VJTC 2026: Session: 3: COACH evaluation sheet for TEAM: MOZKA

Coachinfo: Warming up from: 08:15 untill 09:15. Teamleadmeeting @ The listed starttimes are indicative!

Coaches: Luyten Sjobbe HEADCOACH

PB => Personal Best time **SB => Seasons Best time: Season starting point: first of September.**

Event number: 23: 200M MEDLEY MEN 13-14 — Heat:5, starttime: 09:43

Heat: 5/5 Lane : 6 Athlete: VERACHTEN LOUIS — **Q-time: 02:26:64**

PB (50m pool): 02:27.76 Amersfoort 22/02/2026 **PB (25m pool):** 02:26.64 **SB:** 02:27.76 Amersfoort 22/02/2026

	50M	100M	150M	200M	
PB	00:30.49	01:08.37	01:52.90	02:27.76	
	00:30.49	*00:37.88*	*00:44.53*	*00:34.86*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 27: 200M MEDLEY MEN 11-12 — Heat:5, starttime: 10:46

Heat: 5/7 Lane : 1 Athlete: VAN HOVE NAND — **Q-time: 02:57:12**

PB (50m pool): 02:59.62 Antwerpen 20/07/2025 **PB (25m pool):** 02:57.12 **SB:** no time

	50M	100M	150M	200M	
PB	00:39.39	01:27.19	02:20.17	02:59.62	
	00:39.39	*00:47.80*	*00:52.98*	*00:39.45*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 32: 50M FREESTYLE WOMEN 15-16 — Heat:2, starttime: 11:37

Heat: 2/6 Lane : 7 Athlete: KEMPS ELIZE — **Q-time: 00:29:30**

PB (50m pool): 00:29.94 Kortrijk 04/05/2025 **PB (25m pool):** 00:29.30 **SB:** no time

	50M	
PB	00:29.94	
	00:29.94	
	. . : . . : . .	

Coach feedback:

VJTC 2026: Session: 3: COACH evaluation sheet for TEAM: MOZKA

Event number: 33: 100M FREESTYLE MEN 13-14 — Heat:6, starttime: 11:50

Heat: 6/6 Lane : 5 Athlete: VERACHTEN LOUIS — **Q-time: 00:58:19**

PB (50m pool): 01:00.27 Wezenberg 01/02/2026 — **PB (25m pool):** 00:58.19 **SB:** 01:00.27 Wezenberg 01/02/2026

	5 0 M	1 0 0 M	
PB	00:29.50	01:00.27	
	00:29.50	*00:30.77*	
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Coach feedback:

Event number: 35: 100M FREESTYLE MEN 11-12 — Heat:5, starttime: 12:11

Heat: 5/7 Lane : 1 Athlete: VAN HOVE NAND — **Q-time: 01:10:88**

PB (50m pool): 01:10.88 Wezenberg 01/02/2026 — **PB (25m pool):** 01:13.11 **SB:** 01:10.88 Wezenberg 01/02/2026

	5 0 M	1 0 0 M	
PB	00:35.23	01:10.88	
	00:35.23	*00:35.65*	
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Coach feedback: