VJTC 2026: Session: 3: COACH evaluation sheet for TEAM: KZK

Coachinfo: Warming up from: 08:15 untill 09:15. Teamleadmeeting @ The listed starttimes are indicative!

Coaches: Duck Chantal

Coaches: Dewulf Bart HEADCOACH

Coaches: Vanhaeke Heidi

PB => Personal Best time **SB => Seasons Best time: Season starting point: first of September.**

Event number: 23: 200M MEDLEY MEN 13-14 — Heat:3, starttime: 09:37

Heat: 3/5 Lane : 1 Athlete: VANDEMAELE EGON — **Q-time: 02:39:88**

PB (50m pool): 02:40.02 Gent 08/02/2026 **PB (25m pool):** 02:39.88 **SB:** 02:40.02 Gent 08/02/2026

	50 M	100 M	150 M	200 M	
PB	00:34.85	01:15.59	02:04.79	02:40.02	
	00:34.85	*00:40.74*	*00:49.20*	*00:35.23*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 23: 200M MEDLEY MEN 13-14 — Heat:4, starttime: 09:40

Heat: 4/5 Lane : 8 Athlete: VANNESTE DAAN — **Q-time: 02:36:53**

PB (50m pool): 02:36.53 Kortrijk 15/02/2026 **PB (25m pool):** 02:37.17 **SB:** 02:36.53 Kortrijk 15/02/2026

	50 M	100 M	150 M	200 M	
PB	00:32.25	01:14.65	02:00.53	02:36.53	
	00:32.25	*00:42.40*	*00:45.88*	*00:36.00*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 23: 200M MEDLEY MEN 13-14 — Heat:5, starttime: 09:43

Heat: 5/5 Lane : 3 Athlete: PICEU SEPPE — **Q-time: 02:24:64**

PB (50m pool): 02:28.86 Wezenberg 04/01/2026 **PB (25m pool):** 02:24.64 **SB:** 02:28.86 Wezenberg 04/01/2026

	50 M	100 M	150 M	200 M	
PB	00:30.03	01:09.45	01:54.22	02:28.86	
	00:30.03	*00:39.42*	*00:44.77*	*00:34.64*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

VJTC 2026: Session: 3: COACH evaluation sheet for TEAM: KZK

Event number: 24: 200M MEDLEY WOMEN 13-14 — Heat:4, starttime: 09:56

Heat: 4/7 Lane : 4 Athlete: DECUPERE LAURENCE — **Q-time: 02:42:51**

PB (50m pool): 02:45.30 Gent 08/02/2026 **PB (25m pool):** 02:42.51 **SB:** 02:45.30 Gent 08/02/2026

	50 M	100 M	150 M	200 M	
PB	00:36.81	01:18.63	02:09.60	02:45.30	
	00:36.81	*00:41.82*	*00:50.97*	*00:35.70*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 24: 200M MEDLEY WOMEN 13-14 — Heat:4, starttime: 09:56

Heat: 4/7 Lane : 8 Athlete: ROMBAUT CéLINE — **Q-time: 02:44:52**

PB (50m pool): 02:46.82 Kortrijk 15/02/2026 **PB (25m pool):** 02:44.52 **SB:** 02:46.82 Kortrijk 15/02/2026

	50 M	100 M	150 M	200 M	
PB	00:35.40	01:21.17	02:08.43	02:46.82	
	00:35.40	*00:45.77*	*00:47.26*	*00:38.39*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 25: 100M BACKSTROKE MEN 15-16 — Heat:3, starttime: 10:14

Heat: 3/5 Lane : 5 Athlete: DECUPERE ALEX — **Q-time: 01:02:49**

PB (50m pool): 01:05.59 Brugge 01/02/2026 **PB (25m pool):** 01:02.49 **SB:** 01:05.59 Brugge 01/02/2026

	50 M	100 M	
PB	00:31.61	01:05.59	
	00:31.61	*00:33.98*	
	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 25: 100M BACKSTROKE MEN 15-16 — Heat:4, starttime: 10:16

Heat: 4/5 Lane : 8 Athlete: DEBRUYNE HANNES — **Q-time: 01:06:06**

PB (50m pool): 01:07.27 Antwerpen 27/07/2025 **PB (25m pool):** 01:06.06 **SB:** 01:10.03 Brugge 01/02/2026

	50 M	100 M	
PB	00:32.70	01:07.27	
	00:32.70	*00:34.57*	
	. . : . . : . .	. . : . . : . .	

Coach feedback:

VJTC 2026: Session: 3: COACH evaluation sheet for TEAM: KZK

Event number: 26: 100M BACKSTROKE WOMEN 15-16 — Heat:1, starttime: 10:20

Heat: 1/5 Lane : 5 Athlete: FEYS FARAH — **Q-time: 01:12:64**

PB (50m pool): 01:13.69 Brugge 01/02/2026 **PB (25m pool):** 01:12.64 **SB:** 01:13.69 Brugge 01/02/2026

	50 M	100 M
PB	00:35.95	01:13.69
	00:35.95	*00:37.74*
	. . : . . : . .	. . : . . : . .

Coach feedback:

Event number: 26: 100M BACKSTROKE WOMEN 15-16 — Heat:4, starttime: 10:27

Heat: 4/5 Lane : 5 Athlete: DECOUTERE IMANI — **Q-time: 01:06:48**

PB (50m pool): 01:08.72 Antwerpen 27/07/2025 **PB (25m pool):** 01:06.48 **SB:** 01:08.74 Brugge 01/02/2026

	50 M	100 M
PB	00:33.20	01:08.72
	00:33.20	*00:35.52*
	. . : . . : . .	. . : . . : . .

Coach feedback:

Event number: 27: 200M MEDLEY MEN 11-12 — Heat:7, starttime: 10:53

Heat: 7/7 Lane : 8 Athlete: GOEMAERE CYRIEL — **Q-time: 02:47:79**

PB (50m pool): 02:47.79 Kortrijk 26/12/2025 **PB (25m pool):** 02:48.80 **SB:** 02:47.79 Kortrijk 26/12/2025

	50 M	100 M	150 M	200 M
PB	00:36.55	01:20.76	02:08.30	02:47.79
	00:36.55	*00:44.21*	*00:47.54*	*00:39.49*
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .

Coach feedback:

Event number: 29: 50M BREASTSTROKE MEN 13-14 — Heat:2, starttime: 11:23

Heat: 2/3 Lane : 2 Athlete: VANNESTE DAAN — **Q-time: 00:36:80**

PB (50m pool): 00:37.72 Brugge 01/02/2026 **PB (25m pool):** 00:36.80 **SB:** 00:37.72 Brugge 01/02/2026

	50 M
PB	00:37.72
	00:37.72
	. . : . . : . .

Coach feedback:

VJTC 2026: Session: 3: COACH evaluation sheet for TEAM: KZK

Event number: 30: 50M BREASTSTROKE WOMEN 13-14 — Heat:2, starttime: 11:27

Heat: 2/3 Lane : 7 Athlete: ROMBAUT CéLINE — **Q-time: 00:39:26**

PB (50m pool): 00:40.12 Gent 08/02/2026 **PB (25m pool):** 00:39.26 **SB:** 00:40.12 Gent 08/02/2026

	50 M
PB	00:40.12
	00:40.12
	. . : . . : . .

Coach feedback:

Event number: 31: 50M FREESTYLE MEN 15-16 — Heat:5, starttime: 11:34

Heat: 5/6 Lane : 8 Athlete: DEBRUYNE HANNES — **Q-time: 00:26:29**

PB (50m pool): 00:26.29 Kortrijk 15/02/2026 **PB (25m pool):** 00:32.54 **SB:** 00:26.29 Kortrijk 15/02/2026

	50 M
PB	00:26.29
	00:26.29
	. . : . . : . .

Coach feedback:

Event number: 31: 50M FREESTYLE MEN 15-16 — Heat:6, starttime: 11:35

Heat: 6/6 Lane : 2 Athlete: DECUPERE ALEX — **Q-time: 00:25:67**

PB (50m pool): 00:26.34 Brugge 01/02/2026 **PB (25m pool):** 00:25.67 **SB:** 00:26.34 Brugge 01/02/2026

	50 M
PB	00:26.34
	00:26.34
	. . : . . : . .

Coach feedback:

Event number: 33: 100M FREESTYLE MEN 13-14 — Heat:3, starttime: 11:46

Heat: 3/6 Lane : 5 Athlete: VANDEMAELE EGON — **Q-time: 01:04:54**

PB (50m pool): 01:05.04 Kortrijk 15/02/2026 **PB (25m pool):** 01:04.54 **SB:** 01:05.04 Kortrijk 15/02/2026

	50 M	100 M
PB	00:31.18	01:05.04
	00:31.18	*00:33.86*
	. . : . . : . .	. . : . . : . .

Coach feedback:

VJTC 2026: Session: 3: COACH evaluation sheet for TEAM: KZK

Event number: 33: 100M FREESTYLE MEN 13-14 — Heat:3, starttime: 11:46

Heat: 3/6 Lane : 7 Athlete: VANNESTE DAAN — **Q-time: 01:05:48**

PB (50m pool): 01:06.07 Wezenberg 05/01/2025 — **PB (25m pool):** 01:05.48 **SB:** 01:07.31 Wezenberg 04/01/2026

	5 0 M	1 0 0 M	
PB	00:32.09	01:06.07	
	00:32.09	*00:33.98*	
	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 33: 100M FREESTYLE MEN 13-14 — Heat:4, starttime: 11:47

Heat: 4/6 Lane : 2 Athlete: DE BAL LUCAS — **Q-time: 01:02:86**

PB (50m pool): 01:02.86 Kortrijk 15/02/2026 — **PB (25m pool):** 01:04.51 **SB:** 01:02.86 Kortrijk 15/02/2026

	5 0 M	1 0 0 M	
PB	00:29.98	01:02.86	
	00:29.98	*00:32.88*	
	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 34: 100M FREESTYLE WOMEN 13-14 — Heat:1, starttime: 11:53

Heat: 1/7 Lane : 5 Athlete: ROMBAUT CéLINE — **Q-time: 01:08:97**

PB (50m pool): 01:08.97 Gent 08/02/2026 — **PB (25m pool):** 01:09.86 **SB:** 01:08.97 Gent 08/02/2026

	5 0 M	1 0 0 M	
PB	00:33.90	01:08.97	
	00:33.90	*00:35.07*	
	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 34: 100M FREESTYLE WOMEN 13-14 — Heat:7, starttime: 12:02

Heat: 7/7 Lane : 8 Athlete: DECUPERE LAURENCE — **Q-time: 01:04:73**

PB (50m pool): 01:05.44 Wezenberg 04/01/2026 — **PB (25m pool):** 01:04.73 **SB:** 01:05.44 Wezenberg 04/01/2026

	5 0 M	1 0 0 M	
PB	00:31.44	01:05.44	
	00:31.44	*00:34.00*	
	. . : . . : . .	. . : . . : . .	

Coach feedback:

VJTC 2026: Session: 3: COACH evaluation sheet for TEAM: KZK

Event number: 35: 100M FREESTYLE MEN 11-12 **Heat:6, starttime: 12:13**

Heat: 6/7 Lane : 1 Athlete: GOEMAERE CYRIEL **Q-time: 01:08:59**

PB (50m pool): 01:09.75 Kortrijk 15/02/2026 **PB (25m pool):** 01:08.59 **SB:** 01:09.75 Kortrijk 15/02/2026

	5 0 M	1 0 0 M	
PB	00:32.75	01:09.75	
	00:32.75	*00:37.00*	
	. . : . . : . .	. . : . . : . .	

Coach feedback: