VJTC 2026: Session: 3: COACH evaluation sheet for TEAM: IKZ

Coachinfo: Warming up from: 08:15 untill 09:15. Teamleadmeeting @ The listed starttimes are indicative!

Coaches: Vandeputte Debby

Coaches: Vandeputte Pedro

Coaches: Desmet Lindsay

Coaches: Demeyere Linda HEADCOACH

PB => Personal Best time **SB => Seasons Best time: Season starting point: first of September.**

Event number: 24: 200M MEDLEY WOMEN 13-14 — Heat:5, starttime: 09:59

Heat: 5/7 Lane : 3 Athlete: VERSTRAETE LINDE — **Q-time: 02:41:21**

PB (50m pool): 02:41.43 Brugge 25/01/2026 **PB (25m pool):** 02:41.21 **SB:** 02:41.43 Brugge 25/01/2026

	50M	100M	150M	200M	
PB	00:33.95	01:16.79	02:05.90	02:41.43	
	00:33.95	*00:42.84*	*00:49.11*	*00:35.53*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 24: 200M MEDLEY WOMEN 13-14 — Heat:7, starttime: 10:06

Heat: 7/7 Lane : 3 Athlete: VELGHE LAURA — **Q-time: 02:31:15**

PB (50m pool): 02:33.46 Brugge 25/01/2026 **PB (25m pool):** 02:31.15 **SB:** 02:33.46 Brugge 25/01/2026

	50M	100M	150M	200M	
PB	00:32.74	01:12.15	01:59.01	02:33.46	
	00:32.74	*00:39.41*	*00:46.86*	*00:34.45*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 27: 200M MEDLEY MEN 11-12 — Heat:3, starttime: 10:39

Heat: 3/7 Lane : 7 Athlete: STEEN REMI — **Q-time: 03:04:70**

PB (50m pool): 03:04.70 Brugge 25/01/2026 **PB (25m pool):** 03:17.85 **SB:** 03:04.70 Brugge 25/01/2026

	50M	100M	150M	200M	
PB	00:48.31	01:35.13	02:26.06	03:04.70	
	00:48.31	*00:46.82*	*00:50.93*	*00:38.64*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

VJTC 2026: Session: 3: COACH evaluation sheet for TEAM: IKZ

Event number: 27: 200M MEDLEY MEN 11-12 — Heat:7, starttime: 10:53

Heat: 7/7 Lane : 1 Athlete: VANDEPUTTE JORBE — **Q-time: 02:46:97**

PB (50m pool): 02:54.04 Antwerpen 20/07/2025 — **PB (25m pool):** 02:46.97 **SB:** 02:54.54 Brugge 25/01/2026

	50M	100M	150M	200M	
PB	00:39.70	01:26.16	02:16.61	02:54.04	
	00:39.70	*00:46.46*	*00:50.45*	*00:37.43*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 32: 50M FREESTYLE WOMEN 15-16 — Heat:3, starttime: 11:38

Heat: 3/6 Lane : 7 Athlete: SCHACHT HANNE — **Q-time: 00:28:81**

PB (50m pool): 00:30.24 Brugge 15/03/2025 — **PB (25m pool):** 00:28.81 **SB:** no time

	50M	
PB	00:30.24	
	00:30.24	
	. . : . . : . .	

Coach feedback:

Event number: 34: 100M FREESTYLE WOMEN 13-14 — Heat:3, starttime: 11:56

Heat: 3/7 Lane : 4 Athlete: VERSTRAETE LINDE — **Q-time: 01:05:67**

PB (50m pool): 01:05.99 Brugge 01/02/2026 — **PB (25m pool):** 01:03.73 **SB:** 01:05.99 Brugge 01/02/2026

	50M	100M	
PB	00:32.07	01:05.99	
	00:32.07	*00:33.92*	
	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 35: 100M FREESTYLE MEN 11-12 — Heat:3, starttime: 12:08

Heat: 3/7 Lane : 1 Athlete: STEEN REMI — **Q-time: 01:13:86**

PB (50m pool): 01:13.92 Brugge 01/02/2026 — **PB (25m pool):** 01:12.66 **SB:** 01:13.92 Brugge 01/02/2026

	50M	100M	
PB	00:35.56	01:13.92	
	00:35.56	*00:38.36*	
	. . : . . : . .	. . : . . : . .	

Coach feedback:

VJTC 2026: Session: 3: COACH evaluation sheet for TEAM: IKZ

Event number: 35: 100M FREESTYLE MEN 11-12 **Heat:5, starttime: 12:11**

Heat: 5/7 Lane : 5 Athlete: VANDEPUTTE JORBE **Q-time: 01:09:11**

PB (50m pool): 01:11.50 Antwerpen 20/07/2025 **PB (25m pool):** 01:09.11 **SB:** 01:14.49 Brugge 01/02/2026

	5 0 M	1 0 0 M	
PB	00:35.37	01:11.50	
	00:35.37	*00:36.13*	
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Coach feedback: