 11-12 — Heat:6, starttime: 12:13

Heat: 6/7 Lane : 8 Athlete: NABIULLIN TIM — **Q-time: 01:08:79**

PB (50m pool): 01:08.79 Wezenberg 04/01/2026 **PB (25m pool):** 01:07.60 **SB:** 01:08.79 Wezenberg 04/01/2026

	5 0 M	1 0 0 M	
PB	00:32.98	01:08.79	
	00:32.98	*00:35.81*	
	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 36: 100M FREESTYLE WOMEN 11-12 — Heat:5, starttime: 12:24

Heat: 5/7 Lane : 7 Athlete: WEGENER LENA — **Q-time: 01:10:52**

PB (50m pool): 01:10.92 Wezenberg 04/01/2026 **PB (25m pool):** 01:08.61 **SB:** 01:10.92 Wezenberg 04/01/2026

	5 0 M	1 0 0 M	
PB	00:34.54	01:10.92	
	00:34.54	*00:36.38*	
	. . : . . : . .	. . : . . : . .	

Coach feedback: