VJTC 2026: Session: 3: COACH evaluation sheet for TEAM: ISWIM

Coachinfo: Warming up from: 08:15 untill 09:15. Teamleadmeeting @ The listed starttimes are indicative!

Coaches: VANGELUWE KATLIJN

Coaches: LEPLA MARTINE

Coaches: DE GEETER CHARLOTTE

Coaches: DRUART ANNELIES HEADCOACH

PB => Personal Best time **SB => Seasons Best time: Season starting point: first of September.**

Event number: 23: 200M MEDLEY MEN 13-14 — Heat:4, starttime: 09:40

Heat: 4/5 Lane : 2 Athlete: CLAEYS YBO — **Q-time: 02:33:74**

PB (50m pool): 02:34.07 Gent 08/02/2026 **PB (25m pool):** 02:33.74 **SB:** 02:34.07 Gent 08/02/2026

	50M	100M	150M	200M	
PB	00:33.85	01:15.20	01:59.27	02:34.07	
	00:33.85	*00:41.35*	*00:44.07*	*00:34.80*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 23: 200M MEDLEY MEN 13-14 — Heat:4, starttime: 09:40

Heat: 4/5 Lane : 3 Athlete: HAUSPIE NIEL — **Q-time: 02:31:30**

PB (50m pool): 02:36.50 Antwerpen 20/07/2025 **PB (25m pool):** 02:31.30 **SB:** 02:36.97 Gent 08/02/2026

	50M	100M	150M	200M	
PB	00:34.27	01:16.90	02:01.17	02:36.50	
	00:34.27	*00:42.63*	*00:44.27*	*00:35.33*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 23: 200M MEDLEY MEN 13-14 — Heat:5, starttime: 09:43

Heat: 5/5 Lane : 1 Athlete: VINCENT RUNE — **Q-time: 02:28:35**

PB (50m pool): 02:28.84 Gent 08/02/2026 **PB (25m pool):** 02:28.35 **SB:** 02:28.84 Gent 08/02/2026

	50M	100M	150M	200M	
PB	00:31.48	01:09.82	01:55.46	02:28.84	
	00:31.48	*00:38.34*	*00:45.64*	*00:33.38*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

VJTC 2026: Session: 3: COACH evaluation sheet for TEAM: ISWIM

Event number: 25: 100M BACKSTROKE MEN 15-16 — Heat:3, starttime: 10:14

Heat: 3/5 Lane : 3 Athlete: SEYS WOUT — **Q-time: 01:03:09**

PB (50m pool): 01:03.61 Antwerp 09/02/2025 **PB (25m pool):** 01:03.09 **SB:** no time

	5 0 M	1 0 0 M	
PB	00:31.11	01:03.61	
	00:31.11	*00:32.50*	
	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 25: 100M BACKSTROKE MEN 15-16 — Heat:4, starttime: 10:16

Heat: 4/5 Lane : 3 Athlete: HOOGHE MAURO — **Q-time: 01:02:77**

PB (50m pool): 01:05.91 Brugge 01/02/2026 **PB (25m pool):** 01:02.77 **SB:** 01:05.91 Brugge 01/02/2026

	5 0 M	1 0 0 M	
PB	00:31.95	01:05.91	
	00:31.95	*00:33.96*	
	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 27: 200M MEDLEY MEN 11-12 — Heat:2, starttime: 10:35

Heat: 2/7 Lane : 4 Athlete: BEHEYT MAXIM — **Q-time: 03:06:23**

PB (50m pool): 03:08.03 Zwembad Brigitte Becue 30/05/2025 **PB (25m pool):** 03:06.23 **SB:** no time

	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:43.99	01:32.87	02:24.76	03:08.03	
	00:43.99	*00:48.88*	*00:51.89*	*00:43.27*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 27: 200M MEDLEY MEN 11-12 — Heat:4, starttime: 10:42

Heat: 4/7 Lane : 2 Athlete: DE BRUYNE SENNE — **Q-time: 03:00:34**

PB (50m pool): 03:00.34 Gent 08/02/2026 **PB (25m pool):** 03:10.77 **SB:** 03:00.34 Gent 08/02/2026

	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:40.18	01:27.47	02:19.48	03:00.34	
	00:40.18	*00:47.29*	*00:52.01*	*00:40.86*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

VJTC 2026: Session: 3: COACH evaluation sheet for TEAM: ISWIM

Event number: 27: 200M MEDLEY MEN 11-12 — Heat:4, starttime: 10:42

Heat: 4/7 Lane : 4 Athlete: ROGIERS JACK — **Q-time: 02:58:09**

PB (50m pool): 02:58.09 Gent 08/02/2026 **PB (25m pool):** 03:11.98 **SB:** 02:58.09 Gent 08/02/2026

	50M	100M	150M	200M	
PB	00:39.30	01:25.97	02:16.07	02:58.09	
	00:39.30	*00:46.67*	*00:50.10*	*00:42.02*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 28: 200M MEDLEY WOMEN 11-12 — Heat:1, starttime: 10:57

Heat: 1/7 Lane : 2 Athlete: DERUDDER LEAH — **Q-time: 03:14:29**

PB (50m pool): 03:14.29 Aalst 20/12/2025 **PB (25m pool):** 03:30.62 **SB:** 03:14.29 Aalst 20/12/2025

	50M	100M	150M	200M	
PB	00:43.63	01:34.34	02:31.55	03:14.29	
	00:43.63	*00:50.71*	*00:57.21*	*00:42.74*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 28: 200M MEDLEY WOMEN 11-12 — Heat:1, starttime: 10:57

Heat: 1/7 Lane : 6 Athlete: TYVAERT BABETTE — **Q-time: 03:14:06**

PB (50m pool): 03:14.06 Antwerpen 20/04/2025 **PB (25m pool):** 03:24.39 **SB:** no time

	50M	100M	150M	200M	
PB	00:44.12	01:33.46	02:33.41	03:14.06	
	00:44.12	*00:49.34*	*00:59.95*	*00:40.65*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 29: 50M BREASTSTROKE MEN 13-14 — Heat:3, starttime: 11:24

Heat: 3/3 Lane : 8 Athlete: HAUSPIE NIEL — **Q-time: 00:35:95**

PB (50m pool): 00:36.60 Brugge 01/02/2026 **PB (25m pool):** 00:35.95 **SB:** 00:36.60 Brugge 01/02/2026

	50M	
PB	00:36.60	
	00:36.60	
	. . : . . : . .	

Coach feedback:

VJTC 2026: Session: 3: COACH evaluation sheet for TEAM: ISWIM

Event number: 31: 50M FREESTYLE MEN 15-16 — Heat:3, starttime: 11:32

Heat: 3/6 Lane : 3 Athlete: PAUWELS MILLAU — **Q-time: 00:26:47**

PB (50m pool): 00:26.35 Brugge 14/02/2026 — **PB (25m pool):** 00:26.47 **SB:** 00:26.35 Brugge 14/02/2026

	50 M
PB	00:26.35
	00:26.35
	. . : . . : . .

Coach feedback:

Event number: 31: 50M FREESTYLE MEN 15-16 — Heat:5, starttime: 11:34

Heat: 5/6 Lane : 3 Athlete: SEYS WOUT — **Q-time: 00:25:10**

PB (50m pool): 00:25.53 Antwerpen 27/07/2025 — **PB (25m pool):** 00:25.10 **SB:** 00:25.57 Brugge 14/02/2026

	50 M
PB	00:25.53
	00:25.53
	. . : . . : . .

Coach feedback:

Event number: 31: 50M FREESTYLE MEN 15-16 — Heat:6, starttime: 11:35

Heat: 6/6 Lane : 3 Athlete: DELIE VICO — **Q-time: 00:25:09**

PB (50m pool): 00:25.23 Luxembourg 01/02/2026 — **PB (25m pool):** 00:25.09 **SB:** 00:25.23 Luxembourg 01/02/2026

	50 M
PB	00:25.23
	00:25.23
	. . : . . : . .

Coach feedback:

Event number: 33: 100M FREESTYLE MEN 13-14 — Heat:1, starttime: 11:42

Heat: 1/6 Lane : 5 Athlete: DE BRUYNE SANDER — **Q-time: 01:07:04**

PB (50m pool): 01:07.61 Gent 08/02/2026 — **PB (25m pool):** 01:07.04 **SB:** 01:07.61 Gent 08/02/2026

	50 M	100 M
PB	00:32.62	01:07.61
	00:32.62	*00:34.99*
	. . : . . : . .	. . : . . : . .

Coach feedback:

VJTC 2026: Session: 3: COACH evaluation sheet for TEAM: ISWIM

Event number: 33: 100M FREESTYLE MEN 13-14 — Heat:2, starttime: 11:44

Heat: 2/6 Lane : 3 Athlete: DIERCKX ANDREAS — **Q-time: 01:05:89**

PB (50m pool): 01:06.70 Brugge 01/02/2026 **PB (25m pool):** 01:05.89 **SB:** 01:06.70 Brugge 01/02/2026

	5 0 M	1 0 0 M	
PB	00:31.50	01:06.70	
	00:31.50	*00:35.20*	
	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 33: 100M FREESTYLE MEN 13-14 — Heat:4, starttime: 11:47

Heat: 4/6 Lane : 5 Athlete: VINCENT RUNE — **Q-time: 00:58:59**

PB (50m pool): 01:00.16 Antwerpen 20/07/2025 **PB (25m pool):** 00:58.59 **SB:** 01:01.37 Brugge 01/02/2026

	5 0 M	1 0 0 M	
PB	00:29.18	01:00.16	
	00:29.18	*00:30.98*	
	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 33: 100M FREESTYLE MEN 13-14 — Heat:4, starttime: 11:47

Heat: 4/6 Lane : 7 Athlete: BERVILLE BRICE — **Q-time: 01:03:56**

PB (50m pool): 01:07.15 Antwerp 26/01/2025 **PB (25m pool):** 01:03.56 **SB:** no time

	5 0 M	1 0 0 M	
PB	00:32.48	01:07.15	
	00:32.48	*00:34.67*	
	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 33: 100M FREESTYLE MEN 13-14 — Heat:5, starttime: 11:49

Heat: 5/6 Lane : 7 Athlete: CLAEYS YBO — **Q-time: 01:03:33**

PB (50m pool): 01:07.64 Antwerpen 20/04/2025 **PB (25m pool):** 01:03.33 **SB:** no time

	5 0 M	1 0 0 M	
PB	00:32.13	01:07.64	
	00:32.13	*00:35.51*	
	. . : . . : . .	. . : . . : . .	

Coach feedback:

VJTC 2026: Session: 3: COACH evaluation sheet for TEAM: ISWIM

Event number: 33: 100M FREESTYLE MEN 13-14 — Heat:6, starttime: 11:50

Heat: 6/6 Lane : 1 Athlete: BEHEYT MATHIS — **Q-time: 01:03:81**

PB (50m pool): 01:04.12 Brugge 01/02/2026 **PB (25m pool):** 01:03.81 **SB:** 01:04.12 Brugge 01/02/2026

	50 M	100 M	
PB	00:31.05	01:04.12	
	00:31.05	*00:33.07*	
	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 33: 100M FREESTYLE MEN 13-14 — Heat:6, starttime: 11:50

Heat: 6/6 Lane : 6 Athlete: HAUSPIE NIEL — **Q-time: 01:02:03**

PB (50m pool): 01:03.76 Antwerpen 20/07/2025 **PB (25m pool):** 01:02.03 **SB:** no time

	50 M	100 M	
PB	00:30.55	01:03.76	
	00:30.55	*00:33.21*	
	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 34: 100M FREESTYLE WOMEN 13-14 — Heat:5, starttime: 11:59

Heat: 5/7 Lane : 8 Athlete: DEKEIN YUTA — **Q-time: 01:04:80**

PB (50m pool): 01:05.50 Antwerpen 20/07/2025 **PB (25m pool):** 01:04.80 **SB:** no time

	50 M	100 M	
PB	00:31.79	01:05.50	
	00:31.79	*00:33.71*	
	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 35: 100M FREESTYLE MEN 11-12 — Heat:1, starttime: 12:04

Heat: 1/7 Lane : 5 Athlete: BEHEYT MAXIM — **Q-time: 01:15:81**

PB (50m pool): 01:15.81 Brugge 01/02/2026 **PB (25m pool):** 01:17.53 **SB:** 01:15.81 Brugge 01/02/2026

	50 M	100 M	
PB	00:37.39	01:15.81	
	00:37.39	*00:38.42*	
	. . : . . : . .	. . : . . : . .	

Coach feedback:

VJTC 2026: Session: 3: COACH evaluation sheet for TEAM: ISWIM

Event number: 35: 100M FREESTYLE MEN 11-12 — Heat:2, starttime: 12:06

Heat: 2/7 Lane : 3 Athlete: DE BRUYNE SENNE — **Q-time: 01:14:29**

PB (50m pool): 01:14.29 Brugge 01/02/2026 **PB (25m pool):** 01:14.69 **SB:** 01:14.29 Brugge 01/02/2026

	5 0 M	1 0 0 M	
PB	00:34.96	01:14.29	
	00:34.96	*00:39.33*	
	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 35: 100M FREESTYLE MEN 11-12 — Heat:3, starttime: 12:08

Heat: 3/7 Lane : 2 Athlete: ROGIERS JACK — **Q-time: 01:13:45**

PB (50m pool): 01:14.36 Brugge 01/02/2026 **PB (25m pool):** 01:13.45 **SB:** 01:14.36 Brugge 01/02/2026

	5 0 M	1 0 0 M	
PB	00:35.75	01:14.36	
	00:35.75	*00:38.61*	
	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 36: 100M FREESTYLE WOMEN 11-12 — Heat:2, starttime: 12:18

Heat: 2/7 Lane : 2 Athlete: DERUDDER LEAH — **Q-time: 01:13:82**

PB (50m pool): 01:15.80 Brugge 01/02/2026 **PB (25m pool):** 01:13.82 **SB:** 01:15.80 Brugge 01/02/2026

	5 0 M	1 0 0 M	
PB	00:36.26	01:15.80	
	00:36.26	*00:39.54*	
	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 36: 100M FREESTYLE WOMEN 11-12 — Heat:5, starttime: 12:24

Heat: 5/7 Lane : 1 Athlete: TYVAERT BABETTE — **Q-time: 01:10:96**

PB (50m pool): 01:10.96 Brugge 01/02/2026 **PB (25m pool):** 01:11.17 **SB:** 01:10.96 Brugge 01/02/2026

	5 0 M	1 0 0 M	
PB	00:33.29	01:10.96	
	00:33.29	*00:37.67*	
	. . : . . : . .	. . : . . : . .	

Coach feedback: